

Winter 2-2013

## Communicator, Feb. 2013

San Jose State University, Department of Kinesiology

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## The Chair's Corner

After many years of trying, you will probably have noticed that the renovation of YUH is finally under way. This is being funded by a state bond measure, meaning that funds have been designated specifically for this purpose and cannot be used for anything else, such as hiring additional faculty or creating new classes.

Currently, a backhoe and a large pneumatic drill are being used to demolish the pool walls and the concrete bleachers of what was the men's pool (which hasn't been able to contain water for over 20 years). Eventually, this will be a teaching space for all mat-based martial arts, including our judo program. Additional "new" spaces in YUH will be a large new weight training area with dedicated space for adaptive weight training, an exercise physiology research lab, separate from the classroom, a purpose built athletic training lab and classroom, and a new stress management lab and classroom. Estimated demolition and construction time is one year. See the construction pictures on page 2.

Once the YUH renovation is completed, the SPX renovation will start, and this is also expected to take one year. During that time, all faculty and staff will relocate to the Student Success Center and classes will be disbursed throughout campus and some activity classes will temporarily relocate off campus. Currently, the gymnastics classes are being held off campus at alumnus, Dave Peterson's, California Sports Center on Race Street. This location gives us better facilities than we had on campus and includes men's equipment as well as women's. If you need gymnastics, this and next semester will be especially good times to take it!

Because both YUH and SPX have "historic" aspects to them, the outside appearance won't change much but there will be a second floor of offices above where the Kinesiology department office now is. Kinesiology will occupy the first floor and Recreation will go to the second floor.

You may have noticed that a number of trees have been cut down over the winter break. Most of these were elms and were diseased. Once construction is completed on both buildings, new trees will be planted.

I hope you will agree that a little inconvenience now is worthwhile. These buildings are, in places, 70 years old. At the time of their construction, we had approximately 250 majors (men's and women's numbers combined). Now we have approximately 1000!

Here's a link to more information about the renovation:

<http://blogs.sjsu.edu/today/2013/yoshihiro-uchida-hall-and-spartan-complex/>

Best wishes for a great semester and—to those graduating—please take a look at p. 3 and our plans for a new style graduation event on campus.

*Shirley H. M. Reekie, Chair*

## Faculty News

**Dr. Butryn** has a chapter entitled, "Body politics: Coaching and technology" in the new Routledge Handbook of Sports Coaching. He and **Dr. Masucci** have a forthcoming manuscript, "Writing about fighting: A critical content analysis of newspaper coverage of The Ultimate Fighting Championship from 1993-2006" in the Journal of Sport Media. The two of them, plus former faculty member Dr. Jay Johnson, have another publication: "A focus group analysis of the US and Canadian female triathletes' knowledge of doping" in Sport in Society: Cultures, Commerce, Media, Politics. This is in press and due out shortly. Here's a link:

<http://www.tandfonline.com/doi/abs/10.1080/17430437.2012.753522#preview>

**Dr. Butryn** has accepted an invitation to serve on the editorial board of the Routledge Press journal, Qualitative Research in Sport, Exercise and Health.

**Dr. Reekie** helped judge a youth groups' giant greeting card competition (on the theme of healthy choices) and awarded prizes at the opening of the Vasona Park Fantasy of Lights in November.

**Dr. Reekie** was invited to make a short speech of congratulations in the City Hall Rotunda in December on the occasion of the City of San Jose Park Rangers 40th anniversary. **Alum Andrew Morrow** (BS, 91) who is now a City of San Jose Maintenance Supervisor and works closely with the rangers, took this picture. Good to see you again, Andre!



## Alumni News

Former Kinesiology student **Amy Jewett** was hired as the Senior Wellness Coordinator at Northside Community Center! She applies her background in Kinesiology and Psychology in the creation of a program for seniors that promotes healthy aging, physical activity, nutrition, and wellness. Amy feels that her club and committee leadership, as well as her work with Silicon Valley Healthy Aging Partnership (under the guidance of **Dr. Tamar Semerjian** and **Jenn Schachner**) more than prepared her for the job, and because of this she strongly encourages students to get involved with the Kin clubs! Additionally, Amy has continued to work with the Department of Kinesiology by providing internship opportunities for kinesiology students, further strengthening the department's relationship with the community. Despite the troubled economy, there are still job opportunities available relating to kinesiology, you just have to look for them. Kin for the win!

**Bill Hamlin** (BS, '12) will be attending St. Augustine University in San Diego to pursue his DPT degree in physical therapy.

**Gideon Oswitch** (BS, '87) writes:

"I graduated SJSU in '87 and then moved back to Ohio for grad school at Kent State. It was an awful experience for me - the dept. was hard lined, extremely conservative and had a clear distinction between student and professor. Unless you were pursuing a PhD or working on publishable research, you were treated as an afterthought. In 1990, I landed the start of a rewarding HR career (starting in fitness/wellness and working my way up to HR management) - I am fortunate to have had only had 2 employers in 22 years (Saint-Gobain and Swagelok; 2 very large manufacturing companies). Plant HR management is pretty much my niche and I am fine with that. Also, in 1990, I met Beth and 23 years later, we have celebrated our 20 years of marriage and have 2 very athletic daughters (see attached).

"Since 1992, my 'passion' has been long distance racing - I got hooked after my first 5 mile race and now have almost \*\*480\*\* races on my race resume, including 3 Boston's. I landed a sponsorship in the 90's with Power Bar and am definitely grateful to have had the success and accolades that the sport has allowed me. Today, at 48, I still have as much fire to race as I did at 27!

"In hindsight, Shirley, Craig and Greg and others were outstanding professors - you truly cared about our success in the classroom and with our future career

pathways. I did not see it as clearly in 1985 as I do today, but I have nothing but glowing memories from SJSU. What a wonderful chapter in my life and your guidance, communication, incite, etc. was very meaningful." Thanks, Gideon!



**Ramin Naderi**, (MA, '02) writes: "I received a Certificate of Appreciation: On the occasion of the 15th Anniversary, the National Diabetes Education Program recognizes your efforts and thanks you for your contributions toward Changing the Way Diabetes is Treated. As we celebrate this accomplishment, we thank you for your contributions, collaborations, and partnership, and recognize that your continued support is at the core of our progress." Congratulations, Ramin!

## Renovation Updates!



## Announcements/ Club News

**SPATO** will be holding a social fundraiser at the San Jose Buffalo Wild Wings (BWW) on Wednesday, February 6th at 7pm. BWW has agreed to donate 10% of all checks throughout the day that show our flyer (available at the SPATO bulletin board in SPX) to us, in which 5% will be donated to the KIN department. Please pick up a flyer and head to BWW on February 6th to help out SPATO and the KIN department.

They are organizing trips to the Far West and National Athletic Trainers' Association Annual Meetings in April and June. For those interested, please attend our first meeting for more details.

Their first meeting will be on Wednesday, February 20th in SPX room 77 at 7pm. Details about the meeting will be made available as it nears through our email list and Facebook event.

Lastly, mark your calendars for SPATO's 4th Annual Spartan 5K race! The race will be held on Saturday, May 4th with the start/finish line at the Tommie Smith & John Carlos statue in front of Clark Hall. Stay tuned for more details.

If you have any questions or would like to keep up to date with SPATO, feel free to email us at [spatosjsu@gmail.com](mailto:spatosjsu@gmail.com) or find us on Facebook at [facebook.com/sjsu.spato](https://www.facebook.com/sjsu.spato)

### Graduation event in KIN!

The spring 2013 Kinesiology convocation will be held on Friday May 24th from 4-6pm. The location is SJSU's South Tower Lawn. This will be a very special event to recognize students who graduated this past fall/winter or will graduate this coming spring/summer. As the convocation committee finalizes plans more information will be distributed by email. Questions? Contact **Dr. Shifflett:** [bethany.shifflett@sjsu.edu](mailto:bethany.shifflett@sjsu.edu)

Need to be CPR and First Aid certified? **Pre-PT Club** will be hosting a CPR and First Aid certification course in March! Check our website for details.

[www.sjsupreptclub.org](http://www.sjsupreptclub.org)

A committee of the Kinesiology Ambassador's Club members is working to create a **Kinesiology Student Mentor Program**. This program will connect new kinesiology students with experienced and successful kinesiology students. The mentors will refer the new students to resources they need to succeed, and provide general advice, guidance, and support for the full academic year. With the large number of students interested in our department, we want to make sure they have the best experience possible. Fostering leaders and successful students is the main purpose of this Mentor Program. We are currently waiting for approval from authorities outside of our department. If approved, the program will begin Summer 2013. If you would like to know more about the program or would be interested in becoming a future mentor, contact **Ariana Skripek** at [kinesiologymentorcoordinator@gmail.com](mailto:kinesiologymentorcoordinator@gmail.com).



## Student News

**Erin Enguero**, Pre-PT Club Co-Treasurer and active student of the Kinesiology Department, has been selected as a SJSU Salzburg Scholar in 2013-2014. Congratulations, Erin!





## Department of Kinesiology Contacts

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### News

#### **Need to take Kin classes during the summer?**

You will soon receive an email, asking for your input regarding which summer classes you would like to be offered. Please fill this out. Thanks!

In November 2012, **Dr. Jessica Chin** and KIN instructor **Karen Moreno** presented their research at the annual Western Society for Physical Education of Women (WSPECW) in Pacific Grove, CA. **Dr. Chin's** paper was titled, "Media, the Internet, and hazing in female sports: A snapshot at Title IX's 40th", which was an analysis of media reports on female sports teams that were caught hazing in 2012. **Karen's** paper, "Strong women are healthy women: Effects of kettlebell training on metabolic syndrome in women" was based on her Master's research which she completed with **Dr. Peggy Plato** as her advisor. The purpose of her paper was to investigate the effects of a community-based kettlebell program on the core components of metabolic syndrome in women. The findings led to the suggestion that a community-based kettlebell training program has potential for improving pre-diabetes in middle-aged women. Also in attendance at the conference were **Dr. Sonja Lilienthal** and **Dr. Emily Wughalter**. All in all, a strong showing of SJSU KIN at WSPECW 2012!

### Looking for Faculty?

Effective December 12th, the following will have a new office space in the Student Success Center:

Stan Butler SSC 514

Ted Butryn SSC 512

Gong Chen SSC 517

James Kao SSC 513

Matt Masucci SSC 515

### Upcoming Dates:

**February 11th, 2013**- Last day to add

**March 24th-28th, 2013**- Spring Recess, Campus Closed

**March 31st, 2013**- Cesar Chavez Day, Campus Closed

**May 14th, 2013** -Dead Day

**May 15th-21st, 2013**- Final Exams

**May 22nd, 2013**- Make-Up Exams