

Winter 2-2014

## Communicator, Feb. 2014

San Jose State University, Department of Kinesiology

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## The Chair's Corner

Yesterday, I had the great pleasure of visiting the Pebble Beach Pro-Am golf tournament where two KIN students, Vien Vu and Thomas Leung were working, along with many from Hospitality. Obviously, this is a major sporting event with extensive media coverage and it got me to thinking of all the ways in which our majors and alums make work, life and play better for so many people.

Of course, student interns and alum employees make the activities of daily living better for many older folks at the Timpany Center. Several of the clients have told me that their workouts there help them get through the day with less pain or are simply able to do more actions because of the therapeutic effects of activity.

We now have quite a few alums who are working as physical therapists, with their DPT degrees. Obviously, the public at large turns to them when they need help following an accident or injury. Similarly, the countless certified athletic trainers are helping athletes avoid injury and rehab better after injury.

Our graduates who are teachers of physical education or coaches of a sport are teaching hundreds of students each year about the benefits of regular exercise and helping them find activities that they love and will pursue for life, or coaching athletes to "be all they can be."

Those working in sport management are providing opportunities for the public to watch and enjoy sports at the highest levels and this may be an introduction to becoming physically active themselves.

Those in exercise and fitness are, like others, working in many settings locally, nationally and internationally, to help all understand how to exercise efficiently, appropriately, and safely. And others may work in cardiac rehabilitation, or as doctors, or in an aspect of ergonomics.

With an aging population, our graduates are likely to find more and more jobs helping older people get and remain active as well as continuing to work with the more traditional age groups.

Indeed, Kinesiologists do move the world!

*Shirley H. M. Reekie, Chair*

## Faculty News:

**Andrews, V. L. (2012).** "We're not in Kansas anymore': Going Global with an African American Business." In *Business Administration Education: Changes in Management and Leadership Strategies*. Edited by J. Marquez, S. Dhiman and S. Holt. Palgrave-MacMillan.

**Andrews, V. L. (2012).** "Oakland Renaissance: The Art Murmur as Part of an Urban Renewal." *Empirical*. September 2012.

**Andrews, V. L. & Brower, A. (2012).** "Social Entrepreneurship as Social Activism: Reweaving the Urban Fabric through Sport, Recreation and Leisure." In Hawkins, B. & Polite, F., *Bridging the Gap of Sport, Race, and Social Change: Expounding on the Legacy of Dr. Harry Edwards*. Cognella: San Diego.

**Dr. Shirley Reekie** gave a panel presentation on Faculty Incentives at the American Kinesiology Association conference held in San Jose in January. Also present were **Dr. Bethany Shifflett**, **Dr. Greg Payne** and former faculty member **Dr. Jinhong Jung**, now at Northern Illinois University.

**Dr. Emily H. Wughalter** presented at the National Association of Kinesiology in Higher Education conference on January 10, 2014 in San Diego. The topic of her presentation was: A Case Study of the Human Factors and Ergonomics Program at SJSU. This presentation was part of an historic congress of 6 national and international organizations represented in the strand on Reaching Beyond the Walls of Kinesiology.

## Faculty at the holiday party



Faculty News continues on page 2

## Faculty News (cont.)

**Dr. Emily H. Wughalter** has been named the recipient of the Luther Halsey Gulick Medal *awarded for long and distinguished service to one or more of the professions represented in the American Alliance for Health, Physical Education, Recreation, and Dance (AAHPERD)*. The Gulick Medal is the highest award given by AAHPERD, the largest professional organization serving health and physical education professionals. Examples of the service and leadership positions that Dr. Wughalter has held in AAHPERD include two terms as a Board of Governors representative, Vice President of the National Association for Girls and Women in Sport, the President of the Research Consortium, and member of the Social Justice and Diversity Committee of AAHPERD. Most recently she served as a member of the Visioning Committee for the unification of AAHPERD that will become the Society for Health and Physical Educators (SHAPE America) in April 2014. Over a span of 33 years Dr. Wughalter has often served simultaneously on multiple boards to advance the fields of physical education and kinesiology. Moreover, Dr. Wughalter has provided leadership in the National Association for Kinesiology in Higher Education (NAKHE) for which she received the NAKHE Distinguished Service Award in January 2014. She is also a Past President of the Western Society for Physical Education of College Women. Her sustained and significant leadership and commitment to girls and women in sport, and social justice and diversity issues is a vein that runs through all the work she does and often puts her on the margins of change.

The department welcomes **Jinxia Gao (Sofia)**, a visiting professor from the College of Physical Education at Sichuan University in China. She will be here for a year, observing activity and other classes, and conduct research on a comparison of active lifestyles between American and Chinese college students.

During the Winter Break, **Dr. Daniel Weng** was invited by the President of the Pan-American Kuo-shu Federation, Wing-kay Li, to Brazil for teaching activities. He left California for Brazil 12/11 and stayed for 12 days teaching professional athletes of MMA, Sanshou, Kungfu, and Juzitsu in Sao Paulo and Rio de Janeiro. About 80 participants altogether from different parts of Brazil attended Dr. Weng's seminars and training classes. Many of the participants were members of Brazilian national team of Shuaijiao who will be competing in the 2014 European International Shuaijiao Championships to be held 5/16-18 in Rome. Dr. Weng also introduced Cardio Tai-chi to some collegiate Tai-chi instructors. As the result of his effort one of the biggest universities in Sao Paulo, Universidade Paulista has decided to list this course in their master's degree program of Physical Therapy. Dr. Weng will go back to Brazil to certify the instructors of Cardio Tai-chi for universities and Tai-chi schools.



**Dr. Gong Chen** presented and lectured self-defense education and physical activity in American higher education at Northwestern Polytechnic University, Shenyang Sport University, and Shandong University in China. He has been awarded as a guest professor at Shandong University, and he was awarded as the only guest professor from a foreign university by Northwestern Polytechnic University in 2006. During this trip, Dr. Chen has established connections with these universities for collaborative research and projects in the future.





## Alumni News

In last months Chair's Corner section of the Communicator, we profiled a former Kinesiology student **Eric Bloom**. Eric's journey took him from a Kinesiology student at San Jose State University to a Doctor of Physical Therapy graduate from Duke University's School of Medicine. He then went on to pursue an Orthopedic Residency at Mercer University in Atlanta, GA.

Upon finishing his residency, he sat for his Orthopedic Certified Specialist exam in March 2013 and received notice of passing the exam in June 2013.

At the beginning of the month, on February 5 at the Venetian Hotel Congress Center in Las Vegas, NV at the annual Combined Sections Meeting (CSM) of the American Physical Therapy Association (APTA), Eric officially received his Orthopedic Specialty Certification (OCS). Eric was 1 of 32 new specialists in all areas in Arizona, 1 of 142 total Orthopedic Specialists in Arizona, and 1 of the new 877 Orthopedic Specialists of 8500 across the country.



We would like to congratulate Eric on his accomplishment as we are always proud of our Spartan Kinesiology Alumni!

**Geri Lamble** (BS, '81) co-authored an article with Mary Ann Leung, Sustainable Horizons, Inc., presented in the January 2014 Computing Research Association (CRA) News titled "Expanding the Pipeline: SC 13 Supercomputing Conference" highlighting the Broader Engagement (BE) Program. The BE Program's goal is to increase the participation of individuals who have been traditionally under-represented in high performance computing. Ms. Lamble was the SC 13 Chair for the Mentor Protege Program.

**Vic Convertino** (BS, '72) and Kinesiology Distinguished Alumnus for 2008 has also been similarly honored by UC Davis (that UC system is a little behind the CSU!):

<http://biosci.ucdavis.edu/ecards/articles/November-2013/Victor-Convertino.html>

Vic was in Washington DC last week to receive one of the EMS Today 'Top 10' Innovators of 2013 awards for his research on two devices to help with battlefield and civilian emergency low blood pressure situations. Links are provided below. He also gave the keynote lecture to the Inaugural Korean Center for Disease Control Trauma Conference last October in Seoul. His work is beginning to receive national and international attention for the advancement of critical care in civilian EMS.

<http://www.jems.com/article/news/jems-ems-10-innovators-ems-2013-awards>

<http://www.youtube.com/watch?v=M9xrUzUCRc0&feature=youtu.be>

**Rick Aning** (BS, '92) is still strongly involved in co-managing the Adopt-A-Park program with the City of San Jose Parks, Recreation, and Neighborhood Services. The program is categorized in the Volunteer Management Unit. In January, the PRNS Volunteer Management Unit was selected for the 2013 Pride of San Jose Award. The event honored outstanding citizens from each Council District and exemplary city employees. At the State of the City Address on February 20th at the SJ McEnery Convention Center, Mayor Chuck Reed will recognize the Adopt-A-Park team along with the other recipients in front of the Council and community members for their efforts and contributions to the organization and to the residents of San Jose. Rick writes: "I absolutely enjoy interfacing and interacting with all of our volunteers. They are all crucial components that help enhance our parks here in San Jose."

**Marilou Moschetti** (BS, '94), will have a chapter published by Edizoni Martina Bologna in a book titled Trattato di Riabilitazione in Acqua, edited by Dott. S. Tibaldi and Dott A. Bortone soon to be released in Italy. The chapter is titled Aquatic Traction May Offer a Solution to Spinal Pain. Marilou was invited to Bellaria di Rimini, Italy in 1999 and presented at the conference La Riabilitazione verso il...2000 where she met other medical professionals from Europe. In 2006 she returned to Bologna in Italy to present the aquatic therapy techniques she developed with Scott Shaffer, MPT at the Wellness Center of Watsonville Community Hospital. Marilou also has book chapters: Spine Pain: Aquatic Rehabilitation Strategies and Equipment Options for Use in the Aquatic Therapy Pool, which appear in Comprehensive Aquatic Therapy, edited by Dr. Bruce E. Becker, M.D. and Andrew J. Cole, M.D. 3rd Edition.

**Alumni News Continues on page. 4**

## Alumni News (cont.)

**Jon Wilson** (BS. '03) landed a job with Club One at eBay 3 months after graduating the KIN program at SJSU and is now approaching his 10 year anniversary with the company in March. He recently received a promotion to Program Manager at the Marvell campus and will continue to oversee the AMD account as well. Part of his new team at Marvell includes SJSU alums Jeff Ringelberg and Inti Gibbons. They chat every so often about their great experiences in the program at San Jose State. Jon is also certified through Wellcoaches, which is endorsed by the ACSM. Along with personal training, running boot camps and management, he also provides a health coaching service to San Jose Firefighters, which is another Club One account. He owes all his success and career opportunities to the amazing staff in the KIN dept at SJSU where it all got started!



Although not a KIN alum but daughter of a former chair, Dr. James Bryant, and sometime KIN student and SJSU alum in Journalism and History, Jill Bryant (now Meyers) has recently been appointed Executive Director at the Triton Museum of Art. The Triton Museum of Art exists both to embrace and expand the lives of the people of Santa Clara County and the Greater Bay Area through a program of art, education and community involvement.



## Student News

**Judo students** compete every semester at City College of San Francisco. This started out years ago as a competition for university students from Stanford, UC Berkeley, Solano Community College and San Francisco State



The **Kinesiology Ambassadors** have planned the following dates to host undergraduate group advising. Thanks, KA! All held in SPX 107:

**February 5th: 400pm - 500pm**

**March 4th: 1100am - 1200pm**

**March 19th: 400pm - 500pm**

**April 17th: 1100am - 1200pm**


**Mentoring and tutoring** is available through the Kinesiology department. If you want a tutor (free!) for KIN 155, 158 or 175, contact [anna.hoang01@sjsu.edu](mailto:anna.hoang01@sjsu.edu) and if you would like a mentor, contact Alex at [kinesiologymentorcoordinator@gmail.com](mailto:kinesiologymentorcoordinator@gmail.com). If you are taking one of these classes for the third time, you must have a tutor.

Retired faculty at the CASA retired faculty lunch in the fall to Dr. Reekie's left are **Dr. Conry, Dr. Christensen, Dr. Bryant** (who started the Communicator in 1988), **Carol Sullivan** and **Barbara Hutchings**.



## Upcoming Events

**Workshop: Forefoot Strike**



**The Forefoot Strike: A Walking and Running Symposium**

Location: SJSU  
1 Washington Sq. San Jose CA, 95112  
(Room : SPX 89)

Time: March 1, 2014  
8:00 AM - 4:00PM

Cost: FREE

RSVP: By February 22, 2014 to Dr. James Kao at [James.Kao@sjsu.edu](mailto:James.Kao@sjsu.edu)

**Tired of Sore Joints?**  
**Learn how a Forefoot Strike can keep you moving Forward!**

**Dr. Butryn** and **Dr. Masucci** are featured in the University Scholar Series on February 26 at noon in MLK 225/229 when they will speak about their work on a 2 year World Anti-Doping Agency grant.

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### Club Advisors

#### Kin Ambassadors Club

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#### Adapted Physical Activity Club

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#### Spartan Athletic Training Organization (SPATO)

Holly Brown - Holly.Brown@sjsu.edu

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## Department of Kinesiology Social Media Technology

We urge you to click on the links below and join our online community of students, faculty, and professional organizations. Join, comment, share, email, tweet, pin, and post across our social media sites.

### KIN BLOG

We are looking for contributors for our dept blog (<http://blogs.sjsu.edu/kinesiology/>). Send articles, 200-300 words, to [Daniel.Murphy@sjsu.edu](mailto:Daniel.Murphy@sjsu.edu).

### SM LINKS

Facebook Dept. KIN Main Page - <http://www.facebook.com/KinSjsu>

[https://twitter.com/ - %21/KinSJSU](https://twitter.com/%21/KinSJSU)

Facebook KIN Physical Activity Program - <http://www.facebook.com/pages/Kinesiology-Physical-Activity-Program-SJSU/149289011860624>

<http://www.youtube.com/channel/UCGgxpvv4eGz0QoLIPQotMfQ?feature=guideTwitter> - <https://twitter.com/SJSU>

Youtube - <http://www.youtube.com/user/KinesiologySJSU>

KIN Blog - <http://blogs.sjsu.edu/kinesiology/>

### Upcoming Dates:

**February 26th, 2014**- Dr. Butryn and Dr. Masucci: University Scholar Series- Anti-Doping Agency

**March 1st, 2014**- Dr. Kao and "The Forefoot Strike"

**March 24th -28th, 2014** -Spring Break

**May 14th, 2014**-Dead Day

**May 23rd, 2013**- Kin Commencement

### Looking for Faculty?

The following will have a new office space in the Student Success Center:

Stan Butler SSC 514

Ted Butryn SSC 512

Gong Chen SSC 517

James Kao SSC 513

Matt Masucci SSC 515

