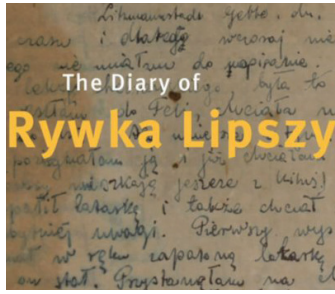




SPORTS 3
SJSU hosts 68th T/FGW Championship



A&E 6
A look inside the life of a teenager during the Holocaust



OPINION 7
Hashtags rule everything around me



Volume 142 | Issue 27

Serving San José State University since 1934

Wednesday, April 9, 2014

SPARTAN DAILY

#SJSULOCKSOFLove



Locks of Love comes to campus

Brandon Chew | Spartan Daily

Independent hair stylist Marli Tovar cuts off 12 inches of Jesus Ruelas' hair to donate to the Locks of Love Foundation in the Student Union on April 8, 2014.

Scan here for the full story, pictures and a video



<http://bit.ly/Q2tuMS>

#SPARTANRACING

Spartan racing revs up for SR-6 unveiling

By Jasmine Leyva @leyvaleyv3

The San Jose State Spartan Racing Formula Society of Automotive Engineers (SAE) will unveil their SR-6 car April 25 at Club Auto Sport in San Jose to the public before they head to Brooklyn, Mich. in May for the Formula SAE Series.

The team's first competition was in 2009 with Spartan Racing (SR-1), according to the Spartan Racing website.

They have competed each year since with a new car that was designed, built and driven by SJSU students, most of them engineering majors.

"We're a group of college students who come together to design, build and test open style race cars," said Richard Reece, a sophomore industrial and systems engineering major.

The cost of SR-6 was double the cost of what SR-2 cost when aerospace engineering major Kevin

Krakaur was involved in the Spartan Racing SAE Formula team.

"The cost (of SR-2) was around \$30-40,000," Krakaur said.

The team's goal this year was to raise \$35,000 for the car and team, said Vince Donatini, a junior mechanical engineer, SAE student chapter president and team manager.

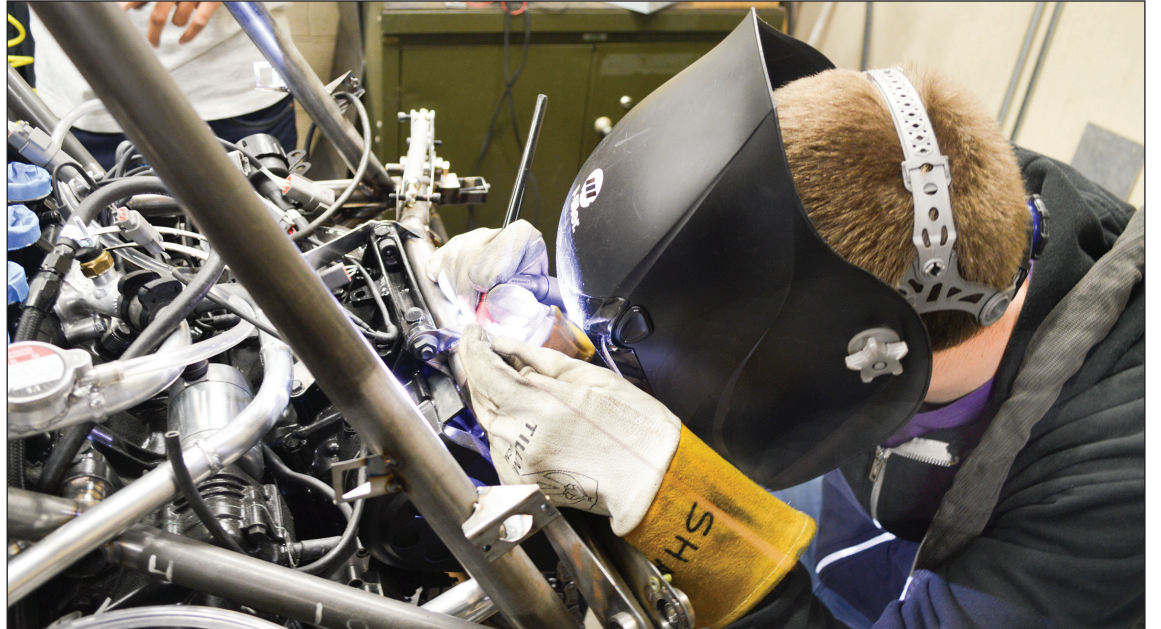
"The funding requirements for our project come to about \$85,000 every year," Donatini said.

Team members said the hours put into wiring, welding and building parts of the SR-6 are well spent.

"There's people coming in wanting to know more about cars, who always love them and then they realize there's all these different facets of engineering (and) having to be on a team with a management structure," Reece said.

Reece said that being in the program allows students to transition easily into the workplace once they graduate.

"People who work in the pro-



Jasmine Leyva | Spartan Daily

Ryan Sharp, a junior manufacturing systems major, works on the frame of SR-6 in the machine room of the Engineering Building April 2 in preparation for the unveiling on April 25.

gram can get a lot out of it depending on how much they put into it," Reece said.

The team is adding new items

to the SR-6 to set it apart from past cars they've build, Donatini said.

"They've added a full aerodynamics package to SR-6, which SR-4

had nothing of the sort and SR-5 had an under tray and diffuser

SEE SPEED ON PAGE 8

#MENTALHEALTH

Myths surround bipolar disorder

By Lisa duTrieuille @spartandaily

In September 1998, Bobbie Sabelhaus, now a Hollywood producer, gave up football for good.

In an article written about the Spartan's then third-string quarterback, Mike Klingaman of the Baltimore Sun, wrote that "Physically, he is fine. Mentally, he is not."

In the article, "Sablehaus ends football career Bipolar disorder prompts quick exit from San Jose State," Klingaman explains that Sabelhaus had bipolar II disorder which was exacerbated by playing football.

Dr. Shuyun Lo, an SJSU psychiatrist, said that bipolar II disorder is a less severe form of bipolar I disorder.

Bipolar I disorder is a disorder in which the individual has the capacity to have both depression and mania of some kind, Dr. Lo said.

Dr. Lo said the criterion to be diagnosed with bipolar I disorder is that one has to be persistently manic for a week to the point it's really disrupting one's life.

For Bipolar II disorder, he said the symptoms don't have to be as severe and has to last four days.

SEE MIND ON PAGE 8

Dear reader,

The Spartan Daily staff is proud to present the new layout.

The redesign is all about being able to better interact with you.

Talk with us on Twitter, Facebook, Instagram or Tumblr by using the hashtags that accompany the stories.

Stay up-to-date by checking the top of the page to see what's happening online.

Along with the paper, our app has a new look, too. Regardless if you have an Android or an iOS, campus news is at your fingertips. Use the app to flip through stories

by section, read the top stories of the week, check out the videos or save your favorite articles.

We want to hear from you!

Contact us through email at spartandaily@gmail.com, on social media, on the Spartan Daily app or stop by the newsroom in Dwight Bentel Hall room 209.

Sincerely,

The Spartan Daily staff



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#MENTALHEALTH

Disordered eating common among college students as way to cope

By Lisa duTrieuille
@spartandaily

As an eating disorder specialist, Joelle Rabow Maletis believes anorexia is being driven into groups of young females by YouTube videos that teach people how to become anorexic.

She said she wishes there was legislation to stop those YouTube videos.

According to the Diagnostic Statistical Manual (DSM), one must have a body weight of less than 85 percent of one's normal body weight and body mass index (BMI).

Cassie Alvarado, MS, RD, an SJSU campus dietician, defines anorexia as when someone restricts the amount of food they eat.

According to the National Eating Disorder Association (NEDA), males have eating disorders that are clinically similar to those of females.

Maletis said that males who have anorexia, like females, are addicted to restricting their food and starvation and many are also addicted to exercise.

Maletis said males look at it more from what is known as "the David Complex" — Michelangelo's "David," the quintessential and ideal male whose figure is unachievable.

Colleen Johnson, a staff psychologist faculty counselor at Counseling Services said that at the counseling center, they really stray away from classifying people with a diagnosable eating disorder and instead deal with students who are struggling with what they call disordered eating.

The reason for this, Johnson said, is to avoid stigmas around seeking help for eating disorders and its symptoms.

Johnson said most people

engage in a certain degree of disordered eating.

According to Alvarado, any type of sport that has weight classes can lead to a mentality which is kind of "the kindling for a fire" of an eating disorder.

Sports such as wrestling, rowing, gymnastics and boxing put a focus on weight.

Alvarado said that when the sport stops, the person can become so focused on the behaviors that they've learned and developed that they can unfold into developing disordered eating and potentially an eating disorder.

Johnson said she feels that college is stressful for a lot of young women, especially if it is the first time being away from home and they're still figuring out who they are, how they fit in socially and the social and cultural expectations.

Johnson said that our

society has embraced the idea of emotional and stress eating, and college is a time when stress and emotions come to the forefront for many people.

Disordered eating, she said, is sometimes used to cope, but is not diagnosed as an eating disorder.

Johnson said that disordered eating is unique to the individual.

Classifying it as disordered eating creates a higher comfort level for talking about some of the symptoms, behaviors and thoughts that people may be experiencing.

Alvarado said there are several reasons why people develop eating disorders and treatments are different for different eating disorders.

She said intense fear about eating disorders may revolve around the type of food they eat, meal portions or persistent behavior that prevents

weight gain.

Anorexia, according to Alvarado, is not about the food, which is used as a coping mechanism.

Instead, she said there may be a deep rooted event in someone's past that they can't move past.

A dietician would work on a person's relationship with food and help normalize eating behaviors, she said.

A dietician might model eating meals and the approximate timing of meals, which could include how fast or slow someone eats, Alvarado said.

Alvarado said there's a disconnect of "I forgot how to eat normally" and normal has a very wide definition.

Alvarado said it's important to work closely with a treatment team, which usually includes a dietician, some kind of mental health clinician, a medical doctor and, many times, a psychiatrist

for medications that may be provided.

Having all of the components is very important because eating disorders are potentially lethal, Alvarado said.

According to the National Institute of Mental Health (NIMH), anorexia is the most lethal of all mental disorders.

Johnson said support is dependent on the severity of the disorder.

Being supportive and encouraging healthy behaviors can be good for someone in the beginning stages of disordered eating, but if someone is severe, supporters should try to be supportive and destigmatize by separating the person from the diagnosis.

According to Alvarado, recovery is possible as long as one is willing to go through the treatment.

Lisa duTrieuille is a Spartan Daily staff writer.

NATIONAL NEWS

Crude oil trains revive Philadelphia refineries but deliver new risks

By Curtis Tate
McClatchy Tribune

Just a few years ago, the region's refineries were on life support, hurt by high prices of oil imported from foreign countries. Now, they're humming again with the daily deliveries of domestic crude in mile-long trains.

As one of the country's largest destinations for crude oil from North Dakota's Bakken region, Philadelphia illustrates both the benefits, and risks, of a massive volume of oil moving by rail.

"It's a good marriage," said Charles Drevna, president of the American Fuel & Petrochemical Manufacturers, an industry group. "Ultimately, it will be good for the consumer."

But even as the oil and the trains that bring it may have saved refineries and jobs, they're testing the limits of the city's infrastructure and emergency response capabilities.

In January, seven loaded tank cars derailed on the 128-year-old Schuylkill Arsenal Railroad Bridge over the Schuylkill River. Though no crude was spilled, one car

dangled precariously over the river and Interstate 76. Investigators blamed it on faulty track maintenance.

"We always hear that things will never happen," testified former Rep. Curt Weldon, R-Pa., a former firefighter and mayor of nearby Marcus Hook, Pa., at a hearing last month, "but things always happen."

The city grew up around its rail network, so the only way to the refineries for trains is through town. Some rumble over a steel viaduct through the campuses of Drexel University and the University of Pennsylvania. Others snake through a tunnel under the iconic Philadelphia Museum of Art and the steps made famous by Rocky Balboa.

One of the main routes to the sprawling refinery complex in South Philadelphia crosses a crumbling viaduct for several blocks through a residential neighborhood. Railroad officials say the 86-year-old viaduct is structurally sound, but residents are concerned about the chunks of concrete that regularly fall into the street.

"It may be perfectly safe, but the impression it gives just by looking at it is something else," said Roy Blanchard, a longtime South Philadelphia resident knowledgeable about the railroads.

Robert Sullivan, a spokesman for CSX, which owns the structure and operates trains over it, said the viaduct was designed to accommodate heavy commodities, such as iron ore and coal, and the railroad is planning to improve it. It already has hired a contractor to begin removing loose sections of concrete.

While other major endpoints for oil trains, including Albany, N.Y., and towns in the San Francisco Bay Area and the Pacific Northwest, have attempted to slow or stop the shipments because of environmental and safety concerns, Philadelphia largely has welcomed the boom.

State and local officials hailed the opening in October of a rail yard that now un-

loads two 120-car trains carrying 80,000 barrels of oil every day to feed the largest refinery complex on the East Coast. A partnership between Sunoco and the Carlyle Group, a private equity firm, created Philadelphia Energy Solutions, which employs 1,000 workers.

Without Bakken oil to replace expensive imports, the refinery would have closed.

Republican Pennsylvania Gov. Tom Corbett, flanked by Philadelphia Mayor Michael Nutter and Rep. Robert Brady, both Democrats, called the revived operation "a symbol of the connection that exists between Pennsylvania's expanding energy industry and the potential we have to achieve energy independence in North America."

But it's also created new challenges for emergency response agencies.

A series of fiery derailments involving Bakken crude oil since last summer has raised questions about whether government and industry fully accounted for the risks before railroads began hauling it. The worst killed 47 people in Lac-Mégantic, Quebec. Others in Alabama and North Dakota, while not fatal, drove home the need for new precautions.

"This crude is not the crude of old," said Robert Full, chief deputy director of the Pennsylvania Emergency Management Agency.

Full was testifying before a state House of Representatives oversight hearing last month in nearby Eddystone, Pa., the site of a rail-to-barge facility set to open this month. It will unload two trainloads of crude oil a day by the end of the year.

Bob Andrews, a Texas entrepreneur and fire protection engineer, testified that Pennsylvania should consider developing a specific crude-by-rail response plan to protect communities and the investment they have in keeping the oil moving.

"The Philadelphia area is a good place to start," he said.

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Curtis Tate | MCT

Philadelphia's 25th Street Viaduct, on March 22, 2014. Chunks of concrete are falling off the 86-year-old structure, which stretches for several city blocks in South Philadelphia. Two or three loaded crude oil trains pass over it every day, bound for Philadelphia Energy Solutions, a sprawling refinery complex that's now the largest single consumer of Bakken crude oil from North Dakota. The surge in new rail traffic has brought renewed prosperity to the Philadelphia refineries, but it has also pushed the limits of the city's aging rail infrastructure.

FINAL FOUR



Stephen Dunn | MCT

Shabazz Napier makes the sign that he has won two national championships as the Connecticut Huskies beat the Kentucky Wildcats 60-54 in the NCAA Final Four championship game at AT&T Stadium in Arlington, Texas on Monday.

Connecticut wins NCAA title, 60-54 over Kentucky

By Blair Kerkhoff
McClatchy Tribune

Coach Kevin Ollie walked to the Connecticut fans' corner, raised his hands, stretched his fingers and hid his thumb.

Four, as in the number of national championships for the Huskies since 1999.

Connecticut brilliantly slowed the pace of the NCAA final down the stretch and in the process cooled off the hot Kentucky Wildcats 60-54 on Monday night.

"One word," guard Ryan Boatright said. "Unbelievable."

Connecticut played every late possession to near perfection, bleeding the clock and usually getting points.

The biggest one came from Boatright, who splashed a 10-foot floater as the shot buzzer sounded, making it 56-50 with 4:09 remaining. Only minutes earlier, Boatright had gone to the bench with a slight ankle sprain, but he was determined to fight through.

The Wildcats answered with an Alex Poythress follow slam, but he missed a free throw that would have cut it to three, and after DeAndre Daniels scored inside for the Huskies, Kentucky never got the ball back with a chance to tie or take the lead.

The final two minutes passed and Kentucky Coach John Calipari decided not to put Connecticut at the line. This allowed the Huskies to burn the clock and keep the ball in the hands of senior point guard Shabazz Napier.

He did wonders with it.

Napier, voted the Final Four's most outstanding player, was a maestro throughout the tournament and especially on Monday. His 22 points led the way. He set the early tone with three-point shooting and controlled the action late.

When Kentucky's James Young started an 8-0 run with an acrobatic slam for three-point play, it appeared the Wildcats were in a position to take its first lead.

But Napier banged in a three-pointer.

"Dagger," Calipari said.

Teammate Niels Giffey followed with a corner three, and at the moment it looked like Connecticut could pull it off. This from a team that lost to Louisville by 33 points late

in the season.

But in the second year under Ollie, the former UConn player and hand-picked successor for three-time national champion Jim Calhoun, the Huskies were never deterred.

They were underdogs in the national title game to a team that seemed destined.

Youth made Kentucky the story entering the game. When the starting five took the floor, it marked the second time in NCAA Tournament history that an all-freshman squad opened a championship game. It first happened in 1992 when Michigan faced Duke.

This was an eighth-seeded team that had lost 10 games during the season.

But the inexperience hadn't been a factor in the tournament as the Wildcats took down Kansas State, Wichita State, Louisville, Michigan and Wisconsin, reaching the final for the second time in three years.

And in the previous four games, the Wildcats won them in clutch fashion. Guard Aaron Harrison was the hero in the previous three with a stretch of late-moment game-winning shots unparalleled in the tournament's history.

Connecticut had been equally, if less spectacularly, impressive. The Huskies grounded Iowa State and Michigan State in the regional and took out top-ranked Florida in the national semifinal, becoming the first No. 7 seed to reach the national championship game.

Kentucky's pattern of falling behind by a deep margin and rallying back before half-time repeated itself.

This time the margin was the Wildcats' greatest of the tournament, 15 points.

But when Julius Randle hit a bucket with 2.9 seconds left, the margin was down to four.

Could the Wildcats roar back again?

One reason they couldn't was free-throw shooting. Kentucky missed three straight in a late stretch, including the front end of a bonus. They went 13 for 24 for the game.

Against a Connecticut that was making the most of every possession, every miss dropped Kentucky further in the hole until finally the Wildcats ran out of time.

And the Huskies' celebration was on.

#SJSUGOLF

Spartans host 68th T/WFG championships

Staff Report

The San Jose State men's golf team is hosting the 68th Transamerica-World Financial Group Western Intercollegiate Championship on April 12 and 13 at the historic Alister MacKenzie-designed Pasatiempo Golf Club in Santa Cruz.

The tournament is one of the longest running competitions of its kind.

According to John Ken-

naday, tournament director and SJSU men's golf coach, five of the nation's top 20 teams, including No. 3 California and No. 6 Stanford will be competing on the course.

The Spartans had a couple of golfers place in the top ten this season. Cody Blick tied for 1st in both the Itani and Wolverine tournaments and Justin Estrada finished tied for 10th in the Jones Sports Invitational.

SJSU's best team finish

was 3rd in the Price Give 'Em Five Invitational.

Alongside the Spartans, No. 17 Washington, No. 19 Texas and No. 20 Southern California will tee it up with host SJSU (#127), according to SJSU Athletics.

36 holes Saturday with a shotgun start beginning at 8:15 a.m. and 18 holes on Sunday. Team scores on the 6,615-yard par-70 course will be calculated by a play-six, score-five format.

NATIONAL

Torch is passed to Napier

By Blair Kerkhoff
McClatchy Tribune

The common thread through Connecticut's first three national championships was a strong lead guard.

Make it four for four, and add Shabazz Napier's name to the list.

Napier controlled the Huskies' 60-54 triumph over Kentucky in the NCAA Championship on Monday at AT&T Stadium.

He owned the game's best stat line, with 22 points, six rebounds and three assists. But his impact went deeper.

Napier's defense, along with backcourt mate Ryan Boatright's, was critical in bottling up the Harrison twins, especially Aaron, who had been spectacular throughout the tournament.

The twins combined for 15 points and three of nine three-pointers.

"He impacted the game," Kentucky coach John Calipari said. "He impacts every game he plays. He has a swagger about him. It's deserved."

Napier was in command, much the way Khalid El-Amin was in 1999, Ben Gordon in 2004 and Kemba Walker in 2011. National champions all, and as Huskies fans reminded the team during the on-court celebration, three of the titles were captured in Texas. Connecticut cut nets in San Antonio in 2004 and Houston in 2011.

Napier was a freshman on the 2011 team, a regular off the bench, taking orders from Walker.

This year, Napier, the American Athletic Conference player of the year, was that captain.

One time up the floor, he took the ball from Boatright

and nearly shoved him into position.

"Great player," Boatright said of Napier. "Great teammate, great leader."

Napier was at his best when Kentucky threatened to come back. The Wildcats started an 8-0 run with a James Young running slam and foul that completed three-point play.

The Connecticut lead had melted to 48-47, and the Huskies were in desperate need of a basket.

Only one player would take the shot, and Napier drained a triple.

"One-point game, and he makes that three," Calipari said. "He made a play."

After a Kentucky free throw, Napier found Niels Giffey in the corner for another three.

In a game where every possession was vital, Napier made sure the Huskies made the most of theirs, because the ball was in good hands.



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SAN JOSE STATE UNIVERSITY
ASSOCIATED STUDENTS
FOUNDED IN 1885 BY THE ASSOCIATED STUDENTS, SJSU

A.S. ELECTIONS COVERAGE



MEET THE CANDIDATES

By Josie Chavez & Paris Maxey

Vote online or in person

Polls **OPEN** on Monday, April 14, 2014 at 12 a.m.
 Polls **CLOSE** on Wednesday, April 16, 2014 at 8 a.m.

EXTRACURRICULAR AFFAIRS



Tiffany Wang
senior communications major

Wang said she has always been heavily involved on campus and is currently the director of programing affairs.

"I want to expand my experience with Associated Students," she said.

Wang said she currently works very closely with extra-curricular affairs.

Wang said she has shadowed the current director of extra-curricular affairs for the past year.

"Having been able to shadow her, I was able to see what she does," Wang said. "I know the importance of the position."

Wang said she feels her involvement with campus organizations has helped her in knowing what the specific "needs and wants" are for student organizations.



Victoria Melgoza
freshman pre-nursing major

Melgoza said she was always involved in campus life in high school.

Melgoza said she dabbled in everything from sports to theater to ballet and leadership.

Her first semester at SJSU was no different, Melgoza said she became involved in greek life and later joined a nursing club.

Melgoza said in her short time at SJSU, she's already noticed some things on campus that she would like to change if she takes office following the elections.

"I feel like they're really isn't that interaction with the campus. We need someone who is willing to go out there and advertise and campaign," Melgoza said. "I have the passion to make the activities better on campus. I know where we need to improve."

Melgoza said her past experience in leadership at her high school combined with her current work at the MOSAIC center gives her an advantage.

She said her work at MOSAIC puts her in direct contact with students and organizations of different cultures and backgrounds.

Melgoza also belongs to a sorority and said that this will also be useful to her since the position of director of extracurricular affairs works very closely with all greek organizations.

EXTERNAL AFFAIRS



Ashlei McPherson
sophomore political science major

McPherson, a transfer student in her second semester at SJSU, is a first time candidate in the A.S. elections but said she brings relevant experience to the position she hopes to fill.

"If done correctly, this position has a unique opportunity to actually enact change," McPherson said.

McPherson is a certified paralegal, an advantage she said she has on her opponents.

"If you understand bureaucracy, then you understand where you have to start in order to get where you're going," McPherson said.

McPherson's platform focuses largely on the Student Success, Excellence and Technology Fee.

She said this fee accounts for a significant percentage of student tuition and was raised recently.

McPherson has already began to look into how the fee is allocated and its comparison to other CSU institutions.

"There is no reason that we are in the middle of Silicon Valley and we do not have adequate Wi-Fi and we pay this fee. If CISCO can't provide the networks that we need perhaps we should start looking into another service provider and get our contracts with them."

She said that she can lobby more strongly in behalf of SJSU if all twenty-two CSUs come together on issues that are important for students.



Lourdes "LooLoo" Amante
sophomore advertising major

Amante said her platform focuses on student fees and preventing them from rising or reducing the cost.

Amante said if she wins the elections her new position will allow her to better aid the needs of SJSU students.

"It'll allow me to get a better perspective of other CSU students, and see how they're student fees work," she said.

The Southern California native brings experience into the position through her work at the Azusa City Chamber of Commerce and working alongside assemblymen.

Amante currently holds no office with A.S. and does not form part of any A.S. committee, but remains very involved and active in all A.S. events.

"I'm that representative who can embody the needs of the students," she said.

COMMUNICATIONS



Brandon Do
freshman business marketing

Do is currently the vice president of Washburn Hall, Hoover Hall and Royce Hall and was involved in leadership in high school.

He said his platform is aimed at commuter students and he wants to improve campus life for all students at SJSU.

"As director of communications, I want to be able to contact as many students as possible and talk about all the clubs and organizations on campus," Do said. "My goal is to maximize students experience at San Jose State."

INTERCULTURAL AFFAIRS



Akash Mangalore
junior microbiology major

Mangalore said he believes in keeping the campus diverse while still being unified as one school.

"I have always felt engaged with my fellow Spartans because each and every one of them to me is unique," he said. "It's this sense of family I want individuals to feel when they attend San Jose State."

If elected, Mangalore plans to implement a series of campus wide events that will stress individuality and personality. He also plans on instilling monthly forums, where Spartans can come and find solutions to concerns that affect their campus.

"By using this diversity, I hope to create an incubator where students can learn and grow from each other on a daily basis," he said. "I also believe that giving students the right to voice their concerns about university conflicts is important."

UNIVERSITY ADVISING AFFAIRS



Arina Izad
junior linguistics major

Izad said she has been involved on campus in advocacy groups and events such as March in March since transferring from De Anza in the Fall.

Izadi said she has attended University Affairs and has been able to observe and hear about events and incidents occurring on campus.

"University Advising Affairs is an advocacy position. I have seen and heard about the lack of voice of the students in meetings such as Academic Senate. It is my passion to be a student advocate," Izadi said.

If elected, Izadi said she will try to meet with organizations on campus from each college and try to bring a representative to meetings. Izadi says it's not just about people elected being present but all of the students also.

"We are devoting our time and effort to be heard by students and to be their advocates next year," Izadi said.

STUDENT RESOURCE AFFAIRS



Surbi Vijaywargia
junior software engineer major

Vijaywargia said she is running to have a chance to interact with most of the SJSU students and identify and potentially solve various issues students are facing.

"As a student, I know how important it is to have a good university experience," he said. "So I want my fellow mates to feel the same for this university."

Late night access to building gates so students could work on their projects and assignments at any hour of the day, as well as better health care facilities, are some of the plans Vijaywargia said she has in mind.

"I have heard a lot about how A.S. puts up things in favor of SJSU students and help students to resolve their issue," Vijaywargia said. "I was always fascinated by the A.S organization as a whole and wanted to be part of it."

A.S. Elections SCHEDULE

April 09

Open Forum #2
1 – 3 p.m.

Student Union, Pacifica Room

April 10

Meet the Candidates BBQ
12 – 2 p.m.

Tommie Smith & John Carlos Statue Lawn

Candidate Debates
2 – 3 p.m.

Student Union, Ohlone Room

Candidate debates

By Tessa Terrill
@tweetybirdTT

According to Kelli Williams, the associate executive director of Associated Students, debates for the A.S. elections will begin with a barbecue on Thursday on the lawn in front of the Tommie Smith and John Carlos statue at noon.

This will be a "more free-flowing event" in which "people can come and informally meet the candidates," she said.

The Students' Election Commission, an organization that organizes A.S. elections, will introduce the candidates, she said.

The debates between the candidates will immediately

follow in the Ohlone Room of the Student Union, she said.

"The debates are held between each of the candidates running for the same position," said Nicholas Bell, Elections Commissioner. "Each candidate will be asked the same question and have the same amount of time to respond to the question. This is to give the students an opportunity to see where the candidates lie with experience and their visions for the future."

This is the first year the debates will be filmed and streamed online, Williams said.

Tessa Terrill is a contributing writer.

The following candidates could not be reached for comment:

INTERCULTURAL AFFAIRS

Aditya Mairal
Divesh Tejvani
Miriam Mosqueda

ENVIRONMENTAL AFFAIRS

Briana Tucker
Jennifer Davis

UNIVERSITY ADVISING AFFAIRS

Annie Blaylock
Sharan Johal

STUDENT FEE AFFAIRS

Jennifer Connors
Michael Kakoliris

COMMUNICATIONS

Jessica Puentes
Monica Orozco
Mayur Madhusoodan

EXTERNAL AFFAIRS

Nick Carrillo
Tierra Keys

STUDENT RESOURCE AFFAIRS

Chetan Burande
Tina Castellanos
Vivian Le
Mathew Zupko

EXTRACURRICULAR AFFAIRS

Bowen Chan

Johnny Football is ready for the NFL

When I hear the name Johnny Manziel, I think of a prolific athlete, competitor, superstar and college football legend.

For some, Johnny Football is an egotistical and self-centered football player that the NFL does not need in the league.

Manziel's ego is well known, whether he was at a University of Texas fraternity party or throwing up his signature "money making" signal after a touchdown.

Johnny Football's ego won't stop as he prepares for the NFL draft in May. His personality and play will continue to open the eyes of coaches and fans.

As the NFL draft inches closer many analysts continue to relate Manziel to the Florida Gator great Tim Tebow.

But, is Johnny Football really the next Tim Tebow?

Coming into the league, Tebow was going to be a boom-or-bust player. He was either going to make it big or fall off the map.

In the end, Tebow's NFL career was not much of a success and he found himself out of the league after three seasons.

Manziel, a Heisman trophy winner just like Tebow, will not be the type of player Tebow was in the NFL.

Any franchise who is in need of a quarterback, such as the Oakland Raiders or Houston Texans, should not hesitate one bit to select the Heisman star and bring him into their offense.

Manziel, who is projected to be a top-10 pick in May's draft, shows prolific athleticism and potential to be a great quarterback in the NFL.

Accuracy and running ability are just a couple of Manziel's strengths as a quarterback, but his arm strength is more of a weakness in his game.

Russell Wilson of the Seattle Seahawks isn't the strongest passer in the game, but his accurate passing carried the Seahawks to an NFC Championship and Super Bowl.

I'm not saying that Manziel is the next Wilson, I'm just saying they have similar passing abilities.



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Critics of Manziel have a problem with his egotistical lifestyle and his immaturity issues he could bring to an NFL team.

His issues off the field could become worrisome to many organizations across the league.

After Manziel's Heisman season in 2012, his celebrity status grew to new levels as he became

an icon for celebrities such as Drake and LeBron James.

Once Manziel gets drafted, the spotlight on him will get that much brighter and he'll become an icon for many fans.

According to Jean-Jacques Taylor of ESPN Dallas, "Johnny Football might be the biggest celebrity quarterback to reach the NFL since the days of Broadway Joe.

His strong personality could turn many fans and organizations against him because teams certainly look for the quiet leaders at the position.

But Manziel's image should not matter, as long as he shows up on game days, performs to his best ability and starts winning games from the get-go.

Manziel could get chewed up by many across the league, but he should not worry if he starts winning from day one.

When draft day comes around, Manziel hopes to fall into the arms of a good NFL system that will build around him as a quarterback.

There certainly is a chance Johnny Football could be another over-hyped quarterback to reach the NFL, just like Tim Tebow.

But Manziel could also be the next superstar, like Colin Kaepernick or Cam Newton, to catch the league by surprise.

Manziel is what the NFL has needed for a long time — someone who will have a great personality and be a fan favorite.

Until Manziel gets drafted in May, we will all have to wait and continue to fight over whether he will succeed in the NFL.

At this point, it seems that Johnny Football is ready for the big show and cannot wait to step out on the field.

Colton Seike is a Spartan Daily staff writer.



Slang is only stupid until we recognize it in the dictionary

Language is evolving, that's no surprise.

Merriam Webster has continually added new words with definitions created by pop culture.

It wasn't that long ago that "bling" and "bootylicious" were just silly words used by hip people or kids trying too hard to be cool.

Now those words are in dictionaries.

I remember feeling a bit skeptical of having pop culture slang solidified into the English language.

Now it seems strange that I can't put "cray" in a midterm essay.

But as prolific as slang is becoming, one can't help but wonder where these words keep coming from.

What need is there for a dozen terms to explain getting wasted or calling a girl desperate or promiscuous?

Before social media outlets such as Facebook, Twitter and Instagram, we relied solely on TV shows, movies, magazines, celebrities and even radio stations to feed us popular slang.

Our growing hunger to stay on top of the latest slang trend has been fed by social media.

Hashtags were created and prospered in Twitter to categorize ideas, events and social interactions.

Although we may not all have the same views or ideas, we understand the power of connecting thoughts through a hashtag.

People can join in on conversations regarding the same topic by simply adding the same hashtag at the end of their tweet.

Hashtags have allowed us to connect with a wide arrange of people and topics.

We can share our stories or ideas



Follow Jamie on Twitter @jamiemaciel

with others and read viewpoints from around the world.

The Egyptian revolution of 2011 is a great example of how social media can unite large quantities of people in a short amount of time.

During the revolution, hundreds of people logged on to Facebook and Twitter to share information and connect

with one another.

The world watched as various hashtags were used to discuss issues concerning the Egyptian government.

Although Facebook and Twitter may be equipped to unite the world, current users may never know or understand the extent of their full potential.

Now it seems strange that I can't put 'cray' in a midterm essay.

Hashtags have grown outside of cell phone and monitor screens and managed to crawl its way into our vocabulary.

Before this semester, I did not own a Twitter, Instagram or Facebook account.

Yet somehow, I was fully aware of hashtags and weekly recurring events such as "Throwback Thursday" and "Woman Crush Wednesday."

It amazed me that even as I resisted partaking in any of these

social media platforms, these hashtags still managed to reach me.

I often heard them being used by classmates and friends.

Eventually I caved in and began using them just to stay socially relevant in conversations.

It has become clear to me that people can no longer avoid social media and the trending topics that accompany them.

People are either aware of the trend or not, there's no room for a gray area.

You are either the person who talks about the latest hashtag or the one slowing down conversation by asking someone to explain it to you.

People can participate in the latest trends or not, but with the power of social media, there is no escape from the "bootylicious" words that gain momentum in the social sphere.

Although many of these terms may be trivial and trite, such as "selfie Sunday" or taking pictures to prove you were "turnt up," there is an importance to being aware of their meaning.

The last thing you want is to have someone ask you if you are "DTF" and answer without knowing you're being asked for instant, meaningless sex.

As long as people are talking, word trends will be created.

Some may not have any intellectual or social value, but if we refuse to inform ourselves we may lose touch with the younger generations that are essential for social growth.

We can either keep up with our ever evolving language or we'll be left Googling what a hashtag is.

Jamie Maciel is the Spartan Daily Multimedia Editor. "Tongue Tide" usually appears on the second and fourth Tuesday of the month.

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Speed: Students apply knowledge, build race car



Jasmine Leyva | Spartan Daily

(Left) Working on an intake part of SR-6, Moy Barajas, a junior mechanical engineering major, is careful with each part he works with so as not to waste material. (Right) SR-5 placed first in the acceleration category last year and the Spartan Racing SAE Formula team is hoping to take first again in the same category and placing in the top ten for other categories.

FROM PAGE 1

which allowed air to flow under the car more easily," Reece said.

In 2013 SR-5 took first place in acceleration with a time of 3.950 seconds at the Formula SAE West competition in Lincoln, Neb.

According to Donatini, they are the time record holders in the acceleration category.

"Pending wings, full aero on the car is go-

ing to be a big difference on the car in drive," said Martin McKeefery, a junior mechanical engineering major.

McKeefery worked on and drove SR-5 in the autocross category during last year's competition.

"I did auto racing before this for about 14 years," McKeefery said. "Formula SAE was just kind of natural fit for me."

Like others on the SAE Formula team,

McKeefery said he sees the program as an advantage to his education.

"It's the practical side of my education," he said "It's where I get to apply my knowledge on a physical thing."

The team will compete in Brooklyn, Mich. May 14 - 17 for the Formula SAE Series, then head to Canada a week later for the Formula North competition.

After Canada, they have a few weeks to

make repairs and prepare for the Formula SAE West competition in Lincoln, Neb. in the summer.

The team's goal for the upcoming competition in May is to place top ten in all events, top five in autocross and first in acceleration.

"I believe the way it (SR-6) is designed on paper is capable in doing so," McKeefery said.

Jasmine Leyva is a Spartan Daily staff writer.

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Mind: An uncommon diagnosis

FROM PAGE 1

A hypomanic state, a less severe form of mania, is what occurs in Bipolar II disorder and it doesn't have to be disruptive.

Dr. Lo said the definition of mania is high energy, poor impulse control and poor judgement.

In depression, one is shut down and one's mood is elevated when they are manic.

Dr. Lo said many things are elevated — energy, talking and thinking, lack of sleep and one's uninhibited impulse control are all hallmarks of mania.

Dr. Lo said one of the biggest myths about bipolar disorder is that people think it's more common than it really is.

"I think it's been over-diagnosed recently and I think that does a huge disservice to science and a real disservice to people who have BPD because everyone is lumped in," Dr. Lo said.

He said another myth is the assumption people make that mood swings indicate bipolar disorder.

"I think that does a huge disservice to the people who get misdiagnosed, because then one gets placed on medications that really don't do any good, if not may even cause some harm," he said.

He said it actually hurts the population that really does have bipolar disorder.

Dr. Lo said people often link mental illness, homelessness and crime.

Dr. Lo said there are plenty of people who have mental illness that are not homeless and that plenty of homeless people don't have mental illness.

He said that most criminals do not have a major psychiatric disorder.

Wiggy Sivertsen, a professor of counseling in the coun-

seling department said that people often have a bias about individuals who are struggling emotionally.

She adds that bipolar disorder is one of many disorders that draws bias from people.

Sivertsen said she thinks people don't understand mental illness very well and are scared by them.

This causes them to have biases and prejudices about people who struggle with mental illness, she said.

"Frankly, people with some form of BPD can be very disruptive for a family," Sivertsen said. "It's hard to feel loving and nurturing with someone in your family who has gambled away your house."

Sivertsen said that it's important for counselors who do this kind of work to make sure the entire family, extended family and neighbors understand what the problem is.

"I think it would make it easier for them to understand the behavior and not be so judgmental about the behavior," Sivertsen said.

Sivertsen said that there are a lot of incidents where people are released from a psychiatric hospital and go out and do terrible things.

She said that the country has to be willing to put in the resources necessary to properly care for people who need care.

"We don't give a damn about mental illness in this country, due to lack of resources," she said. "Look at all that dust up about the Affordable Care Act. Rather than saying, 'I have some concern about the Affordable Care Act, lets sit down and talk about it and see if we can beef up some areas.'"

Sivertsen said the Affordable Care Act includes some psychiatric help.

"It was a good thing Obama

insisted that something be in there for mental health, but it's going to take a while for the public to catch up to that," Sivertsen said.

Sivertsen said if one thinks about the situation at Virginia Tech on April 16, 2007, where a man killed a number of students, we might know people who are having difficulties like that but we can't force them into therapy.

She said one cannot put a person in a 72-hour hold in a psychiatric facility unless a mental health clinician deems one to be gravely disabled or a danger to themselves or others.

Dr. Lo said living with bipolar disorder can cause problems with relationships, school, jobs and interacting with society.

Often college age students can manifest their first manic episode when they are in their late teens.

Dr. Lo said self-awareness is important for someone with bipolar disorder.

"You've got to be aware of both your physiological and psychological health," he said.

Dr. Lo said one has to be able to catch themselves early in an episode, so it doesn't get one into too much trouble.

Dr. Lo said the treatment regimen for bipolar disorder is daily medication for an indefinite amount of time.

Counseling can help build the self-awareness and teach tools to coping with the impact of the symptoms of bipolar disorder.

Dr. Lo said when a person is stable, they feel and look like everybody else without bipolar disorder.

"I think a well recovered, stable person, one wouldn't be able to tell that they have BPD," he said.

Lisa duTrieuille is a Spartan Daily staff writer.