ASSOCIATED STUDENTS

Gala highlights students’ efforts

BY TIANA WALKER
Staff Writer

The sixth annual Student Leadership Gala was held on Wednesday. The awards ceremony took place in the Dziez Compton Student Union Ballroom.

There were a variety of award categories including Advisor of the Year, Excellence in Collaboration, Outstanding Service Program Award, Student Organization of the Year and Student Organization President Award.

This event was presented by Student Involvement, Associated Students and the Student Life Network. The Student Involvement Network is made up of the A.S. Court Chaucer Community Action Center, Gender Equity Center, Mosaic Cross Cultural Center, Wellness and Health Promotion, and PRIME Center.

The nominees were recognized for their volunteer work in the community and school, as well as their leadership with clubs on campus.

“Students who are engaged in a campus community by research are known to be more successful academically, personally and professionally,” said Associate Vice President of Campus Life Sonja Daniels.

The Associated Students SSU Award recognized students in the student government. Only one voting class is allowed to vote.

“I am very proud of the work that our students do, and I think it’s really important that we celebrate them,” Daniels said.

Women’s Basketball Coach Stephanie Fields was honored as the Outstanding Behavioral Science Award. The Phi Beta Kappa Award was presented to the Outstanding Student of the Year.

The A.S. Cesar Chavez Award went to the Associated Students 55 Award recipient. The Cesar Chavez Award was presented to the Outstanding Service Award recipient.

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of extracting gas and oil from shale rock, in which a water
conservation which included
the water.
first checked when received at loading docks at
of gas and oil from
was involved with over the past year,
three shelters within the community.
and the community on breast cancer awareness.
are a type of person to brag or anything, but I know my sisters
recognition, said recreation management
experienced a huge passion for teaching and it
the department and worked with both students and faculty.
who performed at the Spring Choral Concert on
preparation to give of themselves in the service of others,” said
granted. They host cancer panels, graduate school panels, and information sessions about what you can do with a degree in psychology.
and admired him. Redrico was also a member of a on-campus a capella group, Pitch, Please! for one year.
“Whatever I do I want people to feel responsible.”
the day old breads and pastries we don’t use get donated
students and faculty able to nominate San Jose State students, but administrators and community members were not.
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Students unearth stability at yoga party

By Jessica Stopper

In celebration of Israel’s 69th independence day, Spartans for Israel held events throughout the week at San Jose State University.

The events started on Tuesday with the organization handing out facepaints and other Middle Eastern foods to students at the Seventh Street Plaza. Celebrations continued with the glow-in-the-dark yoga event during the evening.

Nirit Bisconar, president of Spartans for Israel, yoga at the Sports Club on campus.

“When you spend so much time trying to love someone and build a relationship, the drugs you take and person you become after can turn you into a selfish person and ruin what you could have been,” said Open University student Spencer Kinsey.

The events started as the sun set and members of the organization, who were wearing matching “Israel ‘69” t-shirts, greeted guests.

“Spartans for Israel held events throughout the week at San Jose State University. The spa day will offer free massages and face masks. Members of the organization promoted the event to students walking by yoga night.

“We just wanted to show the other side of Israel and bring awareness to what goes on,” Bisconar said.

Spartans for Israel will be holding a spa day on Thursday, May 3 at 11 a.m. at the Seventh Street Plaza. The spa day will offer free massages and face masks.

“Israel gets that is just sh***y,” Wahba said. “I love Israel and I love advocating for Israel, considering all that Israel has done for the world and everything that Israel gets that is just sh***y,” Wahba said.

On Monday, the holiday was a day of remembrance for the Israeli soldiers but the organization did not promote or celebrate it out of respect for the fallen and their families.

“I know we’d get a lot of crap if we promoted it,” Wahba said.

The organization tabled at Seventh Street Plaza and spread the word about the glow-in-the-dark yoga party, members of Students for Justice in Palestine protested the event.

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“The way you celebrate Israel independence day is you have a lot of fun and party for a week,” Kinsey said.

A&E

Students unearth stability at yoga party

By BY SATVIR SAINI

Staff Writer

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with holes in the top to stick some French rubber or plastic molded into a handle. toppings that fall off your sandwich. It’s meant to be a tool to help you pick up than a promotional push for customers announcing the coming of the frork.

The ludicrous utensil is nothing more

Y o u  r e a d  t h a t  r i g h t .  I t ’ s  a  f r e n c h  f r e n c h - f r o n t - t a k e  a n  i n f o r m e r a l l. A fake infomercial surfaced with its new Signature Crafted Recipes customers who purchase one of

What is it about these limited quantity

I will not be rushing out to a nearby McDonald’s in hopes of receiving a frork with my purchase, but I know some people will. Just know that I’ll be judging you and your frork.

A Time Magazine article written by Brad Tuttle explained that customers don’t want to miss out on something that isn’t going to be around for a long time.

“I sort of feel bad for any New York Times reporter who has to report on a new kind of toothbrush, but here it is: the frork. It’s a fork and knife in one. I know, I know. It’s a frork.”

In an interview with CNBC, former Starbucks CEO Howard Schultz said that the drink brought significant traffic, brand awareness and brand loyalty to the stores. There you have it. Mix an absurd product with the words “limited-time,” let the bandwagon effect take hold and then sit back and watch the money accumulate. What is it about these limited quantity or limited-time offers that make people run to the nearest location and spend unnecessary money on nuclear products? Is it a feeling of exclusivity? Or maybe just curiosity?
Give Feinstein a break ... and maybe a chair

Feinstein has come under fire for not hard enough. Some people haven't been attacking him for his outrageous comments. Apparently, some people haven't been attacking him hard enough.

Senior California Senator Dianne Feinstein has come under fire for not criticizing the Trump administration as publicly as junior California Senator Kamala Harris has. Why do people want to bite the hand that is trying to forcefully feed political poison to the administration?

I understand why some Californians probably looks like they have a lot more energy than Feinstein at 52, it probably looks like she has a lot more energy than Feinstein is 83 years old. She has served as a state senator since 1992. Frankly, I don't think she even has"

There is no doubt that they have separate political agendas in Washington, but you have to consider the fact that they are representatives of two different political eras. There is no doubt that they have separate political agendas in Washington, but you have to consider the fact that they are representative of two different political eras.

Not trying to pit Feinstein against each other, but I think Harris has an advantage in this department, with people of color and young voters. It helps that Harris is, very visibly, an advocate for social justice. Feinstein may be less public about the ordeal, but that does not mean she doesn't care. According to the Congress website, Feinstein has sponsored bills that support protecting centers with religious affiliations, access to contraception for women service members and research on gun violence prevention.

The senior California senator's platform concerns protecting agricultural jobs, combating drug trafficking and improving the state's veteran affairs. In comparison to Harris, Feinstein seems to appeal to a different demographic of Californians. Feinstein and Harris both work to fight for this state and its people. If they want to cover all the bases, it would probably be best to divvy up the work and tackle different issues.

There is no doubt that they have separate political agendas in Washington, but you have to consider the fact that they are representative of two different political eras. So what? Feinstein might be a little old school in her approach, but she's still fighting.

Feinstein's Twitter feed fires off videos of the senator taking a stand against religious hate crimes, supporting bills concerning nondiscriminatory LGBTQ policies and opposing reform of the Affordable Care Act.

Harris' Twitter feed includes posts chastising hate crimes, sponsoring nondiscriminatory LGBTQ policies and opposing reform of the controversial Affordable Care Act.

This is Harris' first term as senator – she was elected last November. Just over 30 years younger than Feinstein at 52, it probably looks like she has a lot more energy than Feinstein to be yelling at the Cheeto sitting in the Oval Office.

I understand why some Californians might want to take Harris' side over Feinstein's – even if they are on the same political team. Harris, a woman of Indian-Jamaican descent raised in Oakland, is going to socially fare better today than an elderly white woman would.

In a state where four out of the top 10 cities were ranked by WalletHub as the most diverse – that includes Oakland, San Jose, Anaheim and Sacramento – people will probably side with the most reliable politician.

Somehow, somewhere, there is a REAL LIFE TORTOISE on our campus named Jeremiah. Someone get a rabbit and set up a race at Tower Lawn 😂😂😂.

Follow Isabelle on Twitter @isabelletham

SPARTUNES

VICENTE SERNA-ESTRADA: MO BOUNCE - IGGY AZALEA
DIANA SAN JUAN: DESPACITO - LUIS FONSI FT. DADDY YANKEE
LISA PRINCIPI: SLIDE - CALVIN HARRIS FT. FRANK OCEAN & MIGOS
NICOLE CHUNG: NOW AND LATER - SAGE THE GEMINI
MELANIE PIEDRA: CABIN BY THE SEA - DIRTY HEADS

FRANCISCO FRANCO: I GET AROUND - 2PAC
KARIANNE SUDYKA: ANDROMEDA - GORILLAZ FT. D.R.A.M.
TAYLOR JONES: I GOT U - DUKE DUMONT
KAYLA BOARDMAN: THAT'S WHAT I LIKE - BRUNO MARS
RYAN BARNHART: GROVE ST. PARTY - WAKA FLOCKA FLAME FT. KEBO GOTTI

THERE'S A TORTOISE ON CAMPUS

Highlighting your social media pics, statuses, and tweets at San Jose State University!
Nestled within the Santa Cruz mountains, the Rancho San Antonio County Park and Open Space Preserve offers South Bay residents a pleasant hike, bike or horse ride along a variety of trails with views of wildlife and thriving greenery. Just a 20-minute drive from downtown San Jose, the trails at Rancho San Antonio vary in length and difficulty.

For those looking to take it easy and enjoy a steady walk, or jog along mostly flat terrain, the Wildcat Loop trail will deliver just that. The 4.6-mile trail continues along a creek and eventually connects to High Meadow Trail. Hikers can continue up a slight incline and enjoy the serene sounds of tree leaves breaking against each other and birds chirping from inside the trees.

If the Wildcat Loop and High Meadow trails prove to be too easy, hikers can challenge themselves to take on an 8.7-mile loop through uneven slopes. Fittingly named the PG&E Trail, the path strolls beside electricity towers for about four miles until reaching Vista Point. From the top of Vista Point hikers can enjoy a stunning view of the South Bay before beginning the steep descent back to the trails.

Views of Santa Clara Valley in the north and the Santa Cruz Mountains in the south are the result of a six-mile hike to the top of Black Mountain. After taking PG&E Trail to Vista Point, hikers can take Quarry Trail for one more mile. They can then follow Black Mountain Trail for another mile at a steep incline before reaching the top of Black Mountain.

Rancho San Antonio is also home to Deer Hollow Farm where pigs and goats can be seen roaming inside their stalls. A small area next to the stalls harbors a garden where staff grow fruits and herbs like basil, thyme and tomatoes. Guests can tour the farm during open hours and participate in farming and gardening demonstrations that exhibit the animals and plants from the area.

Picnic tables and a large, open grass area near the farm invite guests to share a meal outside or simply enjoy the views of hikers making their way toward the trails and kids roaming the farm. The park has three parking lots and parking is free every day. If the three lots fill up, guests can also park in the dirt equestrian parking lot located at the end of the road.

Although Rancho San Antonio is located just off I-280 North and near a suburban area, it is far enough into the mountains and heavily wooded hills that guests will really feel distant from the bustling noise of the city. Whether visitors want to get a cardio-intensive workout or enjoy a picnic under the sun, Rancho San Antonio offers something different for anyone who wants to enjoy all that one of the Bay Area’s most popular parks has to offer.