A.S. President sues his accuser for defamation

By Vicente Vera

SJSU celebrates Smith and Carlos’ 51-year legacy

By Christian Trujano

Move over froyo, boba tea is the new cool treat that all college students desire. Inside, find reviews of the best boba shops around campus, discover what is in your boba shop, and learn about the cultural difference 50 years ago.

BOBA LOMO

"As many of you know, the Spartan Daily has reported allegations about me from an anonymous source. I want to assure you, these are false claims and I am doing everything that is requested of me to respond appropriately in the proper forum. I am being transparent and cooperative. I appreciate all my peers, family, and colleagues who are supporting me during this time. I feel it is my responsibility to maintain my duties as your Associated Students President and my duties as Resident Advisor. I am taking everything very seriously and I am looking forward to this coming to a positive conclusion very soon and the truth being brought to light."

— A.S. President Branden Parent

Students, community members and speakers celebrated Tommie Smith and John Carlos’ historic Olympic protest. The ‘Continuing the Smith and Carlos Legacy’ event was held Wednesday in the Student Union Ballroom.

The event commemorated Smith and Carlos’ recent announcement on Sept. 23 of their induction into the Olympic Hall of Fame, despite their initial expulsion from the games.

On October 16, 1968, San Jose State alumni Smith and Carlos raised their fists against racism and poverty during the 1968 Summer Olympics in Mexico City.

The 51-year anniversary was also for the Spartan Daily on condition of anonymity on Oct. 5, the self-described survivor of Parent’s alleged harassment, characterized him as “abusive.” Speaking to the Spartan Daily through Twitter she was not surprised to find out Parent is suing her for defamation. “Defendants’ statements are libelous on their face. It clearly expresses plaintiffs to hatred, contempt, ridicule, and obloquy because it categorizes plaintiff as a criminal,” stated the lawsuit that was filed by Parent’s attorney, Mark Hathaway.

Though Parent filed the suit a day before his Oct. 9 court hearing in Santa Clara County Family Court, he pursued the case.

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George Carty, 1970 alumni and member of Speed City, speaks about the legacy of Smith and Carlos’ historic protests, Wednesday at the Student Union Ballroom.

... and with that and what we’re doing now in keeping this legacy going, I think it’s something very important.” Speed City was the nickname for SJSU’s track and field team, which produced over 100 All-America athletes. Being a part of that team, Carty said he felt like a rockstar with people coming up to him and follow teammates for autographs. But despite the fame, he said the power structure at SJSU profoundly whitened, still did not like black people and especially did not like what Smith and Carlos stood for.

“There was a time when they did not like us, not around here,” Carty said. SJSU 1970 alumnus Steven Millner, now an African American Studies professor, spoke on how different things were in the ‘60s and how change was needed within the black community.

“We were just invisible and absent. You can imagine how different things were then compared to now,” Millner said. He added how underrepresented the black and Latino community were back then.

“Latinos, African Americans, we numbered less than 10% of students in this entire student body,” Millner said. “This student body was 99% white.”

Jeff Moore, NAMIC San Jose/Silicon Valley executive director, spoke powerfully about the cultural difference 50 years ago compared to today. He touched on how in the decades after Smith and Carlos protested the U.S. has seen a black president and how black athletes are now dominating in various sports. But he also said despite that, there is currently a resurgence of racism.

“What has changed, what has stopped, where are we at?” Moore said. “Fifty years
Beloved professor dies

By John Bricker

1968 alumna Darla Belshe passed peacefully with her children and grandchildren at her bedside at age 79 on May 9. Although she was living at the Santa Cruz Courtyard Retirement Community in Santa Cruz, California she sent him to cover for Update News.

Rucker taught the news writing class that prepared students to take Belshe’s Update News class. “I was a good combiner, I think, in the program, and the proof is in the pudding,” Rucker said. Do said Belshe was compassionate and gentle while Rucker was gruff and firm, calling her “basically the ‘ yt- to- be- the- ty’ “.

When a student made a mistake, Do said, Rucker would give a long sigh and a disappointment look. “And that was what was really crushing,” Do said. “And I think kind of hurt more, actually, than Bob Rucker’s sort of gruff direct approach.”

Starting in 1971, Belshe’s students at Update News won more than 300 awards in local, regional and national competitions. Do said Belshe passed away in speak stories specifically for her with the Hearst competition in mind, including a simulated city invasion by the U.S. Marines in Monterey.

Do said Belshe’s legacy by helping students prepare for their jobs, which Fehely said he began to do. “We were a good combo, I think, in the program, and that’s why I owe everything I am because of that one moment,” Do said.

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By Diana Avila

There is no Drew without Tre and there is no Tre without Drew. It’s like two halves to a whole.

Andrew Jenkins

Twin athletes take on college together

By Diana Avila

TWIN ATHLETES TAKE ON COLLEGE TOGETHER

SPORTS

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By Diana Avila
Choose your perfect boba drink

Like a “Choose Your Own Adventure” book, boba allows you to personalize drinks exactly the way you want. Start with a tea and pick whichever toppings fit your mood. Finish it off by customizing your preferred ice and sugar levels.

black tea  Thai tea  green tea  taro tea  oolong tea

Pick from a variety of toppings to add to your tea

pearls  white pearls  popping pearls  herbal jelly  red bean
lychee jelly  coconut jelly  rainbow jelly  mango pudding  egg pudding
grass jelly  aiyu jelly  basil seed  chia seed  milk foam

Pick your ice and sugar percentage

0%  25%  50%  75%  100%

Enjoy!

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WHAT’S AT YOUR HAMMER THEATRE CENTER

10/18  –  Actors from the London Stage: Twelfth Night @ 7:00 PM
10/19  –  Actors from the London Stage: Twelfth Night @ 2:00 PM
10/19  –  Gorani: Love Songs to Lost Homelands @ 7:30 PM
10/20  –  Black Cab Jazz - Kendrick Scott Oracle @ 7:00 PM
10/20  –  MOMIX @ 7:30 PM
10/21  –  MOMIX @ 7:30 PM
10/23  –  Borderlands: A Conversation with Sonia Nazario @ 7:00 PM

* $5 Student Rush tickets available on day of performance, based on availability. Valid Tower ID required.

TICKETS & INFO @ hammertheatre.com or call 408.924.8501
Hammer Theatre: 101 Paseo de San Antonio, between 2nd & 3rd Street
I always had the feeling of being a part of San Jose State. No matter if I already graduated, it feels like coming home for me,” Buddy Teahouse owner Jay Tran said in an email that location is the most important aspect for a small business.

“The placement can make or break the business, but during the winter and summer breaks, Tran takes a major hit in revenue. The influx of students keeps the store can be empty, but he always has to be ready for a wave of customers and Li has to come back. During the first two weeks of each semester, Li posts flyers around campus hoping to pull in new students looking for a place to grab some boba.”

People get attracted to these businesses because they want to promote/support the local businesses and it’s convenient for them as well. Marketing professor Agarwal said the fact that these businesses are small helps them immensely.

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Buddy Teahouse owner Tran embraces his small business title and strides to make the best of the situation. “I think it’s a good vibe,” microbiology freshman Iris Schmidt said. “It’s also not too loud or overwhelming like a Starbucks shop near his alma mater because of the admiration he has for students. He works to create an environment that appeals to this young demographic rather than worrying about what larger businesses do.”

“Moving forward to 2018 and the beginning of 2018, I opened Buddy Teahouse during fall of last year. The close proximity to students has made Tran try to keep his prices low in an email. “I’m not good at social media like other shops that post everyday or every week,” Li said.

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With multiple shops to choose from, Spartan Daily writers narrowed down the best boba, rating the taste of the drink, the texture of the boba, and the time between ordering and popping in a straw.

### TEA TASTE TEST

#### Breaktime

Breaktime provides enough tea and boba to get the most out of Gong Cha. Its Panda milk tea embodied the best of both worlds with a fain iced coffee taste that was satisfying and refreshing. However, Boba Bar's specialty, "the strawberry mint tea cocktail" (a non-alcoholic beverage), delivered a water-with-a-sting flavor that left me confused as to if strawberries or mint were involved in the creation of the drink at all.

#### The Nest Asian Bistro

The Nest Asian Bistro's Super Fruit Tea is the perfect drink to have with a fat boba. The baby blue cat and boba painted wall grabs any customer's eyes when entering Boba Bar. Located on South Third Street, it's a quick tea pick for an affordable price. The black milk tea evinced an impression of a faint iced coffee taste that was satisfying and refreshing. For those who can't consume dairy, I would recommend the Super Fruit Tea. Not only is it the most Instagrammable handcrafted beverage ever, but it's also very refreshing. This drink has a great balance of real tea and fresh fruit and it's quite pleasing on the eye too.

#### Tea Village

Forget about pumpkin spice lattes, Tea Village's Snow Pear Osmanthus tea is the new fall drink. It can be ordered cold or hot. The flavor is fragrant, sweet yet never too overwhelming. Located directly across from San Jose City Hall, the boba shop offers unique and specialty drinks different from other boba establishments around San Jose State.

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#### Pho Passion & Mintea

Mintea located inside Pho Passion served up one of the best tasting drinks of the location I reviewed. The black milk tea tasted just sweet enough, and the honey boba complemented it perfectly. The honey boba pearls were smaller than those of a typical boba place, which means that you will get a ton of them with every sip.

#### Lee's Sandwiches

Lee's Sandwiches is a perfect drink to have with a fat boba. The Original Milk Tea at Lee's Sandwiches is a perfect drink to have with a fat boba. Perhaps boba is not the first thing on a hungry customer's mind when in line, but it's one of the restaurant's hidden gems. The drink had the perfect amount of sweetness, and could be enjoyed with or without boba, though the boba did complement it well and had a nice, bouncy texture.

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Students sip sugary servings

By John Bricker

San Jose State students often drink boba without considering the amount of sugar contained in each drink.

“Without boba, my drink contains no fiber and is made with brewed tea or tea made from concentrate, milk or a non-dairy additive to make the drink creamy, sweetener and tapioca pearls, according to health information websites,” Nutrition professor Jamie Kubota said. Students should order boba with tea added to dilute the drink or order it unsweetened.

“Those would probably be the healthiest way to order it, if you can take it without any sweetener at all,” Kubota said.

Drinking too many sugary drinks can lead to weight gain over time, Kubota said, and can displace calories from nutrient dense foods like fruits and vegetables.

Despite health concerns, Kubota said she doesn’t see how students would understand why students would rely on caffeinated and sugary drinks for energy.

“I know the demands on students right now, Kubota said. “Students are busy, especially here in the Bay Area.”

Kubota said students should make sure students get enough vitamin B in their diets and get 7-8 hours of sleep a night so they do not have to rely on boba or coffee for caffeine.

Several SJU students said they do not rely on caffeinated drinks for energy. Animation sophomore Joy Campos said she mostly drinks water.

“I don’t drink coffee,” Campos said. “I don’t need caffeine most of the time.”

Animation sophomore Elizabeth Young said she does not drink boba for energy, but only if it is in the form of a “cool drink.”

According to the Telegraph reported that Starbucks’ sweetest drink at the time, Hot Mulled Fruit (grape with chai, orange and cinnamon) contained 19 teaspoons of sugar in 16 fluid ounces, approximately 7.8 grams of sugar compared to an average boba’s 36 grams.

According to Starbucks’ website, a grande Caramel Frappuccino contains 66 grams of sugar.

Ordering coffee with sugar can greatly reduce your calorie intake, Kubota said.

“However, if you order boba, students should drink it much less often than foods and drinks that contain nutritional values. I would say that should be an occasional treat and maybe not an everyday treat,” Kubota said.

Follow John on Twitter @dianaavila284

SOURCE: HEALTHLINE. INFOGRAPHIC BY JOHN BRICKER

By Diana Yells

Boba addiction is a pricey habit for some San Jose State students.

Business junior Ying Yu said that she enjoys boba milk tea, but limits herself to one every two weeks because that can all add up.

“I love boba milk tea a lot and it cost me about $6.99 at a local shop so if I don’t limit myself I know I can spend over half a week on tea treats if I like to have done before,” Chen said. “Then after, I am wondering where my food budget went.”

While some students manage their spending on boba treats, others continue to ignore the price and enjoy the drink without restrictions.

“I think I don’t see the numbers, that does give me somewhat of a guilty feeling,” engineering sophomore Collin Nunez said. “I think that’s why Mom always checks the statement.”

Kubota added that milk tea is a daily habit that she’s close to her heart.

While some students manage their spending on boba treats to save money or to get the most out of the drink, others continue to ignore the price and enjoy the drink without restrictions.

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According to the Tea Association of U.S.A., millennials are of the biggest age groups who drink tea. Its fact sheet stated that Americans drank over 3.8 billion gallons of tea in 2018. And for boba, 87% of people in between the ages of 22 and 37 drank milk tea.

Food and Wine magazine stated that she and her daughter understand why shops would stick to one size boba or coffee for caffeine.

For her kids’ sake, Kubota said she wishes she could earn $1.80-ounce sized drink along with the average 16 ounces serving size.

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SOURCE: HEALTHLINE. INFOGRAPHIC BY JOHN BRICKER
Boho or bubble tea, originated from Taiwan and is becoming a more popular treat in the U.S., the Americanized twists and variations are changing the original recipe – and it’s delicious.

During an increase of immigration from East Asia in the ‘90s, boba tea became a part of U.S. culture, according to an article by Food & Wine magazine in 2017. The United States is a melting pot of cultures and religions from other countries. The blend of cultures can create new foods and practices, which is something to be proud of for any country.

The history of America is evident in its food, crafted through the integration of cultures and values people have brought together. Boba is traditionally made with tea, milk and tapioca balls, but today, there are cafes across the U.S. that include a variety of flavors and toppings.

According to 2017 article by LA Magazine, the new craze to try a taste. Just because a traditional food or drink changes over time once it is brought to the U.S., doesn’t mean its roots have to be forgotten. America is a blend of cultures and it is normal to change the look and feel of products to bring a wave of new things to buy and observe.

Reporters Jeni Arz and Stacey taken in an article for The Atlantic that everyone should be respectful and appreciative when getting involved in the ideas of other cultures.

“Just because a traditional food or drink changes over time once it is brought to the U.S., doesn’t mean its roots have to be forgotten.” Arz wrote.

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“Just because a traditional food or drink changes over time once it is brought to the U.S., doesn’t mean its roots have to be forgotten.” Arz wrote.
Dear Editor,

It was refreshing to read a review on a show that spoke about the crisis that our American society is dealing with today. Just as you say, "Living Undocumented," with its unorthodox definition of a cult, viewed as unorthodox or heretical in the Webster's definition of a cult, is a society that speaks about the moral issue that needs to be completely addressed and expected to be a real Christian. However, it seems to be a lost value replaced with ignorance and ignorance events, which is why I have dear to understand your choice of the story to share on your article.

I would like to focus on a story that portrays illegal immigrants, what is already the stereotype as, illegals and people who do not follow the law.

DREAM: Just a campus cult in disguise

John Bricker

LETTER TO THE EDITOR

SANE REACH: Daily | (5月 14日)

Immigrant representation

immigrants as what they share on your article.

because her mother is 8 has to leave her home and even our morale as a society is dealing with.

In regard to the story of a man who risked his life for this country, and the student that was handcuffed and detained when she was pregnant girlfriend is a four-year-old boy?

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As you say, "Living Undocumented," with its unorthodox definition of a cult, viewed as unorthodox or heretical in the Webster's definition of a cult, is a society that speaks about the moral issue that needs to be completely addressed and expected to be a real Christian. However, it seems to be a lost value replaced with ignorance and ignorance events, which is why I have dear to understand your choice of the story to share on your article.

I would like to focus on a story that portrays illegal immigrants, what is already the stereotype as, illegals and people who do not follow the law.

DREAM: Just a campus cult in disguise

John Bricker

LETTER TO THE EDITOR

SANE REACH: Daily | (5月 14日)

Immigrant representation

immigrants as what they share on your article.

because her mother is 8 has to leave her home and even our morale as a society is dealing with.

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This led to fans calling James a hypocrite, reinforcing the idea that the NBA was trying to appease the Chinese government to remain in favor of its markets. These events are not unique to the NBA. On Oct. 6, two days after the NBA-China match-up, U.S. gaming company Blizzard Entertainment was the target of public criticism for harshly punishing “Hearthstone” player Chung “Blitzchung” Ng Wai, for expressing his support for Hong Kong protesters during one of his post-victory interviews. In the interview he said, “Liberate Hong Kong, revolution of our time”. Blizzard then revoked his $10,000 winnings and suspended him from competitive play for one year.

As a result of public outcry, the ban has since been reduced to 6 months and the $10,000 has been awarded back to the Hong Kong-based professional.

Another example of China controlling ownership policy is Google’s Project Firefly. Firefly is a censored search engine developed for China that that that the NBA was trying to appease the Chinese government to remain in favor of its markets. These events are not unique to the NBA. On Oct. 6, two days after the NBA-China match-up, U.S. gaming company Blizzard Entertainment was the target of public criticism for harshly punishing “Hearthstone” player Chung “Blitzchung” Ng Wai, for expressing his support for Hong Kong protesters during one of his post-victory interviews. In the interview he said, “Liberate Hong Kong, revolution of our time”. Blizzard then revoked his $10,000 winnings and suspended him from competitive play for one year.

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Music student becomes teacher for youth

By Christian Trujano

STAFF WRITER

When Tracy Chen was 7 years old, she began vigorously practicing violin and piano in her home country of Taiwan because of the expectations set by her parents. Chen's parents put her in an early music conservatory program, even though she was shy and did not naturally show an interest in music. She said the stress and constant practicing was both emotionally and physically abusive.

"You always need to be competitive in the program," Chen said.

The competitions within the program not only included her school and her city, but included various cities around Taiwan that offered conservatory programs.

It meant that the competition level was always high and the standards for achievements were always present.

"[Parents] want you to be the top. Most students practiced 8-4 hours daily," Chen said when talking about her fellow 7-year-old friends.

However, Chen continued practicing and competing to move forward in her musical career. That is, until she turned 13 and was injured in the second round of one of the competitions.

"I was [still] expected to play the high virtuoso pieces," Chen said.

She said how prevalent this idea of playing through the pain was in her instructors and parents.

Since then, she left the program, moved to the U.S. and this semester started her own piano class program at San Jose State called the Young Musicians' Project.

As a music graduate student, Chen is required to work on a masters project or thesis that relates to her field of interest and focuses on social justice.

Based on her background, Chen said she decided she would create a program to teach music to kids she wished her teachers taught her.

The Young Musicians' Project aims to provide private and group lessons to youth from low-income backgrounds and currently has eight students enrolled.

The program offers lessons to children between the ages of 7 and 10.

Chen was inspired by this new approach and wanted to test it out at SJSU.

"If I can borrow more general music ideas, I can create a better curriculum which [kids] still have fun while they're learning piano," Chen said.

Chen said this form of group practice is better for kids, rather than how her own teachers taught her when she was taking lessons back home.

"That's why the [Young Musicians'] Project is here," Chen said.

Chen said she wanted to step away from the standard way of teaching kids, rather than having them lose interest in learning piano after seeing the "boring black and white keys" of the instrument.

"They don't need to play faster songs," Chen said.

Instead, she said all the children need to do is have fun and practice as a group.

Li-Leng Au, the mother of one child in the project, said she supports the project mainly because she believes that music helps kids think outside the box and helps them academically.

"She's really loving [the class]," Au said. "This is a really good skill for her.

The project falls under an umbrella program at SJSU called the Community Music Institute, which aims to empower youth throughout the Bay Area with access to an affordable music education.

The SJSU program is based off El Sistema USA, which was set up by an organization that started in Venezuela in 1975 by Venezuelan educator, musician and activist José Antonio Abreu. It is a music-education program founded in Venezuela that offers free, private lessons to kids who can't afford them.

Chen similarly said that once you give the kids access to music education, their interest can grow in different music programs, but it needs to start somewhere.

"If you never give them the chance, they wouldn't even know that they can do it," Chen said.

"You bring music education, the very best music education, to the poorest kids and it can change their lives," Hollinger said.

Hollinger said her vision for social justice in music education is highlighting the institute is trying to grow in the community to serve underprivileged kids. This includes the Young Musicians' Project.

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Hollinger explained she wants the Young Musicians' Project to be incorporated into an overall umbrella program with other projects in the Music Institute.

She is currently pushing for Saturday school at some point.

With all of these different projects Hollinger started, she wants them all to be institutionalized into one project and run efficiently, even after she is gone.

"I've just been starting all of these things because I have a passion for them, but also they can't survive without me," Hollinger said. "I won't be here forever!"

With the Young Musicians' project still in its early stages, Chen is still learning about what works and what doesn't, and what she wants. But she wants to learn how to properly teach kids music and piano in a stress-free environment.

Chen said through the program, the kids are using music as a tool to get introduced to the college world.

"It's really my honor and privilege to see those kids because of this program," Chen said. "They're not here to learn music, they are here for a purpose, I want them to go to a good college."