

Winter 2-2012

Communicator, Feb. 2012

San Jose State University, Department of Kinesiology

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The Chair's Corner

Happy Birthday to us! We're 150!!

Happy New Year and I am glad to say that amid all the economic gloominess, we have much to celebrate in KIN. Among many other and varied accomplishments, you—our students—came first in the American Kinesiology Association's first ever video competition, with **Jeff Chan** as director; more of our students were accepted into PT school than ever before; one of our majors, **Andrew Hua**, has been selected to go on an all-expenses paid visit to China in the summer; several of our faculty have received awards and we have students/alums working on many things from a movie showing at Cinequest next month to internships with NASA Ames on training in space. There's more on each of these later in this issue.

But I wanted to devote the Chair's Corner this time to us, to all of us in the KIN family, past, present and future, because this year we are celebrating the 150th anniversary of the start of the department. You may have noticed the display in the glass cabinet next to the main office, and—if not—check it out! It gives a brief overview of the last 150 years and will, I hope, inspire us all to think of maybe not quite the next 150 but at least the next 50 years that we each have a chance to influence directly. A book, "Bean Bags to Bod Pods," covering the department's history, will be published later in the spring and also available online as an e-book. In April, we will have a department alumni reunion on campus, which we do about every 5 years or so. YOU are invited, too, as the current alums really enjoy talking to current students, faculty, and staff. More details on that later but please save the date for lunch on Saturday, April 21. We also have 150th anniversary T shirts available in the office, designed by **Michelle Watson**.

Here are a few events about which I think we should be proud and—at least—know something about. More details are in the book, the profits from which will go to the department:

1862 The State Normal School (SNS) advertised for an instructor of calisthenics, and on June 23 wrote the outline of a syllabus. Why was it considered so important?

1863 The first teacher of calisthenics, Mademoiselle Adele Parot, was employed at the SNS. She graduated from the only place training physical education teachers in the US at the time, in Boston. How did she get here? How did she hear of the position?

1866 First requirement for elementary PE in the entire US was in CA, based on the work at the SNS. Why here? Why then?

All this was just in the first 10 years. I'll be writing about a few more of the ways in which this department was a leader over the course of the next few issues. Makes you want to get up and yell "Hail Spartans" doesn't it!

Shirley H. M. Reekie, Chair

Faculty News

Dr. Ted Butryn has been selected to be a Salzburg fellow this summer and for the 2012-13 academic year. The goal is to help SJSU develop a more integrated and strategic focus on globalization.

Both **Dr. Peggy Plato** and **Dr. Ted Butryn** will receive a Research, Scholarship and Creative Activity reassigned time award this fall; **Dr. Butryn** also receives release time this spring through CASA's Center for Applied Research on Human Services.

The Timpany Center, through the efforts of **Dr. Nancy Megginson**, was awarded two grants, totaling \$37,000, from the US Olympic Committee—Paralympic Veterans' Branch. She also received funds from The Health Trust—Valley Medical Center, totaling \$50,000.

Dr. Emily Wughalter organized a panel presentation and served as a presenter in January at the NAKPEHE National Conference in San Diego. The panel included Dr. Camille O'Bryant from the California State University, San Luis Obispo and Dr. Sam Hodge from The Ohio State University. Their discussion included Strategies for Inclusive Excellence in the Classroom and the Curriculum. Wughalter has just completed her term as Chair of the Social Justice and Cultural Diversity Task Force for NAKPEHE.

This month **Dave Williams** and his family welcomed a baby girl, Isabelle Genevieve Williams. Congratulations!



Student News

Andrew Hua has been selected by the College of Engineering to represent CASA and participate in a study tour of China this summer.

Carolyn Badillo is currently one of five students from across the US selected to intern at the US Olympic Training Center, Chula Vista.

Due to her success as a Stadium Managers' Association Foundation board member as well as the recent scholarship winner, **LaShae Ingram** attended the SMA Annual Seminar 2012 as one of seven student interns to assist management in the success of the seminar. This year's seminar was held February 5th-9th in Palm Springs at the Rancho Las Palmas Hotel and Resort. She was the only student intern representing California as well as San Jose State University. LaShae had the opportunity to meet various stadium managers and corporate sponsors of sport facilities from all over as well as gained valuable information that could assist her in her future plans post-graduation. She also met everyone who donated money towards her recent scholarship fund. She made great connections with many stadium managers and now more than ever, she is prepared for a career in sport management to its full capacity. She had a lot of fun, learned a lot, and was able to gain an experience she will never forget. The Department of Kinesiology has also awarded LaShae money from the June McCann Scholarship Fund toward costs of the travel to attend the conference.



Jeff Chan led a group of KIN students who entered, and won, the first annual American Kinesiology Association video contest. Go to: <http://www.americankinesiology.org/> to see the Newsletter and then click on: http://www.youtube.com/watch?v=u7p mqIp17cE&list=FLd2mHyq_K-wCwxhaswEhMTQ&index=2&feature=plpp_video to watch it. Congratulations!

SAP OPEN TENNIS TOURNAMENT at HP Pavilion

The SAP Open was played for the 124th year, beginning Monday, February 13 through Sunday, February 19, 2012. It is the second oldest men's professional tennis tournament in the United States. Started in 1889 at Old Del Monte Lodge in Monterey, CA. San Jose is the first American stop on the ATP World Tour. For the past eight years, students from the Sport Management Program have held various positions at the SAP Open. This year, there are three students/alums representing the Kinesiology Dept.

Dustin Frediani, (BS, '11) is in his first year at the SAP Open, working as a Ticket Sales Representative.

Mike Stryker, (current graduate student in sport management), is in his second year at the SAP Open, last year he was an Operations Intern, and this year he is the Players' Lounge Coordinator. Mike has previously interned with the Oakland A's in the Premium Seating Department.

Eric Manuta, (BS, '10) has worked the SAP Open for the past four years in increasingly responsible positions. Eric started in 2008 as a Ticket Sales and Marketing intern and was promoted to a part-time Ticket Sales Representative for the 2010 and 2011 tournaments. Last year, Eric was promoted to a full-time employee with Sharks Sports and Entertainment as a Group Sales Coordinator handling tickets for HP Pavilion arena events such as the 2012 US Olympic Team Trials – Gymnastics and for all family shows that come to HP Pavilion.

Summer 2012

5 Week Session June 4- July 6

KIN 008 - Beg SCUBA	MWF	1800 - 1950	SPXE 079	Barry
KIN 014A - Beg Volleyball	MWF	1000 - 1150	SPX 044B	May
KIN 027A - Beg Table Tennis	TR	1200 - 1440	SPX 044B	Chen
KIN 35A - Beg Wght Train	MWF	0800 - 0950	YUH 202A	Montgomery
KIN 055A - Beg Self Defense	TR	0800 - 1040	YUH 202	Chen
KIN 061A - Beg Hatha Yoga	MWF	0900 - 1050	YUH 202	Caughlan
KIN 069 - Strss Mngment	MW	0900 - 1325	YUH 201A	Plato
KIN 101 - Sprt in America	MW	0900 - 1325	TBD	Masucci
KIN 155 Exer Physiology (Lec)	MW	1100 - 1350	SPXC 208	Cisar
KIN 155 Exer Physiology (Lab)	MW	0800 - 1050	SPXC 208	Cisar
KIN 155 Exer Physiology (Lab)	MW	1400 - 1650	SPXC 208	Cisar
KIN 163 Phys Fit and Nutr	TR	1300- 1700	TBD	Sullivan/Hollenbeck
KIN 165 - Motor Develp	MW	1300 - 1645	SPXE 077	White
KIN 169 - Div, Stress, Hlth	TR	1300- 1700	TBD	Murphy
KIN 175 - Meas & Eval (Lec)	TR	1130- 1330	SPXE 082	Wughalter
KIN 175 - Meas & Eval (Act)	TR	0820 - 1050	SPXE 082	Wughalter
KIN 175- Meas & Eval- (Act)	TR	1400- 1630	SPXE 082	Wughalter
KIN 188- Prev Care Ath In	TR	1130-1400	SPXE 075	Han
KIN 189 -Prev & Care Ath Inj Lab	TR	0830 - 1100	SPXE 075	Han
KIN 189- Prev & Care Ath Inj Lab	TR	1430- 1700	SPXE 075	Han

5 Week Session July 9- August 10

KIN 002A - Beg Swim	MWF	0800 - 0940	SPXE 079	Lilienthal
KIN 002B - Inter Swim	MWF	0800 - 0940	SPXE 079	Lilienthal
KIN 020A - Beg Badm.	MWF	0900 - 1040	SPX 044B	Nguyen-Church
KIN 38A - Beg Jogging	MWF	0800 - 0940	SPX 044B	Watson
KIN 050 - Tai Chi	TR	1330 - 1540	SPX 044B	Weng
KIN 070 - Intro to Kin (Lec)	TR	1100 - 1330	SPXC 068	Brown
KIN 070 - Intro to Kin (Act)	TR	0800 - 1030	SPXC 068	Brown
KIN 070 - Intro to Kin (Act)	TR	1400 - 1630	SPXC 068	Brown
KIN 163 - Phys Fit & Nutr	TR	0900- 1300	TBD	Cisar/Bloom
KIN 163 - Phys Fit & Nutr	TR	1300- 1700	TBD	Moreno/Hollenbeck
KIN 185 - Senior Sem	TR	0800- 1145	SPXC 068	Lilienthal
KIN 185H - Senior Sem Hnrs	TR	0800- 1145	SPXC 068	Lilienthal
KIN 266- Prin Conc Motor Lrng	TR	1600-1945	SPXE 077	Wughalter

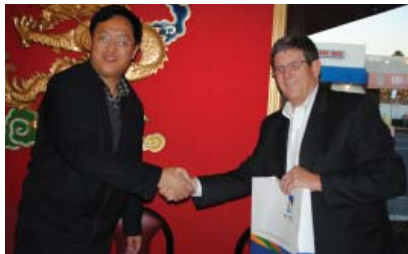
10 Week Session June 4- August 10

KIN 100W - Writing Workshop	MW	1300 - 1530	SPXC 068	Murphy
KIN 100W - Writing Workshop	TR	1300 - 1500	TBD	TBD

Note: Classes must meet minimum enrollment requirements or are subject to cancellation. These courses are tentative and are subject to class time changes or cancellation.

Department News

KIN hosted a delegation from Capital University of Physical Education and Sport from Beijing, China on January 27, 2012, arranged by **Dr. Gong Chen**. The delegation was led by Vice President Wu Guo-min and Dean Wang Xiang-hong (School of Martial Arts and Dance Performance). KIN has signed an agreement of intention for continuous dialogue on establishing an academic relationship between both institutions. CASA Dean Charlie Bullock, Associate Dean **Greg Payne**, and KIN Chair **Shirley Reekie** met the delegation, and they—initially—have been invited to visit China.



The annual Aerobicthon, organized by **Carol Sullivan**, was held in December with a huge crowd enjoying the stress reduction of exercise.



KIN student numbers accepted to PT school are the highest ever! Student **Shane Fandinola**, of the Pre-PT Club, reports that in the 2009-2010 application process, 4 out of 15 applicants from SJSU got into PT Grad School (27%) but in the 2010-2011 application process, 16 out of 26 applicants from SJSU got in!!! (62%). For comparison, San Diego State went from 51% to 52% and San Francisco State went from 64% to 37% over the same two year period.

At the US Figure Skating National Championship held at the HP Pavilion from Jan. 21-29th, 23 current AT students and alumni from both the undergrad and graduate AT programs provided athletic training coverage under the direction of Dr. Richard Gayle, Medical Director and this was all coordinated by **Holly Brown**.

The KIN faculty and staff held their annual department holiday party in December—for a change, at school!



Announcements

The 150th Anniversary Alumni Reunion--also for current students, faculty, and staff--will be held on Saturday, April 21, in SPX 89, from 11 AM-2PM. This event is by ticket only, available from the KIN office. Cost is \$25 (\$20 for current students). This will be a great time for current students to network with alums in key employment positions all over the state. Various events are also planned for the day, and 150th anniversary shirts, etc. available for purchase. We hope to see a good number of current students there!

New Coaching Certification Program. Help get the word out that the Kinesiology Department will launch its Coaching Certification and Professional Development program this summer. The format for all courses will be a 10-hour weekend workshop. This summer the two workshops will be on Coaching Principles and Strength and Conditioning. At the completion of the coaching principles course participants will be eligible to sit for the ASEP National Certification Exam and/or the California Interscholastic Federation coaching certification exam. More information on our web site at <http://www.sjsu.edu/kinesiology/coaching/>.

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Alumni News

Shanice Howard, BS, '11 writes: "I just wanted to let you in on the exciting news!...I will be attending the Doctor of Physical Therapy Program at the University of Southern California this fall! Thus far, I have been accepted to my top 3 choices: USC, UC San Fran, and Chapman University, but I have chosen to become a Trojan! I want to convey my sincere gratitude for all that the Kinesiology Department at San Jose State has done to help prepare me for this new venture in my educational career. I truly enjoyed being a student at SJSU and being in my Kin classes. I learned so much that has enabled me to continue my pursuit of a career in physical therapy. Thank you so much for your stellar teaching staff and your support, which have enabled me to gain acceptance to graduate school! It means the world to me."

Daniel Hoppe, BS '08, has been selected to attend PT school in Boston. He has also been selected to be the recipient of a \$50,000 scholarship. Wow—way to go, Daniel!

Kristina Denton, BS, '07 writes: "Since graduating, I've been in LA pursuing my film career (a far cry from Kinesiology, I know!). I produced my first feature film, "Worth the Weight" last year and we have been invited to world premiere our film at Cinequest (San Jose's own prestigious film festival) on March 2nd. The film has special meaning to me and maybe will appeal to the department because it's about a guy struggling to lose weight to find love. He tries to lose weight by hiring a personal trainer and falls in love with her in the process. I was a personal trainer all through college and even had my own business for a few years in LA." Links to the film:

Website: <http://worththeweightthemovie.com/>

Trailer: <http://vimeo.com/21004642>

Tickets: http://www.cinequest.org/event_view.php?eid=1674

Upcoming Important Dates

February 21, 2012 Enrollment census date for Spring

March 26-30, 2012 Spring Recess

March 30, 2012 Cesar Chavez Day- campus closed

May 15, 2012 Last day of instruction for Spring

May 16, 2012 Dead day- no classes or exams

May 17-23, 2012 Final exams

May 24, 2012 Exam make-up day