

Spring 5-2007

Communicator, May 2007

San Jose State University, Department of Kinesiology

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Recommended Citation

San Jose State University, Department of Kinesiology, "Communicator, May 2007" (2007). *Communicator (Kinesiology)*. Paper 7.

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THE DEPARTMENT OF KINESIOLOGY COMMUNICATOR

Vol. 19, No. 4

Department of Kinesiology, San José State University - KIN Student Major Newsletter

May 2007

THE CHAIR'S CORNER

First and most important, **congratulations** from all of the Kinesiology faculty and staff to ALL of our graduates, the class of 2007! Whether you were on the two, four, six, or eight year plan, you made it. All the best for the future, and do please keep us informed of what you accomplish in your careers.

In late April, the Department of Kinesiology revived the tradition of holding quasi-annual Alumni Lunches. Over 70 alums, and past and present faculty and staff attended. More information on this will appear in the Alumni Newsletter, out in June. To those of you graduating, look for this in your future, and plan now to attend in 2012, when the department will celebrate its own 150th anniversary!

In the first week of May, the Department of Kinesiology was visited by Dr. Sharon Guthrie, Chair of the Department of Kinesiology at CSU Long Beach. This **external review** takes place every five years and is a requirement of the CSU system. The purpose is to have someone from outside see us through an outsider's lens and suggest what we might change or do better, let us know what we do well, and make recommendations to the university administration. Thank you to all faculty, staff, and students for your interactions with her at what I know was a very busy time for all. Her visit coincided with Founder's Day and we told her the party was in honor of her visit....

Looking to the future: the faculty have spent much of the semester at various meetings thinking about how we can better meet the needs of our students, especially through **undergraduate core classes**. We plan for this to be a good fit with both the university-mandated student learning objectives and the mission of the university.

At the time of writing this, we have verbal acceptances from two very **highly qualified faculty-to-be**, in psychology, and sport studies. I plan on introducing them to you in the first Communicator of the fall.

Have a great summer, wherever your plans take you!

Shirley H.M. Reekie, Chair

Faculty/Staff News

Dr. Sonja Lilienthal received a small research grant (one of only three awarded) at the Dean's Awards reception.

With great sadness, I must report the death last week of **Sol Horn**. Sol had taught dance classes for us since 1995 and, according to his son Eric, "lived for teaching dance and playing bridge." Sol had indicated to me his intention to retire at the end of this semester. Several students, and Eric, have told me of the joy that dancing brought to Sol's life and, I would add, the joy he taught to many others, too.

Dr. Ted Butryn, along with colleague Theresa Walton from Kent State University, presented a paper entitled, "National identity via (global) local runners in global (local) contexts," at the joint meeting of the Midwest Sociological Society and the North Central Sociological Association in Chicago. Approximately 2,000 scholars and graduate students attended the conference.

In early March, **Dr. Jin Jung** and **Ashley Johnson**, one of the undergraduate students in the Physical Education Teacher Education program, gave a presentation entitled "Implementation of Hellison's TPSR: Pedagogical Strategies and Game Activities for Practitioners" at the CAHPERD conference in Sacramento. The session was a big success with over 100 participants. Ms. Johnson said, "As a future teacher, it was an exciting experience to introduce games and activities to real Physical Education teachers." In addition to the CAHPERD, Dr. Jung attended the AAHPERD convention in Baltimore late March. At the AAHPERD he presented his two recent studies: What Stimulates Exceptional

Teachers' Reflection in Physical Education and The World of Others: National Physical Education Curriculum in South Korean.

Dr. Gong Chen was interviewed by Singtao Newspaper (A Chinese newspaper in Northern America) to provide advice on crime prevention and self-defense, to handle the potential campus shooting based on the V.T. case, and to share his research results on chances of survival in self-defense. The report was on the cover page of April 20, 2007.

In March 2007, he presented "Teaching self-defense in schools" (110 participants) and "Design a taichi workout for your classes" (90 participants) at CAHPERD.

In March 2007, he presented "Research on chances of survival of female students vs males in self-defense in lab studies" at 2007 Faculty Research Forum organized by College of Applied Sciences and Arts at SJSU.

In March 2007, he co-organized SJSU Badminton Open with Lei and the SJSU badminton club.

In March 2007, he initiated KIN physical activity series starting with mini badminton workshops for SJSU faculty/staff.

Payne, V.G., & Geng, P. (Eds.) (2007). An introduction to human motor development, Beijing, China: People's Education Press (Chinese Ministry of Education). This will be the first textbook on human motor development in China, a joint project of American and Chinese Scholars. Individual chapters were written by top US motor developmentalists (Jane Clark, Jerry Thomas, Kathy Williams, Jill Whittall, Jacqui Goodway, etc.) For many chapters,

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Faculty/Staff News cont.

they were paired with colleagues from China. Two chapters are prepared expressly by Chinese scholars. The book has been written, is in the process of being translated, and according to the People's Education Press, will be published in November, 2007.

Payne, V.G., & Isaacs, L.D. (2008, 7th ed). Human motor development: A lifespan approach, New York: McGraw-Hill. According to McGraw-Hill, this text is the leading seller in its field. It has been used in hundreds of universities throughout the world and was recently translated into Portuguese for use in Brazil.

Dr. Payne also presented at the following:

Invited Mini-Plenary presentation at the California Childhood Obesity Conference, Childhood obesity and physical activity: Can schools really make a difference? Anaheim, CA, January.

Invited panelist for an online panel presentation and dialogue on "Curbing childhood obesity," sponsored by the LegiSchool Project of the Center for CA Studies, the CSU, and the California State Legislature, April.

Invited presentation for the School Wellness Challenge Webinar sponsored by the California Wellness Task Force for Youth and Workplace Wellness, Physical inactivity, obesity, and morbidity: How can schools make a difference? Webcast to 45 school districts throughout California, in March.

Selected to become a Salzburg Fellow to travel to Salzburg, Austria in July, 2007 for training in Globalization of Education to become a campus resource for enhancing campus worldwide involvement in education.

Congratulations to **Dr. Jim Kao** for being elected to the Academic Senate of San José State for the fall semester, 2007. He joins a long list of KIN faculty who have served in the Senate including **Drs. Chen, Conry, Plato, Reekie,** and **Shifflett**.

Congratulations to **Dr. Matt Masucci** and **Dr. Sonja Lilienthal** for being awarded junior faculty development grants (two of four in CASA)!

Alumni News

Whitney Vasu, (BS, '04), has been accepted to PT school at the Arizona School of Health Sciences in Mesa.

Joan Sarlo (BA '02, MA '61) retired from West Valley College in May 2005 after 41 years of what she described as a "fabulous teaching career." Joan is the Department of Kinesiology's Distinguished Alumna for 2007.

Abi Liu (BS, '05) was recently at the Olympic Training Center in Colorado Springs, teaching a diversity camp with Pablo Morales. Her assistant coach was **Matt Weiss**, who will be joining us in Kinesiology in the fall. Abi is the aquatic director for Stanford Campus Recreation Association (SCRA), head coach for their summer team, and one of the age group directors for Palo Alto Stanford Aquatics which, she says, is the best team in Pacific Swimming!

Nicole Baker (MA, '04) was accepted to University of Virginia for a Doctorate in AT.

Luc Nguyen (BS, '03) and **Eric Bloom** (BS, '06) returned to campus recently as guests of the Pre-PT Club as part of panel, talking about their experiences and tips on getting into PT school. Eric is currently at Duke University and Luc now has his DPT and is employed at OPTM Sports and Physical Therapy in Los Gatos.

Janet Yiu (BS, '05) has been accepted to and will attend PT school at USC this fall.

Hisashi Imura (BS, '06) is an ATEP alum (also a former Major of the Year for our department) and was an intern with the Oakland Raiders during the 2006 season. He has accepted a GA athletic training position at UC-Berkeley for the upcoming academic year and was recently inducted into the Skyline College Transfer Hall of Fame. Congratulations, "Sash"!

Rebecca Maxfield, (BS, '06), has been accepted to graduate school and received a graduate assistant athletic training position at Baylor University in Waco, TX.

Images from our Alumni Luncheon on April 28, 2007



Student News

President's Scholars are: **Anthony Novello, Timothy Opyd, and Yvonne Esquer.**

Dean's Scholars are: **Shiren Assaly, Ian Batra, Rick Bautista, Kenneth Bertron, Michael Bitting, Eric Bloom, Gillian Boal-Thowson, Brianna Brown, Kelley Cadungug, Cesar Cardenas, Tessie Carranza, Lynnette Castro, Jenhao Chen, David Clewett, Deborah Confer, Jack Cooney, Philip Dao, Thao De Ornelas, Kristina Denton, Phillip Dobashi, December Dodson, Tiffany Doelger, Dulce Garcia, Emilio Gonzales, Kinji Green, Elke Harms, Louie Hung, David Janke, Spencer Joseph, Chris Luera, Jessamy Meu, Joshua Mora, Joshua Moreali, Adam Morrella, Korinn Myers, Julie Narciso, Steve Ramona, Aivaras Sajus, Stacy Schmidt, Shaun Simmons, Jason Solis, Alex Stowbunenko, Crystal Voss, Caitlin Wall, Katherine Wilson**

Plan B successes

The following students successfully completed Plan B this May: **Michelle Balagitao, Rosie Cheng, Ryan Cisek, Erin Coleman, Christopher Der, Aaron Dyes, Daniel Easley, Christela Fabio, Rhonda Hill, Aaron Jacobsen, Bryon Lamorandier, Scott Landis, Robin Marquez, Erin O'Hare, Todd Parker, Angie Pfahnl, Veronica Ramos, Chris Rocha, Michael Steudle, Edgar Tabila**

Alice Lobesack was the only recipient of a grant from the Far West Athletic Training Association this year to study Female Athletic Trainers Perspectives on Childbearing and Career in the Collegiate Setting

The following students have been accepted into the Undergraduate Athletic Training Education Program for the 2007 Fall semester:

Jake Aganus, Ben Agatep, Michelle Brazil, Nadessa Corea, Nina Chubrikova, Toshiaki Hiratsuka, Nozomi Kimura, Andrew Lok, Alexander Lopez, Emmanuel Mejia, Adam Mendez, Steve Mosher-Stockinger, Jeremy Nadal, Kristophere Padua, Brannon Plandor, Adan Ramirez, Brigette Sjoboen, Brittany Syrovatka, Jeric Tadios, Austin Toloza, Nicole Westart, Courtney Wong

The following sites will be new affiliated practicum sites associated with the Undergraduate Athletic Training Education Program for the 2007-2008 academic year: University of San Francisco, Menlo College, Holy Names University, Cabrillo College, The Harker School, Homestead HS, Gunn HS, Prospect HS.

The following students and **Jeff Roberts** provided volunteer medical coverage for Pat's Run on Sunday, April 29, 2007 at Leland HS in San Jose with benefits associated with the event going to the Pat Tillman Foundation (www.patillman-foundation.com): **Jake Aganus, Nadessa Corea, Cory Floyd, Mikel Jackson, Hiroe Shidahara, Jessica Stacy, Brittany Syrovatka.**

Brianna Brown was awarded the Dean's Scholarship for Kinesiology at the Dean's Awards Reception

AT grad student **Ryan Cisek** has accepted a position with the SF 49ers and AT grad student Daniel Easley has accepted a position with the Atlanta Braves.

Crystal Miles-Threatt (graduate student) obtained the only grant, granted this year by FWATA, for her thesis work on Pre-Season Physical Examination Consistency among California High School Athletics.

Poster Presentations at FWATA
Moody, Jocelyn & Kahanov, L. *Predictors of Burnout among Graduate Assistant Athletic Trainers*
Kahanov, L. & Sain, Dennis *Ethical Decision Making among Certified and Student Athletic Trainers*
Kahanov, L. & Skillema Jill. *High School Football Coaches' Assessment of Concussions*

Josh Kemp is married and has two children ages 5 and 8 months and has been working at a private fitness studio in Campbell for the past six months. He recently moved to Los Gatos Athletic Club as a personal trainer .

Robert Standley has accepted a position in the accredited post-certification Graduate Athletic Training Education Program at Western Michigan University starting in the 2007 fall semester

UGATEP Student Presentations at FWATA April 27th

Fibular sesamoidectomy by **Lisa Morano-Trudel**

This presentation highlighted a sesamoidectomy case study including anatomical kinesiology and biomechanics, surgery and a rehabilitation program. X-rays were presented to show the degradation of the bone, before and after the used of a bone stimulator. The pathology report depicted the severity and uniqueness of this case. The patient was rehabilitated over a 3 months with some residual effect and has returned to activity.

Stretching into the Future: Static vs. Dynamic Stretching by **December Dodson, Melissa Wagner, Caitlin Wall, Chelsie Morehead, Tina Fey, Aldo Vasquez**

The optimal use of static and dynamic stretching was discussed from a theoretical perspective to give background to practical implementations. Hands-on demonstration of new stretching technique was provided.

Brooke Kennedy accepted a position at Whitman College in Washington as an assistant ATC and instructor.

Important Dates

May 15, 2007 - Last Day of Classes

May 16, 2007 - Study Conference (Dead) Day

May 17-23, 2007 - Spring 2007 Final Exams

May 24, 2007 - Spring 2007 Final Exam Make-Up Day

May 25, 2007 - Department of Kinesiology Graduation Banquet

May 26, 2007 - San José State University Commencement Ceremony

June 4, 2007 - Summer 2007 Classes Begin

June 11, 2007 - Fall 2007 Priority Registration Period Begins

June 14, 2007 - Last Day to Drop Summer Classes without a 'W'

June 21, 2007 - Last Day to Add Summer Classes

August 23, 2007 - Fall 2007 First Day of Classes

Department of Kinesiology Contacts

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Phi Epsilon Kappa & KIN Majors' Club

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Sports Medicine Club

Dr. KyungMo Han – han@kin.sjsu.edu

Adapted Physical Activity Club

Dr. Nancy Megginson – nmegginson@kin.sjsu.edu

PEK (Phi Epsilon Kappa)

- √ Gets you involved in your department
- √ Make some new friends
- √ Looks great on your resume
- √ Participate in worthwhile activities for KIN

Contact Dr. Matt Masucci
mmasucci@kin.sjsu.edu

Consider Joining!

Announcements

The **Graduation Dinner** will be Fri May 25 at the Corinthian Club. Contact Matt Masucci for current ticket information. Information can also be found at <http://www.kin.sjsu.edu/kinclub/events.html>

Announcing the new **Dr. David Furst Scholarship** for fall 2007. The application deadline is September 15. Applications/cover letter and 250 word essay will be available from SPX 56 after June 1st. The award of \$500.00 will be made at the end of October. Criteria: Kin graduate student with GPA min 3.5 in the Major courses on the candidacy form – which must be filed (with Plan A) to be eligible.

Summer internships must from now on be taken through IES/Continuing Education. We will no longer permit the “loophole” of a student actually doing the internship in the summer and then registering for the fall. This is because of liability issues that would surround a non-enrolled student “taking” a class. Unfortunately, summer school classes cost more because summer school is supported largely by student fees rather than by state assistance. Winston Kwong has details in the office.

The SJSU ATEPs will host the **California Athletic Trainer's Association Meeting** June 2nd 3pm-5pm through two-way video-conferencing in the IRC

The SJSU Graduate ATEP will host the advanced **Track Seminars** for the National Athletic Trainer's Association Annual Meeting and Clinical Symposium in Anaheim June 2007.

The activity program and CISHP started a “Celebration of Physical Activity Series” in April 2007. The series include two types of events. The first type included the **KIN Table Tennis Cup challenge** (April 12), and the **KIN Badminton Cup challenge** event (April 17) between KIN faculty/staff and students. The second type included mini workshops of badminton, tai chi, self-defense, table tennis, weight training for life, and yoga for SJSU faculty/staff. The mini badminton workshop started in April and lasted through the month.

Summer 2007 Kinesiology Schedule of Classes

6 Week Session June 4 – July 13

COURSE	DAYS	TIME	INSTRUCTOR
KIN 100W Writing Workshop	MW	0800 – 1130	Lilienthal
KIN 155 Exercise Physiology	MW	0900 – 1400	Cisar
KIN 175 Measurement & Evaluation	TR	0900 – 1330	Wughalte

10 Week Session June 4 – August 10

COURSE	DAYS	TIME	INSTRUCTOR
KIN 70 Introduction to Kinesiology	MW	0800 – 1100	Kahanov
KIN 185/185H Senior Seminar/Senior Seminar Honors	MW	1100 – 1300	Kahanov