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ID numbers disabled for self-checkout

If that is the case, we'll shut it down.

Charlie Faas

vice president of finance and administration

By Jonathan Austin & Kunal Mehta

OPINION & EXECUTIVE EDITORS

Spartan Eats shut down self-checkout machines at the Village Market and other stores on campus following reports that students could spend dining dollars without needing to swipe their Tower ID cards.

While students were prompted to swipe their ID cards, an option was available to enter an ID number using an on-screen keyboard.

The mechanism could create a window for the fraudulent use of ID numbers to make unauthorized purchases.

Students with a meal plan can use a prepaid amount of dining dollars to make separate purchases at Spartan Eats' establishments outside of the Dining Commons using their Tower ID card.

The checkout machines were shut down after the Spartan Daily notified Charlie Faas, the SJSU vice president of finance and administration.

"If that is the case, we'll shut it down," Faas said over the phone. He said that the only

appropriate authentication method is to swipe, requiring the presence of a physical

Tower ID card. Spartan Daily learned of the attack vector after multiple students reported dining dollars being withdrawn from accounts without their permission, Monday afternoon and evening.

Students were cautioned to keep their student ID numbers private in different social media forums.

Industrial technology junior George McIntyre explained one theory behind the potential attack

to the Spartan Daily.

The Spartan Daily was able to replicate McIntyre's theory to buy Cheez-Its from the Village Market without swiping any Tower card.

The new self-checkout machines were installed over the summer and some places, like MacQuarrie Hall's Ginger Market, no longer have in-person cashiers.

Students typically have not been cautioned to keep their ID numbers private. In the past, professors have distributed grade sheets using ID numbers to mask students' names.

SJSU separates data into three different categories for various protection levels. Student ID numbers fall under Level 3, which is considered to be "public information" with no security controls needed, according to a 2017 Information Security Office presentation.

Students who unexpected charges on their dining dollars account should report them to Spartan Eats.

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Chemistry professor recognized with award

By Olivia Wray

STAFF WRITER

San Jose State chemistry professor Lionel Cheruzel opened his laboratory to all majors, and now that interdisciplinary research has won an award.

Cheruzel was awarded a 2019 Henry Dreyfus Teacher-Scholar Award for his commitment to research and teaching. The award "supports the research and teaching careers of talented young faculty in the chemical sciences at undergraduate institutions," according to its website.

"Our laboratory focuses developing hybrid P450 enzymes capable of the selective oxidation of organic substrates upon light activation to achieve chemical transformations otherwise challenging to obtain using traditional methods," Cheruzel said.

He also received a \$75,000 of unrestricted research grant along with

"It's not just [chemistry]



OLIVIA WRAY | SPARTAN DAILY

Chemistry professor Lionel Cheruzel gathers his laboratory students to talk about projects in between class times.

[biochemistry] majors," Cheruzel's lab assistant Mallory said. "There are engineering and psychology majors that have been contributing to the research."

Having moved to the United States in 1999, Cheruzel said he never imagined he would connect with so many students.

With a passion for research and curiosity to

travel, he left France to explore the U.S., where he felt he could improve his studies. In 2004, Cheruzel completed his Ph.D. at the University of Louisville and started traveling through more

states in the U.S.

In 2006, Cheruzel continued his education with a postdoctoral fellowship California Institute of Technology in Pasadena.

He said the three years

he spent in Pasadena were the best years of his life because he was able to grow within his research curiosities and even met his future wife.

After graduating, Cheruzel and his wife moved to the Bay Area in 2009 and began his teaching and research career at SJSU.

Having worked with students in the laboratory for 10 years now, Cheruzel said it has been an incredible experience and he is grateful for his talented students.

Many of Cheruzel's students come and go but some stay in touch after graduating.

Kato, Cheruzel's current lab assistant, started working in the laboratory in 2013 when she finished her master's in chemistry. She earned her bachelor's from SJSU in 2009 and expanded her research after graduating.

Kato joined Cheruzel's lab because she said his

RECOGNITION | Page 2

New procedures for CAPS services

By Christian Trujano STAFF WRITER

Because of increasing demand and understaffing problems, the Counseling and Psychological Services (CAPS) office at San Jose State applied new ways to streamline their services.

In addressing the campus' increasing need of mental health services, the office implemented an eight session limit for individual counseling per academic year at the beginning of the semester. The office also introduced new scheduling procedures for students to make appointments.

CAPS director Kell Fujimoto said with limited sessions, more people would be seen by counselors.

"I definitely want to see more staff," Fujimoto said. "Counseling is not easy work,

it takes a lot of time and it takes a lot of emotional toll on our counselors."

Fujimoto said the new session limits and scheduling changes will help avoid overworking his staff as they try to accommodate more students.

But through all these changes, Fujimoto said the office still struggles with its budget. With a lack of financial support, he said he worries about burning out his small staff of 15 personnel and educational counselors.

Back in the 2010-11 academic year, 1,338 students visited the CAPS office, according to the Association for University and College Counseling Center Directors.

SERVICES | Page 2

Stairs to nowhere stall traffic

By Chris Core

STAFF WRITER

San Jose State is no stranger to redesign and construction.

The campus has seen a massive amount of change structurally and the Martin Luther King Jr. Library is one of the latest buildings to have an ongoing repair stall student movement.

The project highlights how SJSU's old and wilted structures require administration to set aside millions of dollars for potential repairs.

The first floor escalator in the library has been out of service for a few months now and is expected to function again in October.

The escalator be replaced, but in the meantime, the buildup of people waiting for a lift in the elevator has not become an annoyance for some students quite yet.

"We don't mind using the stairs or elevator," microbiology junior Valery Sanchez said, "It's just weird to see the construction downstairs but they are always working on something."

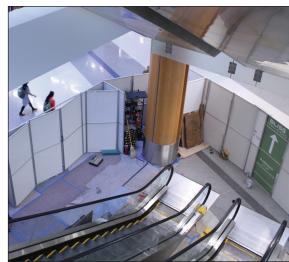
The construction in the library falls under the "deferred maintenance" category of funding at SJSU.

Deferred maintenance refers to any reconstruction costs that do not fall under the initial SJSU budget.

Charlie Faas, SJSU Vice president of administration and finance, said that \$2 million is set aside for these specific problems.

The \$2 million only begins to break the surface of the \$500 million of deferred maintenance that Faas said the school deems necessary.

"Our campus is the oldest [California State University]," Faas said. "We



Construction of the first floor escalator at the Martin Luther King Jr. library will replace the existing escalator.

have buildings from the '50s and we have to do the best with the money we have."

Poor infrastructure is a problem statewide and to address the issue, lawmakers proposed the Higher Education Facilities Bond Act of 2020.

According to the University

of California website, the act would "let the University of California and the California State University system to improve the seismic safety of their buildings and expand their physical capacity to serve thousands more California

MAINTENANCE | Page 2

2018 - 2019

CAPS

staff-to-student ratio

staff members assigned to

work with students

Vi Vi Vi Vi Vi Vi

students used CAPS

RECOGNITION

Continued from page 1

research went hand-inhand with what she was interested in.

Cheruzel said Kato helped him double research published work.

Over the last six years, Cheruzel has been invited to speak upon his research and experiences all over the world. He has been able to continue to travel and speak at more than 50 places such as Turkey, Canada, Europe, Australia and Japan.

Cheruzel brings his wife and two young sons whenever he has the opportunity to travel for a conference.

In 2014, Cheruzel was promoted to associate professor and this year, he is now a full professor.

Cheruzel "has secured 16 internal grants and nine federal grants totaling close to \$2 million dollars to support his research endeavors at SJSU," according to the SJSU Newsroom.

"It feels great to have some recognition for the

MAINTENANCE

Continued from page 1

students" and distribute

\$8 billion of funding to share

amongst all UC and CSU

that SJSU would receive

from the act, but any extra

amount of funding would

importance of the act] would

be recognized by collective

administrators said more

funding is critical, but

understand that the act

would not solve everything.

SJSU provost and vice

president of Academic

Affairs, Vincent Del Casino

Ir. said that the act just the

beginning of what needs to

"It's going to be a multi

prong effort," Del Casino

hope

There is no exact amount

campuses.

help Faas said.

voters," Faas said.

Other

be done.

said.

"You

research and scholar accomplishments while at SJSU," he said.

Cheruzel is always looking for more students to join the lab, and hopes the recent teacher-scholar award will bring awareness to students that may be interested.

"It's an exciting time to be at SJSU, especially with the interdisciplinary science building coming," he said.

Last year, Cheruzel was awarded a grant to launch the Freshman Initiative: Research to Engage Students program that he intends to help freshmen in chemistry and biology to develop their research interests early in their academic careers.

Cheruzel said more students 160 have worked in his lab and it doesn't matter what their major is because "once you get a taste of [researching in the lab], you might like it," he said.

Follow Olivia on Twitter @bmo liv

He proposed the idea

that a lot of buildings should

be rebuilt rather than

renovated, but funding will

always hold back what is

The struggle to find more

"It's a classic problem

meantime,

that's not unique to us," Del

construction will continue

with the budget the school

currently has and students

will have to continue

cramming into elevators and

shuffling up the library stairs

a little bit inconvenient,"

microbiology sophomore

Liam McInernery said.

"But as long as the stairs

don't go down somehow I

Follow Chris on Twitter

@ChrisCore24

"It's kind of anything and

for one more month.

think it will be fine."

funds for renovations is not

possible for any project.

endemic to SJSU.

the

Casino said.

In

[the

SJSU

SERVICES

Continued from page 1

That number nearly doubled to 2,670 during the 2018-19 year.

"I think it's great that students are being more aware of our services, I think the stigma as far as mental health services are being reduced," Fujimoto said. "We needed to identify 'how are we going to provide more services to our students?"

When addressing the campus' increasing need for mental health services, the office implemented an eight session limit for individual counseling per academic year at the beginning of the semester. Fujimoto said with limited sessions, more people can be seen by counselors.

He also said the office is exploring other ways to provide services such as workshops and group counseling.

"[The office is] an outlet for students to let out any negativity they have or if they just need to talk something out," sociology junior Jessica Caballero said.

According to preliminary findings released in April by a team of UC Berkeley researchers, reports of anxiety disorder among 18 to 26-year-olds have doubled since 2008.

The findings also showed how students who identified as transgender, Latinx and black experienced higer rates of anxiety disorder which increased the closer all students got to graduation.

For child adolescent development senior Jaime Millan,he first reached out to the CAPS office freshman year because he felt the pressure of being a first generation student in higher education.

"I was feeling a bit overwhelmed and stressed as a first generation student," Millan said. "I felt like higher education was a bit too difficult and I started thinking 'oh it would be so much easier to iust drop out."

Millan later cancelled the appointment because he managed to push past those fears but recognized the importance of having a

space for mental health for students who do need the

"It's great to have as much help as possible because you never really know when you need it," Millan said.

Director Fujimoto said he stresses the importance of being more accessible.

"We all need mental health care and we all need self care," Fujimoto said. "That explains the demand and the increase."

With an eight session limit, Fujimoto's staff can reach out and help students even if the number of visitors the office see's next year goes beyond the 2,670 they saw this year. With its location at the

student health center, which is bigger than the office they once had in the Administration building before they moved in 2015, Fujimoto said these changes can help bring in even more students.

Students do not need to use all eight sessions but unused sessions do not carry over to the next year.

If students miss scheduled appointment, CAPS may count that as one of their sessions for the year.

Anyone who reaches the session limit or needs long-term comprehensive mental health services will be referred to outside services within nearby communities. These support services include alcohol and substance abuse, childcare financial assistance and culturally oriented resources.

In the second-to-last session, the counselor will direct the student to the appropriate support services they need.

"We may not be able to provide services here on an individual basis but we'll definitely help you get those services," Fujimoto said.

The office also changed its scheduling procedures. Counselors began contacting students on July 1st for students would provide their availability so the office can student mental health. match students time with counselors.

During regular semesters, the CAPS office contacts students after they first attend

an assessment appointment or if a returning student fell on the waitlist.

Fujimoto said the practice is to guarantee access to as many students as possible by confirming appointments.

Another possible option Fujimoto proposed to reach students in the future who might not have the time to meet in person, is telemental health services. This is a new form of psychological counseling and support over the internet through email, video conferencing, online chat, or a phone call.

According to the Higher Education Mental Health Alliance, as technology evolves, implementation of telemental health practices and guidelines is also evolving.

In 2015, the alliance created a guide to outline the potential benefits, limitations, legal and ethical concerns an initial session. Then regarding telemental health services in the field of college

For students like child development sophomore Andrea Navarro who just doesn't have the time, options such as telemental health

services would help her out.

"From school I go straight to work and then I have to do homework after work," Navarro said. "It's the same routine Monday through Friday."

Fujimoto said he's more than willing to work with technology, but that idea of video conferencing with counselors and students is still in the infant stages of something for the future.

But for now, Fujimoto wants to assure students that the door is always open to assist students in getting the services and appropriate care they need. Even though he sees the stigma of seeking mental health declining, he said he constantly overhears students talking about CAPS not being accessible to students.

"It concerns me that students feel like 'I can't be seen at CAPS," Fujimoto said. "The reality is yes you can, you can come in ... we're always willing to help students."

Follow Christian on Twitter @ChristianTruja2

CAMPUS IMAGE



KELSEY VALLE | SPARTAN DAILY

Music senior Rodrigo Ruiz (left) and music and psychology senior Tori Paul (right) rehearse outside the music building for an upcoming gig. Paul concentrates her studies in jazz while Ruiz concentrates on classical double bass performance. They will be performing live at Parkview Kitchen and Spirits in Cupertino on Oct. 2.

Crime Blotter

Violation of presidential directives

Sept. 5, 10:19 a.m. at North

Garage

Adult cited

Vandalism: damage

property

Sept. 5, 2:23 p.m. at Park and Ride Information only

Petty theft less than \$950

Sept. 5, 6 p.m. at Tower Hall Lawn

Information only

Driving under the influence Sept. 6, 3:16 a.m. at Margaret Way/South 6th St. Adult arrested

Violation of presidential directives

Sept. 6, 3:53 a.m. at Central

Classroom Building Information only

Petty theft less than \$950

Unknown time Event center

Information

Sept. 6

Theft of personal property Sept. 6, 1:58 p.m. at Campus

Village 2

Information only

court appearance Sept. 6, 3:58 p.m. at North Garage Adult cited

Bench warrant issued if no

Battery on a person

Sept. 6, 4:10 p.m. at Martin Luther King Library District attorney/warrant request

Disorderly conduct: alcohol Sept. 6, 4:26 p.m. at Student Union Adult arrest

Vandalism over \$400 - felony Sept. 7, 11 a.m. at Kappa Sigma Fraternity

Petty theft less than \$950

Information only

Sept. 7, 3:30 p.m. at Campus Village B Information only

Selling liquor to minor Sept. 7, 10:33 p.m. at Campus Village C Juvenile student conduct

ABOUT

The Spartan Daily prides itself on being the San Jose State community's top news source. New issues are published every Tuesday, Wednesday and Thursday throughout the academic year and online content updated daily.

The Spartan Daily is written and published by San Jose State students as an expression of their

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CORRECTIONS POLICY

EDITORIAL POLICY Columns are the opinion of individual writers and

not that of the Spartan Daily. Editorials reflect the majority opinion of the Editorial Board, student editors.

'IT' belongs in the sewer despite a promising start

"IT Chapter Two"



Directed by:

Andrés Muschietti Starring:

James McAvoy, Jessica Chastain

> Genre: Thriller

By Chris Core STAFF WRITER

It's been 27 years since the Losers Club has been back to Derry, Maine.

The horrors the group lived through in the small town have all been forgotten but the short two-year wait for moviegoers has kept the chills of the first chapter fresh.

"IT Chapter Two," directed by Andrés Muschietti, is the sequel to the 2017 movie "IT Chapter One" and is also the cinematic adaptation of the 1986 Stephen King novel "IT."

Following the events of the first film, the Losers Club gets a phone call, which says that the demonic clown, Pennywise played by Bill Skarsgård, of their childhood has returned to Derry. Years have passed since the kids promised that if the clown from their past ever returned they would come back to Derry and end "IT" once and for all.

The first film stood out as a diamond in the extremely rough genre of horror films and set the stage for what could have been the best thriller franchise of all time.

"IT Chapter One" is a must see movie before seeing Chapter Two not only because the sequel cannot stand alone without the first but also because it is a fantastic movie as a whole.

Excellent character development and

a driven plot carried the first film to a near perfect thrill ride. Even though the second film picks up right where the first left off, it falls short after losing its vision toward the end.

The sequel should firstly be viewed not as a true horror film but as a thriller.

The film earns the title of a thriller for many reasons, one being how well it incorporates comedy into its plot.

The characters engage in realistic banter throughout the film, resulting in quippy jokes that make the audience feel like they are sitting at the table of their high school reunion.

For the vast majority of the film, the jokes landed at the right time and don't damage the tone being set until the end.

The comedy in the film adds depth to the characters that would not be there if you did not see them make jokes with one another. The chemistry between the actors in the group is even more phenomenal with the added comedy.

Bill Hader, who plays Richie Tozier, steals the show when it comes to comedy. The jokes told between Hader and James Ransone's character, Eddie Kaspbrak, show the bond between friends and immerse the audience into the friendship.

that years passed since we last saw them, the film features flashbacks of each character to fill in the missing time and backstories.

This where movie shines.

fear every time the music picks up because you wonder if your favorite character is going to die next.

interesting but gives another level of

For the most part, the movie does not throw in lazily written jump scares to make the audience scream, instead it teases its viewers with a roller coaster ride for

Rather than standard horror film jump scares this film uses what can most accurately be described as fake

The music escalates, the camera focuses as the characters slowly walks across the screen, the tension in the viewer rises as the scene picks up and then, nothing.

The audience in some cases took a literal sigh of relief with the character in the film, but just like how Pennywise is toying with the Losers fears, the film is playing with the audiences' too.

This tension without payoff makes it so when the real creepy imagery occurs it hits harder than it normally would.

I was constantly fighting myself internally fearfully trying to gain a sense of comfort knowing that the next tense moment could be the one that keeps me up all of next week.

Not only is tension executed beautifully throughout the film cinematography editing can only be described one way, stunning.

The cuts between scenes are seamless and the corresponding shots that follow each transition nearly left me breathless

The movie feels like a crafted work of art through its editing but not even the fantastic post production work could save the movie from its crash.

Much like the novel it is based off, the last act of the film implodes.

Where there was once beautiful cuts and well timed horrific moments there is now poor pacing and lazy writing to finish what was an amazing film.

The climax of the movie feels like someone else wrote it and that they were told they had 10 minutes to finish the last scenes.

A movie with a 169 minute runtime should not feel rushed but "IT" did.

theater replaced tension filled sighs of relief with laughter at how absurd the movie had become.

The line between comedy and horror that the film walked so well before had been erased and the vision of the film had disappeared.

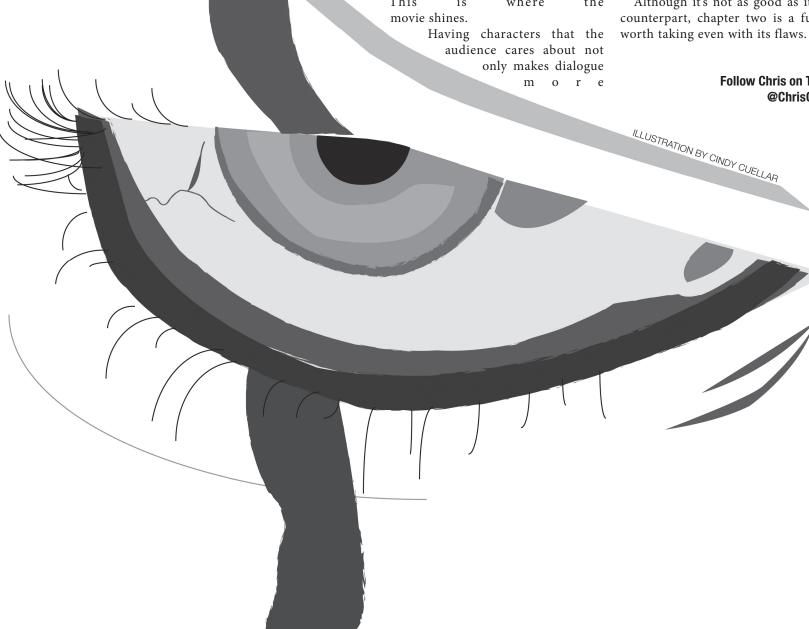
In the end, "IT Chapter Two" is all about set up without any pay off.

Wonderful storytelling, characters and fantastic cinematography almost make up for the catastrophe that is the ending but not quite.

Although it's not as good as its 2017 counterpart, chapter two is a fun ride

PAGE DESIGN BY COURTNEY VASQUEZ AND EDUARDO TEIXEIRA

Follow Chris on Twitter @ChrisCore24



Disjoint album leaves ears bleeding

By John Bricker STAFF WRITER

"Hollywood's Bleeding" is Malone's most disjointed yet, featuring genre-blending triumphs alongside uninspired duds and confusing collaborations.

After breaking out with his debut album, "Stoney," in 2017, Malone surprised fans and critics with "Beerbongs and Bentleys," album containing more than an hour of his subtle ballads.

Malone's eccentric performances refreshing instrumentals made "Beerbongs and Bentleys" an infectious stand out in 2018.

His soft crooning over the country anthem "Stay" to his addictive flows and hooks over the sweet trap beat of "92 Explorer" made the album unique and unforgettable.

Now Malone returns "Hollywood's Bleeding" and experiments with his established sound to produce both great and horrible tracks.

instantly as one not bound by the standards of modern rap.

Malone's relaxed and melancholy vocals over grungy guitars go into overdrive after a tempo change and beat switch. This gives the song a burst of adrenaline with his addictive melodies and signature vibrato.

Although the title track delivers a satisfying expansion of Malone's sound, some of his experiments, like the tone-deaf and annoying "Internet," result in some of his worst songs yet.

Over an ugly mix of distorted synths and orchestral strings, Malone delivers preachy lyrics about the shallowness of Instagram and declares that he is leaving the entire internet behind.

This thoughtless moody trap bangers and criticism of the internet comes off as especially stupid considering how, just like any modern pop star, Malone relies on the internet to promote and distribute his music.

> Malone's cheap and hypocritical criticism serves only to stroke his ego and makes for a cringeinducing listen.

On the flip side, "Goodbyes" somehow balances its duel identity as Malone's most accessible pop hit yet and a perfect foundation for the eccentric and cartoonish rapper Young Thug.

Malone's gruff vocals Opener "Hollywood's fit shockingly well over the beat's icy synths, warm bass and clean percussion, while Thug attacks the instrumental with his aggressively chirpy performance.

collaborative tracks on "Hollywood's Bleeding" go over as well as "Goodbyes," however, leading to a few distractingly bad first half, only for Malone



PHOTO COURTESY OF WIKIMEDIA COMMONS

Hip-hop and rap artist Post Malone released his newest album "Hollywood's Bleeding" which dropped on Friday.

Malone himself or his featured guests.

On "Enemies," rapper DaBaby completely outshines Malone's fairly standard performance with his off-kilter flows and effortless charisma. speedy and clever verse at the core is easily the track's highlight, and makes every familiar flow and melody from Malone disappointing by comparison.

Swae Lee's baby-voiced the melodies on "Sunflower," the hit track from the "Spiderman: Into The Spiderverse" soundtrack, completely take over the performances, either from to come in on the second

album review

"Hollywood's Bleeding" Rating:

Artist: Post Malone Release Date: Sept. 6, 2019 Genre: Hip-hop/Rap

half, singing another verse tracklist initially make and a hook.

Swae Lee's performance is so overly sweet and forgettable. the track is evenly performers, no chemistry best individual

The varying quality and style across the album's

"Hollywood's Bleeding" an interesting listen but disappointing in the

long run. split between the two delivers some of Malone's the album's weak points keep it from anything

average overall.

At this point, whether you enjoy his music or not, you have to admit that Post Malone is a versatile surprisingly pop star.

Released on Friday, "Hollywood's Bleeding" leans into Malone's rock pop influences more heavily than ever, resulting in a mix of genres and, ultimately, disappointment.

Although Malone's Although the album sound is as engaging as ever, his songs are not.

> Follow John on Twitter @JohnMichaelBr15

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READ UP, EAT UP

Food series that will spice up your meals



In the time I worked as a waitress, we had two T.V. screens above the bar that played food shows. I never understood it; the irony of eating sushi and Sapporo while watching Guy Fieri go around eating massive burgers on Diners, Drive-ins and Dives.

Nevertheless, shows were a gateway to my obsession with finding new food documentaries and competitions. Through these shows I found a greater appreciation for food and tips that I could take on myself.

Here are three shows that

I'm watching. **Final Table**

If you're into cooking comfort food. competitions and different culture's cuisines, this is the show for you.

Final Table is a show that features professional chefs from all around the world who pair up and compete against others to create the best fusion dishes.

Each episode spotlights a new country and a specific ingredient from that country that the chefs have to incorporate in their meal.

Not only does this series show the unconventional ways that these Michelin star chefs cook, but it also profiles

a couple chefs each episode. The judges of each episode

are from the country that they spotlight. Usually it's a chef, a TV personality and a host of

I enjoy watching this because I always wonder how these expensive restaurants create such a reputation in the high class food industry.

This show is found on Netflix and is on its second season now.

Ugly Delicious

This other show is perfect if you like comfort food.

David Chang, the founder of the Momofuku restaurant group, travels around the world to show how chefs put their own spin on

The Momofuku restaurant group includes a multitude of restaurants that serve Japanese fusion food with Hulu, Amazon Prime Video, tasting menus.

Momfuku Ko, one of the restaurants in this group, earned a Michelin star in 2009 and has maintained that

rating ever since. The show, Ugly Delicious,

focuses on a certain comfort food each episode and travels to different restaurants to see how it is prepared.

In one episode, Chang takes on fried chicken and brings comedian Aziz Ansari to 11 different restaurants to try the different methods chefs use to cook the chicken.

This show taught me that common comfort foods like pizza, fried chicken and tacos can be dressed up or down at hole-in-the-wall restaurants or exclusive 5-star restaurants.

Guy's Grocery Games

This one is definitely more casual than the last two series, but is the most fun to watch.

Guy Fieri invites four impressive home cooks to his 'grocery store' and puts them head-to-head to make delectable dishes with common grocery items.

There are four rounds and each round eliminates one cook. The last cook standing has the chance to win \$20,000 just by racing to find grocery Netflix items on a list.

> The show teaches the audience to use groceries to make something tasty.

> With every episode, Fieri ties in a challenge that usually involves restricting cooks to a certain ingredient incorporating unconventional ingredient in their dishes.

This show can be found on or the Food Network.

Whether you are an advanced cook or someone who can barely boil water, these shows are fit for you.

With different cuisines you can open up your taste buds to a colorful palette of flavors. So sit down, sign into Netflix and eat these series up!

Follow Alyson on Twitter @AlysonChuyang

Read Up, Eat Up appears every week on Tuesday.

If you're president, the details matter



presidential election creeps closer, liberals constantly make pleas every day begging for any democratic candidate to take President Donald Trump out of office.

He's been called many things throughout his time in the Oval Office, but perhaps the thing he has been called more than anything is a liar.

Republicans been given the title of "The Party of Liars", but everyone needs to wake up and see that lying is a bipartisan problem.

Welcome to America.

Presidential candidates such as Vermont Senator Bernie Sanders even went as far as to call Trump a debate in June.

Democratic candidates seem to all agree that lying is unpresidential, unless it fits in their own agenda.

Recently Joe Biden, former Vice President and current Presidential candidate, was caught in a lie by the Washington Post when he was giving speech in Cedar Rapids, Iowa, about a trip to Afghanistan.

According to the Washington Post, the speech stitched together different stories. When

asked by the media at the event about his speech, Biden said, "[Details] matter in terms of whether you're trying to mislead people. I wasn't trying to mislead anybody."

Therein lies problem, because a member of government should not be lying to their constituents, even if the lie is small.

Members of Congress need to understand that what they say, whether they want it to have a major influence or not, will have some sort of cognitive effect on lie because it is deemed their supporters.

is that most politicians lie than lying to further their goals.

In Biden's defense, "Pathological Liar" in a he does score very well when it comes to fact checking. His Politifact file shows only 39% of his statements are "Mostly False" or below.

> This is compared to President Trump who has an unreal 70% of his statements coming up as Cortez "Mostly False" or below out on Politifact.

The gap is large, no doubt, but the point is not who lies more than that the other, the point is that as a Democrat Biden should morally to Trump.



Former Vice President Joe Biden (left) recently stated that details don't matter, drawing comparisons to President Donald Trump (right). Biden is currently leading the polls in the current primary race for the Democratic party.

morally acceptable does The common thought not make it any better without backing up the claim.

Other Democratic representatives tossed the truth out of the window in favor of ideals such as New York's 14th district representative social media sensation, Alexandria Ocasio-Cortez.

Like Biden, Ocasiowas called on CNN Anderson Cooper for dropping details.

Cooper pointed out Ocasio-Cortez's math on a policy was "fuzzy", to which she replied, "If people want superior to really blow up one figure here or one word

Standing behind a there, I would argue they Democratic the trees."

are missing the forest for making him the front runner going into 2020.

It's never OK to misuse the wrong numbers for policy or lie to make something fit you or your ally's morals and narratives.

She went on and said that there are more might not be running people that are worried about being factually correct rather than being followers on Twitter. "morally right".

This is the problem.

According to the powerful Washington Post's ABC making polling at 29% as the Democratic party.

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Ocasio - Cortez for president, but she has over 5.3 million

This makes presence News Poll, Biden is major figures in the

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These two voices bring a large following of supporters that are quick to believe what they hear from their beloved politicians and that needs to stop.

It's never OK to misuse the wrong numbers for policy or lie to make something fit or your ally's morals and narratives.

The followers of these politicians need to hold representatives more accountable.

Biden might think that little details do not matter, but letting one little lie get away damage free opens up the gates for another pathological liar to take office again.

> Follow Chris on Twitter @ChrisCore24

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ACROSS

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- 15. Remain 16. Killer whale
- 17. The audience of a newspaper
- 19. Bearing 20. French for "Boat"
- 21. East southeast
- 22. A religious figure 23. Loudly laments
- 25. Windmill parts
- 39. Retaliate
- 40. Whitener
- 41. Busybody
- 43. Gist
- 46. Marsh plant
- 50. Holding devices 53. Makes a mistake
- 26. It forms on a wound
- 30. China clay
- 32. An addictive drug 35. Pastas

- 44. Present-day
- 47. Chocolate source
- 1. Stinging remark

54. Cool, once

ketchup

60. "Darn!"

61. Not ready

63. Overhang

65. Implore

67. Sow

DOWN

64. Stubborn beast

68. 10 in a decade

66. One who colors cloth

55. Chief ingredient in

25. Gambas

27. Sheltered nook

28. Breezed through 29. Music director

36. Alley 37. Behold, in old Rome

51. French for "Summer"

52. Overly sentimental

54. Monotonous sounds

26. Fraud

31. Tosses

34. Require

33. Snow house

38. Outbuilding

45. Wavelet 47. Handed over

49. Hunger for

43. Ensign (abbrev.)

042. Income

48. Adorn

56. Man

57. District

62. Crimson

58. Rip 59. Probabilities

- 2. Eye layer
- 3. Decree
- 4. Disappear gradually 5. Move stealthily
- 7. Goddess of wisdom
- 8. Coffer
- 9. Hoopla 10. Hijack
- 11. Heavenly hunter
- 12. Display 13. Americans
- 18. Regret 24. Barely manage

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SOLUTIONS 09/05/2019

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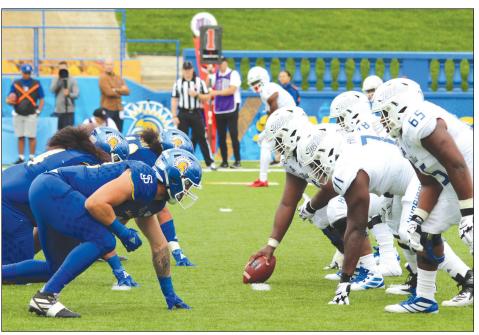
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TULSA 34, SJSU 16

Spartans blown away by Hurricane



Head coach Brent Brennan links arms with his players before running onto the field.



ERNIE GONZALEZ | THE SPEAR

University of Tulsa ended its 13-game losing streak with a 34-16 win over SJSU.

By Melissa Maria Martinez STAFF WRITER

After their victory last week against Northern Colorado, the Spartans lost on Saturday in a home game against the University of Tulsa.

The Golden Hurricane's 34-16 victory ended its 13-game losing streak.

256 rushing yards.

"We knew that Tulsa was going 27-10 lead. to be a big physical talented team and that's exactly what we saw," head

coach Brent Brennan said. Tulsa junior running back Shamari touchdown. Brooks set the tone in the first quarter as he received the ball on 9 out of 14 for the Golden Hurricanes.

Freshman kicker Matt Mercurio scored first for the Spartans, making for the Spartans on a 20-yard run. a field goal from 22 yards.

Tulsa was unable to score again until the second quarter, when quarterback Zach Smith passed the ball to junior tight end Denzel Carter for another touchdown, widening its lead

Halfway through the second quarter, Spartan senior quarterback Josh receiver Jermaine Braddock for a touchdown, closing the gap to 14-10.

Before the end of the second quarter, however, Tulsa kicker Jacob Rainey converted on his first field goal of the game.

The 27-yard kick gave the Golden Love said. Hurricane a 17-10 lead before heading into the locker room at halftime.

During the third quarter, Rainey scored another field goal for Tulsa while Spartans struggled to keep have to win the one-on-ones," Hall up morale.

seemed like we were really in it, late in the first half," Brennan said. "[We] got a couple stops, got a nice touchdown, I thought we were in a really

good spot to get back into this game."

Despite Brennan's optimism, the Spartans fell victim to missed opportunities, which included missed tackles, dropped passes and missed blocks.

In the fourth quarter, Golden Hurricane freshman running back T.K. Wilkerson blew past the Spartans Tulsa pummeled the Spartans with for a touchdown. Wilkerson's first career touchdown gave Tulsa a

> After SJSU graduate student Alex Galland punted the ball 49 yards, Tulsa's Wilkerson scored another

With the damage done and just two minutes on the clock, back up quarplays and scored the first touchdown terback Nick Nash, who entered the game for an injured Love, scored the only touchdown in the second half

> Unable to make up any more ground, SJSU suffered their first loss of the regular season and 23rd under Brennan.

"It's just frustrating, I think we are going to look back and realize that it had a lot more to do with us not executing the details of our assignments than it had to do with [Tulsa]," Love connected with freshman wide Brennan said. "Tough loss but we got ten games left."

Senior quarterback Josh Love said throughout the game the team kept shooting themselves in the foot.

"The cost of errors and penalties and stuff like that, we need to fix up,"

Sophomore defensive line Cade Hall said he realized his team gave up a lot of big plays.

"When it comes down to it, you said. "When you get the chance to "There was some moments when it make the play you got to make it."

> Follow Melissa on Twitter @xicanapower

WOMEN'S SOCCER

Overtime goal seals second win for SJSU

Spartans prevail in 96th minute over Wolverines with golden-goal header made by Becerra off of a corner kick

By Brendan Cross

San Jose State senior forward Jamilecxth Becerra's game-winning goal off a corner kick gave the Spartans their second win of the season.

Her overtime goal in the 1-0 tilt against Utah Valley University was the team's first in over 200 combined minutes stretching back to the 68th minute against Loyola Marymount University.

Becerra

within

five min-

SPARTANS

said that after regulation the team the had mindset of coming **WOLVERINES** out and finishing the game

"That's what I had in my head and I just went out there and did it," she said.

The corner kick that led to the goal came from junior defender Karlee Pottorff, who angled it just right for Becerra to make a play.

"I was in the back far post, just making myself not important and as the ball was played in," Becerra said. "I got in front of the goalkeeper before she could get her hands on it and it went in."

Pottorff had a career-

high five shots to go along with the assist on the corner kick.

Her five shots are the most for a Spartans player in any game this season.

Freshman midfielders Alexus Jackson and Alison Gallant, along with Becerra, each tallied multiple shots.

Head coach Lauren Hanson said it was nice son, the Spartans have to finally win one in over-

We have to have this sense of grit, it's heart, we know it comes down to that. We have to be in tune and intact and that's what we do every time.

> **Carlie James** senior defender

time as the Spartans have already ended two in ties.

"We have been working on attacking so it was nice to see our rhythm come together in the second half," Hanson said. "[Becerra] foundher stride intact and that's what we again today."

Toward the end of the second half, the Spartans' offense began to put pressure on the Wolverines' defense before they finally broke through in overtime.

The Spartans took cry from the 14 shots on

UPCOMING

SJSU @ Sac. State Sept. 12 @ 4 p.m.

12 shots in the game, a season high, while the Wolverines managed just one against a stout SJSU defense.

In five games this seaheld the opposing team scoreless four times, well on pace to eclipse the 11 shutouts they had

last season. Heading into the extra half, Hanson said that she felt as though her team was fed up with being in overtime matches and actually coached themselves after regulation.

"I walked up, they were talking, and I did not interrupt them," she said. "That's what happens when you have good leaders out there."

Senior defender Carlie James said that the team puts its practice and conditioning to good use, particularly when having to play extra minutes.

"We have to have this sense of grit, it's heart," James said. "We know it comes down to that. We have to be in tune and do every time."

Sophomore goalkeeper Ariana Romero was a vocal leader on defense but had a quiet night protecting the net as the Wolverines failed to get a single shot on goal - a far



Freshman midfielder Alexis Brewah handles the ball helping the Spartans achieve a victory over the Utah Valley University Wolverines on Friday.

goal she had to face against No. 3 Stanford in the game prior.

With its second win, and first at home, the Spartans have already surpassed their non-conference win total from last season.

James said it was important to win in front of the home crowd.

"We have something to protect on this field and we came to do that," James said.

SJSU has three games remaining in their non-conference schedbefore kicking their Mountain West Conference slate off against Colorado College Sept. 27.

Follow Brendan on Twitter @BrendanCross93



ERNIE GONZALEZ | THE SPEAR

Sophomore midfielder Natalia Nava dribbles down the field Friday night at Spartan Soccer Complex.