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Suicide story opens dialogue

By Christian Trujano
STAFF WRITER

San Jose State alumnus and former Spartan Daily editor Reggie Burton's entire life changed when his 22-year-old son Avery Burton took his own life on July 24, 2017.

"My processing of what happened to my son is still ongoing, it's going to be a daily thing that I have to deal with for the rest of my life," Burton said.

After graduating with honors at the University of Nevada two months before his death, Avery was preparing to apply for his graduate program in physical therapy but it was the pressure that Burton said made his son show signs of a "freakout."

Burton said it's the transitional periods in a student's career that typically lead to manic depressive episodes just like the one his son experienced.

"Those are transitions that can be difficult and they can bring about a [manic depressive episode]," he said.

But Burton didn't want his son's death to be in vain. He wanted to share his story in order to help other parents and students open



Sean Mulcaster (left) and Reggie Burton (right) reconnect and reminisce on the old days as Spartan Daily reporters, Saturday during the book signing for Burton's book, "This is Depression," at Barnes and Nobles.

CHRISTIAN TRUJANO | SPARTAN DAILY

discussions on mental health. He set out on a mission to spread awareness to other parents by writing a book,

"This is Depression," which was published in May. Selling out within the first 30 minutes, the book

drew dozens of people to a San Jose Barnes and Noble on Saturday. Parents and readers who

had heard about the book from a Mercury News article, as well as friends of Burton, flooded the bookstore.

Many of them saw similarities with their own children and wanted to buy the book to learn how to better communicate with their kids so they don't feel the same pressure Avery did.

"I have a niece and some other family members that have been struggling with depression and anxiety, so it has been a very close to home subject for our family," Kimiyo Cordero, an art teacher at the Campbell School of Innovation said. "I think it's important to keep checking in with your kids everyday."

Burton said coming back to San Jose brought him joy in seeing his old SJSU friends.

But he said seeing parents at the book signing going through similar issues with their own kids reminded him of why he wrote the book: to inspire change.

Zac Shess, a fellow 1990 SJSU journalism alumnus, went to the book signing to show his support for Burton.

Shess, who has a son in college, said he recognizes how as a parent he needs to take that step back and really check in with his kid, just as other parents should.

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BRENDAN CROSS | SPARTAN DAILY

Mechanical engineering senior Redza Dzafrri picks up his Boost order.

Spartans report messy rollout of new food app

By Brendan Cross
STAFF WRITER

Boost, the new mobile food ordering app for San Jose State's food provider Spartan Eats, has garnered mixed reviews from hungry students.

Much like Tapingo, which Boost replaced at the beginning of this semester, the app provides students with the option to order food on their phone for pickup.

Students can order from each of the eateries in the Student Union, Ginger Market, Village Market and Fresh on Fourth coffee shop in the Dr. Martin Luther King Jr. Library.

Graphic design freshman Daniel Madero said he wishes the app had different payment options.

"The only thing I would prefer is that you pay at the restaurant instead of paying on the app," Madero said.

He said that information privacy was his main concern as he did not want to enter his payment

information on the app.

"Sometimes it can be risky using a credit or debit card when paying online since it is private information," Madero said.

Students can also use campus cards such as Dining Dollars and Gold Points and link them to their Boost account to make purchases.

History graduate student Michael Smith also said the app was missing a key feature that Tapingo had.

"It needs customization options on menu items," Smith said.

While new features could always be added in future updates to the app, the main concern right now for some students is the app giving an incorrect estimated time when a food order is supposed to be ready for pickup.

Mechanical engineering senior Redza Dzafrri said he waited upwards of an additional 10 minutes

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Speaker: black athletes need support

First in 2019 lecture series hosted by Department of African-American Studies

By Melissa Maria Martinez
STAFF WRITER

The Department of African-American Studies kicked off its Fall 2019 Lecture Series Thursday with a discussion titled Black Women in Sports Scholar led by Akilah Carter-Francique, Executive Director of the new Institute for the Study of Sport, Society and Social Change at San Jose State University.

This was her first time giving a lecture in the public sphere at SJSU and the room was packed.

"It was very exciting and good to see not only students but people come out from the community," Carter-Francique said in a phone interview after the event.

Carter-Francique's life's work focuses on barriers to women's advancement in education and athletics, including what barriers deter them.

"When black sports women matriculate as athletes and or as professionals through college sports they endure a range of treatments that were shaped by societal perceptions and institutional culture," Carter-Francique said. "Black women in college sports are required to have the ability to move through a space of race, sex and class oppression with inadequate or biased counseling, and a lack of minority women as role models and mentors."

In her lecture, Carter-Francique used historic and current images of black woman so the audience could identify which corresponding images the media uses to help portray a particular characterization and stereotype today.

"It helps us recognize present day versions of those images and see the connection between what is presented on television, through video media marketing strategies, and how they connect to those historic, often negative stereotypes."

While coping with oppression, disenfranchisement and no identifiable safe spaces, Carter-Francique said black female athletes have had to cultivate their own identities with limited role models.

"We learn on our own and we learn from our peers, we try



Don't apologize for being you, be bold, be authentic and work together to cultivate a network.

Akilah Carter-Francique
Executive Director of the
Institute for the Study of Sport,
Society and Social Change

to make a way out of no way," Carter-Francique said.

When she was in college, she had no role model that looked like her. Carter-Francique said she believes black women in sports need programs and services that nurture them in their development.

Sports is something that builds strength, it builds development," Carter-Francique said.

"Being able to support one another plays a role in shaping

who these young women become beyond the court and field,"

Sociology sophomore Paola Velasco-Wade said she appreciated the lecturer's message and how Carter-Francique delivered it.

"I appreciated her way of thinking, how she carried herself and how she answered questions effectively," Velasco-Wade said.

Psychology junior Mark Allen said he realized that as long as there aren't people of color in decision making rooms, society will never win.

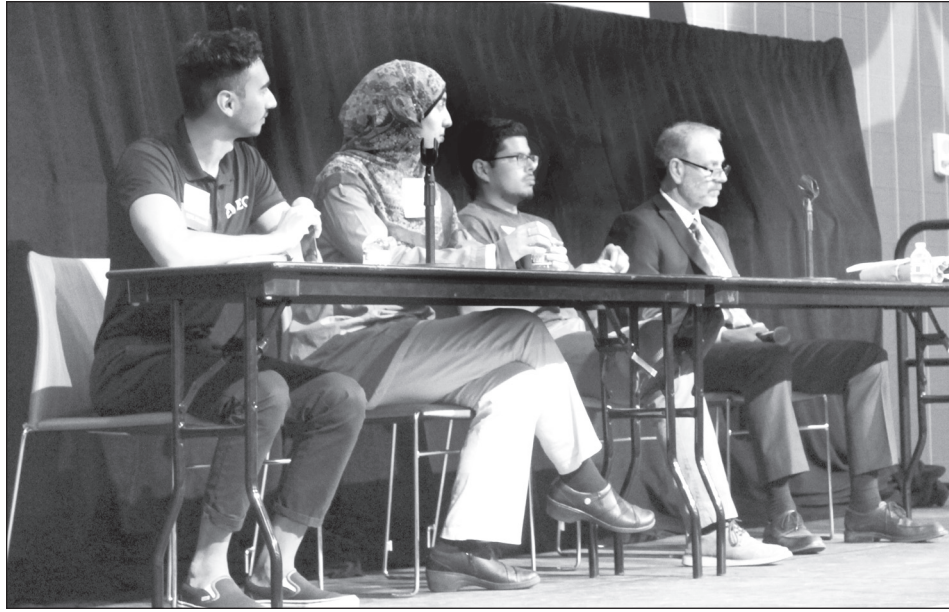
"Our rights are being decided by this huge majority in power, we have to team together as minorities," Allen said. "Gay men, black women, Hispanics, have to team together."

As important as it is to work toward mitigating the damage caused by negative perceptions and stereotypes on women of color, Carter-Francique said the next step is to support black women who are working to achieve success by creating opportunities for access and promoting positive images of young women.

"Having positive images makes a difference on a young black female athlete's ability to embark into these journeys of sport participation and rise to the accolades of being an administrator ... to take a stand," she said. "Don't apologize for being you, be bold, be authentic and work together to cultivate a network."

Follow Melissa on Twitter
@xicanapower

Professionals give career advice to Spartans



JOHN BRICKER | SPARTAN DAILY

(Left to right) SJSU marketing design specialist Rubén Bravo, Work2Future special projects coordinator Rahimeh Ramezany, Google software engineer Enrique Padilla and San Jose city manager Dave Sykes, and share their career experience on a panel.

By John Bricker
STAFF WRITER

At the Spartan Leadership and Career Conference on Friday, Bay Area employers and San Jose State alumni told students to use their resources and connections as a student to prepare for their career after graduation.

The conference combined two previously held events on campus, one focused on internships hosted by the Career Center and another hosted by Student Involvement focused on leadership.

“We realized that there

was a lot of potential crossover, that the students from both conferences could actually benefit from combining those conferences into a leadership and career conference,” Anita Manuel, associate director of career education, said.

Manuel said that SJSU students’ greatest resource is the fact that they study at SJSU, because so many alumni work in companies around the Bay Area and know what skills they have.

During an alumni panel, Rahimeh Ramezany, special projects coordinator at Work2Future, said

students should reach out to professionals about job opportunities before they graduate and finding work becomes more difficult.

“Professionals love helping students because they were a student and they remember how hard it was,” she said. “We want you to succeed.”

Almost 100 students attended the conference, a number Manuel said she would like to increase in future events.

The free event began at 8:30 a.m. and ended at 9 p.m., providing granola bars, juice and tea for a light breakfast and sandwiches for lunch.

After introductions, the alumni panel began. Guest speakers included Enrique Padilla, software engineer at Google, Dave Sykes, city manager of San Jose, Rubén Bravo, marketing design specialist at San Jose State, and Ramezany.

The alumni shared anecdotes and lessons from their careers and the panel allowed enough time for two audience questions, one about internship opportunities and the other about the difference between managing and micromanaging.

Sykes said he saw a few raised hands from the audience that were not addressed and that more time for questions would have been good, but that he enjoyed the panel overall.

“It was good to hear the perspective of more recent graduates that are now in the workforce,” Sykes said.

Psychology senior Emily Burger said she did not get to talk to a few of the panelists she wanted to connect to in person because they left early, although she said she can reach out to them online with questions.

“They seemed really open and available to reaching out so if I ever wanted to go on LinkedIn and connect with them, I think they would be open,” she said.

Not every student found

the event worthwhile though.

Mechanical engineering junior Dani Habtom said he expected more from the conference and that he might not apply information from the event in the future.

“Honestly, this thing was more supplementing previously held knowledge than anything else,” he said.

After the alumni panel, four breakout sessions began: “Living Your Best Life: Leadership Techniques for Daily Success,” “Cultural Identities and Leadership,” “San Jose 2050: Solving the Problems of Tomorrow, Today” and “Networking: The Power of Relationships.”

Manuel said she was happy that students had a choice between workshops focused on leadership and others more focused on career skills, calling the breakout sessions a “choose-your-own-adventure kind of experience.”

Casey Porter, talent acquisition manager at Enterprise Holdings, spoke in the networking session, where students practiced and refined their professional elevator pitches.

Porter said he wanted students to walk away from the session “being able to articulate where you have been, where you want to go and who you are, and being able to talk about yourself.”

After lunch, the employer panel began with guest speakers Judy Ross, assistant director of aviation at Mineta San Jose International Airport, Julio Flores, vice president of Synopsys, Katia Juarez, branch manager at JP Morgan Chase in downtown San Jose and Porter.

Several employers and alumni said they understand how hard it is to start a career in the Bay Area because of expensive housing but that opportunities in San Jose are worth the struggle.

Kim Hawk, deputy finance director at Mineta San Jose International Airport, said she struggled to start a career because of her commute from Santa Clara to work in downtown San Jose after moving to the Bay Area in 1989.

“I ate Top Ramen and skimped and saved and I think those years of sacrificing more were well worth it,” she said.

Porter said students should remember that their first job does not have to last forever and that they could learn to love their job.

“I took a job for three months and now it has been 19 years, so you never know what will happen,” said Porter.

Follow John on Twitter
@JohnMichaelBr15

APP

Continued from page 1

from the estimated pickup time at the Steak ‘n Shake in the Student Union last week.

Dzafri said that he has attempted to order food using Boost multiple times this semester, and they failed to go through.

Dzafri said a late Steak ‘n Shake order was the first one to work.

Not all SJSU students have had negative experience with the app, however.

Special education graduate student Chloe Cartnal said that she has only used the app once but found it to be quick and effective.

“During lunch rush, I used the app to get myself some Panda Express and it was ready in under 10 minutes which was awesome given I probably would have waited 30 minutes or more in line,” Cartnal said.

Cartnal also said that she liked the usability of the app.

“It was very easy to navigate and I like that it

shows you a timeline of when you order, when your food is being made and when it is ready,” she said.

Spartan Eats issued a press release Monday about Boost.

“Customization is important to this campus, and working with a team that is purely focused on our customers is key to creating that unique Spartan dining experience,” Spartan Eats marketing director Stephanie Fabian said in the statement.

Fabian also said that they welcome student feedback on the app.

“If we hear feedback from customers that they would like to see a unique functionality on the application, this is something we can work with the Boost team on,” she said.

In the account tab of the app, Boost lets students leave them feedback by way of a survey as well as contacting support with additional questions.

Follow Brendan on Twitter
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Correction

On Thursday, Sept. 12, the Spartan Daily published a photo titled, “Students snake around event center for free tickets,” in which Waka Flocka Flame was misidentified in the caption. The Spartan Daily regrets this error.

BOOK

Continued from page 1

“It’s sad that obviously we’re here under these circumstances,” Shess said. “But I think it’s a testament to [Burton] that he’s taking this horrible tragedy and making it a positive for people who are dealing with this.”

One of the issues Burton wanted to highlight with his book is breaking the stigma against having conversations about depression and suicide in schools and at home.

One in four students have a diagnosable illness, 40% do not seek help, 80% feel overwhelmed by their responsibilities and 50% have become so anxious that they struggled in school, according to mental health research conducted by the National Alliance on Mental Illness.

Burton, having gone to both of his son’s freshmen orientations, said mental health awareness in schools is almost non-existent after noticing discussions on drugs and alcohol, but none on mental health.

“I don’t remember hardly any conversation about mental health like what happens if your kid gets homesick,” Burton said.

He said in the future he’d like to speak at SJSU about his book and open discussions with students because of the necessity when students transition to college or graduate programs.

Burton wanted to convey

the message that mental health issues are more than people think. He touched on how school and career plans falling through doesn’t mean it’s the end of the world.

“It’s important to have a plan B, life doesn’t always go as you planned,” he said.

Burton said by doing book signings and other events, he hopes to reach as many parents who have children possibly going through similar issues before they take drastic measures.

“These conversations can be difficult and tough but find a way to make them less awkward,” Burton said. “That was the challenge with my son, he found these conversations awkward to have with his parents.”

At the same time, he hopes to continue in this kind of work as a form of therapy.

“I’m able to help others and for me the satisfaction comes from understanding that my son’s passing was not in vain,” Burton said.

Even though Burton still battles with coming to terms with what happened with his son. His newfound advocacy work is what keeps him going.

“The way I cope with it is doing stuff like this,” Burton said. “So when I do go home, it will be with the memories of talking to these individuals, sharing this story and the positive impact I was able to make.”

Follow Christian on Twitter
@ChristianTruja2

Crime Blotter

Possession of unlawful paraphernalia

Sept. 11, 8:15 p.m. at Martin Luther King Library
Adult cited

Recovered outside stolen

Sept. 12, 3:25 a.m. at Child Development Center
No disposition

Possession of unlawful paraphernalia

Sept. 12, 11:54 a.m. at Engineering Building
Adult cited

Violation of Presidential Directives

Sept. 12, 9:53 p.m. at Art Building
Adult cited

Suspended license while impaired

Sept. 13, 1:04 a.m. at East San Salvador St./South 11th St.
Adult cited

Disorderly conduct: alcohol

Sept. 13, 1:29 a.m. at West Garage
Adult student conduct

Disorderly conduct: alcohol

Sept. 13, 3:46 a.m. at South 10th St./East San Salvador St.
Adult arrest

Grand theft: property over \$950

Sept. 13, occurred on Sept. 3, 12:40 p.m. at Martin Luther King Library
No disposition

Petty theft less than \$950

Sept. 13, occurred on Sept. 12 11:59 p.m. - 10:30 a.m. at Joe West Hall
Information only

Possession of controlled substance

Sept. 14, 2:36 a.m. at Keyes Street/South 7th St.
Adult arrested

Disorderly conduct: alcohol

Sept. 14, 4:36 a.m. at South Garage
Adult student conduct

Battery on a person

Sept. 14, occurred between Sept. 12 11 p.m. and Sept. 13 midnight at Delta Sigma Phi
No disposition

Selling liquor to a minor

Sept. 14, 8:35 p.m. at Campus Village C
Adult student conduct

Obstruction/resisting executive officer

Sept. 14, 9:54 p.m. at North Garage
Adult arrested

ABOUT

The Spartan Daily prides itself on being the San Jose State community’s top news source. New issues are published every Tuesday, Wednesday and Thursday throughout the academic year and online content updated daily.

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Reader feedback may be submitted as letters to the editor or online comments.

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The Spartan Daily corrects all significant errors that are brought to our attention. If you suspect we have made such an error, please send an email to spartandaily@gmail.com.

EDITORIAL POLICY

Columns are the opinion of individual writers and not that of the Spartan Daily. Editorials reflect the majority opinion of the Editorial Board, which is made up of student editors.

Spartans fall short in South Bay Battle

By Chris Core
STAFF WRITER

The San Jose State Women's volleyball team walked out 1-2 in the South Bay Battle tournament this weekend. The Spartans dropped two games, one to Santa Clara University 3-1 and another to the University of Northern Colorado 3-0, but finished with a win against Marist College 3-0.

The Spartans started off the weekend Thursday night at Santa Clara where they lost 3 sets to 1 against the Broncos.

The team found a burst of energy in the third set, winning 25-20, but could not keep things rolling throughout the entirety of the game.

Head coach Jolene Shepardson said that the team needed to work on consistency throughout their play if they were going to have success in their other two games of the weekend.

"We played a little bit inexperienced," Shepardson said.

Pulling out a single set in the matchup brought a glimpse of hope for the team.

"The [sets] that we lost are very frustrating," senior mid-blocker Thaliana Grajeda said. "But I felt like us as a unit, we can come together and fight



Sophomore middle blocker Haylee Nelson (left) and sophomore setter Mamie Garard (right) celebrate the match point in Saturday's victory over Marist College. The Spartans won 1 of the 3 matches in the South Bay Battle.

CHRIS CORE | SPARTAN DAILY

through that."

The team did not have to wait long for another shot at a win with their home opener the following night against Northern Colorado.

The Spartans battled in their loss to the Bears, narrowly losing two of the three sets played 25-23 in a total 3-0 sweep by UNC.

Shepardson said that the team played better from the night before, but did not think that the team totally cleaned up their inconsistent play.

"It's way inconsistent and almost like

“

"All of us were really determined to bounce back. We weren't happy with our loss last night so we all came in headstrong."

Mamie Garard
sophomore setter

we are on a roller-coaster," Shepardson said. "It's not good volleyball every time."

Suffering back-to-back nights of losses, the players were hungry to get back out a third night and prove that

they could contend.

"Tonight's game doesn't even begin to scratch the surface of who we are," redshirt junior outside hitter Latahevai Lousi said.

Marist College was the final team on tap

for the Spartans' weekend and they finished strong with a dominant 3-0 win.

The team came out firing from the very first serve of the game racking up huge set victories with 25-17, 25-14 and 25-11 wins in a commanding fashion.

"All of us were really determined to bounce back," sophomore setter Mamie Garard said. "We weren't happy with our loss last night so we all came in headstrong."

Shepardson said she was happy postgame to see the team play more cohesively compared to

the nights before and put together a big win at home.

"It was just good consistent play," Shepardson said about the team's performance. "Having a clear mind of the gameplay to execute their high level of volleyball."

The Spartans will head to New York City this week for the Big Apple Tournament against Long Island University, Brooklyn Thursday and Columbia University Friday.

"I'm really looking forward to going to New York," middle blocker sophomore Haylee Nelson said. "Most of our team hasn't been there yet so we are excited to go somewhere new and face some good teams over there."

Following its trip to New York, the team will head to San Diego State Sept. 26 before making its way back to SJSU Sept. 28 against rival Fresno State.

UPCOMING GAME

SJSU @ LIU
SEPT. 19 @ 6 p.m.

Follow Chris on Twitter
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Brendan Cross
contributed reporting to this article.

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Women's soccer team loses to Arizona 1-0

By Christian Trujano
STAFF WRITER

The San Jose State women's soccer team fought aggressively against the University of Arizona, a competitive Pac-12 team, but were unable to come back after a textbook finesse goal by Arizona, losing 1-0, Sunday.

Wildcats junior forward Jill Aguilera curved the ball into the top left corner for the only goal of the game early in the first half, which set SJSU to focus on playing defense.

Despite locking down their defense, the Spartans still managed to put up 7 shots thanks to their counter-attack plays.

SJSU senior forward Jamilexth Becerra and freshman forward Isabella Shallou-Enes were the only two players to shoot on goal as they tried to capitalize on teammates stealing the ball from Arizona.

Becerra had SJSU's best chance of tying the game late in the second half with only 5 minutes to go as she headed the ball straight into the hands of Wildcats freshman goalie Kendyll Humphreys after a corner kick.

Becerra's one-on-one with Humphreys at the 60th minute went just wide of the goal. The missed shots from SJSU were a common issue the Spartans offense encountered throughout the game.

"As a team I believe that we can learn from this," Becerra said. "Just to keep going and always play the full 90 minutes, even if you're tired."

Becerra said overall the

Spartans pressed really well but as a forward, she thought she could have done more to capitalize on stray passes from counter attacks.

Apart from those two shots on goal, SJSU relied heavily on its defensive game, taking every chance to steal the ball from Arizona during crucial plays that almost led to big plays.

Head coach Lauren Hanson said her team played great with an organized defense as well as putting team pressure on Arizona, but said SJSU now needs to work on finishing opportunities.

"We just got to capitalize on those opportunities," Hanson said.

She said there really wasn't much her team could do against the "hell of a shot" by Arizona other than trying to block shots like that, but she was proud of her team keeping up with a Pac-12 team.

After the half, the Wildcats dominated the ball, keeping most of the battle on the Spartans' side of the field or in midfield where both teams fought to maintain position.

One of the biggest challenges Hanson saw in playing against Arizona was how athletic and fast they were as well as how the team kept putting pressure on the Spartans.

"The fact that we were able to hold them was a good component on confidence," Shallou-Enes said.

Two key players in battling it out to break up Arizona pushing through SJSU's defensive lines were junior defender and captain Karlee Pottorff and junior

midfielder Gabriella Hurtado.

Pottorff maintained her composure throughout the entire 90 minutes, constantly shouting "regroup" to keep the team's formation in check.

Aside from team management, Pottorff played an extremely aggressive game with constant body checking and using her strength to get to the ball before the Wildcats offense could attempt any cross passes or shots.

Hurtado did the same in the midfield by using her strong tackling to control the center. With every possible through-pass attempt by Arizona, Hurtado was right there to launch the ball out of harm's way.

The team pressure on the Arizona's midfielders showed top-notch organized defense by the Spartans as they stole many opportunities away from the Wildcats.

For Hurtado, communication and starting off strong helped her and her team keep up with a high profile team such as Arizona.

"If we can play like this against a Pac-12 team and only lose 1-0, we can do so much better when it comes to conference," Hurtado said. "We just need to learn to take our chances and finish on our opportunities that we have on the attack."

SJSU has one game left in its non-conference schedule before things kick off in the Mountain West Conference when the Spartans face Colorado College on Sept. 27.

Follow Christian on Twitter
@ChristianTruja2

Today goes against my constitutional rights



Brendan Cross
STAFF WRITER

Hopefully most of you have spent the past weekend eagerly awaiting the arrival of a day you've never heard of: Constitution Day.

The federal observance, called Constitution Day and Citizenship Day, falls on Sept. 17 every year.

Constitution Day celebrates the signing of the U.S. Constitution in 1787.

Citizenship Day celebrates anyone who is a U.S. citizen.

The one thing that makes Constitution Day so special is how unconstitutional it happens to be.

One of two instructions for the day is that, "Each educational institution which receives Federal funds should hold a program for students every September 17," according to the Library of Congress website.

The language is not terribly specific, and the use of the word "should" implies that schools may not have to actually do anything to celebrate the day.

It also happens to be technically unconstitutional for the federal government to tell a state what it may instruct in its schools.

The 10th Amendment reads, "The powers not delegated to the United States by the Constitution, nor prohibited by it to the States, are reserved to the States respectively, or to the people."

What on earth does this actually mean, you may ask?

It means that education is a function of the state, and not the federal government.

The federal government can't forcibly tell a school to stop its normal proceedings and teach the constitution on this day.

They just use their long arm of the law to strongly suggest it.

The second mandate of the day is that, "The head of every federal agency provide each employee with educational and training materials



PHOTO COURTESY OF WIKIMEDIA COMMONS

concerning the Constitution," according to the Library of Congress website.

To me, it means that CIA director Gina Haspel is supposed to hand out those little pocket constitutions to her fellow agents and explain to them what the Constitution is and how it applies to everyday life.

That would be a sight to behold.

The background of how the day came to be is what makes it uniquely American.

A song by Gray Gordon called "I Am An American" was heavily promoted by a public relations firm in New York.

The promotion became so widespread that in 1939, noted news tycoon William Randolph Hearst urged through his many newspapers that a day be created to celebrate American citizenship.

The next year, Congress did just that and made the third Sunday in May, "I Am An American Day."

It was renamed and moved to its new September date in 1952, but it wasn't until 2004 that its current

iteration, mandates and all, took hold.

In 2004, Sen. Robert Byrd of West Virginia put the changes into a spending bill, and it has been the same ever since.

This begs the question, is there anyone out there actually enforcing that the day is celebrated in some fashion in schools or is it all just a big sham?

In a 2005 interview with NBC News, Byrd said that there was no specific curriculum for schools to teach on that day.

The article also states that the, "Education department seemed to favor an honor system of compliance" when it came to enforcement of the day.

What exactly is supposed to happen on Constitution Day is incredibly muddy and seems mostly up to the institution you attend.

From 9 a.m. to 3 p.m. today, San Jose State is holding a Constitution Day event on the Smith and Carlos Lawn that will help students exercise their First Amendment right to petition the government.

If you'd like to celebrate something a bit different, Sept. 17 is also National Apple Dumpling Day and National Monte Cristo Day, and there's nothing unconstitutional about those.


Follow Brendan on Twitter
@BrendanCross93

The federal government can't forcibly tell a school to stop its normal proceedings and teach the constitution on this day.

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Meet with employers to discuss job and internship opportunities.

Business casual or professional attire is strongly recommended. Bring targeted resumes for each employer of interest.

SJSU candidates who attended a Job Fair Success Workshop will obtain a Fast Pass to bypass line at check-in.

Bring your SJSU Tower Card or a photo ID.

Thursday, Sept. 26, 2019
12pm-4pm*
Student Union Ballroom

*Last admittance at 3:30 pm



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Rap and pop blend in heroic album

By John Bricker
STAFF WRITER

JPEGMAFIA's "All My Heroes Are Cornballs" is surprisingly focused, subtle and striking for an album that features everything from aggressive rap verses over industrial beats to an acoustic cover of TLC's '90s hit "No Scrubs."

Released on Friday, "All My Heroes Are Cornballs" is a refreshing blend of modern rap and pop. On the album, the two genres are fused together with dense production and unpredictable lyrics.

After a long underground career, Baltimore-based rapper, singer and producer JPEGMAFIA, also known by his fans as Peggy, broke out in 2018 with "Veteran," a disorienting collection of abrasive tracks condemning everyone from basement-dwelling bloggers to fascist thugs.

The strange promotional cycle for "All My Heroes Are Cornballs" promised an album even more wild than "Veteran," with Peggy calling it "the disappointment" on Twitter and releasing YouTube videos where musicians and celebrities react in shock to songs from the album.

Although the album delivers surprising moments of serenity, Peggy still raps some of his most aggressive verses over his strangest beats yet.

On "Post Verified Lifestyle," Peggy responds to his newfound popularity with confident verses



ILLUSTRATION BY JOHN BRICKER

Peggy still raps some of his most aggressive verses over his strangest beats yet.

soaring chorus. This track fuses all of Peggy's sound into one cohesive piece, and after all the passionate vocal runs and hard raps, it is easy to believe when he sings "I put my soul into every bar, into every verse, into every rhyme."

JPEGMAFIA is at his most vulnerable on "Free The Frail" where he faces depression and apathy with lines like, "I played with fire, I can't retire, I need the bread, stat."

After an unforgettable hook over extra layers of nostalgic percussion, featured vocalist Helena Deland closes the track with acapella harmonies reminiscent of the delicate vocals Billie Eilish incorporates into her best tracks.

If you are looking for music that can find beauty in the darkest and most chaotic parts of life, JPEGMAFIA might have just released your new favorite album.

Follow John on Twitter | @JohnMichaelBr15

over ghostly vocal samples and boom-bap drums.

Except for a formless midsection emphasizing alien samples, the beat remains jazzy and relaxed, giving Peggy space for fantastic lines like "I survived through the slums" and "Label say that I'm fatal to fund."

Peggy complements another off-kilter beat with aggressive flows on "Papi I Missed U," delivering tongue-in-cheek quotables calling rednecks' tears "What a beverage" and asking if it angers them "cause you see me up in your Whole Foods?"

Like most tracks on the album, "Papi I Missed U" features an ending beat

album review

"All My Heroes Are Cornballs"

Rating:

★★★★★

Artist:
JPEGMAFIA

Release Date:
Sept. 13, 2019

Genre:
Hip-Hop/Rap

switch, traveling through haunting chants before fading away with peaceful piano arpeggios.

Even the interlude tracks, often not much longer than a minute, feature surprising structures and beat switches.

"JPEGMAFIA TYPE BEAT" builds a heavy industrial beat around techno samples before transforming into a

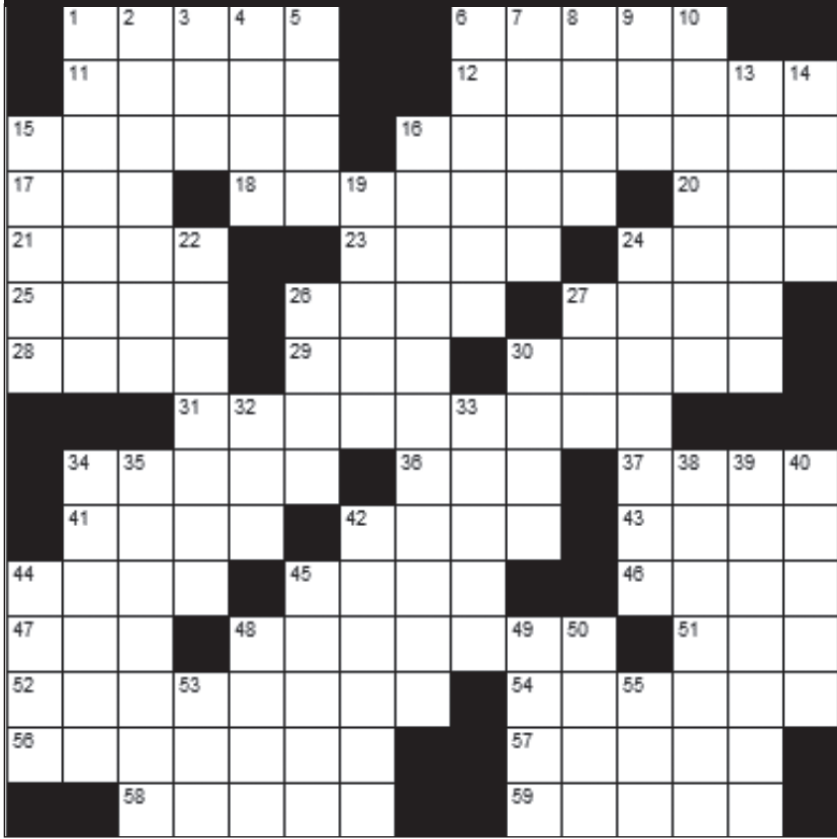
contemplative mix of soft synths and hand claps.

The dramatic transformation runs its course in less than a minute.

On "BBW," Peggy shows off his versatility as a producer, putting together a strikingly subtle boom-bap beat that channels the soulful samples and scratchy drums of producers like Madlib.

CLASSIFIEDS

CROSSWORD PUZZLE



ACROSS

1. Formerly known as the Gold Coast
6. Blooper
11. Artist's w
12. Opposed
15. Comfort
16. In an unfaithful manner (British)
17. Ironic
18. Sparrow hawk
20. Tear
21. Food thickener
23. "Whoopie!"
24. Wash
25. Bog
26. Desire
27. Half of ten
28. Cushions or mats
29. French for "Friend"
30. A heavy wooden pole
31. Act in an official capacity
34. A small island
36. Hotel
37. Guns an engine
41. Relocate
42. Immediately
43. Snare

DOWN

1. Black Sea republic
2. Flag rope
3. An Old Testament king
4. Between the head and shoulders
5. Away from the wind
6. Loft
7. Grant
8. Be unsuccessful
9. Flipper
10. Etch
13. Splinter
14. Sort

15. Marsh
16. Nationalities
19. Mystic
22. Clear up
24. Freedom
26. Drift
27. Not thin
30. Camber
32. Charge
33. Awkward
34. African antelope
35. Cassock
38. Causing erosion
39. Assortment
40. Go on a buying spree
42. Shakespearean verse
44. Appear
45. Gambas
48. Cut into cubes
49. French for "Head"
50. Test
53. Children's game
55. Mug

SUDOKU PUZZLE

Complete the grid so that every row, column and 3x3 box contains every digit from 1 to 9 inclusively.

6				5		9	1	
	9			1				
		5		8		7		
		4				1	8	
7								4
2	3				5			
	5		8		9			
			1			4		
8	2		4					3

JOKIN' AROUND

How do you make a tissue dance?

Put a little boogey in it!

SOLUTIONS 09/12/2019

C	A	P	E	B	L	U	B	T	O	R	E		
U	L	E	X	R	I	M	E	S	S	U	E	D	
T	A	R	P	A	M	B	L	E	U	S	E	D	
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H	O	R	S	E	S	H	O	E	N	O	S	E	D
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S	L	A	M	S	N	A	R	L	U	V	E	A	
T	Y	P	E	A	L	A	E	S	E	R			

4	7	3	8	9	1	5	2	6
1	2	5	3	6	4	9	7	8
8	9	6	7	2	5	4	1	3
6	8	7	1	5	9	2	3	4
2	3	1	4	8	7	6	9	5
5	4	9	6	3	2	1	8	7
7	5	4	2	1	8	3	6	9
9	6	2	5	7	3	8	4	1
3	1	8	9	4	6	7	5	2

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'The Goldfinch' takes flight, falls flat

By Chelsea Nguyen Fleige
NEWS EDITOR

Take a dive into the baroque world of Old Masters and international crime sprees in "The Goldfinch."

The film is based on the eponymous novel by Donna Tartt, a 2014 Pulitzer Prize winner for fiction.

The novel remained on The New York Times' Best Sellers list for 30 weeks and was heralded as the revitalization of the literary thriller.

What premiered in American movie theaters on Friday will make Tartt wish she never sold the rights to her novel.

It begins in an Amsterdam hotel room splattered in blood, with enough setup for the audience to understand that the protagonist Theo, portrayed by Ansel Elgort, is narrating his own suicide note.

As he drifts into oblivion, he reminisces about the trauma of his youth, prompting a cliché fade out.

The emotional groundwork of the novel is laid in the first few chapters of the book, where Theo, portrayed by Oakes Fegley, loses his mother in a tragic accident.

In the spotty aftermath, it is revealed he's in possession of a 17th century oil masterpiece.

The movie chooses to flash back to just after this event, thus losing the kinetic driving force of grief and shock.

The film then proceeds

to spend no less than 45 minutes on how Theo strives to achieve changeling status with an old money family, headed by a knockoff Jackie Kennedy-esque matriarch.

Theo is then reluctantly whisked to a barren desert wasteland by a cooker-cutter alcoholic father. There, he meets Boris, played by Finn Wolfhard.

Cue the entrance music with a hard electro '80s beat and for a moment, you believe everything lackluster leading up until this moment has been intentional.

But this, too, disappoints, except for a few moments that attempt to deliver a tenderness between the protagonist and his most important relationship.

The production carefully skirts around the homoerotic friendship of the two neglected boys who escape their fearful isolated lives through a myriad of drugs.

Their love is consummated in petty crimes, late-night opiate-fueled skinny dipping and hands reaching out in sleepy desperation to hold one another.

The remainder of the protagonist's prepubescent memories are told after a hasty catch-up with adult Theo's progress.

The timeline is exponentially sped up in the second act of the movie to account for the large expanse of pages without plot.

Then with little warning, the third act careens off course.

With choppy camera footage and plot holes, it

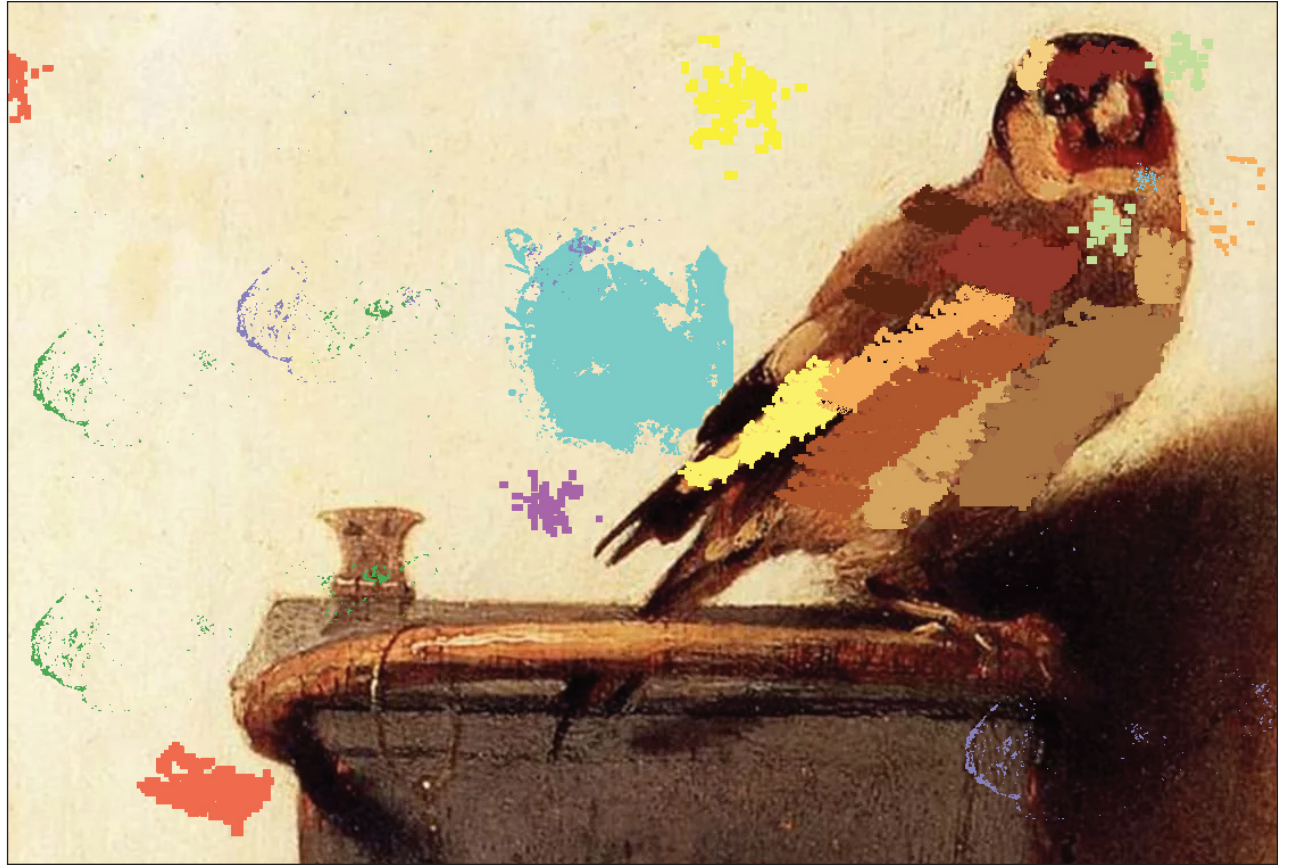


ILLUSTRATION BY CINDY CUELLAR

movie review

"The Goldfinch"

Rating:



Directed by:

John Crowley

Starring:

Ansel Elgort,

Oakes Fegley

Genre:

Drama

feels like a Franksteined ending from an entirely different group of creators.

Herein lies the major problem with director John Crowley's overambitious project. Crowley opted to turn it into a character piece rather than the slow thriller it is.

The novel spans 784 dense pages. The film runs for an

exhausting two and a half hours and feels concurrently like too little and too much time.

Adult Theo reveals himself to be a con man, prompting a few promising encounters with an antagonist well played by Denis O'Hare; but eventually this sole thread of a viable plot dissipates,

never to be followed up.

Any audience member would have no empathy with the protagonist at this point of the film. His lackadaisical charm doesn't break through the screen and quite frankly, the viewers simply don't care if his consequences catch up with him.

Where the plot fails to entertain however, there is plenty of eye candy to lazily observe.

Cinematographer Roger Deakins serves up neutral and aesthetically-pleasing tableau after tableau. What can be admired in this film is the consistency of his Deakins' artistic direction.

The entire film is set in a series of rooms: the bomb

blasted museum, Manhattan penthouses, Brooklyn flats and grand hotel lobbies. The greater intrusive world of New York City is kept at bay and never shown through anything more than a background blur in the scant outdoor scenes.

In her novel, Tartt wrote, "You can look at a picture for a week and never think of it again. You can also look at a picture for a second and think of it all your life."

The film will be a picture to forget for a lifetime.

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READ UP, EAT UP

Vegan comfort food: it made me happy



Alyson Chuyang
COPY EDITOR

When the word 'vegan' comes up, people may picture mostly salads and other food that resemble 'rabbit feed'. That is exactly what I thought too, until I met my best friend, staff writer Erica Lizarrago.

Lizarrago has been vegan for two years now and she introduced me to a whole new world of vegan food and how diverse this diet can be.

That is what led me to explore more vegan foods and restaurants, which brought me to Happy Hooligans.

This is definitely a hidden gem in San Jose. Tucked into a small shopping center in South San Jose, this place can be easily missed.

I walked into the colorful restaurant and was greeted by friendly waitresses eager to seat me.

Lizarrago and I ordered the buffalo cauliflower bites to start, which was made with a buffalo dressing and house made vegan ranch.

Aside from the crunch of the battered cauliflower, the bites were almost parallel in taste to buffalo chicken bites.

The zesty buffalo dressing made dipping it in the ranch that much more tasty and the whole appetizer was gluten-free.

It was served with celery

just like an average buffalo wing plate, but instead I got to indulge in a plate of veggies without realizing I was eating veggies.

For my main plate, I ordered the Red Rooster burger which was a vegan beef patty topped with house white cheese sauce, candied jalapeños, green onions, fried onion rings and Sriracha mayo on a sesame bun.

This hamburger definitely made the list of my top favorite burgers next to the Habit's teriyaki burger and In-N-Out's animal style burger, and it wasn't even a real beef patty.

Upon first bite, the crunch of the candied jalapeños blended perfectly with the white cheese sauce and created a fiery, but honey-sweet flavor I haven't gotten anywhere else. The patty was juicy and mimicked a grilled patty, grill marks and all.

The menu is 100% vegan, and the cheese sauce in my burger contained no dairy ingredients.

Delicious and dairy-free? Sign me up.

Other dishes on the menu include chicken and waffles with vegan fried chicken, burritos and tacos with jackfruit carnitas and a popular pick, vegan shredded barbecue chicken plate.

food review

"Happy Hooligans"

Rating:



Cuisine:

Vegan

Location:

1711 Branham Ln.,
San Jose, Calif.

Price:

\$\$

All of the plates cost around \$12-14.

Their menu also offers a fun drink menu with selections such as thai iced tea, jasmine milk tea and lavender lemon soda, which I suggest ordering because it is such a refreshing and fragrant drink that alone made me want to come back.

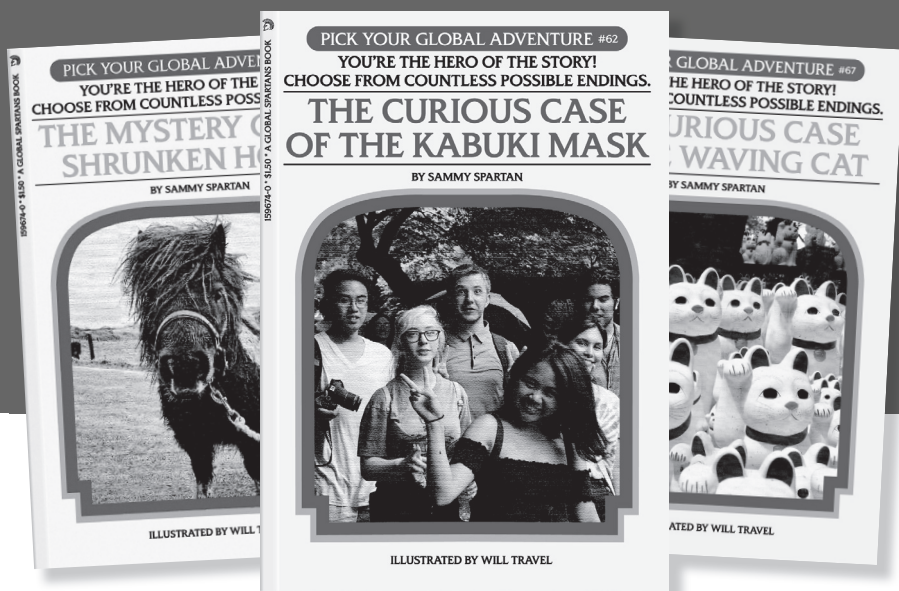
For those of you who are weary about vegan food, this is the place to get rid of your predispositions about it. Vegan food is simply substituting meat and dairy with close ingredients, all the while promoting a plant-based diet.

While I am not vegan, I do limit my intake of meat and I highly suggest checking out this joint if you're willing to give up meat for a meal.

Follow Alyson on Twitter @AlysonChuyang

Read Up, Eat Up appears every week on Tuesday.

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