Thursday, March 4, 2021

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Volume 156 No. 16

Papazian gives vaccine updates

By Madilynne Medina STAFF WRITER

San Jose State President Mary Papazian announced the university won't become a mass coronavirus vaccination site for Santa Clara County, which she first stated could be a possibility in a Feb. 11 campuswide email.

Zobeida Delgadillo, Associated Students president and political science senior, said the decision was made by the county.

"The county decided not to move forward with SJSU being a vaccination site because while the county was interested, they weren't able to commit to logistics such as [site] staffing," Delgadillo said.

Papazian stated in a Wednesday campuswide email space was also an inhibitor and the county wasn't in the best position to install a vaccination site at SJSU.

Kenneth Mashinchi, senior director of strategic communications and media relations, confirmed it wasn't a university decision and said SJSU has expressed interest in assisting the county's efforts to help Santa Clara County during the pandemic.

Jennifer Hernandez, a child and adolescent development and education senior, said she was disappointed by the decision.

"It's upsetting because the school is not being used and we are still being charged tuition and services," Hernandez said in a video interview. "We could at least put these unused facilities to use by opening a vaccination site."

There are currently 20 county vaccination sites, according to a March 3 San Jose Spotlight article.

San Jose sites include First Street Clinic, Santa Clara County Fairgrounds, Santa Clara County Valley Medical Center, Foothill Community Health Center, Berger Drive Auditorium, Emmanuel Baptist Church,



It's upsetting because the school is not being used and we are still being charged tuition and services.

Jennifer Hernandez

child and adolescent development and education senior

Mexican Heritage Plaza and Story Road Hub. Hernandez said she wishes vaccines were more accessible because she's a caretaker for kids with autism.

She said she's been trying to make a vaccination appointment for several weeks.

According to the Wednesday campuswide email, SJSU employees who live or work in Santa Clara County are now eligible for vaccination.

Only students working in the university's education sector are vaccine eligible, but the university will update students on their vaccine eligibility once more information becomes available, according to the same campuswide email.

SJSU operations generally remain the same following the county's transition to the red tier and there have been few changes.

The Spartan Recreation and Aquatic Center is scheduled to reopen at limited capacity on March 15 and the Dining Commons is expected to open for indoor dining services at limited capacity on March 22, according to the campuswide email.

Santa Clara County didn't select the San Jose State campus as a mass coronavirus vaccination site.

SJSU employees are now vaccine eligible.

The Spartan Recreation and Aquatic Center is scheduled to reopen at limited capacity on March 15.

The Dining Commons is scheduled to reopen indoor dining services at limited capacity on March 22.

INFOGRAPHIC BY BRYANNA BARTLETT

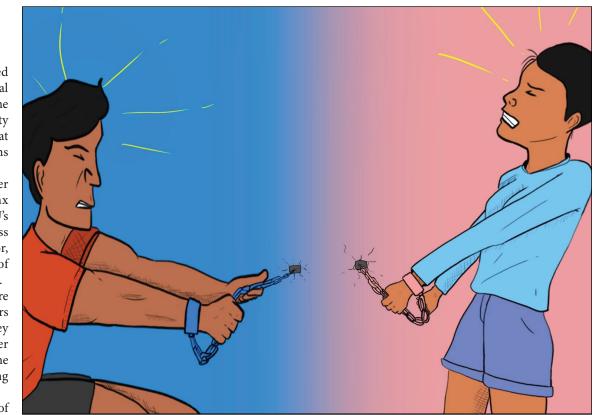
Follow Madilynne on Twitter @madilynneee

Latinx community discusses gender expectations

By Jacqueline Vela STAFF WRITER

With some families divided about the social and cultural differences of gender roles, some San Jose State Latinx community members have challenged what the notion personally means to them.

When asked about gender within roles the Latinx community, Elisa Aquino, SJSU's Chicanx/Latinx Student Success Center program coordinator, stressed the importance of questioning these responsibilities. Aquino said Latinx women are usually expected to be caregivers in their families, meaning they don't typically pursue higher education. But Aquino said the statistics are changing among younger generations. "Looking at the amount of women-identified people who are enrolled at San Jose State and seeing the really large number . . . it's a little bit higher than male-identified folks," Aquino said in a Zoom call. "In our current times, that is kind of becoming the new norm. Women are entering the workforce and they are entering formal higher education." Out of 33,270 students enrolled at SJSU this spring, 16,934 are female and 16,062 are male, according to San Jose State's Institutional Research department webpage. Meanwhile the SJSU graduation their communities. rate among Latinx students was 52% for women and 45% for men in 2017, according to DATA USA, a collective platform that stores that men are superior and and analyzes government data. the University of California, their Santa Cruz in 2017 with a bachelor's degree in Latin American and Latino studies Health article. sociology, said and she's with to work inspired undergraduate students and



gender equality between himself and his partner.

"I am making changes. I do want to grow up and hopefully have a family and make sure they can be comfortable with themselves emotionally and not have the pressure of gender roles," Ayuso said.

Economics junior Angel Cervantes said he was raised by his mother and grandmothers and didn't experience a restrictive male gender role.

"A lot of times, I didn't really have a male figure in my life. Cervantes said in a Zoom call. "My entire life I was raised by women so I was always told to be more in touch with [my] emotions."

A lot of times, I didn't really have a male figure in my life. My entire life I was raised by women so I was always told to be more in touch with [my] emotions.

Angel Cervantes economics junior

help them break gender roles in

66

Within Latinx culture, masculinity or "machismo," revolves around the assumption women are expected to serve Aquino, who graduated from or defer their authority to male partner, according to a July 14, 2003 Institutes National of

> Machismo also refers to having strong or aggressive masculine pride.

This results in defined gender roles and gender expectations that are often reinforced throughout childhood and adolescence, according to the same article.

Mechanical engineering junior Paul Ayuso said because everything he's done in life is influenced by his father, he values the responsibility of being a provider.

"If I am not providing for you, I don't feel as much as a man as I should be," Ayuso said. "I got to take care of you."

Ayuso is the oldest of four

ILLUSTRATION BY HANZ PACHECO

brothers and was taught from a young age about what it means to be a man.

"Growing up, I feel like my relationship with my dad was very similar to a stereotypical Mexican household," Ayuso said in a Zoom call. "I saw my dad as the provider. He has to do his best to make sure we get to eat and have a roof over our heads, so growing up, that's how I viewed relationships."

Ayuso also said he learned emotions were something to suppress because he rarely saw his dad express them.

He said he was raised thinking "being a man" meant masking his emotions because they're seen as weakness.

"Every time I would be upset and feel like crying, I would be mad at myself that I allowing myself am to cry," Ayuso said.

He said he plans to maintain the machismo role in his family by being the provider in the future, but he wants to encourage

He said he received many snarky comments from his friends growing up because he didn't play into the machismo role, but he's proud of how he was raised.

"I am just surrounded by beautiful women, powerful women and it is very empowering," Cervantes said.

Psychology senior Alejandra Jauregui said part of being educated means seeing people as equal and "that we can all do the same thing."

Jauregui said she's seen female family members serve their partners and she doesn't like it, especially because her parents have always practiced gender equality with her.

"We for women," are Jauregui said.

She said she's passionate about gender equality because although she didn't encounter enforced gender roles, she doesn't want anyone to continue experiencing them.

"Times are really changing," Jauregui said. "You go to work and I go to work too. We have children, they are our children so we need to work together."

Follow Jacqueline on Twitter @Jacqueline_v20



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ARTS & ENTERTAINMENT

Local photo store supports creators

By Jamie Bennett STAFF WRITER

One small, local photo development store has served both San Jose State students and the San Jose photography community, showing it's nothing to overlook.

Foto Express is a photo finishing company that helps students and enthusiasts alike to print, scan and develop their photos.

Long-time owner Henry Chang, who's run Foto Express for nearly 40 years, has close connections with photography programs at De Anza Community College and SJSU.

'We work with a lot of students for photo class," Chang said in a Zoom interview. "Even college and high school photo classes. We supply them materials and do the processing for them."

Chang said the amount of customers has fallen to 30% of what it used to be before the pandemic because students aren't physically present in school.

Some SJSU students are worried about the fate of Foto Express because it's an asset for the San Jose photography community.

Communications senior Sean Muniz, a photographer for a clothing company, believes local photographers would be in shambles if Foto Express closed down.

"I don't know anywhere else to get photos printed and sent in the Bay Area," Muniz said in a Zoom interview. "There's one [other] place, but it's absolutely terrible how they process and do their film photos. Henry will have shit done in like three hours maybe, whereas they will have it done in like three weeks."

The coronavirus pandemic hasn't been the only setback for Chang.



Henry Chang, owner of Foto Express, edits a photo for print at his store on East Santa Clara Street in Downtown San Jose on Friday Feb. 26.

He said when digital cameras rose in popularity in the early 2000s, his business wasn't succeeding so he adapted to the changing technology, but his business never fully recovered.

When people use a digital camera or phone they don't print anymore," Chang said. "They just capture the image and never print it or they shoot 1,000 pictures, and maybe print only one or two."

He also said he doesn't understand why some

photographers have moved away from film photography because digital photography isn't as detail-oriented.

"Film photography is a fine art. You need [to be] more careful because you have to buy the camera, load the film correctly and very carefully shoot the composition," Chang said. "So now digital cameras are like a machine gun, you can shoot really fast, without thinking and then you can do the editing later."

SJSU alumnus RJ Garcia said he's

a casual photographer and Chang has helped him improve his skills. Chang even remembers Garcia by name whenever he comes into the store.

"There was this one time where I wasn't sure about my film roll, whether it was working or not, or it might have been exposed," Garcia said in a Zoom interview. "I went in there and I asked, 'Could you help me with this? Could you help me figure it out?' and he did and he gave me pointers and advice."

Even with the setbacks, Chang said his business will continue to bring the San Jose community high-quality, developed photos far into the future.

Many customers who frequently visit Foto Express address Chang by his first name and showing his dedication to Foto Express and its customers.

"Because we provide a unique service, we can still survive," Chang said.

Follow Jamie on Instagram @j4mjam

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- 31. Bird call
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- 35. "Hogwash!"
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- 44. Sea eagle
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- 49. Card with one symbol
- 50. Annoyance
- 51. Elongated square or circle 54. Formally surrender 56. Train track 57. All things 63. Wings 64. Agreeable 65. Product of bees 66. Small slender gull 67. Found on rotary phones 68. Academy award 69. At one time (archaic)
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- 1. Guy 2. Sweeping story 3. Brother of Jacob 4. Hair salon process 5. Infections of the eye 6. Trace 7. Precisely 8. City in Peru 9. Slanted font Companionship
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OPINION





Female athletes deserve more respect



Female athletes are just as competitive, if not more competitive, than their

male counterparts. Male athletes being more competitive is a common misconception in the sports

world and this fallacy disregards the work female athletes contribute to their sport.

Despite comments about women not playing as aggressively as men do, female athletes are often left with bruises and scratches from other athletes after playing games.

Women are incredibly aggressive and competitive. **Giorgina Laurel** STAFF WRITER

They show no mercy when they play their sports.

From personal experience, after a game or a simple practice I would have a slew of bruises and scratches on my body from other players.

After one practice I endured a bite mark and a gash on my arm from a female athlete's braces.

I would also get massive burns on my legs because I would dive for loose balls when I played basketball.

Tennis icon Serena Williams is so competitive she holds a grudge against Justine Henin for calling a timeout in the middle of

Williams' serve, according to a June 1, 2013 Business Insider article.

A lot of women put their entire heart into games and let their emotions take control.

By releasing their emotions throughout the game, female athletes are more driven and passionate.

Social work senior Alexes Paris said she'd often get caught up in the emotional aspect of playing sports.

"I think I was more aggressive during games," Paris said. "In my opinion, males have an easier time separating their emotions from the game to real life, while women tend to become more personal."

Paris said in her past experiences in sports, there have been multiple times when female players would fight their opponent over small things

Women athletes are smart, strategic and extremely powerful, allowing their hearts and emotions to drive them.

out of pridefulness. She said there are some women that didn't like her simply because they played against her in a game.

Some may argue men are stronger than women, which makes them more competitive.

For example, male hockey

players are allowed to check their opponents and male basketball players have an easier time dunking compared to female players.

However, women are often required to adhere by different rules and have different skill sets which make it necessary for strategic gameplay.

Women in hockey games would be penalized for checking an opponent, but for men it's acceptable.

Players who bodycheck opponents in women's hockey are given minor or major misconduct penalties depending on the severity of the hit, according to the International Ice Hockey Federation.

While women are punished for playing tough, men's hockey is known and loved for its rough gameplay. Although in basketball it's

uncommon for women to

dunk, there are more women training their bodies to dunk, according to a Dec. 5, 2018 article about the differences between the two genders in basketball from SportsRec, a website dedicated to sports and exercise.

It is more common to see women using skillful ways to get the ball into the net, like maneuvering the ball to get it close for a layup.

Women athletes are smart, strategic and extremely powerful, allowing their hearts and emotions to drive them.

They deserve to be recognized for being just as competitive as their male counterparts.

Follow Giorgina on Twitter @ItsGiorgina



PHOTO EDITOR SANDRA SANTOS-CRUZ

ENSIYAH SYED ISABELLA VICTORIA HAGGERTY

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The Spartan Daily serves as San Jose State's top news source and was named the best student newspaper in the state. New issues are published Tuesday through Thursday during the academic year with the website updated daily.

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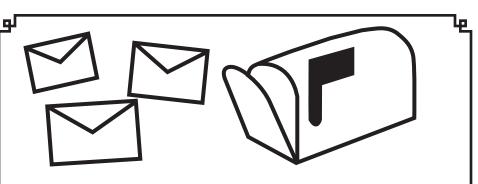
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OPINION

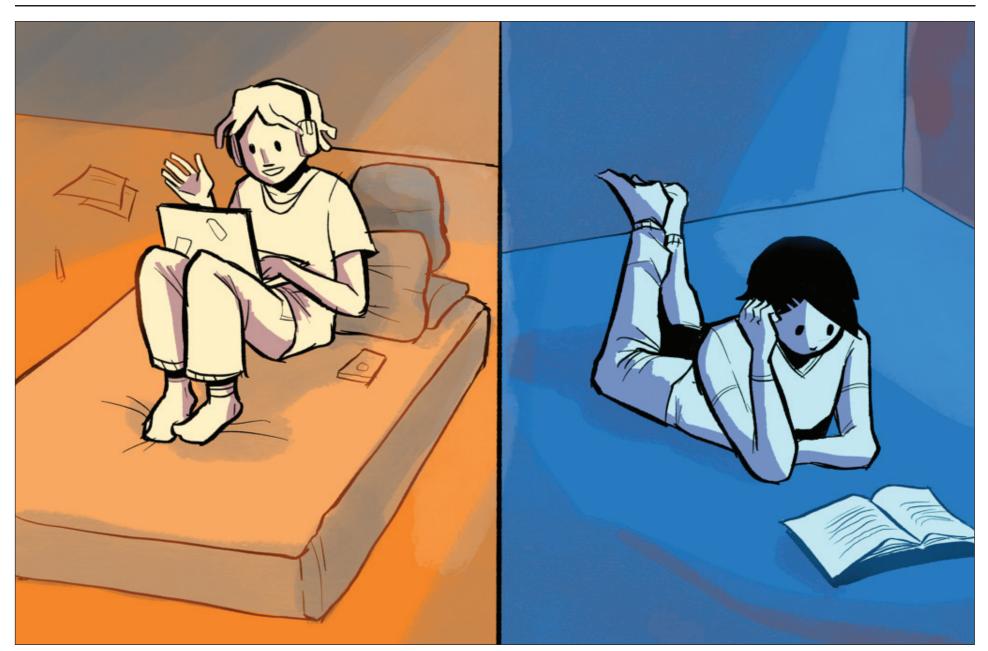


ILLUSTRATION BY AUDREY TSENG

Who's dealing with the pandemic the best? Extroverts find new ways | Introverts find comfort to connect in tough times and thrive staying home



The coronavirus pandemic hasn't been paradise for extroverts including myself, but nonetheless we're not completely hurting like some believe. If anything, introverts are suffering the most.

STAFF WRITER

Yes, it's true extroverts miss face-to-face interactions, spontaneous trips, parties and meeting new people at coffee shops or airports.

But unlike introverts, we're adaptable

bombarded them with online school and meetings.

This has caused them to feel drained and socially overwhelmed.

I'm not saying extroverts haven't felt drained. We feel exhausted, but extroverts can easily recover because we feed off of thrill and excitement.

Extroverts see the positive side of things when faced with low points in life and when we do hit rock bottom, we don't stay there for long.

Extroverts seek



Christina Casillas STAFF WRITER

Introverts were constantly draining their social batteries with long-winding conversations, superficial chit-chat and simply being near too many people before the coronavirus pandemic.

With a lack of crowds and chatting before class being impossible, what some extroverts may view as depressing is actually contributing to introverts' success.

More than ever, I feel melancholic pain that radiates from my chest when I remember I haven't seen my best friends in over a year. It worsens with every text beginning with the phrase "When this is over . . . "

Zoom calls suffice but it never feels the same.

I want to be in the same room with friends, go on aimless car rides with them and enjoy their company in person.

Even more difficult for me is the idea my colleague suggested, that outside work and home life have now mingled together. What once used to be my safe space is now my university campus and in a sense it's almost as if it is no

and have treated quarantine as another adventure into the unknown.

An extrovert is a person who is gregarious and unreserved, according to Merriam-Webster.

Extroverts are thrill-seekers and risk-takers who enjoy trying new things and become energized around people. In other words, seeing another human stimulates our brain.

Thanks to technology, we can still socialize and don't feel completely alone during this pandemic.

Personally, it's very easy for me to meet people and make new friends and I won't hesitate to start a conversation.

Although we're stuck at home, I can easily interact with others through Facetime, Zoom and other online platforms.

Of course, it's not the same as real-life interactions but I'm still able to stay connected with friends and family.

The more interactions, the better for extroverts.

On the other hand, introverts prefer their alone time. They'd rather avoid conversation and choose not to be bothered.

An introvert is a reserved person who prefers spending time alone, according to Merriam-Webster.

The pandemic has been heaven to them, or at least it was at first.

Introverts who love staying home and flaking on social plans have now become zombies.

The viral TikTok phrase "I feel like I'm dead. I'm alive but I'm dead" would best describe their current state.

But now introverts have had to bring normal social interactions that were once only reserved for the outside world into their homes. Their at-home peace has now become a place of chaos.

Living rooms that were once a sanctuary from people-filled offices, gyms, bars and coffee shops became all those things at once, according to an April 2, 2020 MIT Technology Review article.

Introverts are not wired for full-time interactions and the pandemic has

adventure and a challenge and the pandemic has allowed us to be creative and discover new ways to adapt.

Researchers have found extroverts are more likely to agree with statements such as "I'm calm in the face of danger," while introverts have greater COVID-19 related nervousness and fears, according to an April 30, 2020 Forbes article.

Despite introverts enjoying their alone time, they are experiencing more loneliness than extroverts as the pandemic continues.

Half of introverts reported increased levels of loneliness compared to one-third of extroverts, according to an August 2020 study conducted by Nixplay,

a digital frame company.

The same study found 31% of introverts report higher instances of unhappiness, compared to 12% of extroverts.

Whether you're an extrovert or introvert, we have all experienced the lows of the pandemic. Our mental health has deteriorated and it's been rough for everyone.

Extroverts seek adventure and a challenge and the pandemic has allowed us to be creative and discover new ways to adapt.

Staying home is not an extrovert's perfect situation and we'll never truly be homebodies, but we keep exploring new methods to make the pandemic exciting.

> Follow Royvi on Twitter @lesroyvs

For people who'd rather stay inside on a Friday night and drink a hot cup of tea while watching an interesting TV show than be at a club, staying home isn't something we are forced to do - it's enjoyed.

The idea of extraversion and introversion was created by Swiss psychiatrist Carl Jung, according to Britannica.

Jung would describe people who were more reserved, shy and often preferred being alone when under stress as introverts, while he considered those who were outgoing and personable as extroverted.

With almost 30 million cases of COVID-19 in the U.S. as of February 2021, according to the Centers for Disease Control and Prevention, the pandemic is justifiably stressful for introverts and extroverts alike.

But introverts retreat to our homes to recharge when we're stressed.

Knowing something I naturally enjoy could reduce the risk of contracting and transmitting COVID-19, being at home means keeping myself and those I love safe.

The college experience has changed from in-person classes to online instruction and with that, so have student interactions.

In an October 2019 CNET article, life coach and therapist Chelsea Connors said one of the key ways to determine if someone is an introvert is how they react to social interaction.

Social interactions often leave extroverts rejuvenated, while introverts are left feeling socially drained.

While I loathe the occasional Zoom breakout room, I'm no longer forced into small talk with people before, during or after class.

That's not to say introverts are completely friendless shut-ins.

Introverts may not miss adventure, crowds and meeting new people, but we do miss the few close relationships we have.

longer sanctified.

But even so, introverts' introspective

For people who'd rather stay inside on a Friday night and drink a hot cup of tea while watching an interesting TV show than be at a club, staying home isn't something we are forced to do – it's enjoyed.

nature makes us much more posed to face the difficulties brought on by the pandemic than extroverts.

We isolated ourselves before it was cool and we'll continue bouncing back from the pandemic the way we're naturally prone to do.

So introverts, go brew that tea, grab a blanket and watch your favorite TV show. What we're doing is enough and we're doing it well.

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