In June of 2011, a fire engulfed the Kappa Sigma fraternity house on S. 11th St. Fraternity members are unable to live in the house while it undergoes repair and the brothers moved out and started sleeping and studying, according to Peters. Unfortunately, the fire started in the ceiling, which is why the smoke alarms didn’t go off. The fire began to set up the insulation but was still contained within the ceiling, Peters said.

When the firefighters opened the roof to try to get to the fire, oxygen poured in and fed the fire, causing it to spread rapidly and devour most of the roof, according to Peters. Peters said that only 28 members of Kappa Sigma were living there at the time and although no one was hurt, they lost everything in the blaze.

The Kappa Sigma fraternity house is slowly recovering from the fire that engulfed it last summer, according to current Kappa Sigma President, Shane Peters, a junior mechanical engineering major.

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The Lakers were down 96-91 with 1:20 left in the game. The Spurs had possession of the ball and were looking to increase their lead, but the Lakers were able to force a turnover and get back on the court. The Lakers went on a 13-2 run to take the lead, with Kobe Bryant making a crucial 3-pointer to tie the game and send it to overtime. In overtime, the Lakers were able to keep their momentum going and eventually win the game with a score of 114-106.

The three-time reigning conference champion SJSU women’s golf team ended the round in first place of the Western Athletic Conference Championship tournament in first place with a combined score of 291 strokes – three strokes under par. The team’s lowest scoring round of the year.

The Spurs ended the day with an eight-stroke lead over the University of Hawaii, which is currently at second place with a score of 298.

All five Golden Representing SJSU at the tournament are among the top 10 on the leaderboard. SJSU senior Madelaine Ziegert recorded the lowest individual round for SJSU with 70 strokes – two strokes behind Hawaii sophomore Charles Kanjielo, who ended the day in first place among individual scores with 68 strokes.

Ziegert finished the day with four consecutive pars. “I struggled a bit on the last four holes because of the heat,” Ziegert said in a post-round interview. “I would say that we can look at Metta World Peace’s violent past and not be surprised by his actions during the game against the Thunder. I do not believe this should take away the positive connotations he has made to the Lakers and to the Los Angeles community, but what did you expect with someone with a history like his?”

I also think that we have to look at this from the perspective of Oklahoma City and how this affects the team. James Harden is a significant asset to the Thunder, and they need him to be 100 percent to compete. When you look at it from the Los Angeles Lakers point of view, I think that this also puts them at a disadvantage.

Western Conference Finals in order to make it to the championships.
FIRE: House remodel in progress

FROM PAGE 1
owner and founder of his own company, Mighty Tree Movers, and owner of the Kappa Sigma house, hopes to start rebuilding at the start of the semester.

“The process fun because we have included the current Kappa Sigma brothers into the process, and have had their feed- back throughout the design and engineering process," Hamilton stated in an email.

There are four types of houses: social, cultural, scholastic and business. The social houses concentrate on socializing, networking and enhancing the college experience, according to Peters.

There are 26 members of Kappa Sigma at the moment and it is one of the largest fraternities in the world, stated in an email.

The fraternity is currently working with their housing corpora- tion as well as multiple construc- tion workers and engineers to try to get the house back on its feet. Peters said.

"With how construction goes, we know it could take longer," Peters said. "But we're going to try it operational where we can move in and live in it sometime in the fall."

They are redesigning the build- ing to make it up to the fire code, but it's a long process, ac- cording to Peters.

With the rebuilding being taken care of through the housing corporation, the brothers don’t have to worry about the rebuild- ing and the insurance is taking care of the cost, which is around $37 million in damages.

"I'm very proud of our house," Peters said. "Our brotherhood has remained strong, if not stronger, after what we've been through.

"Around midnight is when I feel the least safe on light rail because it's empty and there are rough people on it. One time I saw a guy open up a beer and drink it in the middle of the morning," said psychology major Haruna Miyazaki.

Mackay said it’s the people that are on the light rail that can make or break a person’s view of the VTA.

Senior accounting major Haruna Miyazaki said she avoids the smell of marijuana and that there are a lot of peo- ple that come on to light rail smelling like it.

She avoids taking the light rail at night because she is worried about her safety and doesn’t like that there are "wired people" that rule it.

There are times when intox- icated passengers caused alterca- tions or became uninformed and they have to be transport- ed for medical evaluation that can cause delays to services," Mahaffey said.

"SJU and VTA take precau- tions to try and maintain a safe environment for the riders."

"Security is stationed at select transit centers, light rail stations, platforms, and bus and light rail maintenance yards to provide a visual deterrent and to observe and report any crimes taking place," said the VTA.

On every light rail there are red emergency buttons that when pushed notify the light rail operator that someone needs assistance, according to Mahaffey.

"Once pressed the light rail operator will respond to your request when safe to do so,” Mahaffey said. "Clearly and succinctly inform the light rail operator of your needs when they respond to your request.

"The light rail operator will take appropriate action to help re- solve any emergencies including being able to request assis- tance from county emergency services or law enforcement.

"The SJU Transportation Services program provides evening guides to students on weeknights from 6 p.m. to mid- night — the guides walk people to transit stops within two blocks of the campus,” the VTA said.

According to Brandi Child- ress, media spokesperson of the Santa Clara Valley Trans- portation Authority, the VTA provides a Night Stop Program which lets the rider request a stop that is closer to their destination.

There are blue light tele- phone towers located on all light rail station platforms that directly contact customer ser- vice or 911 in an emergency, according to Childress.

"Passengers should always be aware of their surround- ings, limiting the use of ear buds and electronic devices to a point that their attention is diverted from an unsafe situation or surroundings," Mahaffey said.

Mahaffey encourages rid- ers to take part in the Transit Watch awareness campaign which pushes riders to report on anything unsafe they see.

"Riders should have a way of taking safety precautions of their own."

"I try to be very aware of my surroundings, stay alert and keep my phone close,” said junior biology major Natasha Chavez.

"MacKay says he makes sure he is aware of the situation and puts on his "angry face" when riding the light rail at night."

"VTA makes safety a top priority and is always evalua- ting processes, procedures and features of our system to improve safety and to adapt to changing safety needs," Childress said.

Although some students worry about their safety, they still feel like they are concerned about the cost of the light rail.

"I don’t really mind the inconveniences because it’s free," said Lauren Mitchell, a graphic design major.

Childress said the biggest benefit for students taking light rail is that it gives them the opportunity to go any- where in the county for free.

"(Light rail) is convenient, efficient and I like it bet- ter than driving to school," Brain said.
Enjoy Morocco's spicy dishes and deep flavors before it exits San Jose

by Samantha Clark

Enjoy Morocco’s spicy dishes and deep flavors before it exits San Jose SpartanDaily.com

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with Moroccan art, a glowing lights of the menu.

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are litt le bundles of sophisticated

Dusted with powdered sugar and cinnamon at Morocco’s restaurant in downtown San Jose.

Delicious chicken breasts are slathered with almonds and chicken inside flaky phyllo dough turnovers, dusted with powdered sugar and cinnamon at Morocco’s restaurant in downtown San Jose. Photo by Samantha Clark / Spartan Daily

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Before it ran out, my mother thought that I was paying upward of $400 a month to cover the extension of my insurance. I have yet to find a new form of coverage due to the fact that I have juvenile rheumatoid arthritis, a complicating condition for that reason. I turned to the health center for help.

Around the same time I lost my insurance, I started a specialist doctor’s recommendation. The diet revolves around finding substitutes for red meat such as fresh or canned fruit and one portion cottage cheese or baby bananas and low-fat ranch dressing. This has been so helpful and I plan my meals around this fact everyday.

A friend told me she had also seen Waldrop and told her she eats oat an lot and it’s difficult to stay healthy. I had a similar concern that I also told her about. Waldrop had a handful for this as well. It listed almost every restaurant around campus and which alternatives are best for students trying to stay healthy.

For example, if you wanted to eat at Doggy, some of the healthier options include salads with fat-free vinaigrette or one of their wrap tortillas instead of a traditional sandwich.

One of the biggest things I learned from these handsouts was not to eat deep breakfast. I never ever have a good breakfast and Waldrop told me that having breakfast in the morning is really important, especially for college students. According to the Center for Disease Control and Prevention, eating a healthy breakfast is associated with improved cognitive function (especially memory), reduced obesity, improved mood.

Before my session was over we made a list of goals that I would pick those goals that I thought would best fit my situation. Since that day, I have actually been able to stick to my diet plan. I have been playing sports and eating healthy at home.

The health center has helped me teach my dining goals and stay on track through its nutrition counseling program. Waldrop seemed great with helping students tackling problems in this department. According to the Center for Disease Control and Prevention, eating a healthy breakfast is associated with improved cognitive function (especially memory), reduced obesity, improved mood.

One experience that I’ve had was playing around. I would recommend this service to others because Waldrop was extremely organized and had handouts for just about anything that a student could come up with as a challenge or reason why eating healthy could be difficult. I told her that I often try to break bread with me to take a look at my polka dots.

She gave me a flyer that had different types of meals on it and explained that I should try to keep my meals below 100 calories per snack, three times a day. The list included examples of substitutes for red meat such as fresh or canned fruit and one portion cottage cheese or baby bananas and low-fat ranch dressing. This has been so helpful and I plan my meals around this fact everyday.

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American Airlines implores judge to ditch union contracts

McClatchy Tribune

NEW YORK — More than 360 American Airlines' transportation workers and pilots testified in front of the U.S. bankruptcy court Monday where they added a judge’s order to wipe out their labor contracts and unions, touched a possible deal led by US Airways Group Inc. to take over a Fort Worth, Texas-based airline.

“We bailed them out, AAA said to us,” said a sign carried by Frank Luna, a Transport Workers Union member from New York’s John F. Kennedy International Airport. “He stood aside in the court on a chilly, cloudy day.

“I think this is an attack on the middle class,” said Ray of the pay cuts and benefit reductions the company is asking U.S. Bankruptcy Judge Sean Lane to impose after abrogating contracts for the pilots, flight attendants and transport workers.

AMR Corp., the airline’s parent company, wants to reduce its labor costs by $5.2 billion in order to survive the beginning of the so-called 1113 process, which sees American the opportunity to eliminate the labor court eliminate existing contracts with other unions, according to lawyers appointed by existing attorneys, been notified of the labor unions to bide their time to protest the bankruptcy court.

“We’re not in this,” said Darren Prater, TWU representative at Dallas/Fort Worth International Airport. “But we’re here to come to this is unacceptable,” he said. “That’s what we need for this business.

“We know that there is not a non-labor costs. We have the highest labor costs in the country, and that is an absolutely untenable position,” said Allison Van Laningham, an attorney based in Miami, said.

“If the affair went public, it would destroy any chance we had to be president, and he knew it,” Justice Department lawyer David V. Harbach II was trying to hide the affair from his family from embarrassment, she said.

“Bunny” Mellon, a 101-year-old banking heiress from Virginia, was trying to hide the affair from his family from embarrassment, she said.

“American Airlines' defense claims that acts were ‘Sins but no crimes.’

Jack Gallagher, attorney

Selected quotes:

"The company got a boost from a majority of the Uneecured Creditors Committee, made up of creditors excluding the three unions, three banks and units of Hewlett-Packard Co. and Boeing Co. The committee supports the report, stand-alone business plan," said attorney Jack Buttle. "American has met its burden of proof. The current status quo must be altered." Fodina can't hold through-out the day. Jack brought up the hund-reeds of millions of dollars in losses that American gave top management after labor made concessions in 2001. "The executive compensation committee incurred an incredibly toxic environment at American," he said.

"American has the highest labor costs in an intensely competitive industry."

Jack Gallagher, attorney

Recording that could have derailed his bid for the 2008 Democratic presidential nomi-nations. Edwards, Edwards played an ac-

"It was that humiliation he felt a chunk of it leads to Young. Young is testifying under a grant that he will not be present for the Justice Department’s lawyers.

"The executive compensation committee incurred an incredibly toxic environment at American," he said.