A senior psychology major, Tim Rossomandel said he thought one reason there were so many more women is because men tend to get more embarrassed doing those kinds of aerobics.

However, he said he enjoyed himself and wished he knew about it sooner.

Rossomandel said he thought one reason there were so many more women is because men tend to get more embarrassed doing those kinds of aerobics.

Senior psychology major Tim Ros- somandel said he was her 10th year attending the event. The 200 participants who attended the event provided.

"It was a lot of fun. I would definitely come again if I wasn’t graduating," he said. "There’s really no reason to be embarrassed."

Sullivan said all the instructors who led events from a stage donated their time to the event to expose people to different styles of aerobics.

Dave Dixon, a dance instructor from Strobe Xtreme in San Gabriel and SJSU alumna, led Zumba and kickboxing routines and said he enjoyed being able to move around the floor.

"We’re here because we love to teach," he said. "These are the best students to teach."
NASIN: Call it quits for now

From PAC 1:

Cain: calls it quits for now

From PAGE 1:

Small stickers placed on a piece of paper on the table in front of the board. The students were judged equally on five criteria: presentation quality, the idea and its value, knowledge of the target market, competitive edge/uniqueness of the idea and feasibility and practicality. The competition then progressed to an elevator pitch style presentation in front of a panel of judges. Students took to the stage and had 90 seconds to pitch their ideas as if they were potential investors.

"I was actually nervous going into the elevator pitch," said Hidetoshi Goto, a business-entrepreneurship major and international student from Japan along with his idea of a LED bicycle attachment for bikers in the part of the competition. "Since my major is business, I have done so many presentations before so I thought I was going to be fine, but since time is only 90 seconds, it was kind of hard to do, conducting proper time management," he said.

Miao Catelin of TechShop San Jose served as a judge for the first time this year, presenting a special award from the TechShop.

"We see ideas like this come in everyday and we love that they’re doing something," Catelin said. "I had never heard of it before. I think it’s a fantastic idea and I was happy to be involved." Of the 16 awards given, five went to ideas coming from the SJSU College of Business. These awards were taken by JD Luidens’ idea about hemp plastic bottles, which won the first place People’s Choice award, first prize in the elevator pitch and first prize in the Most Innovative Idea Exhibit.

NURSING: SJSU to collaborate with CSU Fresno in new program

Funding for the inaugural class are due Dec. 31 — the review process begins in January, interviews are conducted in February and programs are expected to receive word of acceptance in April. Participants are expected to come in everyday and we love that they’re doing this, "Caterlin said. "I had never heard of it before, I think it’s the most exciting thing that’s happened in nursing in the last 25 years. We have a tremendous shortage of nursing faculty in California and across the nation, and health care has become so complex that we need higher level clinicians.

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"SJSU athletes get fifth-year aid"

A new stipend for the SJSU football team was given a fifth year of eligibility by order for scholarship to complete his graduation through an intercollegiate athletics program called the "Fifth-Year Scholarship Program."

ON THIS DAY IN 1991

ON THIS DAY IN 1979

"Plane rears into San Jose" (Above)

"Spring and summer guards wait for diplomas"

"Students question selection criteria"

Citing several problems, the admissions and records department was late sending out diplomas to graduates. Spring and summer grads wait for diplomas

"Shutting it down altogether"
WASHINGTON — The surprising drop in November’s unemployment rate to 8.6 percent overwhelmed what may be a more positive trend: a sharp upturn in hiring by the nation’s businesses.

Overall, U.S. employers added 206,000 jobs last month, the Labor Department said in a report that brought holiday cheer. Private-sector employers added 140,000 jobs last month, the bureau also reported.

The September job estimate was sharply revised upward from the original 158,000 to 210,000.

The unemployment rate fell sharply from 9 percent, the Labor Department said in a report that brought holiday cheer.

The percent of owners taking defined as employment growth, which was revised upward from 72,000 to September-Octuber readings, continued the run of U.S. economic data showing heartening signs.

November’s employment gain, measured by net new payroll hires, was 53 percent of the household survey’s reported 206,000 jobs.

"The sharp improvement in employment is encouraging, but overstates the improvement. The job market is still far from full employment, and momentum going into 2012," Dunkelberg said.

The statement was in line with surveys of smaller businesses. The employment gauge has been outstripping from retailing to manufacturing, " said Mark Zandi, the chief economist for Moody’s Analytics.

"The sharp improvement in employment is encouraging, but overstates the improvement. The job market is still far from full employment, and momentum going into 2012," Dunkelberg said.

The August job market estimate sharply upward from the original 158,000 to 210,000. October’s estimate of 180,000 jobs also was revised upward, by 20,000. "This brings me to your question at your end. Job growth has picked up in recent months particularly among smaller businesses. The employment gauge has also bounced out across industries from retailing to manufacturing," said Mark Zandi, the chief economist for Moody’s Analytics.

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New Christmas release by The Killers continues annual holiday tradition

"(RED) Christmas EP" puts six years of musical gifts under the tree for fans, while helping end AIDS in Africa

It’s amazing to me that although these songs came one year apart from each other, they feel like part of the same package, almost as if they were meant to be neatly wrapped for the holidays.

Listening to the EP in one fell swoop feels like skipping a snippet of the band’s life, offering a snapshot of where the band was at that point in the year that the song comes from, as well as building on the one before.

Each song brings a different feeling to the whole. The first track, “A Great Big Sled,” released in 2006, feels like an intro to the spirit that they embrace throughout the entire album. It’s light and fun, and sets the perfect happy feeling that I get when I first heard their album “Sam’s Town.”

2007’s "Don’t Shoot Me San- ders” is definitely the strangest of the songs on the album, featuring a pleasing conversation between lead singer Brandon Flowers and a musician gauging the crowd. Class with all intent, as well as some interesting guitar riffs that embody the perfectly fun and goofy personality that shines throughout their discography.

After John and the Pot Shop Boy’s Neil Tennant joined the band in 2008 for their song, “Joseph, Better You Than Me,” which takes a more somber tone than that more “Silent Night” than “Deck the Halls,” inspiring the album with much needed gravitas.

2009 brought "Happy Birth- day Goodaudiopiper," a spirited Latin-intruded track that featured fellow indie-rockers Wild Light and baroque punk/math rock band, Mariachi El Bronx. “Boots,” was the 2010 entry into The Killers’ Christmas catalog, featuring a clip from classic film “It’s A Wonderful Life” and offering a slower song that felt more like the it was a crooning intro from “Flamingo.'s Flower's Flamingo” no doubt being the most wonderful of the songs on the album, featuring one in competition with previously released Christmas songs on the (RED) Christmas extended playlist.

The real gift that comes from the EP is "The Cowboy’s Christmas Ball," the first new material that we’ve gotten from the band since "Boots," but that actually embodies the sound of the band than that release.

That being said, "Cow- boy’s" isn’t too reminiscent of the direction the band was headed since "Boots," but that actually served as the job done in raising spirits with a solid beef tone and lyrics with a little bit of yuletide flavor.

A & E MUSIC REVIEW
Michelle Tafoya’s questions Flacco answered NBC reporter 23-20 with eight seconds to go, Smith to put the Ravens on top pass by Ravens quarterback Joe thrilling 26-yard touchdown leads back and forth and fought games of the modern era. Baltimore Ravens took place in season, a game between the...
Women’s basketball squad wins first game of season

The SJSU women’s basketball team won its first game of the season on Thursday night, defeating Northern Arizona University 74-64 in the Event Center.

The Spartans were backed offensively by senior guard Sara Plavljanin, who scored a game-high and season-high 26 points.

“The last two games we were so close to a win, but something was missing,” Plavljanin said in a post-game interview. “It was confidence. When you have a long losing streak it gets into your head, but today we proved to ourselves that we can win. In the second half we played up to our ability and I know we’ll build on this game.”

With the victory Thursday night, SJSU (1-6) snapped a 20-turnover streak that stretches back to January of last season.

The win over the Lumberjacks is also the first victory for the Spartans’ head coach Tim La Kose, who is in his first season with SJSU.

“We have been working really hard,” La Kose said. “We have seen improvement every day and tonight the result reflects the work that has been put in. I hope this is the first of many to come.”

The Spartans struggled offensively to begin the game after Northern Arizona jumped out to a quick 8-2 lead.

Despite the tough defense SJSU displayed all night, the Lumberjacks once again began the half strong, jumping to a 10-point lead with 16:21 to go.

SJSU answered right back and went on a 10-0 run, sparked by a steal by sophomore guard Rachel Finnegan, which was converted into a layup on the other end.

After converting just 20 percent of their shots during the first half, the Spartans found themselves trailing 38-24 at the end of the first half.

Defense is what kept SJSU in the game during the first half, in which the team gathered up 20 turnovers. The stout defense would continue throughout the course of the game, with the Spartans finishing with 32 total turnovers on the night.

“We had a more consistent effort on the defensive end,” La Kose said. “Our hands and feet were active — players were communicating which resulted in a lot of turnovers for us.”

But in the first half we didn’t turn them into points,”

In the second half, the Spartans improved their offensive production, shooting 55 percent from the floor and 75 percent from the free throw line for the second half.

Senior forward Brittany Johnson scored in double digits for the seventh time this season, scoring 17 points and adding eight rebounds. Lumberjack sophomore center Shae May led Northern Arizona with 15 points and 12 rebounds. Junior shooting forward Tyler Stephans-Jenkins pitched in with 15 points and junior center Aubrey Irons added 10 points.

“We have played some really good teams this year, including Northern Arizona,” Plavljanin said. “If we come out and do what we do well, good things are going to happen.”