SPARTAN DAILY I I E

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OBITUARY



Brenden Tiggs | **Tiggs family photo**

The 'Tiggs' mentality' leaves a legacy

By Jasmine Leyva @Leyvaleyv3

Brenden Tiggs, San Jose State University freshman, high school athlete, son and friend died Sunday, Feb. 9.

Brenden was born to Gary and Denise Tiggs on April 29, 1995. He and his family established themselves in the Daly City community.

Brenden went to Good Shepard Elementary School and Saint Ignatius High School, where he began his legacy as a football player.

Brenden was a sports enthusiast, proudly cheering for his high school football team, the Saint Ignatius Wild Cats, as well as the Nebraska Cornhuskers, the 49ers and his own Spartans. Brenden was ranked as the No. 45 prospect in California and No. 368 in the nation in high school football, according to maxpreps.com.

His build may have intimidated some, but to his family and friends he was a giant teddy bear.

"Brenden was a very positive, impactful person," said Bryan Hill, Brenden's uncle and god father. "And I'm not just saying that, I'm saying it because it's a unique character in human nature."

Nursing club holds bone marrow drive



Left to right: Serggio Antonio, Vivian Wong and Jessica Banh help bring awareness to SBAN's bone marrow drive Monday in the art quad. They are all members Alpha Phi Omega, a national service fraternity that volunteers to help the community.

By Nick Esposito @NickSEsposito

HEALTH

The South Bay Assembly of Nurses (SBAN) is hosting their second annual bone marrow drive today from 10 a.m. to 2 p.m. in the Art quad, if weather permits. If not, the drive will move to the Student Union's Pacifica room.

Today is the final day that SBAN will check the eligibility of participants and register them as potential bone marrow donors, said Spencer Wong, a senior nursing major and co-president of SBAN.

The event is held in honor of John Estolano and Ryan Manansala who both have been diagnosed with leukemia. Estolano was diagnosed with acute lymphoblastic leukemia (ALL) on New Year's Eve 2012 and has since

needles at this drive so it's totally painless."

SBAN is a club for nursing students to help put on health related events and bring public speakers to campus, effectively to connect nursing students with various resources.

The bone marrow drive began in 2013 as a way to do something different, but the meaning evolved when Estolano was diagnosed.

"We saw blood drives and blood screenings on campus, but realized that no one has done a bone marrow drive on campus," Wong said. "Coincidentally, over break we found out that a fellow classmate was diagnosed with leukemia and after hearing that we were shocked."

Estolano was told that his condition would not improve until he received a bone marrow transplant. grouped in the national donor registry with Asian Americans, which are one of the least represented groups of bone marrow donors in the registry.

"A lot of the time, for bone marrow transplants you want to get the same sort of genetics," Estolano said. "I have a Filipino background so I would need more Southeast Asians to donate which is not really common."

Wong said that Asian Americans represent only seven percent of the registry, which is why SBAN teamed up with the Asian American Donor Program (AADP).

Thi Ly, the outreach coordinator and volunteer manager of AADP, will be working with SBAN to help increase the number of underrepresented groups in the national

Brenden started at SJSU in Fall of 2013 as a kinesiology major. He had hopes of becoming a physical therapist.

Being a devoted football player and fan, Brenden tried out for the Spartan football team and had set a goal of walking onto the field next year as a member of the team.

SEE **MEMORIAL** ON PAGE 6

WORKSHOP

gone into remission.

Bay Area native Ryan Manansala was diagnosed with acute myelogenous leukemia (AML) and is in need of a bone marrow transplant.

"They need to be between 18 and 44-yearsold and we are going to have them swab their own cheeks." Wong said, "There will be no "My cancer was really progressive to the bo

point of where it wouldn't work anymore if I was to continue my (chemotherapy) regimen," Estolano said. "The doctor said to have a more successful remission they needed a transplant."

Estolano said finding a transplant for him was not an easy task because Filipino is

bone marrow registry.

"We are here trying to get more people registered because out of the 10.5 million people on the national registry, 67 percent are Caucasian and all other ethnicities make up the other 30 percent," Ly said.

SEE **HELP** ON PAGE 6

Peer Health Education program lets students teach each other

By Yasmine Mahmoud @yasminehmahmoud

The Peer Health Education program is a series of studentrun workshops and events aimed to inform San Jose State students about the physical and mental health issues that affect college students.

"It sets a tone for the culture of our campus," said Jenny Nguyen, a peer health educator, head of the violence prevention portion of the program and a senior health science major.

The Student Health Center includes two different areas, clinical health and wellness, said Nicholas Bell, a senior health science major and lead of the alcohol awareness program. The Peer Health Education program focuses on wellness and preventative care.

"Our education levels may be different, so keep an open mind," Bell said.

Peer health educators are SJSU students who are trained to understand and present health issues affecting college students.

Peer health education seminars are typically presented to health science classes, where there are about 35 students, Bell said.

The Peer Health Education program hosts interactive presentations throughout the semester, where students can learn about the seven issues the program focuses on – alcohol,

SEE EDUCATE ON PAGE 6







REVIEW Daniel Ellsworth and The Great Lakes drops 'Kid Tiger'

By Sarah Kenoyer @sarahkenoyer

Daniel Ellsworth and The Great Lakes' second album, Kid Tiger, set to release today, is pleasant and accessible, but ultimately not brave or original.

In 2011, the band members launched a campaign on Kickstarter to fund the release of their fist album, Civilized Man, and exceeded their goal to raise \$7,000.

What's more incredible, they landed the privilege of working with producer Mark Nevers, whose Midas-touch legacy includes his work with such indie rock and folk luminaries as Bonnie Prince Billy, Yo La Tengo, Silver Jews and Andrew Bird.

What resulted was a stripped-down sound simultaneously conjuring the pop buoyancy of fun. and the raspy minimalism of The Black Keys.

"Civilized Man" ranked at 76 on Amazon's list of top 100 albums of 2011 and the single "Shoe Fits" charted at seven in Amazon's top 100 songs of 2011.

Nevers didn't sign on for their sophomore album "Kid Tiger," which diverges from the effortless, minimalistic sound of "Civilized Man."

"Kid Tiger" is crisp and catchy, but is regrettably over-produced. It's difficult to attribute the overpolished sound to producer Vance Powell, considering he's worked with gritty Detroit based acts, including



Daniel Ellsworth and The Great Lakes' second album, "Kid Tiger," is set to release today.

The White Stripes and The Raconteurs.

Ellsworth's piano is a welcome force behind the songs. Ellsworth, who was a contestant on the sixth season of NBC's "The Sing-Off," also delivers a flawless falsetto. The emphasis on four-part vocal harmonies is pleasant.

The single "Sun Goes Out" achieves the grandiosity and controlled chaos of a "Funeral" era Arcade Fire

song. The soft sound of a synthesizer buzzing and light drumming creates the effect of white noise behind Ellsworth singing, "We say over and over we'll do the things we like when we're older, we're getting older every day."

At about 30 seconds, a distant sounding electric guitar steadily prepares for Ellsworth to pound his piano in the ferocious style of Jerry Lee Lewis.

About one minute and 10 seconds into the song, a symphony bursts like a carburetor explosion on a quiet, residential street.

Ellsworth is accompanied by multiple guitars and an echoing choir. He belts, "Calm down, we're headed for a wreck a city sent to ruin and crumble, we set ourselves against ourselves, we carry on," bringing a symphonic apocalypse to mind, one in which the spirit of op-

timism will be triumphant. Esquire Magazine included Daniel Ellsworth and The Great Lakes in a list of "15 Bands to Watch in 2014."

Perhaps the undue hype of "Kid Tiger" is the most irksome quality about the album.

That, and the band marketing themselves as having an innovative sound when, in reality, they're in an ever-expanding line of

indie bands riding on the coattails of more successful bands such as Arcade Fire and Fleet Foxes.

Daniel Ellsworth and The Great Lakes will take one of two paths. The group's albums will either be relegated to forgotten file boxes of albums by similar myriad mediocre indie bands, or it will rise to the potential evident on "Civilized Man."

Sarah Kenoyer is a Spartan Daily staff writer.









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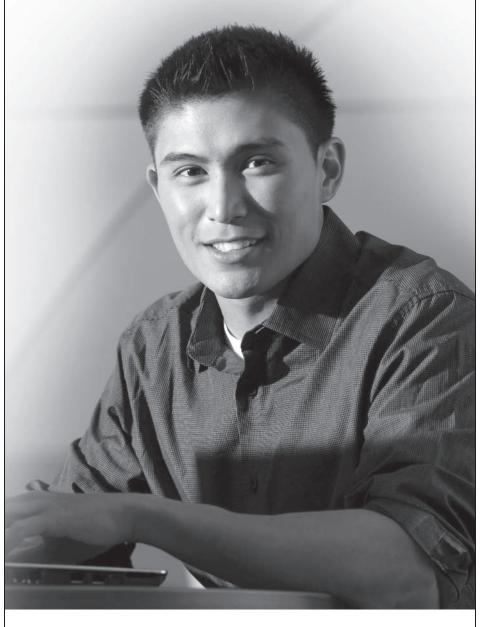
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REVIEW

New houseflipping show is late to the party and underdressed

By Nick Ibarra @NickMIbarra

On paper, HGTV's new reality show "Flip It To Win It" combines the visceral satisfaction of a remodeling show with the risk and reward of high-stakes gambling. Onscreen, however, low production value and cardboard characters leave the show on a shaky foundation.

Despite what the name suggests, this isn't a game show, but a house-flipping show. For those unfamiliar with the genre, think "Extreme Home Makeover" meets "Storage Wars."

For those who are familiar, you might be thinking, "Wait, aren't there already, like, three of those on air?" To which I would say, stop thinking so much, this is reality TV.

HGTV is clearly trying to catch the house-flipping train, which left the station in 2005 with A&E's "Flip This House," picked up steam with Bravo's "Flipping Out" and kept rolling along with Spike's more recent contribution, "Flip Men."

The genre apparently has two ironclad rules: Include the word "flip" in the title and cast at least one stocky bald guy with an extra button undone on his collar.

But is the house-flipping show market ripe for a new listing or has this bubble already burst? (I'll show myself out.)

"Flip It To Win It" follows two-person teams of house-flippers who scope out defaulted homes about to be put up for auction on the courthouse steps.

While the teams poke around through the side and back yards of prospective homes during their scouting expedition, they aren't allowed to set foot inside.

The teams are after the same homes, and they viciously bid against one another to get what they want.

Once a house is bought, the team is finally able to open it up, and these moments are some of the highlights of the show. How are the interiors? As can be expected when buying a de-



Screenshot from HGTV's "Flip It To Win It" Team members Todd Hill (left) and Michael Koffman (right) try to outbid the competition for a foreclosed Los Gatos

faulted house sight-unseen, results may vary.

Next, a construction crew is brought in for 30 days to remodel and furnish the house to prepare it for a quick turnaround sale on the market.

The transformation between how the interior's start and where they end up is definitely satisfying, as is finding out the final sale price.

Another highlight is the auction segment. It's the Silicon Valley so everyone is furiously swiping at iPads and most of the men are sporting extra-tight shirts, popped collars or both.

Real money is on the table here. One of the teams purchase the most expensive house, a fixer-upper in Los Gatos, that opens at \$825,000 and closes well over \$1 million.

home in the premiere of HGTV's new reality show "Flip It To Win It."

That's the basic premise, and it's definitely got some meat to it.

That's not what you came here to find out, though. You came here to find out if this new housing show has it. That, I don't know, "salaciousness" factor that we've come to crave from reality TV – the same "I want to, but I know I shouldn't" feeling you get from binging on potato chips or spreading really juicy gossip.

The short answer is no. The slightly longer answer is no, at least not yet.

While there are a handful of satisfying moments in "Flip It To Win It," they are overshadowed by cringe-inducing canned lines followed by uncomfortable laughs and awkward look-aways.

"This house is going to take a ton of work," says one partner.

"More like two tons," says the other.

"We're like ninjas of real estate," says another man as his team is introduced.

Such fare is typical for the reality genre, but subpar production values and questionable edits make these lines feel even stranger and more forced than usual.

When it isn't outright awkward, the chemistry between team members can be somewhat stale. To be fair, some of this can probably be chalked up to the usual jitters of people who aren't used to being on camera, and some of it could possibly be fixed with another round of postproduction (which HGTV may very well be planning on now that they've picked up the show).

With a few small tweaks and a couple of new personalities, this could be a viewable show for a subset of reality junkies.

I couldn't help but think that for a show about such large sums of money, the production team sure could have used a little more of it.

"Flip It To Win It" premieres tonight at 8 p.m. on HGTV.

Nick Ibarra is a Spartan Daily staff writer.

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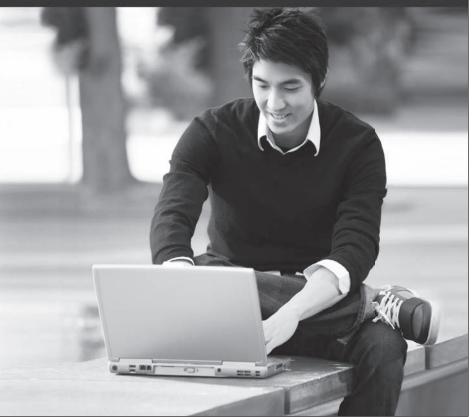
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SPORTS

WEEKEND RECAP

SJSU splits doubleheader in tournament

By Tony Nuñez @Tony_Nunez

The Spartans softball team lost 1-0 to the No. 7 ranked Washington Huskies and routed the University of Texas at El Paso in a 10-8 win to split a doubleheader Saturday in the Libby Matson Tournament hosted by the University of the Pacific.

Spartan junior Allison Lang went five innings giving up seven hits and five walks, while striking out four Huskies in SJSU's (11-6) first contest of the day.

Lang almost helped her team to an upset of one of the top ranked teams in the nation, but a run in the bottom of the sixth inning gave the Huskies the only run of the game.

The Spartans got a single from junior Michelle Cox with two outs in the top of the seventh to keep their hopes alive, but a groundout by sophomore Jessie Hufstetler wiped out any chance of a comeback.

Senior Devin Caldwell finished two for four for the Spartans.

The Spartans found more offensive production in their win against the Miners.

SJSU's bats smacked 13 hits and recorded 10 RBIs, but the defense had to withstand a late-game surge to record the win.

With two outs in the top of the sixth inning, the Miners mustered up enough offense to score five runs and threaten the Spartans' cushion, but Berlyn Rippentrop came in to

end the run.

Rippentrop finished off the game to record the save and gave starting pitcher Katelyn Linford her third win of the season.

"She (Linford) had great stuff today," said Head Coach Peter Turner to SJSU Athletics. "The process of being a freshman is not easy. You learn lessons along the way. Overall, she has good movement and as she gets more mature, she'll get better command. I'm happy with her progress."

Hufstetler had a monster game going two for two at the plate with four RBIs and two runs scored.

Recent Mountain West Player of the Week Jessica Garcia was two for four and finished with two RBIs.

The Spartans will travel to Fullerton to play in the Judi Garman Classic with their first contest coming Thursday at 8 p.m.

Baseball

The Spartans lost two games and stole one in extra innings in their three-game weekend series against the Nevada Wolf Pack.

SJSU (3-9, 2-4 MW) was unable to pull off a comeback win in the first meeting despite having the tying run at the plate twice in the ninth inning.

In game two, the Spartans pulled out a 7-4 win by scoring three runs in the top of the 10th.

Two of those runs came at the hands of a two-run homer from Matt Carroll. But Nevada (4-7, 2-4 MW) took the third contest in an 8-3, come-from-behind effort.

SJSU took a two-run lead in the bottom of the fifth inning of Sunday's game but Nevada scored two runs to tie and followed up with two more in the sixth to take their first lead since the opening frame.

The Wolf Pack held SJSU scoreless for the remainder of the game and tacked on three more runs to record the win.

Matt Lopez had two of the Spartans' eight hits in the game.

Carroll led SJSU in hitting for the series, going six for 13 with a home run, four RBIs and two runs scored.

The Spartans continue the season next week with five games. Saint Mary's College will visit Municipal Stadium tonight at 6 p.m. before SJSU hosts four games in the Jack Gifford Memorial Tournament.

Women's Track and Field

SJSU fielded 14 competitors at the Mountain West Conference Indoor Track and Field Championships Friday at Colorado Spring, Colorado.

Freshman Melanie Fujiwara was the Spartans' top finisher. Her time of five minutes and 43.78 seconds in the mile was good enough for 12th place.

SJSU's distance medley relay of Rebecca Garcia, Madiha Raza, Lalida Maokhamphiou and Aylin Mejia completed the distance medley relay in

But Nevada (4-7, 2-4 MW) 13:37.04, finishing 10th place.

Women's Tennis

SJSU's women's tennis team edged UC Santa Barbara 4-3 for its third straight dual match win Saturday at the Spartan courts.

Marie Klocker, Gaelle Rey and Sabastiani Leon Chao all won their singles matches.

The No. 1 doubles team of Rey and Leon Chao won 8-5 and the duo of Jessica Willett and Julianna Bacelar won their match 8-3.

SJSU (5-8) hosts Santa Clara University at 12 p.m. Saturday.

Women's basketball

Britta Hall scored 22 points, but it wasn't enough for the Spartans as they fell 96-67 to Utah State Saturday at Logan, Utah.

Jasmine Smith and Rebecca Woodberry both had a double-double in the loss.

Smith finished with 11 points and 16 rebounds, and Woodberry with 11 points and 13 boards.

The Spartans (10-17, 4-12) host Colorado State tonight at 7 p.m.

Hockey

The SJSU hockey team is hosting the Fundraiser for Nationals on Saturday at Sharks Ice.

The first matchup will be the Legends Game at 6 p.m. followed by the Alumni Game at 7:05 p.m.

Information was compiled from SJSU Athletics.

Tony Nuñez is a Spartan Daily staff writer.

2014 Softball Stat Leaders

Hitting											
# Name	AVG	H-AB	RBI	HR	SLG						
20 Jessie Hufstetler	.540	27-50	14	2	.820						
22 ^{Devin} Caldwell	.364	16-44	4	0	.477						
12 ^{Jessica} Garcia	.357	20-56	28	4	.625						
5 ^{Alyssa} Martinez	.310	13-42	10	0	.357						
44 ^{Sharon-Rena} Estrada	.308	12-39	11	2	.487						
Pitching											
# Name	ERA	W-L	CG	SO	IP						
11 Allison Lang	2.51	6-2	2	28	47.1						
38 ^{Madison} Fish	5.43	2-1	1	9	19.1						
1 Katelyn Linford	5.86	7-6	0	19	28.2						
Upcoming Schedule - 2014											



Infographic by Juan Reyes | Spartan Daily Information from SJSU Athletics



Check out the latest online episode of Spartan Update: Sports Edition http://youtu.be/77vAM307mT4

03/04/14

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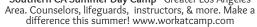
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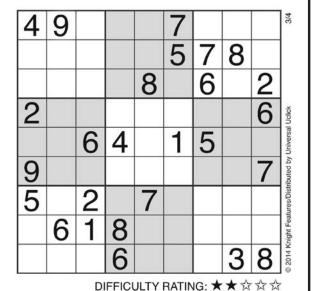
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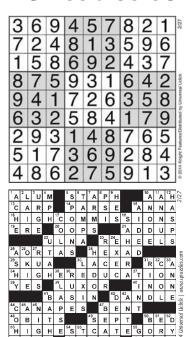
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OPINION



Net neutrality is threatened by Comcast, Netflix merger

Comcast, known for its unbelievably low rates and fantastic customer service, is about to get even better.

Hang on, I think I got that mixed up a bit. Let me try again.

Comcast, known for its outrageous prices and abysmal customer service, is poised to acquire Time-Warner

Cable in a \$45.2 billion deal that would combine the two largest Internet providers in the U.S. and create even more of a stranglehold on the high-speed Internet market than already exists.

If approved by the FCC, the deal will put Comcast in a third of American households, according to the LA Times.

Ars Technica reported that

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Comcast Executive Vice President David Cohen was quick to warn consumers not to expect lower prices, or even slower price increases for the future, but he said he can't see how the deal would

hurt consumers. Former FCC commissioner Michael Copps

disagreed. "I think we need to look at it in the context of the one big media ecosystem we have in this country, which is broadband, broadcast, old media and new media, and you have one player, one power that you're according massive influence and gatekeeping control, and that's just plain bad for consumers and just plain bad for democracy," he said in an interview with Ars Technica.

It may not be a coincidence that days after the acquisition was announced, Comcast and Netflix announced they would be entering a "mutually beneficial" arrangement in which Netflix will pay to ensure its content is delivered to Comcast customers in "high-quality."

Net neutrality is a fight worth fighting.

The specific terms of the deal are secret, but both companies assured the public in a press

release that Netflix wouldn't be getting preferential treatment, something that goes against the principle of net neutrality.

Net neutrality is the idea that the Internet should remain a level playing field where new and smaller websites and services aren't forced to deal with slower speeds than established players.

Net neutrality encourages innovation and competition, and allows consumers the freedom to choose the content they want, rather than having it selected for them.

If the Comcast-Netflix deal doesn't violate the spirit of those principles, then it isn't clear what exactly Netflix is paying for.

It may be in anticipation of the data-caps Comcast is experimenting with in some markets.

Comcast owned media, of course, wouldn't count toward those data caps, and presumably neither would services such as Netflix that are willing to pay for the privilege.

Companies such as Comcast have long advocated to do business with less government regulation, allowing more investment in infrastructure and lower prices for consumers.

Because the U.S. currently has some of the slowest and highest priced Internet services in the developed world, that claim has been thoroughly disproved.

According to data compiled by the Organization for Economic Co-operation and Development, high-speed Internet in the U.S. is twice as expensive and half as fast as nations such as France, the U.K. and Japan, while South Korea leaves us even further in the dust.

That's pretty embarrassing for a nation that invented the Internet and continues to rely on it heavily for economic growth - not to mention the social and cultural importance.

A free and open Internet is an invaluable tool for promoting democracy and democratic principles and it should be cherished and protected.

Unfortunately, corporations such as Comcast won't keep the Internet free on its own.

It's going to need to be regulated with legislation.

Congresswoman Anna Eshoo (D) of Palo Alto recently introduced the Open Internet Preservation Act to do exactly that.

Passing meaningful legislation won't be easy, since Comcast alone controls the seventh largest lobbying effort of any U.S. organization, as reported by the New York Times.

Net neutrality is a fight worth fighting.

The potential of the Internet as an engine for the free and open exchange of culture, science and technology is hard to overstate.

The Internet is no longer just a luxury. It has become an essential utility to modern society, and we, as a society, are going to have to take steps to protect it from the short-sighted profiteering of corporations such as Comcast.

If we fail to act now, we will live to regret it.

Nick Ibarra is a Spartan Daily staff writer. "Rights Watch" usually appears on the first and third Tuesday of the month.

The Academy Awards ceremony is redundant in the Internet age is the Hunger Games,"

said DeGeneres.

last vear.

It's lightweight ass kiss-

ing disguised as humor.

That's why Seth

MacFarlane was seen as

Yes, he was extreme-

...lt's

such a failure as a host

Is our money not enough for filmmakers? Obviously not, since they find the need to

hold extravagant awards ceremonies for themselves every year.

Why are the Oscars even an annual event? We live in the age of the Internet and have



Follow Jeff Gonzalez on Twitte

inappropriate for his audience, but his biggest problem was that he didn't completely suck up to

ly sexist and pretty

the populace what's good for them. This year a lot of the films being nominated were popular mov-

ies, such as "Wolf of Wall Street," "Gravity" and "American Hustle." But many of the films the

Academy choose to nominate year after year are drama pieces that only appeal to a certain demographic, such as "Nebraska" and "Philomena."

So yes, in theory the Academy Awards give filmmakers recognition for their good work and contributions to our culture, but in reality it's just a high five or a butt slap among friends in an



Students are quick to deny having a racist bone in their body. "I don't see color," is a phrase becoming more common and "People are more than their skin color" is a phrase that is being accepted more as a truth than a saying.

On the heels of Michael Dyson's eye opening speech last Monday, the thought of race and identity are in the forefront of student's minds.

Discussing the lecture in class, it seemed universal that identifying someone based on race or ethnicity is troublesome.

Immediately following the discussion I could hear my classmates saying, "I loved when he started rapping," and "He just seemed so

gratification. Just save the money and time

and post the winners on Reddit. The awards are the same every

year.

People win an award, they thank God, the director or themselves, other people pretend to care, the audience politely claps, someone makes a bad joke. Then the process gets repeated.

I understand Oscars night is the biggest day for filmmakers. It's what validates their art, hard work and all the cocaine they did.

It's essentially their Superbowl night, but the pageantry and self-aggrandizing of the Oscars is embarrassing to watch.

All of the fascination with the tuxes and gowns, the praise of beauty, the enchantment with Jennifer Lawrence – it's really just a circle jerk for celebrity egos.

Ellen DeGeneres was as good a host as anyone could be, but that just means she made lighthearted, flattering jokes about famous people.

"There are cameras everywhere. Everyone is starving. Jennifer Lawrence won last year. This Hollywood. He tried to take

the thunder from celebrities, and they didn't like that.

I understand why it is important to give a circle recognition to great filmmakers.

It lets them know they are not alone and we love what they are doing.

But the problem with the Academy Awards is that it's a very limited group

of people who decide which films, actors and directors win the awards.

According to Scott Meslow from "The Week," the Academy is a nepotistic organization made up of 6,000 members who are predominantly "white, old and petty" and vote for films their friends or colleagues have worked on.

They basically serve the same function the electoral college serves in our democracy, they tell

in-crowd. So every year when Osreally just cars night comes around, I wonder to myself, what's the point of it all?

> We want to know who won the awards so we know what DVDs to buy.

> Other than that there's no point to sticking through the Oscars.

Nobody cares about speeches - that's why they

have background music to let the stars know people are get-

ting bored with them.

Unless vou're a fashion blogger and want to bitch about Kim Kardashian's cleavage on the red carpet, there's no reason to watch – just Google the list on Monday.

The Academy Awards ceremony is just a tool to get a bunch of old white people together so U2 can perform and feel hip again. Jeff Gonzalez is the Spartan

Daily Opinion Editor.

real.

Soon these comments lead to comparisons between Dyson and my classmate's teachers. "He reminds me of my teacher, he lets everything out."

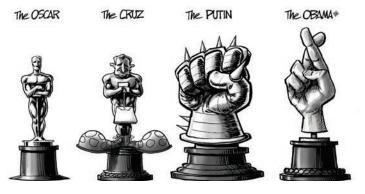
I found this to be very interesting and saddening at the same time.

Race issues go beyond racial slurs – race issues include everything about identifying someone based solely on their ethnicity and race, the good and the bad.

The next time you joke with a friend about "letting your black out," or saying "It's because I'm Asian," think about what is implied. Think about how it could be better stated.

Charlene Gage **Public Relations**

Statuettes



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jerk for celebrity eqos.

Crime Log

The following events were taken from the University Police Department's daily crime log.



A woman reported that her backpack was taken from her office in

the administration building.

12:33 p.m.

A subject suffered from sudden illness at Duncan Hall and was transported by ambulance to a local emergency room for treatment.

12:42 p.m.

Police officers responded to a theft reported at the Martin Luther King, Jr. Library. Officers tried to detain the suspect. In the process, the suspect tried to push a stroller with an infant into on-coming traffic. The suspect resisted and battered officers. Officers subdued and turned over the suspect for mental evaluation. The infant was released to a family member.



12:20 p.m.

A woman reported that she was involved in a traffic collision with a concrete pillar.

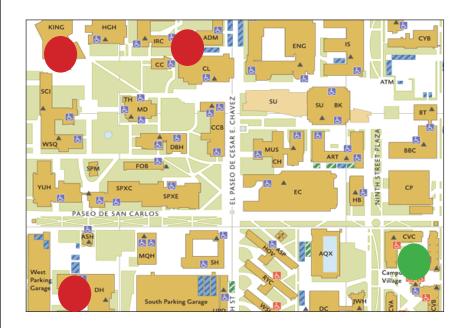
3:09 p.m.

Counseling services requested assistance in providing urgent care to a subject. Officers responded and took the subject to a local hospital for treatment.

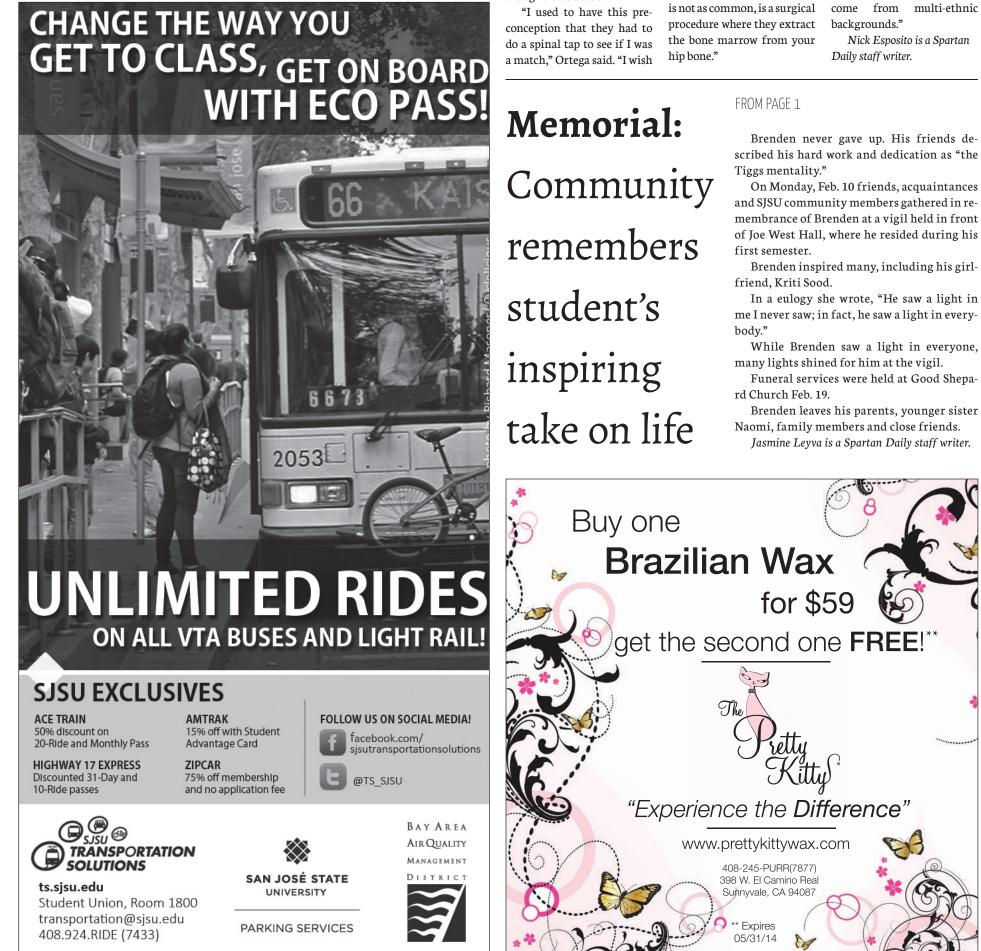
March

8:05 p.m.

At Campus Village Market, a male subject reported he was feeling ill from marijuana consumption. An ambulance transported the subject to a local hospital.



Information compiled by Jasmine Leyva



Educate: Student fees fund lifestyle workshops

FROM PAGE 1

nutrition, sexual wellness, violence prevention, body image, marijuana and other drugs and healthy lifestyles, Bell said.

"We choose our workshops based on a variety of different health specialties," said Cassie Alvarado, Wellness and Health Promotion coordinator and nutritionist.

She said the same workshops are offered semester to semester.

Workshops are funded through tuition fees and are free for students to attend, Bell said.

Alvarado said depending on the program's timeline and the speaker's availability, that there are sometimes guest speakers for special events.

The turn out is usually about 10 to 20 students, Nguyen said.

Students can attend these workshops to fulfill requirements for sororities and fraternities, Bell said.

Jonathan Lazalde, a freshman Spanish major, said he attended a Peer Health Education Workshop with his soccer teammates.

"I think that it will help us with how we perform on the field," Lazalde said about a body image workshop called "The Self-Love Diet: The Only Diet that Works."

The workshops are run by Peer Health Educators, and are interactive. Students who participate as audience members are asked questions, and are encouraged to engage and participate in the presentation.

"Usually students are very much engaged," Nguyen said. "We have a lot of questions to ask and it's very interactive so it gets students to participate."

With workshops titled "Party Classy," and events like Body Positive Day, there are numerous events that are aimed at various parts of the student body.

Lindsey Hydorn, a junior business major, said that she attended a Peer Health workshop as an extra credit assignment for her nutrition class.

"It was interesting," she said. "Just a different take on lifestyles."

Yasmine Mahmoud is a Spartan Daily staff writer.

Help: Group raises awareness of underrepresented donors

FROM PAGE 1

Ly said all that is required is a cheek swab, as fundraising and donations have funded the drive.

"Four Q-tip cheek swabs testing your spit are good enough to see if you might be a match for a patient," Ly said. "From these preliminary tests, if you look like a match they are going to ask you for a blood sample to confirm."

Elizabeth Ortega, a junior psychology major, said the process was simpler than she thought it would be.

more people knew that it was very harmless and that you just use swabs."

Once a participant's information is submitted, individual health care providers can search the database for registrants that match their patient's need.

"If they are contacted by the registry, they will be asked to donate in one of two ways," Wong said. "They will either be asked for a blood transfusion, where they sit there for a few hours and the bone marrow is filtered through the blood, or the other way, which

Estolano underwent a bone marrow transplant on June 11, 2013.

He is now in remission, but his main focus is getting back to school and finishing his degree and, most importantly, staying alive.

"It's bitter sweet but mostly sweet because during the whole journey you don't care about anything other than being alive," Estolano said. "(Donating bone marrow) is not that much of a commitment I know it saves so many lives especially for minorities and those who come from multi-ethnic

Brenden never gave up. His friends de