

Wednesday March 21, 2012 Volume 138, Issue 29

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Food debate: Five Guys vs. In-N-Out see p. 3



Spring football kicks off

see **p. 4**

Student hunger evaluated

Survey shows students with a strapped budget are skipping meals to save

> by Francisco Rendon Senior Staff Writer

Efforts are being made across campus to begin to learn how hungry students on campus are and how best to address this problem, depending on the severity.

A recent survey conducted by the Student Health Center showed that more than 40 percent of 201 student respondents were skipping meals because they did not have enough money to eat.

The survey results are currently under review and Roger Elrod, director of the Student Health Center, stated in an email that these results may not be indicative of the entire campus population.

In the survey, 10 percent said they often did not eat a meal or cut the size of their meal because of money and 33 percent said this was sometimes true.

SEE **HUNGER** PAGE 2

■ CAMPUS IMAGE

Catch and release



Members of the SJSU juggling club juggle pins as a group on the grass along Paseo de San Carlos Monday. Photo by Raphael Kluzniok / Spartan Daily

Voting guide released, six A.S. positions still available

by Julie Tran Staff Writer

The Associated Students voter information guide was released Sunday with information on upcoming candidates for the elections, which include six vacant positions that need students.

"There were about 19 students who went for orientation, but only 15 people were eligible to actually run." said Desne James, chief electioins officer of the student elections commission. "The students need to fill out an eligibility form that basically says they weren't on academic probation and they're a full-time SJSU student."

According to James, the six open positions include director of business affairs, director of university advising, director of faculty affairs, director of external affairs, director of internal affairs and director of student resource affairs.

James said some areas tend to have more student applicants than others, such as director of programming affairs and controller, but it all depends on the students' interest in a certain area in addition to what they want to do to help in the student committees.

"Executive positions get paid \$1000 a month while the other positions receive \$500 a month."

-Kelli Williams, associate executive director

In the case that a position isn't filled after the elections, the vacancies are filled by the A.S. board and a student is appointed for a position through an online application process.

"The person is interviewed by the board and they are hired for any vacant position the student wants," James said.

Depending on what position a student applies for, they must adhere to a strict GPA policy which was approved by the Board of Directors on Feb. 22

Kelli Williams, associate executive director, said the GPA requirement for student candidates is a 2.75 cumulative GPA and a 2.5 GPA for each semester.

"Associated Students wants to be held accountable to a higher standard when it comes to their GPA," Williams said.

One of the benefits of working on the student government is the monthly stipend, which Williams said comes directly from the A.S. budget.

"Executive positions get paid \$1000 a month while the other positions receive \$500 a month," Williams said.

Calvin Worsnup, current vice-president of A.S., said he is running for the position of president and added that his two years' experience working there would be a positive asset to the title.

"I have a good understanding of the organization on what A.S. does and how to make it stronger," Worsnup said.

Worsnup had prior experience working in student government in high school, but he was inspired by two of his brothers in his fraternity to be part of SJSU's student government.

"My favorite aspect of being in A.S. is representing students in a university community," Worsnup said.

For sophomore sociology major Robert Carrera, he said he has high ambitions when it came to applying for a student government position.

In particular, Carrera is interested in being elected for the director of student rights and responsibilities because he said he carries a passion for student activism.

SEE **ELECTIONS** PAGE 2

Social innovation forum heats up discussion between business sectors



Chris Richardson (left) and Whitney Smith (right) share their opinions on social innovations within Silicon Valley yesterday afternoon at the Mexican Heritage Plaza in Alum Rock. Photo by Sierra Duren / Spartan Daily

by Greg Nelson Staff Writer

The first Social Leadership Innovation Forum was held yesterday at the Mexican Heritage Plaza in Alum Rock and was co-hosted by San Jose State University and Hewlett-

Joyce Osland, executive director of the global leadership advancement center and professor in the college of business, said the event's purpose was to bring together people from different business sectors of the valley and discuss social issues.

"(We want) to give them the opportunity to learn more about social innovation and to also promote crosssector collaboration to solve local social problems," Osland said. "That's our emphasis, to solve local social problems using innovation-centered

Marynel Rapinan, a junior business major, said she went to the event with several classmates to volunteer and at the same time get a glimpse of the entrepreneurship and innovation.

"I was interested in what the event was and wanted to (get involved)," Rapinan said. "There are a lot of interesting keynotes and panels here. (I) wanted to see how they had their own non-profit (organization) and how they feel being

The Mexican Heritage Plaza was chosen due to the fact that it was easy for people to get to, as well as being a large and beautiful place to meet, Osland said.

"One of the things that are unique about our focus is that many social innovators work on global problems," Osland said. "We thought, 'Who's been working on the local problems?'

"And (governments) don't have as much money as they used to have and we thought if the people from the different sectors got together and collaborated maybe we can come up with innovative solutions."

SEE **FORUM** PAGE 2

Spartan Daily

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HUNGER: Resources available

FROM PAGE 1

At an SJSU Student Hunger meeting, associate professor Marjorie Freedman said she recently visited UC Davis and learned about the way the university runs a food pantry, which provides food for hungry students.

This meeting included representatives from SJSU's Equal Opporunity Program, Student Health Center, Student Affairs, the Student Health Association Committee and the nutrition department.

"I think there are hungry students," Freedman said. "We are going to do a study to determine who they are, where they are, how hungry they are."

Freedman said there is a survey being planned to learn more about the issue of student hunger on campus, likely to be issued through online communications, but is not expected to be completed until late in the semester or

Also present at the meting was alumnus SoonKhen

OwYong, who founded the a location for a food pantry. website foodcamp.us, which lists all the events that give away free food on campus.

"Most people (are) ashamed to actively pursue free food," he said. "If they know how to budget, they can help the problem."

Hector Diaz, a member of the Student Health Association Committee, a group of students on campus organized around health related issues, said after a meeting with A.S. that groups concerned about hunger were still very much in an information gathering phase about the issue of student hunger at SJSU and on a broader, national scale.

"I've been going through the literature and there is hardly anything that relates to college students," said Diaz, who is also a senior nutrition major.

The subject of student hunger and a possible food pantry were discussed by members of A.S. and representatives from the Student Health Center at a March 7 A.S. meeting, but no plans were solidified to secure

Beth Pugliese, executive director of Spartan Shops, said she is currently working with Debra Griffith, interim director of Education Opportunity Program at SJSU, to provide immediate assistance to students who

Students who do not have sufficient means to provide enough food for themselves can meet with Griffith, Pugliese said, who will then assess the needs and provide students with swipes into the dining commons based on the need.

"I think we all have a responsibility to try and help," Pugliese said.

Diaz said he and Freedman are currently learning about how to work with CalFresh, or food stamps, and this, along with the pantry and the meal cards present potential solutions to a problem which could be affecting many students. Students interesting in knowing if they qualify for food stamps can contact Freedman

"If everybody gets together, we can come up with some kind of solution," Diaz said.



Claudette Hutchinson, of Sanford, adds to a makeshift memorial for slain teenager Trayvon Martin that continues to grow daily, Tuesday, outside the Retreat at Twin Lakes where Trayvon was shot and killed by neighborhood watch person George Zimmerman. Photo courtesy of Red Huber / MCT

Teen's final phone call may lead to the discovery of crucial clues

McClatchy Tribune

A black teenager's last phone conversation with his girlfriend before being shot dead in Florida shows that the suspected killer stalked the youth and killed him "in cold blood," a lawyer representing the victim's family said Tuesday.

It was the latest salvo in a case that has raised allegations of institutional racism in Sanford, Fla., where 17-year-old Trayvon Martin was killed Feb. 26 by a neighborhood watch volunteer in the gated community where the shooting took place.

George Zimmerman has admitted shooting the unarmed teen with his 9-millimeter pistol, saying he acted in self-defense. He has not been arrested.

The U.S. Department of Justice said Monday that it would investigate the case, and the Seminole County state attorney, Norm Wolfinger, said Tuesday that a grand jury would meet next month to consider evidence.

But with Zimmerman still walking free, civil rights activists and supporters of the teenager's family say the response has been inadequate and has come far too late, especially given the phone records that have emerged.

They include the conversation detailed by a Martin family attorney, Benjamin Crump, at a news conference Tuesday.

Crump described Martin phoning his 16-year-old girlfriend and telling her that someone was following him as he walked in the rain toward a relative's home after buying candy at a nearby store.

"'Oh, he's right behind me, he's right behind me again," Crump said Martin told his not released.

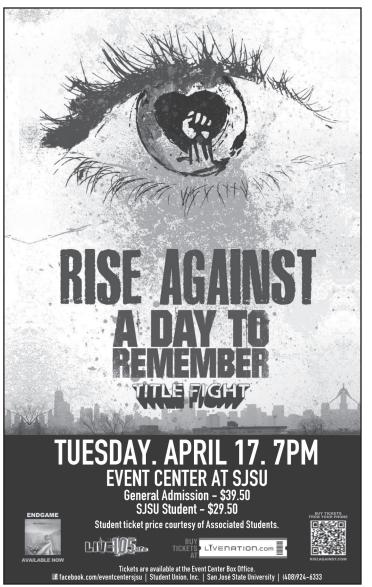
She urged Martin to run. He told her he was "just going to walk fast."

Seconds later, the girlfriend listened as Martin apparently exchanged words with his pursuer. "Why are you following me?" she heard him say, Crump told reporters. A man responded: "What are you doing around here?"

The girlfriend said the phone call ended abruptly after she

girlfriend, whose name was heard what sounded like a scuffle, Crump said. The girlfriend did not hear a gunshot, but nearby residents did, and a flurry of calls to 911 followed.

> "The dots have all been connected," said Crump, arguing that the cell phone records would show that Zimmerman, who has been described as both Latino and white, was not trying to protect himself when he shot Martin. "Arrest this killer. He killed this child in cold blood."



ELECTIONS: Application process

"I want to make the campus friendlier for students to speak out and peacefully assemble," he said. "We have a great history with activism on campus."

Despite Carrera's ambitions, he said he has anxious feelings running for the position of director of student rights and responsibilities.

"I'm nervous since this is my first time doing such a campaign," Carrera said. "I am very excited though to put my voice out."

Regardless of which area a student applies for, all positions are important, according to

"I hope for the student candidates to have leadership development since they are the collective student voice on campus," Williams

To find out more about the upcoming election schedule, visit the A.S. website at as.sjsu. eu/asgov and click on "elections."



FORUM: Inaugural event a success

FROM PAGE 1

Local problems, Osland said, include homelessness, poverty and much more.

"There are (many) social problems in Santa Clara County," Osland said. "They could benefit if we take the innovation knowledge that Silicon Valley is famous for and applied that to local social problems."

Osland said she hopes that people leave with knowledge and a new idea on how they can collaborate with each other in the valley as well as networking with new people.

Bradley Maihack, chair of the Social Innovation Forum as well as the founder that provided the grant to SJSU to launch the forum to explore social innovation, said he enjoys working

"My whole passion is around how do we take an idea and make it successful," Maihack said. "And about six or seven years ago I did a project with San Jose State around 'How do we use technology and innovation to bridge the digital divide issue in our community?"

Maihack said this project launched a passion to bring together technology and community to figure out new solutions to the problems that are in San Jose.

"The event's focus is on leadership and trying to introduce leaders to the topic of innovation," Maihack said. "Most non-profits in the public sector have not been officially introduced to the concept of innovation and using it as a tool to help support their leadership and helping to drive change in a positive way."

The event is to create a mindset around the tool of innovation, Maihack said. The other purpose of the event is to share and teach their best practices.

"(We've) got everything from very large non-profits like Catholic Charities, organizations like Hewlett-Packard, educators like San Jose State," Maihack said. "Everyone here has realized that the way they approach serving our community's needs and challenges, through grants and public assistance, is changing dramatically and they have to think a little bit differently and have to move to a new model that allows them to grow and serve

This is the inaugural event, Maihack said, and he hopes it will become an annual event.

new needs."



■ REVIEW

Battle of the burgers: East Coast vs. West Coast fast food eateries



In-N-Out's number two combo includes a cheesburger, made with a toasted bun, American cheese, onion, lettuce, tomato, spread, fries and a drink. Photo by Jeffrey Cianci / Spartan Daily

In-N-Out Burger, a renowned favorite that keeps delivering

by Megan Mills

Staff Writer

Hot, juicy, toasted, creamy and legendary are the first words that come to my mind when thinking about the best kept secret known as In-N-Out.

Founded in 1948, the business philosophy was simple: "Give customers the freshest, highest quality foods you can buy and provide them with friendly service in a sparkling clean environment," according to the In-N-Out website.

Since the first restaurant opened, the In-N-Out reputation stands true to this day, delivering scrumptious meals with fast, efficient service.

Let's start with the environment. This American-style fast-food diner has simple, attractive and comforting decorations inside, while Five Guys allows peanut shells to be dispersed on the floor as you sit in wooden chairs instead of comfortable, padded

In-N-Out, while still considered fast-food, takes pride in each burger they serve to customers, cooking the meat with no additives, fillers or preservatives of any kind.

The restaurant doesn't carry a microwave, heat lamp or freezer.

100 percent pure, cholesterol-free vegetable oil and the milkshakes made from real ice cream, how does fast-food get any fresher than that?

When you're in the drivethru, you get to observe the workers make and prepare your order while anxiously waiting in the car.

I personally enjoy watching strapping young men use their muscles to slice real potatoes for my fries.

One key to In-N-Out's success is the lightning-fast service. An employee walks out to your car while in line to start putting the order in, cutting down the wait time until you get to gorge yourself with your double-double.

Efficient? Absolutely.

The simple philosophy holds true to this day, starting with the same vintage menu, making "Ordering as easy as:

Instead of lingering at the menu for minutes on end, I know exactly what I want upon ordering, greeted with a smile every time by an In-N-Out employee.

We are the chosen ones here on the West Coast that get to enjoy In-N-Out's delicious creations. This restaurant goes no further than Texas, keeping the tradition local.

When my friends come With the fries cooked in back from college on the

East Coast, the first question they ask is, "Where is the nearest In-N-Out?"

Sorry, Five Guys, but In-N-Out reigns supreme, now and forever, because of three simple words: the secret menu.

You can order a burger "animal style" with grilled onions, to a vegetarian grilled cheese, the 4x4 piled high with four slices of cheese and four patties or having your burger made protein style," gently wrapped in a piece of lettuce instead of a bun.

Let's not forget about the animal-style fries. Melted cheese and grilled onions layered on top of crispy, thick fries make my mouth water thinking about it.

When you take the first bite at that moment, you may have experienced food eupho-

After you dive into that 3x3, what chases it smoother. than a thick, creamy milkshake? - which Five Guys does not offer.

This restaurant has created an empire of delicious, satisfying fast-food for more than 65 years.

In-N-Out remains as one of the best fast food experiences on the West Coast, serving every satisfied customer a double, triple, or quadruple portion of what a hamburger should taste like.



Five Guys' little cheeseburger combo is made to order with any of the 15 toppings of your choosing and is served with cajun fries and a drink. Photo by Jeffrey Cianci / Spartan Daily

Five Guys Burgers and Fries offers homestyle atmosphere

by Ty Hargrove

Burgers are a part of America's pastime, similar to baseball. As a kid, I remember eating burgers during family gatherings, neighborhood block parties or even just a simple Friday afternoon lunch with friends.

Five Guys Burgers and Fries brings me back to my childhood, linking the smell of charred flamed burgers on the grill to my grandpa saying "patties are ready!"

Five Guys has been an East Coast favorite since 1986 and shortly after began to spread when the Murrell family opened a burger joint in Alexandria, Virginia.

Since then, Five Guys has expanded tremendously with the nation.

Five Guvs has an order-online option that I like and is really convenient when you are in a rush but still want a quality food option.

Located in The Plant, a cozy shopping center on Curtner Ave. in San Jose, Five Guys Burgers and Fries offers a warm and welcoming environment drizzled with peanut casings.

My personal favorite is the bacon cheeseburger and the array of toppings that I can choose from to cater to my ever-changing pallet of taste

Topping my bacon cheeseburger with honey barbecue sauce only adds to the experience of never-ending goodness.

A bacon cheeseburger grilled to perfection can only be complemented with a side of Cajun style fries that tingle your taste buds with an unexpected explosion of flavorful seasonings.

"Five Guys has a lot of topping choices with no additional charge and I really like that," said senior psychology major Courtney Byrd.

My favorite part about going to Five Guys is the actual waiting process, in which I help myself to a handful of peanuts that contribute to a series of unforgettable conversations more than 900 locations across and a few games of finger foot-

Although Five Guys specializes in burgers, they also offer vegetarian choices and hot dogs that are topped with a variety of choices which include bacon, cheese and caramelized

Five Guys prices are affordable with a meal being about 10 dollars, which includes a burger, fries and a fountain drink of your choice.

If the meal option is not for you, a hamburger costs \$4.39, a cheeseburger costs \$4.89, a bacon burger costs \$4.89, and a bacon cheeseburger costs \$5.39, with no additional charge for condiment toppings.

"I enjoy Five Guys because of the quality of their burgers and the size. They have better condiments and their fries taste more natural," said senior biology major Deante Whitman.

Often in the same conversation of burger joints, In-N-Out Burger is brought to the forefront. There are endless comparisons made about the two but there is no way an In-N-Out Burger can compete with an old fashioned burger grilled to your liking.

"Five Guys is a fast food place, but it taste like a homemade burger. It is cooked well and very juicy," said Davion Taylor, a senior graphic design

In-N-Out Burger is an assembly line that pushes out burgers with no sense of personality or character.

Although, In-N-Out does offer milkshakes and that ever-so-freshly made pink lemonade, this cannot lend a hand to their burger's lack of taste and flavor.

Five Guys Burgers and Fries brings every customer back to those backyard barbecues and sparks memories of moments shared with family and friends enjoying a good old fashioned burger.

■ COMMENTARY

Nature calls for campers on spring break



Mt. Madonna is home to the modern form of the central-Asian nomadic yurt, a circular tent with high ceilings and a wooden door. Photo by Samantha Clark / Spartan Daily

by Samantha Clark

Relax, reconnect and reward yourself and camp in a yurt this spring break - not on a steppe in Mongolia,

but rather one hour from SJSU. A yurt is a circular tent

with tall ceilings and a wood frame similar to the nomadic homes of central Asia.

Enjoy nature and sleep in a bed - these tents come equipped with wooden floors, canvas walls, overhead lights, beds and a nearby restroom.

Recharge yourself after midterms by spending the day hiking and exploring, and then unwind in the evening by barbecuing, drinking beer or sipping wine on the deck. Two local cities offer yurts.

The short trek to Watson-

ville offers archery, the Miller House ruins, hiking, exotic white fallow deer that are decedents from a pair that belonged to William Randolph Hearst and Kim Son, a nearby Buddhist monastery, for meditation, yoga and vegetarian meals shared with the monks.

If you find yourself on the coast in Big Sur, watch the sunset and breathe the salty air atop the bluff facing the Pacific Ocean.

At Treebones, you can walk to the beach and hunt for jade at Jade Cove, Willow Beach and Sand Dollar Beach and enjoy California

cuisine. Rode your bike there? Get free wine.

LOW: Mount Madonna Park, 7850 Pole Line Rd, Watsonville, (408) 355-2201 Three Sizes: 6-10 people,

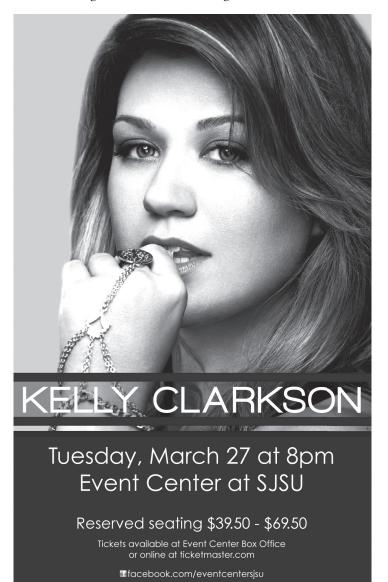
\$50-\$90 per night; 1 hour away HIGH: Treebones Resort, 71895 Highway w1, Big Sur, (877) 424-4787

Multiple Sizes: starts at \$179 two people per night; 2.5 hours away

Note: Both locations host tent campers.

CORRECTION

In the article titled "Student group KOH has a big heart for making its unique SoCal sound," which appeared in the March 20th issue of the Spartan Daily, the article said KOH would be performing "this Thursday," however that particular show happened on March 8. The Spartan Daily regrets the error.



Football is back: Spring practice underway for blue and gold

Coach Mac evaluates players by position in preparation for start of regular season

> by Nick Celario Sports Editor

For junior quarterback David Fales, now is the time to get adjusted to SJSU and build a rapport with his new teammates.

Fales, who transferred from Monterey Peninsula College, said he is doing just that as he and the SJSU football team have begun spring practices in preparation for the 2012-2013 season.

"We've been working together, and I'm good with all the teammates," Fales said. "They're great guys so we've been getting along good."

The Spartans return 38 players from last season, 13 of which were starters, according

FOOTBALLBYTHE

NUMBERS

38 players

players from last season's

13 starters

Of the 38 returning play-

last season.

5 wins

2008-09 season.

3 quarterbacks

spot.

ers, 13 were starters from

SJSU finished last year with

the most wins since the

Entering spring practice,

SJSU has three quarter-

backs competing for one

to SJSU Sports Information.

Spring practices began on March 8, and the team has had six practices since then.

SJSU head football coach Mike MacIntyre said the team practices three days a week -Tuesdays, Thursdays and Fridays - and meets every day from Monday through Friday.

He said there are a total of only three spring practices in which the team is in shorts the first two and the last.

Every other practice, the team is in full pads.

MacIntyre said there are days off between practices to allow the team to recover.

"We have quite of bit of contact," MacIntyre said. "Every Friday and Tuesday we do a little scrimmage."

The team practiced with three quarterbacks during the sixth practice of spring on Tuesday - Fales, junior Dasmen Stewart and sophomore Blake Jurich.

Fales said he and the other two quarterbacks have been rotating every other practice with the first, second and third teams since spring practices began.

MacIntyre said he cannot determine who will be his starting quarterback anytime soon.

"They're all doing well," MacIntyre said. "We're practicing a little bit longer and getting more reps."

As far as the rest of the team, MacIntyre said he is sure of about 75 percent of the team and their roles, but whether or not they will start is not guaranteed at this point.

"But right now, in my mind, I have those guys penciled in



SJSU head football coach Mike MacIntyre talks to his team during a time out against the University of Nevada-Reno. SJSU fell to the Nevada Wolf Pack 17-14 in the 2011 home opener on Sept. 17, 2011, at Spartan Stadium. Photo by Stan Olszewski / File Photo

so to speak," he said. "We have a lot of good competition going

MacIntyre said he will not have the depth chart figured out until the team starts practicing for the first game of the season against Stanford on

In the mean time, he is preparing all the players as if every one of them is starting.

"We need them all to be ready," MacIntyre said. "You prepare them all like they're the starter because they're all one play away from playing a ton."

The head coach said he has been pleased with the team's progress, but is particularly impressed with sophomore running back Tyler Ervin, who has played both offense and defense during scrimmages.

"(Ervin) is one of our very best running backs and corners, and he's our best returner," MacIntyre said. "I wish I had five of him. As a coaching staff, we have to figure out where he can help the team the most and that will probably be where our depth is the least."

When asked about the running back position, MacIntyre said he hopes that depth is not an issue but has concerns carrying over from last season.

"Last year, we had two running backs go down," MacIntyre said. "You really need three good ones."

MacIntyre said Fales has done a good job learning the offense quickly.

Fales, who played for University of Nevada-Reno before transferring to Monterey Peninsula College, said coming from a junior college made the transition to a university Fales said he was kind of shy

when he went to Nevada right out of high school, but coming to SJSU from a junior college helped him mature. "I'm pretty adjusted now,"

Fales said. "The team's great and I'm getting along with everybody. It's just been fun."

SJSU's annual Spring Game will be on Friday, April 13 at Spartan Stadium, and the last spring practice will be Tuesday, April 15.

"You prepare them all like they're the starter because they're all one play away from playing a ton."

> - Mike MacIntyre, head coach

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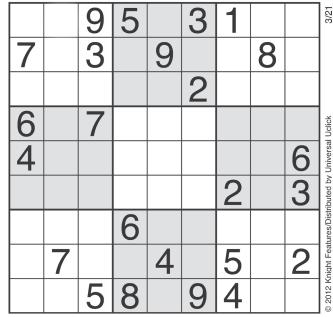
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UNIVERSAL

Complete the grid so that every row, column and 3x3 box contains every digit from 1 to 9 inclusively.



DIFFICULTY RATING: ★★★☆☆

Previous Puzzle Solved

4	2	9	1	3	6	8	7	5
8	3	6	2	7	5	1	9	4
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7	1	4	3	9	2	6	5	8
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2	6	5	4	8	1	9	3	7

How to Play

Complete the grid so that every row, column and 3 by 3 box contains every digit from 1 to 9 inclusively.

Check back daily for new sudoku puzzles and solutions.

Today's Crossword Puzzle

Edited by Timothy E. Parker March 21, 2012

Fixed gazes
Word with
"Friday" or

22 Compelling,

argument

23 Work measurement

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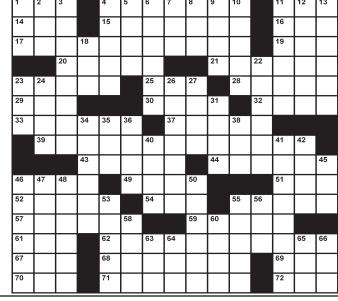
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PREVIOUS PUZZLE ANSWER

TAKE YOUR TIME By Troy Benning



Future cyberbullying needs to stop after Rutgers incident



Julie Myhre Staff Writer

The recent trial of former Rutgers University student, Dharun Ravi, displays an example of the seriousness of bullying on social media and other forms of technology.

Ravi secretly filmed his former roommate Tyler Clementi as he had a sexual encounter with another man.

Three days after realizing what Ravi did, Clementi killed himself by jumping off the George Washington Bridge in New Jersey.

Ravi was found guilty on Friday of 15 counts of bias intimidation, hate crime, invasion of privacy and many other convictions, according to the Associated Press.

He is not being charged with causing or contributing to Clementi's death, according to the Associated Press.

Ravi could face up to 10 years in prison and possibly deportation to India, but I don't think that is enough.

What Ravi did was a shocking, spiteful act that would consider taking their own

He took advantage of someone because they were different and it made him uncomfortable.

That is not OK.

I remember when I heard about Clementi and remember crying because I couldn't imagine how embarrassed, alone and ridiculed he probably felt before he decided to take his life.

I can't imagine having to deal with anything like that.

Just think about it — you are in the privacy of your own room engaging in an intimate moment with your friend or

You think you are alone, when in actuality you are being watched and giggled at down the hall.

Ravi chose to bully Clementi when he was vulnerable with his guard down.

If you are going to bully someone do it to his or her

I was bullied when I was a kid. I think almost everyone

Things are different today

probably make any victim because now people like Ravi tended South Hadley High have the option to do it over social media and use other forms of technology that publicly humiliate a person.

> It isn't just name calling or mean jokes in the schoolyard like it was for me and many others anymore.

It is using social media to embarrass someone to the point where they break.

Why would someone think that's OK?

Why do cyberbullies want to ruin people's lives?

According to an article by Psychology Today, bullying can be a result of many personal feelings, but often it is a result of personal insecu-

Young children and adults need to learn how to deal with their insecurities themselves. Don't make your problem someone else's problem just so you can feel better.

Clementi isn't the only case I think that makes Ravi a in which someone took their own life after being bullied.

> In January 2010, a 15-yearold Massachusetts girl named Pheobe Prince committed suicide after being bullied online.

> She and her family moved from Ireland to County Clare, Massachusetts, where she at-

After a couple weeks at the school, Prince began to be bullied on Twitter, Craigslist, Facebook and Formspring, according to an article by the New York Daily News.

She was being called names like "Irish slut" and "whore" on the social networking sites as well as being bullied at school.

Prince hanged herself in her family home.

Another example 17-year-old New York girl named Alexis Pilkington, who killed herself in March 2010.

She was a soccer star in West Islip, Long Island, and was planning to graduate high school early and earned a scholarship to Dowling College, according to an article by True Crime Report.

Bullies continued to post comments on both Prince's and Pilkington's social media memorial sites that ridiculed them for taking her life, calling her names for not being able to "deal with" the bullying and saying the girls "deserved to die."

What is wrong with peo-

When did they become so heartless?

It is saddening to see people so affected by other people's words and hateful slurs.

There needs to be a stand against cyberbullying before too many young people take their lives.

California Governor Jerry Brown signed a law last July that allows schools to suspend students who cyberbully.

That is definitely a step in the right direction, but how can the school track the cyberbullying?

Most kids' profiles are private, making the information inaccessible unless you are the person's friend.

I think the main step that needs to be taken to prevent cyberbullying begins in the

Parents need to talk to their kids about cyberbullying and track or manage what their children are doing online.

They need to take accountability for their children and teach them how to be open minded so they learn to accept others.

Cyberbullying is a serious issue among many young Americans and Ravi's sentencing needs to set the tone and example for all other bullies that this is wrong.



Finding the time for an epic spring break



This column every other Wednesday

I've never had a traditional spring break trip, but I've always wanted to.

Once I went to Coronado with a few friends during spring break for three days, but it was very different than something you would see at Lake Havasu, Ariz. or Cancun.

Going to one of those places looks like so much fun.

ally had the chance.

One of the reasons why I have not participated in spring break shenanigans is partially due to the timing of spring break here at SJSU.

I have a good amount of friends here at SJSU, but the majority of my friends do not go to school here and our breaks almost always seem to take place at different

a spring break trip with my friends here at SJSU.

I'm not opposed to that, but

Friends of mine go on trips no one wants to dish out the in Time, the first spring break every year but I've never re- cash, even though there are trip originally began as the packaged trip companies, like SWAT, that offer fairly reasonable prices for going to the break spots.

> So during break I always end up going home to stay with my parents.

> I love my parents, but their partying days are over and the only reason they stay up late is to watch TV shows they can't miss.

In a sense, I feel like I am I could and would go on missing out on a big part of the college experience by not going on one of these trips.

According to a 2009 article

College Coaches' Swim Forum at the Casino Pool hosted by the city of Fort Lauderdale, Florida.

More than 300 swimmers competed, and the tradition of people making the trip down to Florida this time of year has continued.

According to Time, by 1985 around 370,000 students were visiting Fort Luaderdale every year, which helped it earn the nickname "Fort Liquordale."

I would love to experience this firsthand.

Some individuals might say that these types of trips are not important and that I will have plenty of opportunities to go on similar trips later in life.

This is true, but I don't see why I can't go on a trip like this now while I'm young and can really enjoy it.

I'm not saying that older people can't have fun, but the type of partying that I want to do right now is going to be different than type of partying I'm going to do when I get older.

How weird and out of place would I look if I were a 60-year-old and trying to hang out with people a third my age at a spring break party.

I know if I were to see someone doing that I would be thinking, "Why isn't this person hanging out with someone their own generation?"

I want to go on a spring break trip where I would party with friends and have a good time in a place with warm weather and beaches.

The last week of March should be something to look forward to, and I feel that not enough students take advantage of this time that we

So take a trip someplace warm if you have friends who want to go and have the funds to do it, because I know I would.





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Think before you ink: Health risks of tattoos explored

by Angelisa Ross Staff Writer

The ability to permanently customize one's body is a life-changing decision.

As tattoos and body piercings are becoming prevalent among college students, it is imperative that they educate themselves to prevent the contraction of any diseases.

"I've seen the important posters about contracting hepatitis, but there is a lot of things left out," said tattoo artist Katie O'Hara.

O'Hara, a junior studying pictorial art at SJSU, currently works at a tattoo and piercing shop called 4zeroEight, located on 19th and Santa Clara

She said she finished her apprenticeship August.

O'Hara said she uses school as a way to practice and polish her art skills — and for that reason she is not in a rush to graduate.

According to O'Hara, the tattoo shops in San Jose are pretty good, but potential clients should educate themselves before getting a tattoo or piercing — because making sure artists change needles shouldn't be the biggest of their worries.

She said she believes that the information that is constantly being projected on hepatitis poster is the basics.

"There are cleaning processes that have to be followed," O'Hara said.

Tattoo artists have to ensure that everything is sterilized such as spore testing, the tube the needle sits on, and if the tubes are reusable, a tattoo artist should keep daily logs of the tubes they use, according to O'Hara.

O'Hara went on to say that all of those things play a role in protecting the health of a client.

O'Hara and her shop abides by the national guidelines of the Department of Environmental Health, the guidelines of the city of Santa Clara and the Occupational Safety and Health Administration.

She said when the Department of Environmental Health administers a test, the shop proudly posts its results on the wall for the shop's clients

The 4zeroEight tattoo shop has a body piercer who also works as a medical assistant in the daytime, according to

O'Hara suggested that all clients talk to the artist and make sure they all have licenses prior to getting a tattoo or piercing.

The health center hosted an event on Thursday, March 1 called "Be Smart About Body Art," where temporary tattoos were passed out as a reminder to students to think before they do anything to their bodies.

"A lot of students and college-age students are interested in body art and expressing different things through piercing or tattoos," said Marissa Alava, a senior health science major.

The purpose of the event was to raise awareness about hepatitis and promote a positive body image Alava said.

There were three stations set up at a table in the Student

At one end of the table there was a cardboard presentation called "Rock that Body" which was created to promote positive body image.

Monique McClanahan, a junior physiology major, was a coordinator for the event, along with Alava.

According to McClanahan, the main theme of this event was to educate and promote

"They have to be able to self-accept and be appreciative of their bodies," McClanahan

In the middle of the table

was a trivia game for any student who wanted to test their knowledge on hepatitis.

The students who worked this event did not have any

"Not a lot of students inform themselves or think about what they do before they commit," said Jesus Garcia, a sophomore health science major.

Aisleen Loya, a sophomore health science major said, "If they decide to get a tattoo or piercing, do it safely."

According to Garcia, the program was intended to celebrate students for expressing themselves through tattoos or piercings.

Tony White, a senior business management major, said he had no tattoos prior to entering college, but after his second year he decided to get his parents names tattooed on the side of his abdomen.

"I wanted a tattoo because everyone else had one, and I wanted to try it out," White said.

He said the name of his parents is a permanent reminder to appreciate his life and the people who made him.

White said he likes tattoos because of the way they look and because they give people the ability to customize their bodies.

"I'm so lucky to have a dad and mom that still live together," White said.

A traveling tattoo artist tattooed White at a friend's house,

White went on to say that, contracting hepatitis, or any other diseases, was not a concern for him because friends he trusted referred the tattoo artist to him.

At the event, "Be Smart About Body Art," there was a station created to teach students about hepatitis A, B

and C at the end of the table. It is important for students to know about piercing and tattoo safety, according

to McClanahan. About 80 people participated in this event, according to McClanahan.

There were free booklets in Spanish and English about hepatitis for students to take with them.

Steven Phan, a senior management information systems major, participated in this event and said he is also interested in getting a

Phan said this program was effective because he learned a lot in a short amount of time, yet still hopes to one day get a tattoo.

"If I see a word somewhere that inspires me, or I feel inspired by it then I would go out and get it," he said. "I knew about the needle thing, I didn't know it was that

Romney wins Illinois big, takes big stride toward nomination

McClatchy Tribune

WASHINGTON — Mitt Romney's methodical march to the Republican presidential nomination got a huge, possibly decisive, boost Tuesday as he scored an overwhelming victory in the Illinois presidential primary.

National news organizations declared Romney the winner less than one hour after polls closed, based on early returns and exit

Romney had 47 percent of the vote with 55 percent of precincts reporting. Rick Santorum, former U.S. senator from Pennsylvania, had 35 percent. Trailing were Texas Rep. Ron Paul with 9 percent and Newt Gingrich, former speaker of the House of Representatives, with 8 percent.

Primary voters who said the economy was the top issue preferred Romney, according to exit polls, and those who said their vote hinged on who could best beat President Barack Obama heavily favored Romney.

Romney, speaking to a post-primary rally in Schamburg, Ill., framed the contrast between himself and Obama.

"It's time to say these words — this word: Enough," Romney insisted. "We know our future

is better and brighter than these troubled times. We still believe in America — and we deserve a president who believes in us."

Later, speaking to a crowd in Gettysburg, Pa., his home state, which holds a primary crucial to his hopes on April 24, Santorum targeted Romney: "This is an election about not who's the best person to manage Washington, or manage the economy. We don't need a manager," he said. "We need somebody who's going to pull up government by the roots ... and liberate the private sector in America."

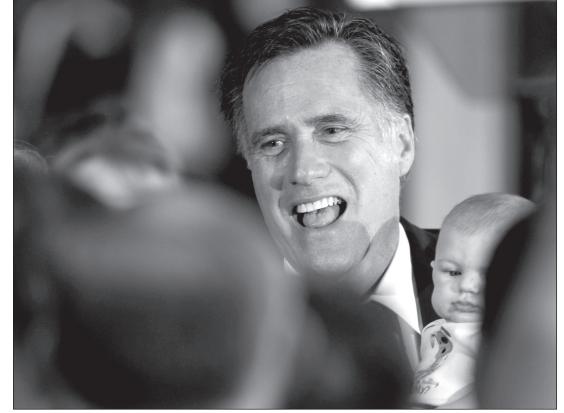
Romney, a former Massachusetts governor, started the night with a huge advantage over Santorum, his closest rival, in delegates to August's Republican National Convention — 522-252, according to The Associated Press. Gingrich and Paul were far behind, with 136 and 50, respec-

Romney's Illinois victory was impressive in its sweep. Ballots in 25 of the state's 110 jurisdictions were too large, delaying the vote count. Gingrich ran so far behind despite waging an energetic campaign that questions were raised as to whether he would drop out. Santorum had hoped to maintain momentum from his victories a week ago in Mississippi and Alabama, but fell far short in the large Midwestern industrial state.

Romney had tried, as he has elsewhere, to raise doubts about Santorum by relentlessly running ads claiming that the challenger is an "economic lightweight" and "Washington politician." He outspent Santorum by an estimated 7 to 1 in the state.

Romney also had a strong ground game. Illinois voters cast two kinds of votes for president Tuesday. They chose a candidate, and voted separately for individual convention delegates. Because Romney delegates are listed at the top of ballots, and usually are well-known local names, he had instant advantages, reflecting his strong campaign organization. His campaign is run by a group of seasoned state Republicans headed by Treasurer Dan Rutherford.

Romney's goal was not only to win Illinois, but also to win big. In the past month, he's won two "must-win" Midwestern industrial states, Michigan and Ohio, but only by slim margins. Illinois seemed friendlier turf, if only because centrists are more prevalent. The state has a history of embracing center-right Republicans such as former House



Republican presidential candidate Mitt Romney, declared the winner of the Illinois primary, holds a baby during an election night event at the Renaissance Schaumburg Convention Center in Schaumburg, Illinois, on Tuesday. Photo by Scott Strazzante / MCT

of Representatives Minority Leader Bob Michel and Speaker Dennis Hastert, and Sens. Everett Dirksen, Charles Percy and Mark Kirk.

Romney tried hard to appeal to that audience. On Monday, he gave what was billed as a major economic speech in which himself and Obama.

"I am running for president because I have the experience and the vision to get us out of this mess. I am offering a real choice and a new beginning," he said. "And I have a conservative economic plan that will deliver

he drew sharp contrasts between more jobs, less debt and smaller government."

> In that address, Romney not only was trying to cast himself as presidential, but also to stoke voter turnout. Voters have shown little passion for him, raising concerns in the Romney camp.

Effects of hate crimes probed by Attorney General Holder

McClatchy Tribune Wire Service

ARLINGTON, Texas Joshua Little was too young in middle school to understand much about his sexuality, and name-calling by some of his classmates only confused

"People would call me 'gay,'" said Little, who didn't know what the word meant. "I was like, 'I don't know. Why are you calling me this?"

Little, now 21 and a senior at the University of Texas at Arlington, has firsthand experience with the type of harassment, bullying and discrimination that U.S. Attorney General Eric Holder on Tuesday said the Obama administration is determined to stop.

Holder, speaking at UTA at the first White House LGBT Conference on Safe Schools and Communities, restated the administration's commitment to aggressively using the law - including a controversial interpretation of Title IX − to protect students from discrimination and hate-fueled violence.

Title IX bans gender discrimination in schools; the Justice Department says this extends to students who don't conform to traditional gender roles.

The conference, which included panel discussions on resources that law enforcement agencies and schools can use to address mistreatment of people in the lesbian, gay, bisexual and transgender community, drew education leaders as well as students from area colleges and high schools. No protesters showed up.

But the administration's interpretation of Title IX has been criticized not only by conservative groups that say it is a ploy to advance a homosexual agenda in schools, but also by people who believe anti-bullying policy should originate at state and local levels.

Little, who is openly gay, is thankful that he has never been physically assaulted but said he is still taunted when he is perceived as not masculine enough.

Holder told the conference - one in a series that the White House is conducting nationwide - that over the last fiscal year the Justice Department has surpassed its

previous numbers of hatecrimes case filings and convictions. In particular, federal prosecutors are focusing on the Matthew Shepard and James Byrd Jr. Hate Crimes Prevention Act, which President Barack Obama signed into law in October 2009.

The law gives federal prosecutors tools to prosecute crimes based on sexual orientation, gender identity or disability, Holder said.

"Today presents an important opportunity for each person in this room to rededicate ourselves to our common cause of insisting that this country lives up to its highest ideals of fairness and equal opportunity," he said.

Federal authorities are looking into the incident in northeast Dallas last week in which as many as five people attacked two gay men with baseball bats, he said.

"When incidents like this occur, we want to hear about them," Holder said. "And we will do everything in our power to ensure that justice

Cal Jillson, a professor of political science at Southern

Methodist University, said Holder is on relatively solid ground when he talks about treating everyone equally under the laws. In recent years, suicides by young bullying victims have raised awareness for the need for more prevention.

"Attorney General Holder

is coming out against discrimination and violence," Jillson said. "It's hard to come out in favor of those things."

The conference expanded on themes discussed at UTA last fall during a North Texas law enforcement symposium on crimes against the LGBT community.



U.S. Attorney General Eric H. Holder Jr. waits to deliver the keynote address at the White House LGBT Conference on Safe Schools and Communities at The University of Texas at Arlington, Texas,

Tuesday. Photo by Rodger Mallison / MCT

CORRECTION

In the March 20th issue of the Spartan Daily, Robert Carrera's name was misspelled in the cutline for a photo included in the story "'Muggle' students use high-flying imagination to play quidditch." The Spartan Daily regrets the error.