

## Students get physical



Basil Sar | Spartan Daily

Clockwise from left: Kenneth Ho jumps rope; Rec Day staff Bradyn Blower holds a life size Polaroid frame inviting students to get their photos taken; Sammy Spartan trampoline bungee jumps. Campus recreation hosted its third annual Rec Day in front of the Event Center Wednesday. Students were invited to participate in activities including a trampoline bungee jump, football toss and basketball shoot-off. Students who participated were given a ticket to receive a free lunch provided by Spartan Shops.

### VACATION

## Holidays moved to accommodate academic calendar

By Philip Beadle  
@Beadlebeat

President's Day was a typical Monday for San Jose State students and faculty who were not buying furniture at low, low prices.

It was business as usual while other CSU campuses, such as CSU Fullerton and CSU Pomona, took the day off, according to their online calendars.

The CSU Chancellor's Office allows certain holidays to be celebrated on days other than their normal days of observance, said Shawn Bibb, vice president of administration and finance.

"The California Code of Regulations sets our vacation days and dictates which of those days must be observed and which ones are eligible for rescheduling," Bibb said.

The code specifies eight holidays which must be observed on specific dates: Jan. 1 (New Year's day), the third Monday of January (Martin Luther King Jr. day), March 31 (Cesar Chavez day), July 4, the first Monday in September (Labor day), Nov. 11 (Veterans Day), Thanksgiving Day and Dec. 25.

The code states that any day designated a holiday by California's governor must be observed on that day.

The code allows six holidays to be moved: The third Monday in February (Presidents day), Feb. 12 (Lincoln's Birthday), the last Monday in May (Memorial Day), Sept. 9 (Admission Day), the second Monday in October (Columbus Day) and a personal holiday which each employee may take at their own discretion.

Elna Green, associate vice president of faculty affairs, said the calendar is drafted by the Office of Faculty Affairs and sent to Undergraduate Studies, the Office of the Registrar, human resources, payroll and the Office of the President for review.

"It's a campus-wide effort which my office coordinates," Green said.

Bibb said these movable holidays allow for long breaks for certain holidays, rather than many short breaks.

"We have always used one of the days (designated for possible rescheduling) to make Thanksgiving a four day weekend," Bibb said.

Green said this year President's Day was moved to the Friday after Thanksgiving.

Bibb said this allows students and faculty to travel home or spend more time with family.

He said that SJSU has historically observed Memorial Day on its national observance day.

"SJSU joins most public institutions and many private ones in observing Memorial Day, as it is a day to remember all Americans who have died while serving in the military service," Bibb said. "We view it as important to honor those men and women who died while serving us."

Patricia Lopes-Harris, director of media relations at SJSU, said the code presents a challenge when it comes to December holidays.

"There is always this question of what to do with Christmas," Harris said.

Because only Christmas Day and New Year's Day are considered holidays, not the days in between, Harris said these days alone do not give faculty much time to celebrate the holidays.

Bibb said that the four remaining moveable holidays – Lincoln's Birthday, Columbus Day, Admission Day and a personal holiday – are used during the week between Christmas and New Year's Day.

"This is not only from an employee benefit stance, but also from a conservation of energy perspective," Bibb said. "With no classes scheduled during that period and many employees wanting to spend that time with their families, to run the university's facilities during that period is a tremendous waste of money and precious resources."

Philip Beadle is a Spartan Daily staff writer.

### HOLIDAY CALENDAR BREAKDOWN

#### Set Holidays

<b>New Year's Day</b> Jan. 1	<b>Labor Day</b> First Monday in September
<b>Martin Luther King Jr. Day</b> Third Monday in January	<b>Veteran's Day</b> Nov. 11
<b>Cesar Chavez Day</b> March 31	<b>Thanksgiving Day</b> Fourth Thursday of November
<b>Independance Day</b> July 4	<b>Christmas</b> Dec. 25

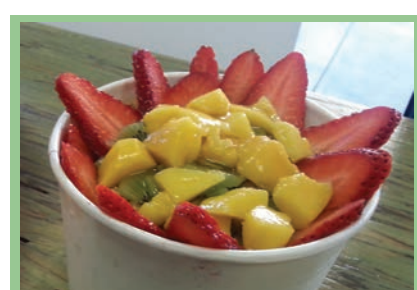
#### Flexible Holidays

<b>Presidents Day</b> Third Monday in February	<b>Admission Day</b> Sept. 9
<b>Lincoln's Birthday</b> Feb. 12	<b>Columbus Day</b> Second Monday in October
<b>Memorial Day</b> Last Monday in May	<b>Personal holiday</b> As scheduled

#### SJSU Reserved Holidays

<b>Presidents Day</b> Friday after Thanksgiving	<b>Lincoln's Birthday</b> Day after Christmas
<b>Admission Day</b> Dec. 28	<b>Columbus Day</b> Dec. 29

Information compiled by Philip Beadle  
Infographic by Jessica Barajas



### INSIDE

- P. 2 Sports: Fales & Benwikere head to NFL Combine
- P. 4 A&E: MFA artist creates his own symbolism
- P. 5 Opinion: Can taken people talk to their exes?
- P. 6 A&E: Powered up on fresh fruit

### TODAY'S FORECAST

Cloudy

▲ 70°F

▼ 47°F

Printed on recycled paper



## FOOTBALL

## Fales and Benwikere head to NFL Combine



Terrell Lloyd | SJSU Athletics

David Fales will show off his quarterback skills at the NFL Scouting Combine this weekend.

By Tony Nuñez  
@Tony\_Nunez

San Jose State standout football players David Fales and Bene Benwikere will participate in the NFL Combine this weekend at Lucas Oil Stadium in Indianapolis.

Fales and Benwikere helped the Spartans to a 6-6 record this year, but now they will go through drills as individuals in hopes of raising their position in the upcoming NFL draft.

Fales will see the field and throw to the elite receivers of this year's draft on Sunday at 9 a.m. live on the NFL Network.

He is the first quarterback from SJSU to be invited to the combine since Adam Tafralis in 2008.

Fales, a 6-foot-3, 200-pound signal caller

is thought as one of the top 10 quarterbacks in this year's draft. The 9th ranked quarterback by CBSsports.com will join 19 other quarterbacks in position drills, timed shuttles, the 40-yard dash and other drills.

SJSU Head Coach Ron Caragher said he believes that Fales will test well when he walks on to the field, but his real strengths come in aspects that can't be measured.

"He's got a good, strong arm, he's accurate and he makes good decisions with the football," Caragher said. "At times when we needed him to run with the ball, he's taken off and made some big plays. What the combine doesn't show is the intangibles. They try to do their best, but they can't simulate a game. What can a guy do when there's a min-

ute left and you have to go 90 yards?"

This last season, Fales was voted as a captain by his teammates and became the first quarterback in SJSU history to throw for 4,000 yards in two seasons. He finished with 33 touchdowns, 4,189 yards and a 64.1 completion percentage.

Caragher highlighted Fales' clutch performances through his senior year, including his monster record-setting game — 547 yards, six touchdowns and no interceptions — against Fresno State University as gauges of what he could bring to a team.

In a 62-52 win against the then No. 16 ranked Bulldogs, Fales beat Derek Carr, who many draft experts have ranked as their No. 3 quarterback.

"Those things help," Caragher said of Fales go-

ing toe-to-toe with Carr in the Spartans season finale. "The competitiveness. The rise to the occasion. He had a big game, but at the end of the day does that get one guy drafted higher than the other? I don't know, but it can only help."

Caragher said that Fales had been working out in Arizona with a quarterback coach under instruction from his agents.

Fales could also boost his draft stock with a good showing in the interviews with NFL head coaches and general managers, which go on throughout the four days of the combine.

His teammate Benwikere can move up an entire round if he excels in the 40-yard dash and shows that he has the athleticism needed to play cornerback at the next level.

The 5-foot-11, 194-pound defensive back, who saw time at cornerback, safety and nickelback this season, has been clocked in at 4.42 seconds in the 40-yard dash.

For comparison, Dee Milliner ran a 4.37-second 40-yard dash that was the fastest in last year's NFL Scouting Combine. Milliner was taken by the New York Jets ninth overall in the draft a year ago.

"The 40 time is big," Caragher said. "You could be a great football player, but if you can't run then you slip down. Your (draft) stock goes down."

If he can run in the low

4.4's he could move from a sixth round pick to as high as a fourth rounder. Right now, he's considered a late-round pick in the seven-round selection process.

Caragher explained that he expects Benwikere to test well, but, like Fales, he excels in a game situation. He added that Benwikere is one of the most instinctual football players he's ever seen.

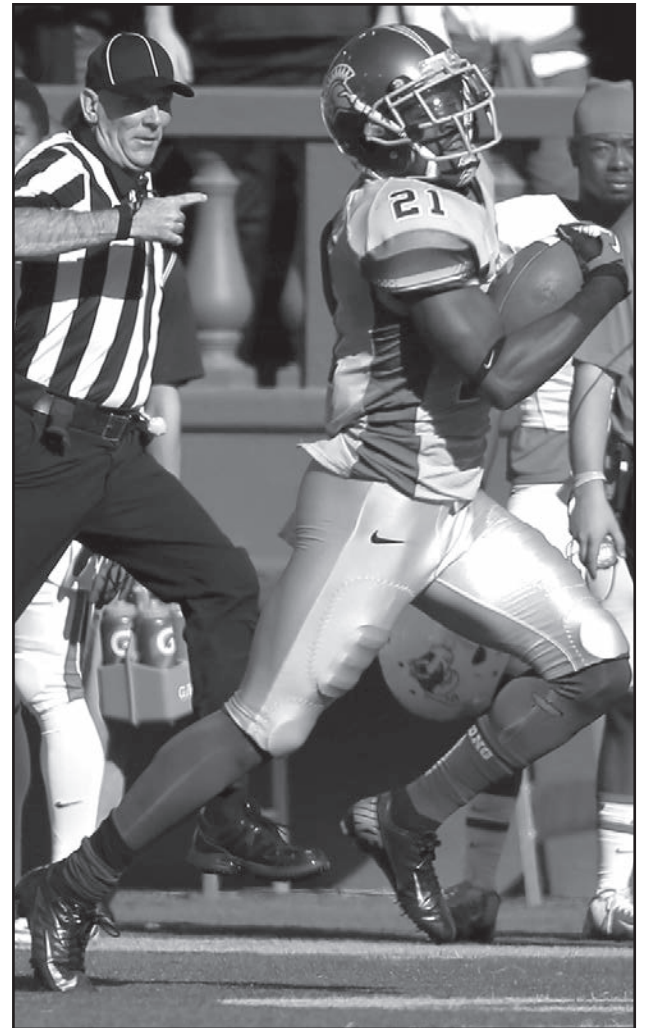
Those instincts led him to a school record of 14 in-

terceptions, five of them in 2013.

"Watching the film is important, because the film doesn't lie," Caragher said. "It's a balance. You have to be leery with just going off what you see at a combine."

Benwikere gets the opportunity to showcase his skills Tuesday at 9 a.m. with the other 58 invited defensive backs.

Tony Nuñez is a Spartan Daily staff writer.



Terrell Lloyd | SJSU Athletics

Bene Benwikere is headed to the NFL Scouting Combine this weekend in Indianapolis.

## Spartans Online

## Graduate on Time!

Take high-demand courses online

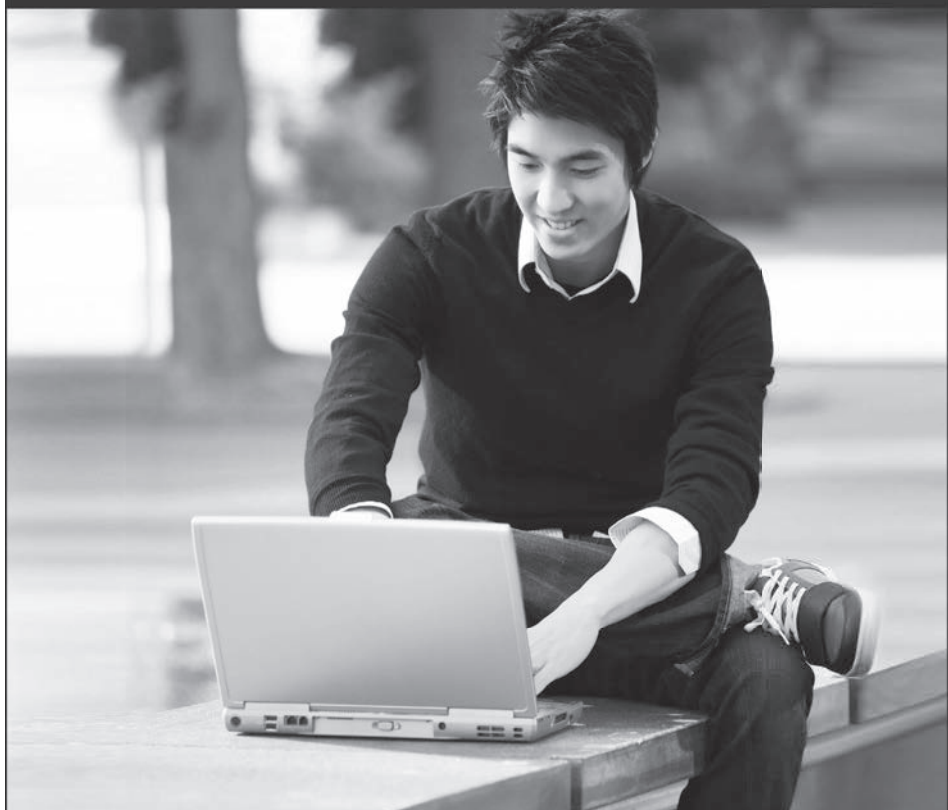
- **BUS3 80:** Legal Environment in Business (MAJOR REQUIREMENT)
- **BUS2 90:** Business Statistics (MAJOR REQUIREMENT)
- **BUS4 91L:** Computer Tools for Business (MAJOR REQUIREMENT)
- **BUS3 187:** Global Dimensions of Business (MAJOR REQUIREMENT)
- **GEOL 105:** General Oceanography (GE AREA R)
- **CHAD 106:** Concepts of Childhood (GE AREA V)

10-week online courses  
March 11 – May 16  
\$1,050 per course



Registration begins Tuesday, February 25.

[online.sjsu.edu](http://online.sjsu.edu)



## SpartaGuide

### The New Jim Crow

Thursday, Feb. 20

Noon - 1:30 p.m.

MLK Library Room 225

### Around the World with A.S.

Thursday, Feb. 20

1:00 p.m. - 3:00 p.m.

Smith-Carlos Lawn

### Listening Hour: Flute Recital

Thursday, Feb. 20

12:30 p.m. - 1:15 p.m.

Music Concert Hall

### Listening Hour: Sine Nomine

Tuesday, Feb. 20

12:30 p.m. - 1:15 p.m.

Music Concert Hall

### A.S. Board Meeting

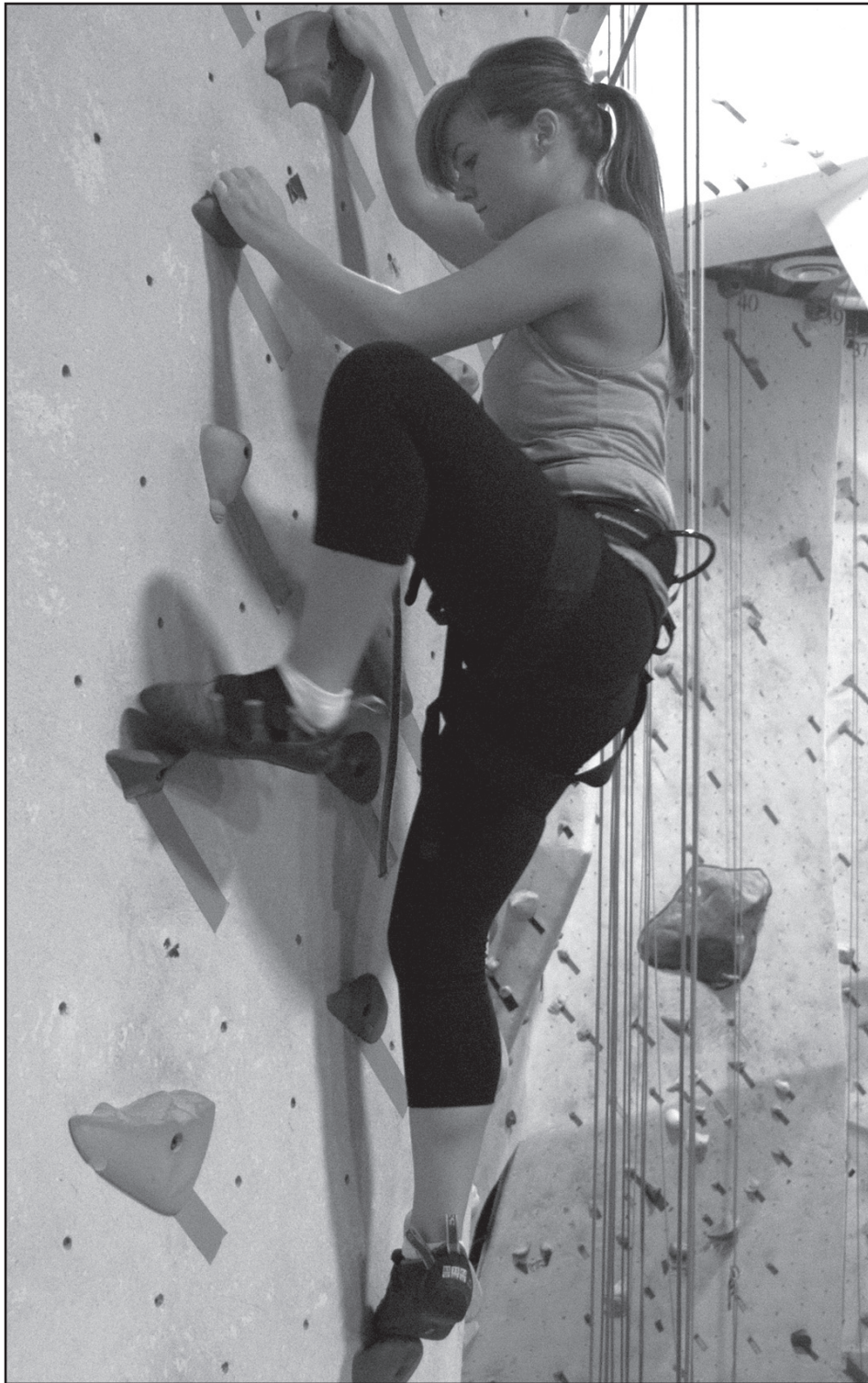
Wednesday, Feb. 26

3 p.m. - 5 p.m.

Student Involvement Room 140

## LOCAL

## Rock climbing gym offers a new student deal



Nick Esposito | Spartan Daily

Becky Frederick focuses on her footing as she climbs one of the many different rock walls inside The Studio, a rock climbing gym located on the corner of First and San Carlos Streets in downtown San Jose.

By Nick Esposito  
@NickSEsposito

Students can now climb to new heights with the introduction of a new \$39 monthly student membership at The Studio, a rock climbing gym on First and San Carlos Streets.

The gym is one of nine locations owned by Touchstone Climbing, a Bay Area company that has brought indoor rock climbing into different cities in Calif.

The Studio is located in an old shutdown theater building that was converted more than two years ago into a rock climbing gym where old rafters and booths have been transformed into rock climbing walls and a yoga studio.

"It used to be a movie theater, so the aesthetic as is, is so (cool)," said Tori Scoville, a studio member and senior recreational management major. "It has different levels to it as well."

The monthly fee goes a long way, said Greg Mavor, a Studio employee and junior mechanical engineering major.

"(It's) a full regular gym, access to classes with TRX and high intensity interval training, instructors that have experience with strength and conditioning stuff and we have yoga six days a week," he said.

Diane Ortega, The Studio general manager, said members opting for the \$39 a month member-

ship must be local students in the South Bay and will only have access to the San Jose Touchstone gym, which she said makes sense.

She said that the limited membership makes sense because there aren't any other gyms nearby.

As news of the student deal began to spread, students such as Claire Wheelock, a senior hospital-ity major, began flocking to sign up for a membership.

"There's really no reason not to," she said.

**With different events scheduled every month and a new membership fee for students, The Studio has received a lot of attention in the recent months.**

Not only has the student membership attracted new student members, but old student members also jumped at the chance to save money by switching over to the less expensive membership.

"I switched over right away," said Scoville. "I don't

need to go to San Francisco gyms."

With a variety of different events, deals and their new student membership, The Studio has decided to embrace local students.

"The events are one of my favorite parts of working there. We do a lot of unconventional stuff," Mavor said. "This month we have black out climbing, where we turn off all the lights in the gym and give people climbing headlamps."

The gym uses climbing events as a way to reach out to students at the beginning of the fall semester.

"At the start of every year we have done a free climbing day for students," Ortega said. "It does happen to coincide with San Jose State's start of the school year, but people from the junior colleges and Santa Clara are all more than welcome as well as high school kids."

With different events scheduled every month and a new membership fee for students, The Studio has received a lot of attention in the recent months.

"There's no reason for people not to at least go and check it out," Wheelock said. "There's nothing bad that can come from it, and everybody I know that has tried it has gotten so into it."

Nick Esposito is a Spartan Daily staff writer.

## BASEBALL

## Spartans lose third straight to Stanford

By Colton Seike  
@Colton\_Seike

Production from the offense was tough to come by for the San Jose State baseball team on Tuesday as they extended their winless streak to three after a 9-3 loss to Stanford.

The Spartans were led offensively by junior outfielder Andre Mercurio, who went 2 for 4 with one run scored.

SJSU batted 5 for 31 as a team, including 1 for 16 with runners on base and 1 for 11 with runners in scoring position.

"That guy was pretty good on the mound today," said Spartan Head Coach Dave Nakama. "They marched some pretty good arms out. They got a lot of good, blue-chip type pitching and that's what you are going to go up against on weekday."

It was scoreless after the first inning, but in the second inning the offense came alive.

The Cardinals got on base early. Austin Slater reached first on an error from freshman infielder Alec de Watteville. A single up the middle by Stanford's Brant Whiting moved Slater over to third with a first-and-third situation for the Spartans.

Spartan freshman pitcher Carter Johnson could not enforce a ground ball to the next batter and he tripled to left field, bringing in both base runners and making it 2-0 Cardinals. Johnson's debut was finished by the next inning and sophomore pitcher Ross Slaney came into the ballgame.

SJSU senior outfielder Matt Lopez put the first runs on the board to pull within one of Stanford, 2-1.

De Watteville brought in the tying run for the Spartans after a sacrifice fly to left, bringing Bautista in from third.

The Spartans took the lead 3-2 in the third when Mercurio, who led the inning off with a triple down the right field line, crossed home on a throwing error by Cardinal second baseman Tommy Edman.

Slaney gave up the lead in the fourth and was pulled in the fifth after giving up

back-to-back singles to Cardinals Wayne Taylor and Danny Diekroeger. Nakama called on freshman Jackson Berumen for relief.

Berumen allowed 5 total runs, 2 runs toward Slaney in the fifth inning. The Spartans were down 8-3 and couldn't catch up.

"We can't stay away from the big inning," Nakama said. "The big innings happen because we don't make plays. We make bad decisions and don't throw enough strikes. We got to stay away from the big inning."

The Spartan offense struggled during the middle of the game and went down 1-2-3 in multiple innings.

Stanford put another run on the scoreboard in the eighth inning from a sacrifice fly by Slater that brought in Diekroeger to give his team the 9-3 win.

"You tip your hat, they hit the ball well," Mercurio said. "They found a couple holes and it's unfortunate, but they're a good team. They did a good job hitting the ball today and finding holes."

Colton Seike is a Spartan Daily staff writer.

## Parking Made Easy

**Fourth Street Garage  
Only \$175 for SJSU Students**



**Second & San Carlos Street Garage  
Only \$160 for SJSU Students**



Spring semester permits are valid January 15 through May 31. Permits are available for purchase at garage offices.

Students must provide valid student ID and proof of enrollment (minimum 6 units). Please bring originals with copies.

For more information, call (408) 794-1090.

Get parking information, directions, maps and more at [sjdowntownparking.com](http://sjdowntownparking.com)



**WERE YOU  
A STUDENT IN  
2010, 2011,  
2012 OR 2013?**

**H&R  
BLOCK**

**YOU COULD  
BE ELIGIBLE  
FOR A  
REFUND.**

## FREE 1098T REVIEW.

Visit any H&R Block office today to see if you or your parents qualify for the American Opportunity Tax Credit. Bring your 1098T form to review and see if we can find you money

- You must have paid college tuition and other expenses.
- This credit is only available for the first four years of post-secondary education.
- Credit is available to students or parents.

**This could turn into \$1,000 in your pocket\***

[HRBLOCK.COM](http://HRBLOCK.COM)

368 E Taylor ST | San Jose CA 95125 | (408) 291-0177  
975 The Alameda Ste 50 | San Jose CA 95126 | (408) 998-1085  
2053 Camden ave | San Jose CA 95124 | (408) 559-6730  
1439 Bird ave | San Jose CA 95125 | (408) 297-4585

\*The \$1,000 refund potential is calculated based on the maximum credit amount of \$2,500. Up to \$1,000 of this credit is refundable, meaning this amount could be paid to taxpayers even if it exceeds your tax liability for the year. Students under age 24 generally do not qualify for the refundable portion of the credit. ©2013 H&R Block Tax Group, Inc.



Follow us  
@SpartanDaily  
on Twitter for  
score updates



or on Facebook  
[www.facebook.com/  
thespartandaily](http://www.facebook.com/thespartandaily)

ART

## SJSU MFA student paints mural between Israel and Palestine

By Yasmine Mahmoud  
@yasminehahmoud

In a place where tensions run high and words can be misinterpreted, a San Jose State graduate student tried to make sense of it all by creating public art that attempts to transcend language and conflict.

In December 2013, Isaac Lewin, an SJSU Master's of Fine Arts student, went on the Taglit-Birthright Israel trip, a 10-day program that offers people of Jewish heritage the opportunity to visit Israel.

Lewin said he chose to extend his trip so he could paint graffiti on the wall between Israel and Palestine.

"I had heard about the wall and that was a point of contention for me," Lewin said. "I don't know if I support or disagree necessarily with the wall."

*It's very often used for political purposes and certainly not only in this instance, but in instances all over the world where minority groups are trying to get their voices heard...*

**Jo Farb Hernandez**  
director of exhibitions and special projects

Prior to his trip to Israel, Lewin visited different countries in Latin America and lived in Chile for one year, he said.

"Over the course of those years I was always painting in the streets," Lewin said. "I wanted to continue to do that graffiti, but utilize some of the things I've been using with my fine arts approach."

There is graffiti in various languages from visitors of Palestine and Israel all over



Photo courtesy of John Klose

MFA student Isaac Lewin stands in front of a mural he painted on a wall between Israel and Palestine.

the wall, Lewin said.

Lewin's work consists of geometric shapes reminiscent of Asiatic language typefaces, but have no particular meaning, which he said work symbolically.

"I wanted to deface the wall without saying something directly," Lewin said.

The wall Lewin painted was about two stories tall, he said.

"I had a taxi driver that said he would help me find a spot," Lewin said. "He said 'hey look, there's a Banksy over there,' and I said no, no, no, it's not about fame for me."

Lewin painted a section of the wall in Bethlehem, near a parking lot.

"I wanted to paint in a place where there weren't any paintings," he said.

There are sections near the refugee camps where the walls are completely trashed, he said.

Grffiti is a common method of publicly presenting opinions and artwork which is used internationally.

"It's very often used for political purposes and certainly not only in this instance, but in instances all over the world where minority groups are trying to get their voices heard more," said Jo Farb Hernandez, professor and director of exhibitions and special projects for the school of art and design at SJSU.

Hernandez is also director of Saving and Preserving Arts and Cultural Environments, an international nonprofit organization whose mission is to document and advocate for "outsider" art environments and other self-taught artistic activity, according to its website.

"It is often used when there is a call for independence or changing the status quo

in terms of political and social issues et cetera," Hernandez said. "This is one of the important uses of graffiti."

Lewin is 6 feet 2 inches tall and had to use a 10-foot extender to roll out oil-based paint to draw his self-generated symbols on the wall.

"Putting up a big 24-foot concrete wall says a lot," said Daniel Alafetich, a Masters of Fine Arts student who has seen photos of the graffiti. "Isaac's work allows you to stop and contemplate that question."

Alafetich said his work is intriguing because it's confusing and you don't know what it's trying to convey.

"Like all graffiti, one day it might be covered up – but I'm OK with that," Lewin said.

Yasmine Mahmoud is a Spartan Daily staff writer.

# Classifieds

02/20/14

### Opportunities

\$\$ SPERM DONORS WANTED \$\$  
Earn up to \$1,200/month and help create families. Convenient Los Altos location. Apply online: [www.SPERMBANK.com](http://www.SPERMBANK.com)

### How To

Place your ads ONLINE at [www.Spartandaily.com/advertising](http://www.Spartandaily.com/advertising)

You can also place classifieds through the Spartan Daily Ad office.

Call us at 408.924.3270 or visit us in DBH 209.  
Office Hours: 1:30 - 4:15 P.M.  
[spartandailyads@sjsumedia.com](mailto:spartandailyads@sjsumedia.com)

Check us out!

A&E Sports News Videos Opinion



SPARTANDAILY.COM

### Sudoku Puzzle

Complete the grid so that every row, column and 3x3 box contains every digit from 1 to 9 inclusively.

		2	5	7				3
		9		8				4
	1				3			
7							6	8
5		3		4		2		7
1	2							3
			2					8
9				3		6		
	3			9	5	4		

DIFFICULTY RATING: ★★★★★

### Previous Solutions

4	8	1	2	3	5	7	9	6
6	9	3	8	4	7	1	5	2
2	5	7	1	6	9	8	4	3
9	3	4	6	5	8	2	7	1
7	2	8	3	1	4	9	6	5
1	6	5	7	9	2	4	3	8
5	1	2	9	7	6	3	8	4
8	4	9	5	2	3	6	1	7
3	7	6	4	8	1	5	2	9

G	A	E	L	B	U	N	T	P	S	A	L	M		
A	L	G	A	E	S	A	U	S	A	E	R	I	E	
W	O	R	K	A	G	A	I	N	S	T	I	M	E	
K	N	E	E	L	R	E	A	C	T	A	N	T		
S	E	T	S	A	L	U	G	H						
D	I	S	S	O	L	V	E	D	I	E	G	O		
U	N	P	U	B	L	I	S	H	E	D	W	O	R	K
O	C	U	L	I	S	A	L	T	I	N	E	S		
S	A	N	K	A	B	Y	S	S						
S	N	O	P	E	R	S	H	E	A	R	S	A	L	M
W	O	R	K	S	L	I	K	E	A	C	H	A	R	M
U	T	E	R	I	N	U	L	L	A	L	E	E		
M	E	S	A	S	G	A	L	E	B	E	R	N		

Feb 19

### Disclaimer

The Spartan Daily makes no claim for products or services advertised below nor is there any guarantee implied. The classified columns of the Spartan Daily consist of paid advertising and offers are not approved or verified by the newspaper. Certain advertisements in these columns may refer the reader to specific telephone numbers or addresses for additional information. Classified readers should be reminded that, when making these further contacts, they should require complete information before sending money for goods or services. In addition, readers should carefully investigate all firms offering employment listings or coupons for discount vacations or merchandise.

### Crossword Puzzle

1	2	3	4	5	6	7	8	9	10	11	12	13		
14				15				16						
17				18				19						
20						21								
22					23	24		25						
					26	27			28	29	30	31		
32	33	34	35	36				37						
38								39	40					
41								42						
43					44	45								
					46			47		48	49	50	51	52
53	54	55	56				57			58				
59								60	61					
62								63				64		
65								66					67	

- ACROSS**
- 1 Hemingway's nickname
  - 5 Fourth-down option
  - 9 \_\_\_Saxon
  - 14 Contents of Pandora's box
  - 15 From a distance
  - 16 One who won't settle
  - 17 Have no chance at winning
  - 20 "Peter, Peter, pumpkin \_\_\_"
  - 21 Mother-of-pearl sources
  - 22 Buddy and binary
  - 25 "\_\_\_ Maria"
  - 26 Little \_\_\_ (Manhattan neighborhood)
  - 28 Says further
  - 32 Having star potential
  - 37 Advance warning
  - 38 Revenge or tennis, for example
  - 41 Ark measure
  - 42 Kind of
  - 43 Type of pattern or pilot
  - 44 Sharp mountain ridge
  - 46 One thing to do at Sundance
  - 47 Winter warmer
  - 53 Remove from the action
  - 58 One pointing at a target
  - 59 Living dangerously
  - 62 Broadcast
  - 63 Grown-up grigs
  - 64 Big splash aftermath?
  - 65 Clergyman's abode
  - 66 Rain unit
  - 67 Crash prelude
  - 7 Org. in "From the Earth to the Moon"
  - 8 Like a war dance
  - 9 Camera viewpoint
  - 10 Failure for 7-Down
  - 11 FBI operative
  - 12 Type of duck or excuse
  - 13 Rapturous rhymes
  - 18 Word before "sol!" and "not!"
  - 19 The Midshipmen
  - 23 Knuckleball catcher
  - 24 Beefy dish
  - 27 Pueblo building material
  - 28 Swiss heights
  - 29 Printer's notation
  - 30 Cart for heavy loads
  - 31 Eyelid woe
  - 32 Knowing when to be silent, e.g.
  - 33 Chills and fever
  - 34 Where many cultures thrive
  - 35 Broadcast, as radio
  - 36 Monarch catcher
  - 37 Common connection
  - 39 Commend, as for
  - 40 Field of expertise
  - 44 Sharing a family tree
  - 45 Like a raccoon's tail
  - 46 Water park chute
  - 48 "Go, team!"
  - 49 Annoys
  - 50 Open Eskimo boat
  - 51 Atom-splitting
  - 52 Unshackled
  - 53 Unwanted email
  - 54 Trojan princess of opera
  - 55 "Dagnabbit!"
  - 56 "The windows to the soul"
  - 57 Fancy-schmancy jug
  - 60 U.N. workers' grp.
  - 61 Dosage amt.



## It takes YouTube to raise women's issues

The Internet is home to many "viral" videos, from people doing stupid things to animals skateboarding.

"Oppressed Majority," or "Majorité Opprimée," is a French short film by Eleonore Pourriat that has recently gained popularity.

The video shines light on issues of misogyny and sexual violence and tries to help people understand the root of the problem – sexism.

The video is of a man who lives in a world where gender roles are reversed.

The events the man lives through in the video are based on everyday experiences of women.

In the video, a woman demeans the man by telling him, "I should really be talking to your husband."

A drunk woman yells inappropriate comments about the way the man is dressed and the man is eventually sexually assaulted by a group of delinquent women.

The video was praised for talking about these issues and bashed for being feminist propaganda.

I am a feminist.

I just never realized it when I was younger.

When you are younger and experience sexual harassment, that feeling stays inside of you and you carry it with you as you get older.

Feminism forces people to discuss situations like sexual harassment and rape.

Feminists "hate men."

Feminists will one day band together, take command and dominate men, who will bow down and kiss their blood-stained heels.

These are exaggerated stereotypes perpetuated by the patriarchy to make feminism unappealing to everyday people.

"Feminism is a movement to end sexism, sexist exploitation and oppression," said Bell Hooks in her book, "Feminism is for Everybody."

Hooks emphasizes that feminism is not about being anti-male, it is about realizing sexism is the root of the problems that women face.

According to Hooks, the only way to end patriarchy, or institutionalized sexism, is to understand that "we are all participants in perpetuating sexism until we change our minds and our



Follow Jerica on Twitter @thehellajerica

hearts."

The idea that feminism is a bad thing proves that America has so much more to learn about gender equality.

The fact that it takes viral videos, memes and other simplistic forms of social media for a mass audience to understand feminism is mind-blowing.

I struggle to wrap my mind around the mindset of people who believe feminism is bad for society.

We live in a society where history lessons are viewed through the eyes of white males.

Chimamanda Ngozi Adichie, a Nigerian author and feminist, held a TEDxTalk conference titled "We should all be feminists."

She said the word "respect" is something a woman shows a man instead of something a man shows a woman.

She talks about societies' views on things such as rape and victim shaming.

In "Oppressed Majority," the man is taken to the police station and treated as though he should have stopped the group of women from assaulting him.

These women represent boys and men who get away with rape every day around the world.

The man represents women who are questioned and blamed for something out of their control.

Rape, Abuse and Incest National Network (RAINN), the nation's largest anti-sexual violence organization, states that one out of every six American women has been the victim of an attempted or completed rape in her lifetime (14.8 percent completed rape; 2.8 percent attempted rape and 54 percent of rapes are unreported.)

With society's tendency to blame the victim, it is not surprising.

Imagine living in a world where men and women are treated equally.

Where women can walk home late at night without clenching their pepper spray.

We can live in a world where men don't need memes to understand the plight of women.

Open-mindedness can help save the world, but people have to be willing to take a seat and listen.

Jerica Lowman is a *Spartan Daily* staff writer. "Phenomenally Feminist" usually appears the first and third Thursday of the month.



Jasmine Leyva is a *Spartan Daily* staff writer and Jeffrey Gonzalez is the Opinion Editor. Follow Jasmine on Twitter @jleyvabhs and Jeffrey @jeffvgonzalez. "He Said, She Said" usually appears the first and third Thursday of the month.

**I have happily been in a relationship for a year and a half, but every once in awhile, my ex will contact me and I will reply. My intentions are not bad, but I still feel guilty about it. Is it inherently wrong to keep in touch with your exes even if your intentions aren't bad?**

### HE SAID

Nobody who gets a job at Cisco takes a break from work to go finish flipping a burger at the McDonald's job they quit two years ago (unless, of course, that burger was really great in bed.)

That's the way most of us think when our partners talk to their exes.

They had their chance, what else do they have to talk about?

Most guys, whether we admit it or not, assume the strongest connection our girlfriends had with their ex was a sexual one.

So when we hear about exes, that's where the mind goes and we feel threatened by it.

It may be a simplistic – and probably irrational – way to look at it, but jealousy is a difficult disease to cure and its symptoms make human interaction stupid and complicated.

No, there's nothing inherently wrong with keeping in touch with your ex – if you're single.

But when you're in a relationship, the game changes. You have to be aware of your partner's feelings toward it.

Obviously you can't restrict your friendships to accommodate your boyfriend's jealousy, but you have to find a middle ground that respects both of your ideologies.

You said you feel guilty about your correspondences with your ex.

If you feel that way about it in the first place, you should just stop, or at least be open with your current partner.

The worst thing you could do is talk to your ex secretly, because then a small, meaningless thing turns into a big problem.

You said your intentions aren't bad. If so, then you have to ask yourself what your intentions are.

Do you want to talk to your ex just so you can make sure your life is better without them?

Trust me, there will never be a moment you get to say, "I told you so" to an ex and feel closure.

You're in a good, happy relationship. Don't ruin that by trying to chase some closure in a relationship that you know made you unhappy.

The best last word is no word at all.

Be friends with exes, if it works.

But if you feel guilty about it, respect your current partner and yourself and stop talking with them.

### SHE SAID

They're called exes for a reason. They are x-ed out of your life. Sure you had a tie to them or their family, but that's long gone.

Your intentions may be genuine, but your significant other may not appreciate your contacting your ex.

It sounds cruel to cut someone out of your life, but it's something that must be done.

Some people end on good terms and can remain friends. That's all nice and humane, but can you imagine what your significant other is thinking about all of this?

I know if my boyfriend were contacting his ex I would wonder what they were talking about and how long they'd been contacting each other.

While it may seem harmless it could lead to some problems.

However, there may be a few exceptions.

If your ex was from middle school then it's OK. You were young and really didn't know what commitment was back then. If your ex was a good family friend prior to the relationship, then small talk is OK.

At least make sure your current partner knows you are contacting your ex. It's the considerate thing to do.

Running into your ex is something that should be addressed, especially if you share the same group of friends. Be cordial and keep your cool. Better yet, make sure your current partner keeps their cool. The last thing anyone wants is a yelling match or physical fight to break out. Talk about awkward.

I understand that it's hard to cut ties with someone who was special, but you have a current partner. Now, they're your special someone and should be treated respectfully.

Be aware of what your actions may cause.

If you think your current relationship can handle something heavy like this, then go ahead. If you have a gut feeling that you shouldn't be contacting your ex then it's already a sign that there's no reason to continue doing so.

If you decide to stop contacting your ex and wish they do the same, then politely explain that you feel it isn't appropriate.

**I struggle to wrap my mind around the mindset of people who believe feminism is bad for society.**



## SPARTAN DAILY STAFF Spring 2014

EDITORIAL	ADVISERS	ADVERTISING	LETTERS TO THE EDITOR
<b>Executive Editor</b> Allison Williams  <b>Managing Editor</b> Jenny Bennett  <b>Photo Editor</b> Basil Sar  <b>Production Editors</b> Jessica Barajas Tho Giang  <b>Multimedia Editor</b> Jamie Maciel	<b>Staff Writers and Photographers</b> Philip Beadle Austin Beliso Ashley Bulayo Ryan Brown Josie Chavez Brandon Chew Lisa duTrieuille Nicholas Esposito Talia Geliebter Melody Gonzales Sol Granados Randall Hayden  Nicholas Ibarra Sarah Kenoyer Jasmine Leyva Jerica Lowman Yasmine Mahmoud Veronica Martinez Paris Maxey Tony Nuñez Taylor Rush Jessica Schlegelmilch Colton Selke Franko Valencia	<b>Production Chief</b> Tim Burke  <b>Manager</b> Deborah Briese  <b>News</b> Richard Craig Scott Fosdick Mack Lundstrom  <b>Advertising</b> Tim Hendrick  <b>Photo</b> Kimi Kornerich  <b>Design</b> Tim Mitchell	<b>Ad Director</b> Casey Staub  <b>Creative Director</b> Alicia Simpson  <b>Assistant Creative Director</b> Rafael Ochoa  <b>Ad Staff</b> Jenessa Barnes Carrie Cabalse Sergio Camacho Michael Gonzalez Tim Lamascus Isa Leri Ruben Sarino
<b>Sports Editor</b> Juan Reyes  <b>A&amp;E Editor</b> Rochelle Beckel  <b>Opinion Editor</b> Jeff Gonzalez  <b>Copy Editors</b> Andrew Forgy Kellie Miller  <b>Online Editor</b> Tanya Mutz	<b>Letters to the Editor</b> Letters to the editor may be placed in the letters to the editor box in the Spartan Daily office in Dwight Bentel Hall, Room 209, sent by fax to (408) 924-3282, emailed to spartandaily@gmail.com or written to the Spartan Daily Opinion Editor, 1 Washington Square, San Jose, CA 95192-0149.  Letters to the editor must contain the author's name, address, phone number, signature and major. Letters become property of the Spartan Daily and may be edited for clarity, grammar, libel and length. Only letters of 300 words or less will be considered for publication.  Published opinions and advertisements do not necessarily reflect the views of the Spartan Daily, the School of Journalism and Mass Communication or SJSU. The Spartan Daily is a public forum.		

REVIEW

## Does an açaí Power Bowl a day keep the doctor away?



Paris Maxey | Spartan Daily

(left) Power Bowl is located on Fourth and San Fernando streets near the Martin Luther King, Jr. Library. (right) Power Bowl offers farm-fresh organic fruits with homemade granola, ideal for those looking for a healthy meal.

By Paris Maxey  
@Gucci\_picasso

No preservatives? Check. No additives? Check. Fruit that will strengthen your ability to fight infection and disease mixed with flavored granola? Check.

This is a checklist anyone can use when visiting the newly opened Power Bowl, a juice bar that provides bowls filled with organic fruit and homemade granola that taste too good to be true.

Just three weeks into its opening, Power Bowl, located at 132 E. San Fernando St., is riding the health wave and people around campus are taking notice.

Power Bowl uses an ice cream-parlor-like system where each employee works with you to create a bowl that meets your needs.

You can choose from the pre-decided menu items such as the Tropic Thunder that blends açaí berries and soy milk and tops it with homemade granola, fresh fruit and is drizzled with honey.

The real bang for your buck comes in the form of the build your own bowl for \$5.99.

With the easy to read menu on the back wall you can choose anything from antioxidant berries to vitamin filled toppers, such

as pumpkin seeds and walnuts to meet your every need.

As a customer, the biggest worry will be whether or not there will be enough bowl for all you want to do with your creation. Additions range from \$.50 to \$.75.

*'Hello's go out to all who walk in, giving off a welcoming feeling soon followed by a friendly smile and helpful inquires as to how to make the right bowl for you.'*

Great food can usually give customers enough reason to overlook inadequate service.

Luckily, at Power Bowl, the staff complements the delicious food. "Hello's go out to all who walk in, giving off a welcoming feeling soon followed by a friendly smile and helpful inquiries as to how to make the right bowl for you.

However, so much personal attention takes its toll when it comes to waiting. As with any new place, people tried to perfect their decision down to the last berry and made wait times vary from 10-25 minutes.

With no shortage of competitors, such as Jamba Juice and Tapioca Express, Power Bowl may not be the only option for students looking for healthy snacking alternatives, but it's definitely one of the healthiest.

"We're creating a healthy meal. Something close to Jamba Juice but edible," said Chima Osuka, the manager of Power Bowl. "Everything is organic and made and bought locally."

Fresh ingredients bought from local organic farms and slabs of homemade granola brought in by a little old lady make Power Bowl more than just some quantity over quality chain of juice bars.

After devouring my order I had to find out if I was the only one enjoying this refreshing food.

"It's a good healthy snack. Well, more like a meal, that I feel is good for the body," said San Jose resident Amit Prince.

A nice selection of music that is typically found on Top 40 radio stations will have you tapping your feet and bobbing your head by

the time you pick up your food. A very spacious eating area with a few wall decorations leaves you wanting more for such a promising location in the heart of downtown San Jose.

Although clearly still in the infant stages of décor, what is missing in aesthetics is made up for in high quality, simple ingredients.

When paying with a card you may be pleasantly surprised with the sign touch screen. There is also a feature to have your phone number logged to send your receipt to your cellphone, keep track of how many bowls you've bought and notify you when you qualify for a free one.

Overall the experience at Power Bowl is nice. There is definitely potential for much more visually but hey, it hasn't even been a month.

Fresh fruit and healthy eating should be enough for anyone – from a health nut to the average customer – to check out this place.

If that's not enough just remember there is a self-employed granola making little old lady providing homemade deliciousness. Who could turn down a little old lady?

Paris Maxey is a Spartan Daily staff writer.

Download the FREE **SPARTAN DAILY** Mobile App!

For late-breaking news & real-time offers

Available on:

FOURTH STREET

### DASH to Class

### Park for Less, Shuttle for Free.

The **Downtown Area Shuttle (DASH)** stops on Fourth Street, at San Fernando and at Paseo de San Antonio, connecting San Jose State University to:

- San Jose Diridon Station
- VTA Light Rail and Free Park & Ride lots
- Plenty of affordable downtown parking
- Downtown shopping, dining and more.

**DASH** runs in 5-15 minute headways from 6:30 a.m. until 9:15 p.m. Monday through Friday, except on major holidays.

For your **DASH** schedule:  
(408) 321-2300  
[vta.org](http://vta.org)

For parking information, maps and more:  
[sjdowntownparking.com](http://sjdowntownparking.com)

SAN FERNANDO STREET | SAN CARLOS STREET

14/019767

SAN JOSE DIRIDON STATION/ALMADEN BLVD

## QUICK FACTS

Power Bowl  
Smoothie & juice bar

Opened  
**Jan. 24**

### Location

132 E. San Fernando St.

Next to Santa Clara County Federal Credit Union

### Hours

**Mon. - Sat.**  
9 a.m. - 7 p.m.  
**Sundays**  
9 a.m. - 6 p.m.

### Price

**\$\$\$\$**

Information compiled from the Power Bowl Facebook page  
Infographic by Rafael Ochoa