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Communicator, Nov. 2013

San Jose State University, Department of Kinesiology

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The Chair's Corner

From Kin students to married professionals:

Eric Bloom and **Rosemary Bloom** (Workman) met at San José State nearly 9 years ago and remember their roots at SJSU, but have only looked forward since. Both were pre-professional students in the Kinesiology department and originally came to San José State on athletic scholarships: Eric for basketball and Rosemary for cross-country. They had aspirations to pursue a career in the medical field, but were not exactly sure what was in store for their future. They write:

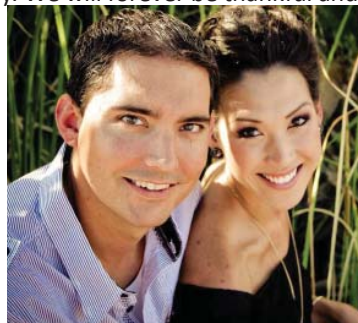
"Eric is originally from Phoenix, AZ and Rosemary from Mililani, HI, but little did they know that San José State's Kinesiology department would pave the rest of their lives both personally professionally. They have been married for over 4 years and currently live in Phoenix, AZ where their professional lives have begun.

"After graduating in 2006 with her Bachelor's, Rosemary stayed at San José State to pursue a master's degree in Exercise Physiology. After finishing up at SJSU, her home became Phoenix, AZ where she worked as a Wellness Coordinator for AAA for nearly 2 years. Her passion was always medicine, especially surgery. She decided that she knew she must continue to follow her dreams and went on to obtain a master's degree in Biomedical Science at Midwestern University in Glendale, AZ. After finishing, she applied to Physician Assistant school and currently is in her 3rd year as a PA student at Mercer University in Atlanta, GA. This month has brought her back to the bay area, where Rosemary is currently doing a rotation at Stanford University in Orthopedic Surgery and Sport Medicine. Her passion and hard work has always paid off, and we are excited to announce that she recently accepted a job in general surgery back in Phoenix.

"While Eric was at San José State, he knew he wanted to go to physical therapy school and eventually manage his own outpatient orthopedic clinic. After graduating from SJSU, Eric had applied to several schools across the country and was fortunate to attend the university he had always dreamed of as a child: Duke University. Eric went on to graduate in 2010 with his Doctorate in Physical Therapy, and upon graduation, accepted a job at local outpatient physical therapy clinic in Phoenix. He worked with that company for a few years, but always wanted to pursue advanced training in orthopedics. While Rosemary was at Mercer University, Eric applied and was accepted as the only orthopedic resident at Mercer University in 2012. In May of 2013, Eric became a Board Certified Orthopedic Specialist. The company he was working for before he left to attend Mercer University offered him a position to direct a new clinic that will be opening in 2014.

They write: "For the Blooms, San Jose Staté University was the start where dreams become a reality and our lives really began. Without everyone in the Kinesiology department, we would not be where we are today. We will forever be thankful and forever be Spartans."

Shirley H. M. Reekie, Chair



Alumni News

Geri Lambie (BS, '81) writes: "At this year's Supercomputing Conference SC13 I am the Mentor Protege Program Chair for the Broader Engagement Program. Additionally I will be presenting a student session for Professional Development as well as presenting a poster at the HPC Educators event. Poster Title: The One Million Kilowatt-Hour Challenge - An Integrated Technological and Behavioral Model for Increasing Energy Intelligence. Go Spartans!"

http://sc13.supercomputing.org/schedule/event_detail.php?evid=pec123

Geri graduated with a B.S. in Human Performance from San Jose State University in 1981. Living in the heart of Silicon Valley she entered the electronics industry and re-entered "college" immediately after graduation starting a technical career path. After ten years working in the Silicon Valley, she exited the electronics workforce as a Project Lead at Sun Microsystems. Becoming a full-time mother and part-time graduate student she received her M.S. in Computer Engineering at Santa Clara University (SCU) in 1996. As a Packard Fellow recipient she earned an Engineer's degree in Computer Engineering from SCU in 2010. She has been a USRA NASA Ames intern in 2011 and 2013. A long time STEM advocate, she presented a BOF Session at the '09 Grace Hopper Conference on the non-traditional student degree and career path. In 2010 she was the SWE Multicultural Committee Affinity group champion for Age Diversity. She is currently on the MentorNet advisory council.

Rick Aning (BS, '93) writes: "I'm still working for the City of San Jose Parks & Recreation Department, but I've joined the Volunteer Management Unit. I co-manage the Adopt-A-Park/Adopt-A-Trail programs, & the One-Day Events. During the week of Sept 30th to Oct 4th, it was Corporate Volunteer Week. We had the SAP Corporation & Wal-Mart e-commerce at the Prusch Farm Park and Mid-Peninsula Housing at Lake Cunningham. As a Project Leader, I receive instruction from the maintenance staff on what needs to get done and then I provide training and direction to the volunteers. I lead by example, so I also have fun participating in these duties."

Student News

Studying Abroad by **Alex Sigman**

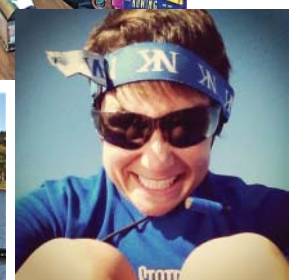
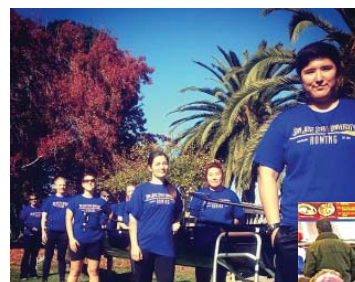
Studying abroad was the best decision I have ever made in my academic career. I didn't think it would be possible to take Kinesiology classes in Ireland, let alone anywhere abroad, but after a little research and talking to my advisors I realized there were more than enough classes available for me to take! It was nice being able to get credit for my classes abroad while completely indulging the Irish culture. University College Dublin was such a great school because it was highly competitive in sports while located in a suburb not far from the city center and also offered a very involved international students program called ESN (Erasmus Student Network). I was also surprised when it came to costs that I could pay the same SJSU tuition due to the bilateral program. Throughout my time at UCD, as well as a short time after, I was able to visit a total of nine countries including Ireland itself, England, Spain, France, Portugal, Germany, Hungary, Czech Republic, and Greece. All of my travels have led me to consider attending graduate school abroad! If offered an opportunity like that again I would say yes in a heartbeat. I always thought of it as a dream, not a reality; now I can say I have successfully made my dreams a reality, and you can too.

In June, KIN graduate student **Erick Schlimmer** delivered his first professional presentation at the International Conference on Sport and Society in Chicago, Illinois. The paper, which he co-authored with **Dr. Jessica Chin**, is titled "Addressing psychopathological disorders among student-athletes: Challenges facing mental health professionals in NCAA Division One athletics".

In early October, **Dr. Emily Wughalter** and her motor learning scholars (**Vien Vu, Shobana Subramanian, Tiffany Lee, Darius Reese, Soujanya Ponnada, Arthur Jones, Jay Gall, Shane Murray, Sky Miller, and Jordan David**) presented a poster at the International Meeting of the Human Factors and Ergonomics Society Annual Conference in San Diego. Their poster was entitled *Showcasing Your Lab: The Applied Motor Behavior Lab at San José State University*. These undergraduate and graduate students are working collaboratively and learning to apply an interdisciplinary perspective to solving problems related to motor behavior.



Last weekend, four students in the current Beginning Rowing class (including KIN majors **Amanda Hill** and **Sallybeth Sagot**) plus four students from previous semester classes (including KIN alum **Ashley Christiansen**, BS '12) and coxed by KIN major **Brittany Manrubia**, competed in an eight-oared novice boat in a 5k regatta in San Mateo. This was attended by a variety of high school, college, and masters teams. In a five boat race, SJSU came second and won medals! With half the crew only rowing for about 8 weeks on the water, this is a great achievement against more experienced crews. Way to go, Spartan Crew!



Faculty News

Dr. Bethany Shifflett made a presentation this October at the Western Society for Kinesiology & Wellness: Bringing Order to the Chaos in the Brickyard.

This semester we have another visiting professor, **Dr. Yang Liu**, from Xinjiang Normal University in China. He is learning sport management from **Dr. Lilienthal** and taking Judo classes from **Dr. Tsurike**.

Dr. Matt Masucci had had the following items published. The first is for an introduction to kinesiology textbook published by Kendall Hunt and the next two are for reference encyclopedias:

Masucci, M. A. (2013). Sport Philosophy. In S. Brown (Ed.), *Fundamentals of Kinesiology* (pp. 60-71). Dubuque, IA: Kendall Hunt Publishing, Co.

Masucci, M. A., & Ransdell, Lynda B. (2013). Bicycle Racing, Mountain. In David Levinson & Gertrud Pfister (Eds.), *Berkshire Encyclopedia of World Sport* (3rd ed.) (pp. 118-122). Great Barrington, MA: Berkshire Publishing Group.

Masucci, M. A. (2013). Mixed Martial Arts/Ultimate Fighting Championship. In M. R. Nelson, (Ed.) *American Sports: A History of Icons, Idols and Ideas* ABC-CLIO publishing: Santa Barbara, CA.

Dr. Jessica Chin is part of an international research team, consisting of five investigators and collaborators, which was awarded a 3-year, \$140,000 grant from Social Sciences and Humanities Research Council of Canada/Conseil de recherches en sciences humaines du Canada (SSHRC/CRSH) and Sport Canada. The title of the research project is "Transforming the Canadian sport culture: A National study of gender, race, sexuality and violence in sport hazing as barriers to sport participation." As a precursor to the study, which is set to begin in January 2014, the research team delivered a SSHRC poster presentation on October 29, 2013 at the Sport Canada Research Initiative Conference in Kanata, Ontario, Canada.

In August, **Dr. Jessica Chin** and former SJSU Kinesiology faculty member Dr. Jay Johnson presented their paper, "Greenwashed?: A critical historical perspective of environmental initiatives in sport and physical activity", at the International Society for the History of Physical Education and Sport (ISHPES) in Taipei, Taiwan.

Dr. Masucci and **Dr. Butryn's** research on the media coverage of MMA and the UFC was discussed on a

Alumni, Student, and Faculty News

Alum **Amy Jewett** (BS, '13) and student **Katie Akbar** attended the recent SW ACSM meeting to present results of a research study conducted together with student **Katie Elston** and alum **Pete Charukesnant** (BS, '12) entitled "Calorie Expenditure and Productivity During Activities Promoting Non-Exercise Activity Thermogenesis." Pete is now in the DPT program at UOP, and Amy is working with the City of San Jose's Parks, Recreation and Neighborhood Services department where she is responsible for developing, implementing, and evaluating programs for older adults throughout the city. She writes that presenting their research was "incredibly rewarding and inspirational, both academically and professionally. A tremendous thank you to **Dr. Plato** for her continued support and guidance!"

Kin Faculty & Staff in the Halloween Spirit!



Tenative Winter Schedule 2014

3 Week Session: January 2-January 17

<u>Course</u>	<u>Days</u>	<u>Time</u>	<u>Room</u>	<u>Instructor</u>
Kin 02A Beg Swimming	M-F	13:00-15:05pm	SPX 079	Lilienthal
Kin 14A Beg Volleyball	M-F	9:00-11:05am	SPX 44B	May
Kin 27A/B Beg Table Tennis	M-F	15:00-17:05pm	SPX 44B	Chen
Kin 35A/B Beg/Inter WT. Training	M-F	8:00-10:05am	SPX 218	Montgomery
Kin 55A Beg Self Defense	M-F	12:30-14:35pm	SPX 218	Chen
Kin 61A Beg Self Yoga	M-F	10:00am-12:05pm	SPX 218	Caughlan
Kin 70 Intro to Kinesiology	Lec M-F	11:00am-13:20pm	SPX 68	Chin
	Act M-F	8:30-10:50am	SPX 68	Chin
	Act M-F	13:30-15:50pm	SPX 68	Chin
Kin 155 Exercise Physiology	Lec T-F	11:00am-13:20pm	SPX 208	Cisar
	Act T-F	8:30-10:50am	SPX 208	Cisar
	Act T-F	13:30-15:50pm	SPX 208	Cisar
Kin 163 Phys Fitness & Nutr	M-F	9:00am-12:20pm	CL 206/208	Bloom/Moreno
Kin 163 Phys Fitness & Nutr	M-F	9:00am-12:20pm	CL 222/226	Sullivan/Hollenbeck
Kin 164 Sociocultural Perspec.	M-F	12:30-15:50pm	SPX 77	Butryn
Kin 169 Divers, Stress, Health	M-F	12:00-15:20pm	MH 244	Murphy
Kin 185 Senior Seminar	M-F	9:00am-12:20pm	SPX 77	Lilienthal
Kin 186 Pharmacology	Online	Online	Online	Han

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Department of Kinesiology Social Media Technology

We urge you to click on the links below and join our online community of students, faculty, and professional organizations. Join, comment, share, email, tweet, pin, and post across our social media sites.

KIN BLOG

We are looking for contributors for our dept blog (<http://blogs.sjsu.edu/kinesiology/>). Send articles, 200-300 words, to Daniel.Murphy@sjsu.edu. Include a profile pic and a blog title.

SM LINKS

Facebook Dept. KIN Main Page - <http://www.facebook.com/KinSjsu>

<https://twitter.com/-%21/KinSJSU>

Facebook KIN Physical Activity Program - <http://www.facebook.com/pages/Kinesiology-Physical-Activity-Program-SJSU/149289011860624>

<http://www.youtube.com/channel/UCGgxpvv4eGz0QoLIPQotMfQ?feature=guideTwitter> - <https://twitter.com/SJSU>

Youtube - <http://www.youtube.com/user/KinesiologySJSU>

KIN Blog - <http://blogs.sjsu.edu/kinesiology/>

Pinterest - <http://pinterest.com/kinesiologyjsu/>

Google+ - <https://plus.google.com/u/0/112796596815930486420/posts>

Upcoming Dates:

December 10th, 2013 -Dead Day

December 11th-17th, 2013- Final Exams

December 18th, 2013- Make-Up Exams

Looking for Faculty?

The following will have a new office space in the Student Success Center:

Stan Butler SSC 514

Ted Butryn SSC 512

Gong Chen SSC 517

James Kao SSC 513

Matt Masucci SSC 515