Before the first class of the day begins at SJSU, Detachment 045 of the United States Air Force Reserve Officers' Training Corps has already completed a full hour of physical training.

“It’s a program intended to get cadets ready for the fitness assessment training,” said Rajen Banad, the cadet wing commander of Detachment 045. “It trains gauges their physical fitness abilities, which then makes them stratified among their peers nationwide according to their fitness scores, so really it’s important that we prepare them for that test.”

Daniel Monroe, a senior political science major and a cadet lieutenant colonel of Detachment 045, said physical training, or PT, is mandatory every Tuesday morning at 6 a.m.

“It’s a mandatory formation where we all come together as a formation and work out together,” he said. “You said to us to enlist the word ‘ethos,’ as well as an idea of togetherness.”

He said more than anything, the training is more of a bonding experience with the cadets.

“It’s not the most fun time to be out there,” said Erik Peyton, a justice major and studio studies major colonel of Detachment 045, “but it’s good to be out there together and boost our physical training.”

Peyton said he was first interested in the military when he was in high school.

“My grandpa had both been in the military,” he said. “I knew it was something I wanted to do. I did not know what I wanted to do — Air Force or Army — but I looked it up on the Internet and found SJSU, and it has been a good fit.”

Banad said he was not sure either coming out of high school, but found his way to SJSU as well, thanks to a student who was already enlisted in the ROTC.

“I explored my options as to enlist in the military,” he said. “I tried college, but felt the military time period at SJSU and I fell in love with it.”

Monroe said not many students regret the decision to become a part of the ROTC, and P.T. only helps build that sense of bonding with the cadets.

Banad said the cadets line up in four flights according to what conditioning level they are at, and then work out at their own pace through out the hour-long workout period.

Detachment 045 then goes through a series of exercises and workouts that encompass the 6 m. to 7 a.m. physical training period.

“It takes a lot of time,” Peyton said. “You have to be out here, and there is also a lot of work behind the scenes that we do.”

He said he enlisted in the ROTC at SJSU with a career in the Air Force on his mind.

“Some seniors said they already know what he will be doing in 2012 when he graduates from college,” Peyton said.

“I have a pilot slot, so I have at least 12 more years,” Peyton said. “Not everyone has a career in the Air Force in mind, but they come in with the mindset that they want to make a career in this.”

Monroe said he already knows what he will be doing in 2012 when he graduates from college.

“I have actually been designated as a contracting officer in the Air Force, so I will be working with the Air Force and the Departmen t of the Army and other contracting companies.”

All the cadets said they do not regret the decision to join the ROTC, and plan on continuing the experience well into the future.

“It’s about all instilling a sense of camaraderie,” Monroe said. “You actually do come together and bond out there.”

The Winners of the First Round

The Penney Motor Group visited SJSU on Tuesday to discuss job openings and career opportunities at its auto dealerships with prospective job seekers.

Senior communications major Trevor DeVieno/ci/men had never been to a presentation by an employer until he attended the Penney information session.

He said he would be open to working an internship at any position at Penney.

“I just was curious to see what they had to say because I figured I’m into cars and I need internship so let’s see what Penney has to say,” he said.

A presentation during the information session given by Carolyn Soling, human resource manager at Stevens Creek Lexus, stated that the company’s focus is on executing a “guest-centric philosophy” that focuses on customer service.

“We’re mostly looking for people with guest service experience and are good with guests,” she said. “As long as you have that you can pretty much do anything at our dealership. We really want people that are somewhat able to use technology, but guest service is the biggest requirement.”

Soling said the company doesn’t require a college degree for most of its roles or technical positions.

“We have a number of positions open full-time and part-time,” Penske said. “We’re looking for the Tahrir Square protesters’ defectors. They no longer felt safe at the camp.

The winners of the first round of voting won’t be known until Wednesday at the earliest. But the losers were obvious, as hundreds of thousands of voters turned out for the second day of voting in the staggered parliamentary elections. The Taliban, which strolled under their flutters and plastic tarps. Some of their numbers had decreased, with street children replaced by street peddlers and bored young bulls. Pedestrian revolutionaries complained that they no longer felt safe at the camp.

The tension exploded after dark in new clashes that left 59 people wounded, according to the health minister. Officials said nine were injured in a battle that erupted when protesters tried to force street vendors who had overcharged the square to sell

The presentation stated that the Stevens Creek location ranked as the No. 1-selling Lexus dealership among the company’s 12 area dealerships and No. 10 in the country. Prior to the Penney purchase in 2011, the presentation stated that South Bay dealership was ranked 12thh in sales nationwide.

Penney also has three other West Coast locations — Longo Toyota, Longo Scion and Longo Lexus — located in Southern California. Longo Toyota is the largest Toyota dealership in the county, spread across a 55-acre facility, according to the presentation.

Penney will hold the interviews to-day in the Administration building, according to the presentation.

Vince Chua, a business administration alumna, said he’s just trying to find a job.

“I’m trying to basically get my foot in the door because right now the economy is pretty shaky and it’s been really difficult to find a job, even though you have a degree,” he said.

Chua said he’s been having trouble just finding entry-level jobs.

“I can’t even find a sales associate’s job at Macy’s, even with a degree,” he said. “I know most people that work there don’t even have a degree.”

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The TV scenario that once broadcast their uprising live to the world now were set up outside busy polling stations. State media featured wall-to-wall, trampoline coverages of the first election since Mubarak’s ouster, portraying the uncertain two days of voting as proof that the council could secure the nation. A timeliness, successful election is crucial for the generals, whose transitional plans hinge on near-absolute power for their council.

“This is just one of the few times that the public will be able to see what is happening in a day,” said Tamer el Masry, a panel to write the constitution for preserving the old order and legitimacy to an institution whose Freedom and Justice Party sat out the latest round of talks to focus single-mindedly on an electoral sweep the Islamists hoped would be a carbon copy of the first election since Mubarak’s ouster, portraying the uncertain two days of voting as proof that the council could secure the nation. A timeliness, successful election is crucial for the generals, whose transitional plans hinge on near-absolute power for their council.

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The Muppets' delivers healthy dose of charm and nostalgia to viewers

First theatrical Muppets film since 1999 is filled with big laughs and catchy song tunes

Los Angeles one day to visit the famous Muppet studios, which has been turned into a tour since the Muppets broke up. When Walter accidentally stumbles upon an evil plan by an oil tycoon named Tex Richman (noble, huh?) who plans to completely tear down the studios to get to the oil buried underneath, he decides to take it upon himself to find Kermit the Frog and the rest of the Muppets to save the studios before it's too late.

Let me first say this isn't a perfect Muppets film — my personal favorite will always be "Muppet Treasure Island." For all the hype the film garnered, I was slightly disappointed with the outcome, but it's still a very good film and thoroughly enjoyable.

Jason Segel, who helped write the film, does a pretty decent job of capturing a lot of the good-old-fashioned Muppet humor that fans such as myself enjoyed as kids. Kermit and Miss Piggy antics are still there. Fozzie Bear delivers some great "wakka wakka" puns as usual and Gonzo does some cool daredevil acts as well.

The film also quite catchy, as most Muppet songs are, and some also have me laughing hysterically at times during the film. For all the positives, the film did fall a bit short on a few things though. For all the cameos, the film didn't have a lot of them are quite forgettable in some cases.

Some dialogue and songs, including a rap by Chris Cooper, who plays Tex Richman, were particularly cringe-worthy. Even though I did like the camera a lot in the movie, it felt at times the film relied too much on them for fresh humor.

For all the things Jason Segel did right in terms of the writing, if this movie, he really doesn't have much of a part in this film and in fact is quite forgettable in his performance. Similarly, Amy Adams is barely in the film and doesn't have much of a presence. The film also did get a bit cheesy at times, even for a Muppets film.

Some dialogue and songs, including a rap by Chris Cooper, who plays Tex Richman, were particularly cringe-worthy. Even though I did like the camera a lot in the movie, it felt at times the film relied too much on them for fresh humor.

It got to the point where I was just asking myself "Wow, he/she is in this movie too? Who's going to be in this next?" But with all this said, "The Muppets" despite not quite living up to my expectations, is a pretty good movie for the most part. It was good to see these characters that I loved so much as a kid grace the big screen once again and it certainly brought back some good memories.

So if you are in the mood to feel like a kid again, I definitely recommend "The Muppets" for a trip down memory lane.
Like all second-year quar- terbacks in the NFL, Tebow still has a ways to go. His throwing mechanics are clearly unconventional and his knack for tucking the ball and running out of bounds through defenders rubs some people the wrong way. Yes, he is incredibly fortu- nate to have a stellar defense to keep scores low, an offense built around his strengths and an offensive line that seems to always make holes just when he needs them. That is fine. The sports-ma- dia machine will undoubtedly hype, criticize and try to pack- age him into something that can be built up and torn down beyond the discussion of Tim Tebow as an individual thought, find the nation’s reac- tion to the Broncos’ second-year star more interesting. I would prefer this story telling I think athletes think- ing God in a very bad and normal thing. And a lot has happened for an athlete to be able to compete at the professional level. There have to be born with talent, avoid a career-ending injury and must have a fan base to allow that situation that allows them to develop that gifts. These factors are, for the most part, beyond the control of the athlete. Be- side the fact that these players are born at all has noth- ing to do with any decision. It makes sense, then, that someone would go about finding God in moments of celebra- tion or joy.

God is acknowledged by most religious as the Creator of things, or reason that any- thing exists at all. If you were him, why not be Tebow himself? I don’t think that he has gone far enough in this. When Tebow inevitably re- fers to his “blessings” in all of his TV interviews, I think that is what he means. However, in the past, religious imagery and superstition generally turn people off from whatever you are doing, taking, or doing, and seem a bit misguided. Views such as those have been at the root of much reli- gious prejudice and persecution through the ages, and now- adays the wisdom that if religion becomes a source of dignity it would be to better have no religi- on at all. Teshow, from the interviews I have seen, display none of this.

In a press conference after the Broncos victory over the Jets, when asked why he was wearing the Cross on the chest, after giving glory to his Lord and Savior, Jesus Christ, some- thing which he is much in the habit of doing. This went on to discuss the importance of athletes using the platform of the NFL to be positive role models and told the panel about the new hospital he had just completed in the Philip- pines.

In respect to one particular criticism, I will say that I have found plenty in public places to be severe, whatever the intention it stems from. I think his position in life as a football player does not make him a bad person or a hater on his open practice and love of religion. Perhaps this is why people have begun “Tebowing” in public places across the world, something he has come to embrace and seem a bit misguided. Views such as these have been at the root of much reli- gious prejudice and persecution through the ages, and now- adays the wisdom that if religion becomes a source of dignity it would be to better have no religi- on at all. Teshow, from the interviews I have seen, display none of this.

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Obesity: Redefining child abuse

By James Collins

An apple a day keeps the doc- tor away. New parents have always been more than aware of that. Yet, the fast food chains popping up on every corner, obesity epidemic has been sweeping across our country. As a nation, our percentage of obese citizens has risen far above that of other countries, doubling since 1976 and rising to ten times that of Japan, according to the 2012 Health Data by the Organization for Economic Co-operation and Development. Sadly, the unpalatable social issue has trickled down to our children, causing more and more little ones to become overweight and unhealthy. While a child’s weight can have detrimental effects on their social lives. As superficial as it may seem, weight has a huge effect on the way children interact with and are treated by their peers, as well as altering their self-esteem and confidence. I am not by any means saying that letting a child have one too many treats is tantamount to beating them, but when this disregard for their eating habits leads to additional health problems, it should be considered child abuse.

Parents are responsible for maintaining the well-being and health of their children, and this includes making sure they have healthy eating habits. Creating and maintaining an adequate eating standard is not an easy or enjoyable task. Kids aren’t always going to want to eat their vegetables, but asking them to eat a few more bites is far better than punning them dip- ping straight to the ice cream.

If parents aren’t in doubt looking down guidelines for their children’s eating habits, it is more likely those children will grow up having unhealthy be- haviors as well.

Children are too careless to worry about either the things they are eating, or what is good for them versus what isn’t. They will feed their parents to show them the way, teaching them to make better choices so they can grow up to become re- sponsible, independent adults.

On Nov. 15, the House Ju- diciary Committee held an official meeting to discuss SOPA, the Stop Online Piracy Act, a proposition law that would give the U.S. Depart- ment of Justice the ability to suppress proprietors of websites that violate and share mate- rial infringing on U.S. copy- right laws as well as blocking access from accessing those websites.

Where, that took forever to say, but now that you are filled in on the background we can get to what this is re- ally about.

To most, the act would seem like a perfectly reason- able measure to demands and discourage those horrible In- ternet intruders from steal- ing and sharing things that don’t belong to them, but the bill poses much more of a threat to the concept of the Internet than the ‘pirate’ the law would seek to sup- press, independent adults.

To understand why the act is such a devil you first have to understand that the Internet is not a place. It is not an area that owes its al- legiance to any one person, country, group or corpora- tion. As a nation, our percentage of obesity citizens has risen far above that of other countries, doubling since 1976 and rising to ten times that of Japan, according to the 2012 Health Data by the Organization for Economic Co-operation and Development. Sadly, the unpalatable social issue has trickled down to our children, causing more and more little ones to become overweight and unhealthy.

While a child’s weight can have detrimental effects on their social lives. As superficial as it may seem, weight has a huge effect on the way children interact with and are treated by their peers, as well as altering their self-esteem and confidence. I am not by any means saying that letting a child have one too many treats is tantamount to beating them, but when this disregard for their eating habits leads to additional health problems, it should be considered child abuse.

The current case gaining national attention is that of a 260-pound third-grade boy who was taken from his mother and placed in a foster home af- ter Child Protective Services claimed that his weight gain was a form of medical neglect.

This child’s case is special, however, because the boy has deep apnea, a disorder that al- ready hampers his sleep and is often asso- ciated with obesity.

The story got me contem- plating the level to which our society currently values health, especially in children, and how the number of obese children has skyrocketed.

Seventeen percent of children in America ages 2 to 19, about 12.5 million, are obese, according to data collected by the Centers for Disease Control and Preven- tion. The survey went on to state that this number has almost tri- pled since 1980.

There is nothing wrong with spoiling a child. Allowing your children to indulge in glutinous amounts of sweets or snacks can bring them joy and happiness. Some parents may not be meeting them to encourage healthy eating habits. Children are too careless to worry about either the things they are eating, or what is good for them versus what isn’t. They are often too young to know what is good for them versus what isn’t. They are often too young to know what they actually like to eat.

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While a child’s weight can have detrimental effects on their social lives. As superficial as it may seem, weight has a huge effect on the way children interact with and are treated by their peers, as well as altering their self-esteem and confidence. I am not by any means saying that letting a child have one too many treats is tantamount to beating them, but when this disregard for their eating habits leads to additional health problems, it should be considered child abuse.

The current case gaining national attention is that of a 260-pound third-grade boy who was taken from his mother and placed in a foster home af- ter Child Protective Services claimed that his weight gain was a form of medical neglect.

This child’s case is special, however, because the boy has deep apnea, a disorder that al- ready hampers his sleep and is often asso- ciated with obesity.

The story got me contem- plating the level to which our society currently values health, especially in children, and how the number of obese children has skyrocketed.

Seventeen percent of children in America ages 2 to 19, about 12.5 million, are obese, according to data collected by the Centers for Disease Control and Preven- tion. The survey went on to state that this number has almost tri- pled since 1980.

There is nothing wrong with spoiling a child. Allowing your children to indulge in glutinous amounts of sweets or snacks can bring them joy and happiness. Some parents may not be meeting them to encourage healthy eating habits. Children are too careless to worry about either the things they are eating, or what is good for them versus what isn’t. They are often too young to know what is good for them versus what isn’t. They are often too young to know what they actually like to eat.

On Nov. 15, the House Ju- diciary Committee held an official meeting to discuss SOPA, the Stop Online Piracy Act, a proposition law that would give the U.S. Depart- ment of Justice the ability to suppress proprietors of websites that violate and share mate- rial infringing on U.S. copy- right laws as well as blocking access from accessing those websites.

Where, that took forever to say, but now that you are filled in on the background we can get to what this is re- ally about.

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Facebook reaches privacy deal with FTC

The Federal Trade Commission will audit Facebook every two years for privacy breaches not explicitly covered in the settlement, FTC officials said in a conference call Tuesday.

"I think that’s the best you can ask for," said Lisa Noel, an office manager from Chicago who uses Facebook every day, about the proposed settlement.

"But Facebook should make a clearer point of letting us know about changes they make. But if you are that worried about the site, you probably shouldn’t be using it," said Noel. "Facebook should make it clear," she added.

"I’m not precluded by the privacy settings that Facebook makes available to people," she said.

"I think I’m pretty comfortable with it," said Noel. "The company has not acknowledged any mistakes they might have made."