Students perform for cancer funds

ALEXANDRA RUIZ-HUDDARO
Staff writer.

Breast cancer month is over but the cancer continues to spread.

More than 200,000 new cases of breast cancer will occur in women in 2010, according to the Susan G. Komen foundation.

This may happen to your co-worker, your professor, members of your family, friends or even the girl sitting next to you in class.

Alisa Lopez, a sophomore business administration major, said her mother was recently diagnosed with breast cancer on Oct. 16 and she said she has been spending all of her time with her mother.

“I haven’t had too many people who can really understand why I do the things I do,” Lopez said. “Like why I always put away and why you always hang up with me.”

The Pi Kappa Alpha fraternity hosted a concert Friday night, with all proceeds going to the Susan G. Komen Foundation (for breast cancer research).

Lopez went to the fraternity house Friday evening to support the cause, support the event and support her brother, who is also a Pi Kappa Alpha fraternity member.

Junior finance major Todd Mortensen said he has been an active member for a year and helped put together the ‘Love Pike’ T-shirts that were sold as a way to raise money.

Although he has not been directly affected, he said he was there three days his fraternity brother Martin Lopez found out about his mom’s diagnosis.

“I was next to him when he found out that same day,” Mortensen said. “It motivated me to get out there more and push to raise money towards this cause.”

He said although it hasn’t happened to his immediate family, the fraternity is his family while at school and so if one of them is affected, he’s affected.

Mortensen said 250 T-shirts were sold, bringing in a total of $650 toward the cause.

“It’s a way to get our name out there and to promote the concert,” he said.

Senior finance major Rodela Lewis performs at PIKE’s Giving Back Concert held by the Pi Kappa Alpha fraternity Friday night.

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Social networking can have a negative effect on health, productivity

REBECCA HENDERSON
Staff writer.

Two SJSU psychologists discussed the physical and psychological side affects of social networking sites such as Facebook can have on students.

William Boyd, a freshman animation/illustration major, said the workshop helped him find ways to limit his online usage, get more sleep and find the things he needs to get done.

“I’m not as much addicted to Facebook, but I find myself quite often staying up late on the Internet,” Boyd said.

According to the PowerPoint presentation, some of the physical and functional problems that may occur because of social networking sites are blunted vision, dry eyes, fatigue, sleep disturbance, concentration problems and poor academic performance.

Neda Kharrazi, a counselor for counseling services, said the main point of the presentation was to increase awareness of how these issues can affect students and how personal use can affect others.

“Technology is something that all of us are using so much as we can,” she said. “So the concert was a great way to give back to the community in a fun way that people could participate in.”

The concert performers were King of Hearts, Alona Miles, Vi 317 and the Starting 8, all of whom are students at SJSU with exception of the last, Fontillas said.

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Appeals court judges debate California’s Proposition 8

SUSAN FERRISS
McClatchy Newspapers (MCT)

SAN FRANCISCO — Three federal judges took the historic clash over California’s Proposition 8 on Monday, asking probing questions as they weighed arguments about whether voters acted rationally when they banned gays from marrying in 2008.

Proposition 8 supporters are appealing a ruling this August by U.S. District Judge Vaughn Walker that the measure violated the federal constitutional rights of gay people.

The 9th U.S. Circuit Court of Appeals proceed-

The college student population is especially vulnerable right now.

NEDA KHARRAZI
Counselor for counseling services.

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The appellate judges must also decide if Proposition 8 halts any ongoing legal action in California. A federal judge has already ruled that the state’s ban on same-sex marriage is unconstitutional, and a panel of federal judges is currently hearing an appeal of that decision.

In the meantime, a federal judge has issued a temporary restraining order against all same-sex marriages in the state, and the appeal of that order is pending.

The appeal is set for argument in February, and the outcome will likely determine whether California will continue to allow same-sex marriages.

While the appellate judges consider the case, same-sex couples in California will be left wondering how long they can continue to marry without fear of having their marriage invalidated.

Jeffrey E. Sisco, an attorney with the law firm of Cooley Godwin O’Dougherty in Sacramento, said the appellate judges’ decision could have significant implications for same-sex couples in other states as well.

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The outcome of the appeal will likely determine the future of same-sex marriage in California, and possibly in other states as well.
Communicating through but not exactly aware of how it’s affecting us,” she said. “The college student population is especially vulnerable right now — that’s one of the reasons why I wanted to do this presentation today.”

The presentation cited a news release from the Jed Foundation stating that technology functions as a critical lifeline for college students, with 90 percent saying they’ve visited a social networking site in the last week and about 10 in 10 having over 100 friends on those sites. Yet, one in seven say that social networking sites increase feelings of isolation.

According to the PowerPoint presentation, social networking sites can have an impact on relationships, work, and even cause stress — online stressors include cyberbullying, tracking and pressure for immediate response. “This topic is very important for college students, especially because our generation is extremely dependent on the Internet,” Boyd said. “And there’s so many things we can do with it and it’s really easy to fall into the temptation of staying on it all the time and not getting the things done that we need.”

Kastens-Robertson-Douglass, a counselor for counseling services, said the Internet and social networking sites are new domains for developing an identity.

Lewis said, “I didn’t really have to go out there, but I know I have the ability to make people smile and have fun, so I want to help.”

He said the crowd’s energy was contagious and it looked like people were having fun. Lewis said the event had a good turnout and he thinks it was contagious and it looked like people were having fun. Lewis said the event had a good turnout and he thinks it was contagious and it looked like people were having fun.

HAYES

Vashti Hayes, a graduate student in Kinesiology, said people need to be more focused on talking to one another face-to-face instead of on the Internet. “What’s going to help you in your job career is face-to-face interactions and learning people’s body language if you’re helping them or offending them,” she said. “Over social networking you can’t do that.”

The presentation listed ways to deal with problems relating to the use of social networking sites, starting with changing thoughts and behaviors. One student said deleting people you don’t talk to from your friends list would help.

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**Aviation student moonlights as boxing star**

KELSEY LYNNE LESTER-PERRY
Spartan Daily

A visit to a boxing club practice at Police Activities League on South 34th St. might lead one to believe that its president’s attitude toward the sport is a little more “Million Dollar Baby” than “Rocky.” But he said he can assure you that as student athletes, they train just as hard, if not harder, than any other athlete on campus.

“There are so many different people,” senior aviation operations major Luc Mai said. “Everybody here has a goal — whether it’s to take a title or just make some friends.”

Mai’s personal goal is to always stay ambitious and motivated while getting exercise, which means the two people fighting can weigh anywhere from 143 to 153 pounds, because while most of the club tries to train for just a few hours, three days out of the week, Mai is practicing at least 15 hours a week.

“I give a lot of respect to other people that do that,” he said. “There is a lot to juggle — school, work and a really good workout — it’s like a part-time job.”

Like any other senior, Mai is worried about graduation. Currently he is taking 15 units and continues to box. “I’m always behind,” he said. “I feel like that because I’m my worst critic. I try to just go with the flow. I’m handling it one day at a time and just enjoying my life.”

Emily Corso, his boxing club colleague, No. 1 fan and girlfriend of two years, said Mai is doing an amazing job as the president of the boxing club.

Corso is a senior nursing major and has been with the team off and on for a year or so. “He has been doing it for a long time, but doesn’t have enough confidence,” she said. “He doesn’t think he is as good as he is.”

As a young Vietnamese boy born in Stockton, raised in Los Angeles and the second oldest child out of six, Mai said he knows how to express himself because of his big family.

“That doesn’t mean that it was always easy for him to do so, he said. When I grew up I was picked on a lot,” he said. “There was a group of older white kids always calling me chinks. When we were playing, they would pick on me and would hurt to defend myself when I was younger, but now I’m just more skilled.”

He said boxing is an outlet for him. “I do it for the sport,” he said. “I don’t go into the ring looking to hit the guy’s head off. I go in for the sport of it.”

When you step in, you keep doing it. You always think, ‘Oh, I don’t want to get hit in the face.’ For me it started off as a good workout, really good exercise, and then you keep doing it. You always want to go into the ring.”

Mai said he and Corso met through a mutual friend and adamantly explained that he was a part of the boxing club first. “She has done kung fu for a long time,” Mai said about Corso. She hopes to compete but has a fear to step into the ring. “When you step in, you stop in 100 percent.”

Lopes, said he has similar sentiments regarding Mai’s skill in the ring. “He has done kung fu for a long time,” Mai said about Corso. “She hopes to compete but has a fear to step into the ring. When you step in, you stop in 100 percent.”

Lopes, said he is looking for Mai to take the lead and be the club’s next national champion. “We have had champs for the past two years,” he said. “We need him to be the next one. The tournament is in April at the University of Nevada in Reno. We have between now and then to train him and get him prepared.”

Mai said of course he wants to compete, but it is a lot of work and can be intimidating. “I’m a bleeder,” he said. “My nose bleeds easily. A lot of lights stop prematurely be-cause of that.”

An example of this was during an Oct. 1 match against Mike Brena, he said. “I woke up that morning with a nosebleed,” he said. “I just have a really sensitive nose. Coach was joking around saying, ‘It’s going to be a bloody fight.’”

He said the catch weight for that fight was 150 pounds, which means the two people fighting can weigh anywhere from 143 to 153 pounds. “I weighed 144 and he weighed 156,” he said, shrugging. “It’s not often that you’re in shape for a game like that, so you go for it.”

Mai said he was thrilled when he was let back in the ring despite the gruesome-looking noodlehead. “You fight for the sport of it, win or lose, it’s smartest, he said.

When I grew up I was picked on a lot. I would have to defend myself when I was younger, but now I’m just more skilled. LUC MAI Boxing Club President

LUC MAI

Mai’s personal goal is to always stay ambitious and motivated while getting exercise, keeping up his grades and training with the team.

Candy Lopez, one of the volunteer coaches, said Mai is dedicated and disciplined when he is in the gym.

“He has skill and he knows how to use it,” Lopez said. “Except with him, he works full-time, goes to school full-time, goes to school full-time, goes to school full-time. — he isn’t at his full po-
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It was a little wary when I entered the Montgomery Theater on Saturday to see a Children's Musical Theater production of "Hairspray." As I sat down with a friend of mine, we giggled about life and death, and then stood and shuffled the next few hours, knowing how high school musicals could be.

The announcer came on stage, telling us that the performance will begin soon and would include not only high school students from ages 14 - 18, but also adults who had been alumnus of the program for some 30 years. My idea of what the play would encompass widened. I immediately thought, "Wow! Maybe it won't be as bad as I've been made out to be." While watching high school students running and dancing across a stage and belting out music like they're dancing across a stage and school-aged kids running and smiling, I dreaded the next few hours, knowing what is poorly directed as opposed to what is well directed and what is well written against what is poorly written and what is well directed as well in every aspect.

Right after that first song, the musical took a turn for the better. After 17 years of studying music through piano and vocal performances, I've had the opportunity to see many musicals — including high school musicals. Now, this is not to say I am an expert in any way, but I have enough experience with musicals to know when a musical is good or bad.

Frankie Ballard, who played Corny Collins, opened up the Corny Cowell show with an incredibly strong, accurate TV talk show singing voice. Joey Pisacane, who played Link Larkin, played his character well, acting as a typical early '60s rock 'n' roll artist trying to get his big break on TV. A musical isn't all about the performance, though. It's about the stage as well.

For Christmas last year, I was able to see "Wicked the Musical" in San Francisco and was amazed by the performers and the props. Although simple, the props in "Hairspray" flowed smoothly and added the feel of early '60s to the play.

One of the things I didn't have expected if I hadn't heard the synopsis before watching the musical was my father, Doug Santana, playing the role of Tracy's mother, Edna Turnblad. It added a unique piece to the musical that others I had seen before this hadn't.

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Having a hobby is healthy for anybody trying to relax and unwind.

To take my mind off school for a little while, I like to watch television and read comic books. This past weekend I watched the German reality show “Wetten, dass?” on my computer.

Over the decade in which television is interesting to me because the shows are entertainment, not once have I ever blamed the audience for my enjoyment I have had a

It always feels like Fox’s “The Swan” or MTV’s “Jersey Shore” were not beneficial to society, but I was happy to see that entertaining and supporting such gestures. After watching a person like Koch be exploited for my enjoyment I had a

Even worse, a report by the American Psychological Association, “State of the Nation 2005,” stated “40 percent of high school students have had sex while under the influence of alcohol or other drugs.”

We were bewildered by her continuous sexist statement that she should get the en-ergy to do homework, go to class and just do anything at all without the help of others.

Unfortunately, this young lady has been repeatedly and viciously condemned on a regular ba-sis, choosing to use birth control as the only form of protection instead.

According to the Centers of Disease Control and Prevention, “about 19 rape and other forms of sexual abuse against women during a time of war is a United Nations conundrum for myself — the shoulders of those residents of nations will automatically trust your goodwill. I think the best way to resolve this issue would be for both parties to meet. The thesis is

The American Social Health Association’s “State of the Nation 2005” reported that one in two sexually active people will contract an STD by the age of 25. Can anyone imagine all the STDs that are crawling around?

From my perspective, many of the youth in America are not qualified to have sex. A majority of those adoles-cents want their_feelings_urb to be protected, but to do so they will need to go to the

Sex, from what I have heard, is about a personal issue and having a go at it but definitely think it through if abortion isn’t your cup of tea. Live your sex life like the Jamaic a music video, not as a temple, littering is strictly prohibited. Based on the list provided by the Centers for Disease and Prevention, there’s yet too little of an array of STDs available for contraction from the STD family shop. Now imagine all the STDs that are available at each other. From genital herpes, chlamydia to HIV and AIDs, many others could have bought and purchased them all in one shop.

It makes you question if our promiscuous friend has time to get tested for STDs after her night out. The advice I can give to those interested in having sex to be safe and take as much pro-active measures as possible before proceeding with a sexual relationship. It doesn’t mean putting on 20 condoms and having a go at it but definitely think it through if abortion isn’t your cup of tea. Live your sex life like the Jamaic a music video, not as a temple, littering is strictly prohibited.
This holiday season, upgrade your family to the fast and free Chrome browser.

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