



**A&E 3**  
**A unique adoption story**



**OPINION 5**  
**What the dating scene has become**



**SPORTS 6**  
**SJSU flying high in inaugural season**



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Serving San José State University since 1934

Thursday, April 17, 2014

# SPARTAN DAILY

**#FAINTIN**

## Students get heated over building conditions

By Jerica Lowman  
@thehellajerica

Students for DMH held their “faint-in” event, the first ever at San Jose State, on Wednesday in Dudley Moorhead Hall, the building they claim needs to be modernized.

Close to 100 students and faculty joined the student organization by participating in the “faint” and rallying throughout the halls of the building.

Juan Jimenez, a junior sociology major and member of Students for DMH, joined the group because he feels there is a division of prioritizing what matters to the university.

“We claim to be one of the most diverse universities, yet what you see is a lot of separation based on your major,” Jimenez said.

The participants of the “faint-in” were situated throughout the three floors of the building and carried signs with testimonials of students.

They “fainted” when directed to and sprawled themselves throughout the halls, leaving room for student who were exiting their classes.

Some students that were exiting classes voiced anger and annoyance, most of who refused to make a statement.



Samuel Brannan | Contributing photographer

SJSU students march on campus on Wednesday afternoon to protest the current conditions of Dudley Moorhead Hall.

There were many more students and faculty who watched the fainters and expressed their support.

Alexandra Cambra, a senior history major, said that she was

glad to see that students cared enough to organize the event.

“What they are doing is for everybody who is stuck in this building,” Cambra said. “I think it’s starting a dialogue

and it’s bringing attention to this issue.”

Please read the rest of this story online.

**Scan here for the rest of this story.**

[bit.ly/1eBMYmD](http://bit.ly/1eBMYmD)



**#SJSUTASKFORCE**

## Recommendations to be submitted to Qayoumi after final task force meeting

By Nick Ibarra  
@NickMIbarra

The special task force on racial discrimination will meet tonight for the final time before presenting a list

of recommendations to President Mohammad Qayoumi.

The task force was created in response to a racially motivated crime which took place last fall. An African American student has al-

leged that he was verbally and physically assaulted in his dorm room in October 2013.

The task force has 18 members, including five students, assorted faculty, an administrator and three community members.

A draft of the final recommendations lists 53 specific recommendations in five areas: campus climate, faculty, administration and staff, residential life, frosh orientation and reporting procedures and policies.

They include the creation of an office of diversity engagement and Inclusive Excellence, headed by a vice

president who would report directly to the president.

A full list of the recommendations are available on the task force page of the San Jose State website.

Gary Daniels, a junior political science major, is one of the students on the task force.

He said that the recommendations aren’t perfect but “if they are implemented they will go a long way toward improving our campus climate and could also be a model for other schools in the CSU system and also the country.”

Retired Judge LaDoris Cordell, San Jose’s indepen-

dent police auditor, is the chairman of the task force. She is scheduled to meet with Qayoumi Friday to discuss the recommendations.

The process so far, Cordell said, has been swift and efficient.

More importantly, she said, it has been “100 percent transparent.”

Everything the task force has done, Cordell said, has been done in public, including posting all documents and holding public, live-streamed meetings.

“I think this is highly unusual for a task force at any institution, especially at an academic institution,

to conduct business in this fashion,” she said.

Dorothy Poole, President Qayoumi’s Chief of Staff, said she’s handled the logistics of the task force.

Poole said that the administration isn’t surprised by any of the recommendations, but implementing the more substantial changes could be difficult.

One recommendation on the most recent draft is for all faculty to undergo mandatory diversity training.

“That sounds like a wonderful idea,” Poole said. “I don’t know that we can make

SEE REFORM ON PAGE 2

**#HEARTBLEEDSJSU**

## Students required to reset passwords

By Michael Chen  
@MichaelGChen

Information technology (IT) services initiated a blanket reset for all SJSUOne passwords that began yesterday and will continue through tomorrow in light of the recent Heartbleed bug attacks on similar networks that compromised sensitive information such as usernames and passwords.

“At this time there is no evidence that SJSU was affected by Heartbleed,” said Michael Cook, information security officer.

According to an emergency email notice sent by IT Services to the campus community Tuesday, all SJSUOne account passwords will be reset and

old passwords will be unusable. Users are encouraged to manually reset their own passwords.

Cook said Heartbleed takes advantage of the commonly used OpenSSL (Open Secure Sockets Layer) which is a free security encryption that makes your username and password unreadable to outside sources and allows anyone on the Internet to read the memory of systems protected by it.

“In simple terms, Heartbleed works by allowing anyone to ‘view’ a portion of the server’s memory without being detected,” Cook said. “Inside a server’s memory is your unencrypted information including usernames, passwords, the server’s

**At this time there is no evidence that SJSU was affected by Heartbleed.**

**Michael Cook**  
Information Security Officer

private key files and other sensitive information.”

Cook said out of 68 web applications that are accessed by SJSUOne, seven were using the affected version of OpenSSL and disclosed one as being Canvas that has already remedied the issue.

Codenomicon, a company known for its ability to promptly discover and analyze security flaws across a wide array of applications, categorized the Heartbleed bug as a “serious vulnerability” on its Heartbleed announcement page.

Codenomicon dubbed the bug “Heartbleed” because it exploits the “heartbeat extension,” a security layer commonly used to protect information and forces

confidential information to “leak” or become viewable to an outside source.

Cook said SJSU followed the industry standard in dealing with the potential Heartbleed threat which included identifying the issue, installing fixes to OpenSSL and resetting passwords for all users who logged into the system.

While SJSU has yet to discover any Heartbleed security breaches, Cook said ITS has already updated the SJSUOne security systems with better countermeasures and will continue to monitor any potential threats to the network.

“In general, our servers are encrypted and backed up,” Cook said. “The backups are stored in multiple off-site locations in the event a recovery is needed.”

Michael Chen is a Spartan Daily staff writer.

#SJSUDIVERSITY

## Showcase hopes to unify culturally diverse campus

By Josie Chavez  
@Josie\_Chavez23

A cultural showcase event on campus tonight promises San Jose State students pieces of different cultures with food, entertainment and some information to take home.

The first ever Cultural Showcase will be held from 6 to 9 p.m. in the Student Union Barrett Ballroom.

Erin Enguero, a junior kinesiology major and the event coordinator, said the event is a great opportunity to bring unity to campus.

The free event will offer traditional performances from the Pacific Islands, Africa, Asia and Europe among others, Enguero said.

“The biggest thing about the showcase is that we have such a diverse culture here, and the fact that we’re able to bring it together is very special,” Enguero said. “I’m very excited.”

Students will have the opportunity to enjoy SJSU’s diversity through music, dance and visual art, Enguero said.

The showcase is part of an effort to bring globalization to campus, an objective that forms part of the Salzburg Scholars program to which Enguero and other students belong to, Enguero said.

The Salzburg Scholars program takes seven to 10 SJSU students to Salzburg, Austria for a seminar in globalization.

Enguero said her time in Austria made her really appreciate the cultural diversity present at SJSU.

Sophie Powers, a Salzburg scholar and humanities major, said she thinks the showcase will help acknowledge and celebrate cultural diversity on campus.

“I hope that this event will give students a greater sense of multi-cultural perspective on campus,” Powers said. “It’s a really nice way of showing that we’re interested in learning more about the diversity here on campus.”

The seminar will cover topics such as globalization, social justice and sustainability, Enguero said.

Enguero said that the complexity of the racial climate this past year at SJSU only motivated students to make certain the showcase came to fruition.

Agnes Ko, an undeclared sophomore and Chinese Student Association club member, said she hopes that the showcase helps to inform students about Chinese culture.

Ko said she “noticed that not a lot of people know what Chinese dance is.”

She said she is looking forward to the showcase and the opportunity to educate students about her culture and learn more about other cultures.

Enguero said the showcase will provide some information for students about each culture between performances.

The event is a collaboration of student organizations on campus as well as other resources at SJSU including the International House, Associated Students, MOSAIC, EOP, Humanities Club and Film Production Society.

Enguero said that a documentary will be filmed of the showcase in which students will discuss what culture is like at SJSU, an effort Enguero hopes reaches both SJSU students and the San Jose community.

This is the first cultural showcase held at SJSU, but Enguero hopes it becomes an annual event carried on by future Salzburg scholars.

“That is the hope, that is the plan and that is the goal,” Enguero said.

Street Eats will be stationed outside the Student Union for audiences members to purchase food, Enguero said.

Doors will open at 6 p.m. and the show will start at 6:30 p.m., wrapping up a few minutes before the set end time to give students the opportunity to mingle with entertainers and student organizations at the showcase, Enguero said.

Josie Chavez is a Spartan Daily staff writer.

# SPARTAGUIDE



Listening Hour: “Song of Love and Loss”



Thursday, April 17



12:30 p.m. – 1:15 p.m.



Music Concert Hall

Listening Hour: 161/186 Jazz Combo

Tuesday, April 22

12:30 p.m. – 1:15 p.m.

Music Concert Hall

## Reform: Task force finds opportunities to improve

FROM PAGE 1

it mandatory – we have some bargaining units that we have to work through.”

Another difficult to implement recommendation, she said, is to double the ratio of resident advisers to students.

“What we might hear in the recommendation is improve the staffing ratio,” Poole said. “We might not be able to go to double.”

The problems being addressed on campus right now are “reflective of societal issues,” Poole said. “We are committed to doing it in an open and transparent way, which is new and it took us some discussion to even agree to that.”

Cordell said she hopes the task force recommendations become “a part of the institution and does not ebb and flow with whoever it is that comes in to lead the university.”

She said she comes away feeling positive about the university.

“I also come away seeing that there are

a lot of folks there – students, staff and faculty – who are hurting,” Cordell said. “They feel that much more can be done. They feel like the other.”

There is still work to be done, she said, and she is “trusting in this administration that this is not going to be in vain.”

Daniels said he’s concerned that the recommendations will not be properly and fully implemented “based on this administration’s track record.”

The administration knows these are “big issues,” Poole said.

“We can’t sweep them under the table, nor do we want to,” she said. “We’ve put them out in the light of day and we intend to make them a priority as we move forward. We don’t think it’s going to be easy but we think that it’s going to be worthwhile.”

The final meeting of the racial discrimination task force will be held from 5:30 – 7:30 p.m. in Engineering 285/87.

Nick Ibarra is a Spartan Daily staff writer.

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#DOCUMENTARY

# Documentary on gay couples pursuing adoption to screen at SJSU

By Jessica Schlegelmilch  
@jessieschleg

“Daddy and Papa,” a documentary film created by Johnny Symons that tells the stories of gay men, their families and pursuing adoption in the U.S., will screen at San Jose State on Tuesday.

Emily Bruce, a professor in the school of social work at SJSU, said Symons tells his own story of adopting an African-American child with his partner, William Rogers.

Bruce said the film touches on issues of surrogate children and single-parent adoption in the gay community.

Bruce said the documentary is like an onion because there are multiple layers and issues that surround gay parenting and adoption.

The foster mother of Symons and Roger’s adopted child initially struggled with the idea of having her foster child adopted by a gay couple because it wasn’t what she’d expected to happen.

“The preparation in her mind was not of a gay couple,” Bruce said. “But you watch her process it and deal with it.”

She said that this situation in addition to others shown in the film are issues that students going into social work may encounter throughout their careers.

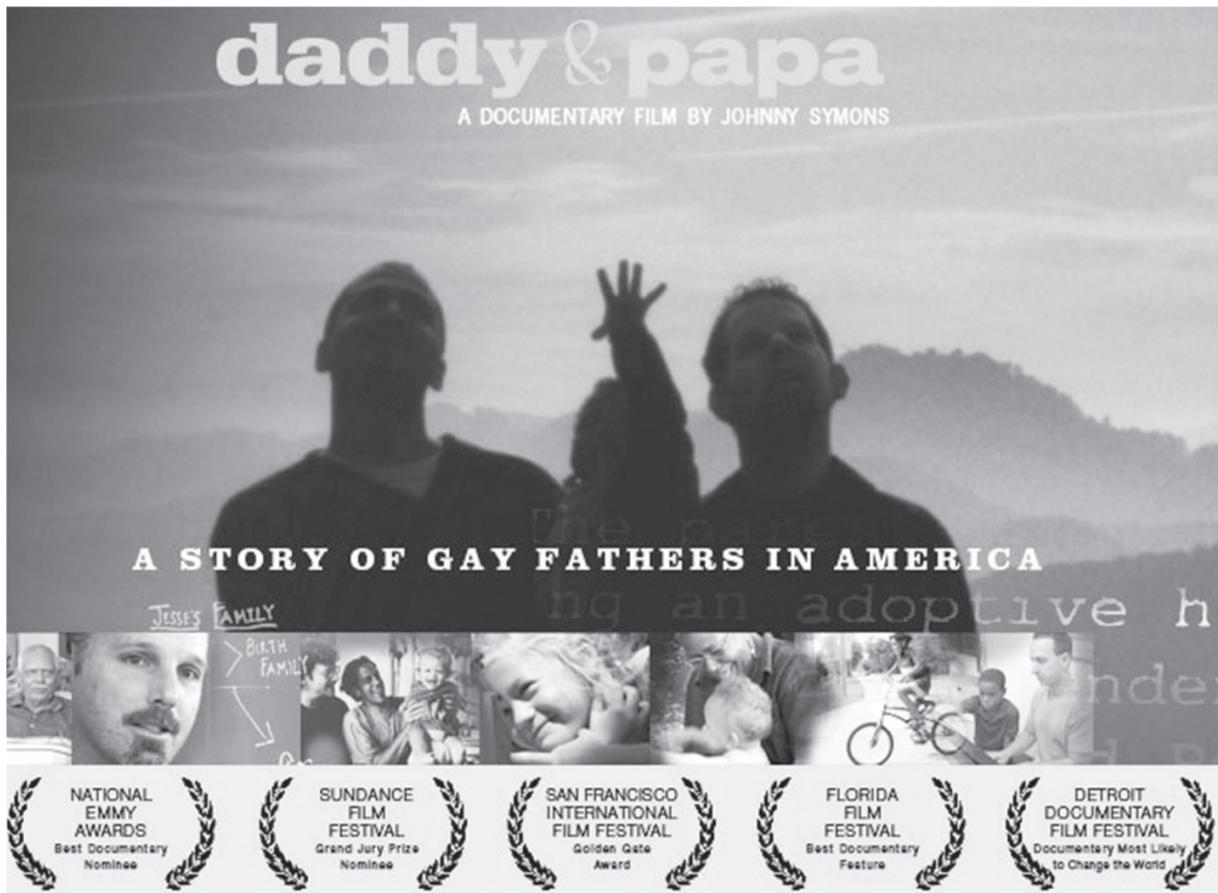
She said she uses the film as an educational tool to help those students “look beyond the surface.”

She said that with the backlash that some companies have received for putting gay couples or families on television (such as Honey Maid’s recent “This is Wholesome” graham cracker commercial featuring a gay male couple with their child) makes a film such as “Daddy and Papa” relevant to our campus and students.

Bruce said that the film, although “delightful,” also “makes people think” about interracial interaction, sexual orientation and homophobia.

“We just need to have those discussions (about race and sexual orientation) . . . and open up opportunities to it,” she said. “This film speaks to that.”

Susana Gallardo, a professor in SJSU’s sociology and interdisciplinary social studies department, said she has been using the film for more than five years as a teaching tool for her students.



“Daddy and Papa” tells the story of gay fathers in the U.S. The documentary is directed by Johnny Symons and William Rogers, a gay couple.

“It portrays masculinity and gay men in a very different and thoughtful way that really makes them think,” she said.

Gallardo said she has been in contact with Symons for more than five years. She recently decided to invite him to speak at an event at SJSU.

When Gallardo asked Symons about the event, he told her that she wasn’t the only SJSU professor using his film as an educational tool.

Symons encouraged Gallardo, Bruce and another professor, Susan Murray, to work together to organize the “Daddy and Papa” showing and Q-and-A event.

“We were all using it at different angles,” Gal-

lardo said. “It’s almost universal in its scope.”

Gallardo said that while she used the film in her women’s studies classes to explore sexuality and masculinity, Bruce used it as a way to illustrate social work and adoption issues.

Gallardo explained that in the part of the film that documents Symons’ own life, Symons talks about his partner Roger’s “biological clock” going off before they decided to become parents and adopt.

“You never really hear about a ‘biological clock,’ ticking for men,” she said. “We never talk about that . . . it’s important to think about (these kinds of issues) and what (they) mean.”

Gallardo said she hopes to hear more about Symons’ experience as a parent post-“Daddy and Papa” at the Q-and-A and film showing.

Gallardo said that Symons’ children are now teenagers and that adolescence brings on an entirely new set of challenges regarding adolescent bullying and identity development.

“If he was going to do a sequel, how would it go?” she said.

The screening of “Daddy and Papa” and Q-and-A with Symons will be at Boccardo Business Complex room 32 on April 22 at 5:30 p.m.

Jessica Schlegelmilch is a Spartan Daily staff writer.

#MOVIEREVIEW

## ‘That Demon Within’ combines action with psychological thrills

By Daniel Lipson  
@nyancloud

“That Demon Within” is a Chinese dramatic crime thriller about a man’s descent into madness.

The movie is set in Hong Kong and led by actors Daniel Wu and Nick Cheung.

It debuted at the Berlin International Film Festival in February and releases to the public tomorrow.

The film is filled with a number of tropes reminiscent of domestic crime films, including foot chases, shootouts, stolen diamonds, ambushes, a crooked cop and a kidnapping, but each of them has enough flavor to be original through the ferocity of the violence depicted.

The film begins when Wu’s character, police officer Dave, gives blood to save the life of Cheung’s character, Hon Kong.

The first half of the film gives equal time to Dave and Hon, establishing the relationship between the Demon King gang and the police through several shootouts.

There are many scenes of maiming and torture, as well as a short rape scene with mild nudity.

The film showcases the mercilessness of the criminals as they kill police and bystanders, and sets out to make each action/murder sequence stand out through carefully chosen sets and lighting design.

While there are numerous major explosions, the action scenes are generally understated and realistic,

so the deaths feel more realistic and human.

The lead character Dave is set up as a stubborn, antisocial police officer with “personality issues” that are manifested in the form of a mental disorder that slowly eats away at him throughout the film through hallucinations and flashbacks.

**“The imagery of immolation is overlapped with demonic visions of Hon as Dave hunts down the criminals and takes advantage of their greed to turn them against one another in the second half of the film.”**

His relationship with his “grandmother” and childhood friend/supervisor help to guide him back to his duty, but he is driven by a desire to kill Hon and correct the mistake he made by saving him.

The film uses the images of fire and water to repre-

sent the two sides fighting within Dave, and borrows from Chinese supernatural horror as the scene turns to red or the camera shakes and twists wildly whenever Dave loses control of his mind.

The imagery of immolation is overlapped with demonic visions of Hon as Dave hunts down the criminals and takes advantage of their greed to turn them against one another in the second half of the film, which is much slower than the first half.

The film is approached as Dave’s attempt at redemption and his decision to be an officer to escape his fears.

The gunfights in the beginning of the film are a backdrop to the battle going on in the protagonist’s mind throughout the story.

The film succeeds on many levels, as Dave’s character is able to be sympathetic while also occasionally demonic.

The haunting imagery of Cheung’s character’s dotted face and the futile attempts of Dave’s supervisor to fix his mental issues are also highlights of the film.

While the film’s atmosphere and imagery is seedy, dark and brutal, everything is carefully and artistically executed.

Anyone willing to sit through the gruesome scenes of violence at the beginning should be sure to check out “That Demon Within” when it hits stores tomorrow.

Daniel Lipson is a Spartan Daily staff writer.

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# Thursday Thoughts

## Social Spartan Thoughts of the Week #SpartanDaily

**f** **Associated Students @ASsjsu** 7m  
 Last but not least, the new A.S. President is Gary Daniels! Congratulations! #aselectionssjsu

Ahhhhh all of our hard work has paid off!!! Ganamos!! Congratulations @rev\_ga Presidente!!!! Now it's time to #UnifySJSU !!! #SJSU

Like · Comment · Share

Gary Daniels, Cameron Cash and 10 others like this.

**Top Tweets**

**martin avila @mawtinn** · 1h  
 Is it normal for a girl to skate in a bikini @ sjsu? ☺☺☺  
 Collapse

2:14 PM - 16 Apr 2014 · Details

**Cristina Cortes @xtina636** **Following**

We're pretty lucky here at SJSU to have a mini oasis in the middle of this city ❤️

**Josie Chavez** added 2 new photos — at San Jose State University Dudley Moorhead Hall.  
 3 hrs · San Jose, CA · 📍

The Faint-in protest...#studentvoices #change #DMH

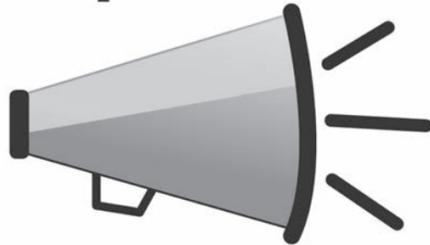
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**Shanell Rullman @shanellrullman** **Following**

Near future #SJSU 🌴🌴🌴  
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### Sudoku Puzzle

Complete the grid so that every row, column and 3x3 box contains every digit from 1 to 9 inclusively.

4		6		7				
8								4
	7	5			4	1		
	5	8				3		9
			2		9			
2	9				6	7		
		2	6			4	8	
	4							7
				2	9			6

DIFFICULTY RATING: ★★★★★

### Previous Solutions

9	8	3	1	6	5	7	2	4
5	7	1	3	2	4	9	8	6
4	2	6	8	9	7	1	5	3
8	1	4	9	7	2	3	6	5
7	5	2	6	1	3	4	9	8
6	3	9	4	5	8	2	1	7
2	9	8	7	3	6	5	4	1
3	4	5	2	8	1	6	7	9
1	6	7	5	4	9	8	3	2

H	A	D	J	M	P	G	C	R	A	I	O			
E	C	R	U	F	O	I	L	Z	E	B	R	A		
M	A	A	M	O	N	C	K	E	A	H	E	M	S	
S	I	T	B	A	C	K	A	N	D	R	E	L	A	X
C	O	P	U	S										
B	A	N	J	O	S	T	O	N	L	A	M	B		
S	O	R	I	E	L	E	S	S	F	E	L	I	N	G
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O	R	I	O											
C	R	A	N	E										

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### Crossword Puzzle

1	2	3	4	5	6	7	8	9	10	11	12	13				
14					15						16					
17					18						19					
20											22					
23	24	25			26					28						
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49					50					51				52		
53	54									56				57		
58					59					60						
61					62				63	64				65	66	67
68					69							70				
71					72							73				

- ACROSS**
- 1 Apology preceder
  - 6 "Leave It to Beaver" smooth-talker
  - 11 Understand, in hippie lingo
  - 14 Narcotic from poppies
  - 15 Dreamy and unaware
  - 16 Elegiac poem
  - 17 Lush tropical area
  - 19 Zero, in soccer
  - 20 Airport info, informally
  - 21 They're often asked to look
  - 22 Affirmative action
  - 23 Fortified dessert wine
  - 27 False identities
  - 29 Jackie's "O"
  - 30 Cunky stuff
  - 32 Dull as dishwater
  - 33 Japanese currency
  - 34 Lilies with bell-shaped flowers
  - 36 Ladies' men
  - 39 "The King and I" heroine
  - 41 Cone-hatted one
  - 43 "Silent Night," for one
  - 44 Severely inclined
  - 46 Having regrets
  - 48 Eggs, in bio labs
  - 49 Acting part
  - 51 Roman robe
  - 52 Boy doll
  - 53 Cool cat's quality
  - 56 Group with no members, in math
  - 58 Nabokov heroine
  - 59 Suit's bottom or top
  - 60 Myrna of old Hollywood
  - 61 Knight's honorific
  - 62 What some lotto winners do
  - 68 It may cook your goose
  - 69 Kind of bath salts
  - 70 Princess' headgear
  - 71 Home for a hog
  - 72 Actions, for a Scout
  - 73 Nail cousin
- DOWN**
- 1 Olympos figure
  - 2 "The Murders in the Rue Morgue" beast
  - 3 Bygone auto ornament
  - 4 Large-headed match
  - 5 Ipecac and others
  - 6 Australian flightless bird
  - 7 Syndicate head
  - 8 Received ideas
  - 9 Away from the water
  - 10 Blight on the landscape
  - 11 Brawls
  - 12 "Eat crow" or "talk turkey"
  - 13 Neuters, as a horse
  - 18 Jolted
  - 23 Noted pyramid builders
  - 24 "You \_\_\_ the only one!"
  - 25 Hosted event
  - 26 Predict, as from omens
  - 28 Indian flat bread
  - 31 Pastry with a hole, informally
  - 35 Twig used in grafting
  - 37 Flood embankment
  - 38 What italicized letters do
  - 40 Ages and ages and ages (var.)
  - 42 Totally swamp
  - 45 Begged
  - 47 Big, awkward klutzes
  - 50 Parole alternative
  - 53 Some door fasteners
  - 54 Word said with a head slap
  - 55 Fool's lack
  - 57 Word in a song
  - 63 Atlantic catch
  - 64 Bad \_\_\_ (German spa)
  - 65 Honey holder
  - 66 Metal-in-the-rough
  - 67 Swerve, as a ship



## Unrealistic images in media alter our view of our bodies

Learning to accept ones flaws is one of the hardest things to do in life.

In a 2013 TED Talk called “An epidemic of beauty sickness,” Renee Engeln, a psychologist and body image researcher at Northwestern University, discussed how girls grow up hearing both embedded and clear messages telling them that the most important quality they can strive for is beauty.

In her talk, Engeln said that women have become more aware that the images of women in the media are unrealistic of what women look like.

“Women do know better,” Engeln said. “They are aware of eating disorders and Photoshop,



Follow Jerica on Twitter @thehellajerica

but it doesn’t help.”

She refers to this as “beauty sickness.”

According to dosomething.org, approximately 91 percent of women are unhappy with their body and resort to dieting to achieve an ideal body shape.

The organization also says body image is closely linked to self-esteem and that low self-esteem in adolescents can lead to eating disorders, early sexual activity, substance use and suicidal thoughts.

Engeln also discussed how women are more likely to hate their bodies than men and are more likely to get comments on their bodies and physical appearances, both from people they know and do not know.

For some time now, I have been

working on body image and it honestly hurts my feelings when people tell me, “No, you’re beautiful,” anytime I mention the fact that I am fat.

As I make my way through campus and the statistics swarm around my brain, I have to fight back the negative thoughts I have about my body.

I have been watching a British comedy-drama called “My Mad Fat Diary,” which is focused on Rae Earl, a 16-year-old girl who is struggling with mental health and body image problems, two things I have always struggled with.

There was one particular scene in the seventh episode of the second season that caught my attention, because it resonated with my own experiences.

Rae is having a session with her therapist and he tells her that in order for her to be a better person for her family and friends, she needs to learn to stop being so hard on herself.

She is angry and accuses him of being a broken record – constantly telling her to feel better about herself and not providing ways to do it.

He tells her to say what she does not like about herself out loud.

“I’m fat and I’m ugly and I ruin things,” she said behind tear-filled eyes.

She tells him that she began thinking those things when she was 10 years old and she has felt that way ever since.

I cried like a baby when he made Rae believe that she’s perfect by almost forcing her to imagine a younger girl, a younger Rae, and telling her she’s fat and ugly and is an embarrassment to her family.

She refuses to and he tells her that she needs to protect herself and tell herself positive things.

**Of course, changing the way we think about our**

**bodies is not going to happen overnight.”**

I think the reason that scene hit so close to home is because I do the exact same thing Rae does to herself and I have been since I was 10 years old.

I have always been bigger than most of my classmates. I walk through campus so aware and there is almost a shame within my heart that makes me want to shrink down to what is perceived to be “average.”

According to the Brown University Health Education website, negative body image can lead to body dysmorphic disorder (BDD), a condition characterized by intense preoccupations with the defects of one’s image.

The website says that people with BDD are so obsessed with perceived flaws in their appearance that it affects relationships with

family and friends, as well as creating problems with work or school.

BDD can result in anxiety, depression and even thoughts of suicide, but is very treatable with a combination of medication and therapy.

Engeln said that beauty sickness is when women feel that their outward appearance is more important than things such as education, career goals, family, the state of the economy and even the world.

“Women live in a world where they are taught that their primary form of currency is their appearance,” Engeln said.

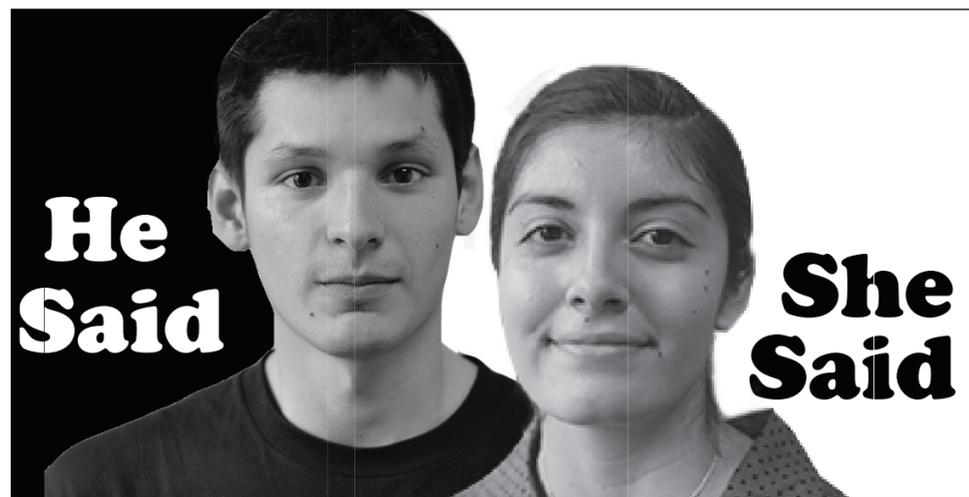
Everyday, we are bombarded with judgement toward our bodies – whether it is from people, or from advertisers telling us how we should look.

“Stop worrying about the size of your thighs and think about the strength of your thighs, because those legs after all are the legs that walk you around in the world,” Engeln said.

Of course, changing the way we think about our bodies is not going to happen overnight.

As I walk through campus, ignoring the malicious stares my thighs receive from some of my peers, I will remember and you should remember, like Rae in “My Mad Fat Diary,” we cannot forget to protect ourselves and tell ourselves positive things about our bodies.

*Jerica Lowman is a Spartan Daily staff writer. “Phenomenally Feminist” usually appears the first and third Thursday of the month.*



Jasmine Leyva is a Spartan Daily staff writer and Jeffrey Gonzalez is the Opinion Editor. Follow Jasmine on Twitter @leyvaleyv3 and Jeffrey @jeffvgonzalez. “He Said, She Said” usually appears the first and third Thursday of the month.

### How has popular culture influenced the dating scene?

#### She Said

So much has changed in the last decade.

TRL no longer exists, Beyonce runs the world and emojis have become the new form of communication for the smartphone generation.

Pop culture has influenced our lives entirely – whether you admit to following Lady Gaga’s Twitter feed or not – and has changed the way we eat, sleep and date.

The traditional standards of dating have gone out the window as pop culture has brought a new form of dating that has sprung from music,

movies and online communities.

Songs, such as Zedd’s “Stay the Night?” featuring Hayley Williams, have begun to openly perpetuate one-night stands and immediate hookups like never before.

The song’s lyrics, “Are you gonna stay the night? Doesn’t mean we’re bound for life,” suggest that hooking up has become the norm instead of going to dinner, ending the night with a goodnight kiss and possibly leading to a relationship.

Taylor Swift’s love songs are being categorized as a damsel looking for romance in a lasting relationship rather than a one-night stand.

It can be argued this generation’s pop culture is creating a

ballsier woman, a woman who is looking for something that fits her own prerogative as opposed to being the traditional damsel waiting for a man.

But I can tell you right now, the prerogatives of some young women and men aren’t the best.

The influence pop culture and new age communication has had on the dating scene doesn’t bring much hope.

If anything, pop culture has made dating exhausting and complicated.

We now have to learn a whole new language with the advent of emojis and silly abbreviations that can be cryptic because they can have multiple interpretations.

It’s tiresome having to consult 10 different people to see if a smiley face means a person wants to hang-out or just wants a guest in bed.

Whatever happened to the nervous conversation between two people who were trying to set up a date?

Pop culture has ruined the dating scene.

People are hiding behind their thumbs and translating dating into three letter abbreviations such as “DTF?”

#### He Said

DTF? Yes? Let’s meet up.

No? See you never, then.

That’s what dating has become.

You can complain all you want about having to learn how to interpret emojis and text message subtext, but the bottom line is pop culture is making dating so much easier.

With apps such as Tinder and the perpetuation of promiscuity in all forms of media, the dating world has become our own personal episode of MTV’s “Next” where we are the stars moving from one person to the next without any hesitation.

Tinder is a dating app that presents you with potential mates and you swipe through them at will.

It is the perfect embodiment of how dating and sex are viewed today.

It used to be we had to make grand gestures of love on the romantic comedy levels to build a bond and trust strong enough to get laid.

Now that bond is unnecessary.

And even if it does exist, it is a weak bond built around a mutual affection for “Breaking Bad.”

“You watch TV? Me too! Let

me stick this inside of you, now.”

Promiscuity isn’t a new concept, but pop culture is changing our attitudes toward it.

It used to be rather unacceptable for women to embrace and explore their sexuality. It was usually men who boasted about what playboys they were and how commitment was a disease to them.

Pitbull’s 2011 hit “Give Me Everything” sums up the sentiment rather nicely:

“Give me everything tonight, for all we know, we might not get tomorrow.”

Because of a long history of representation as horn dogs, this isn’t surprising coming from men.

But women were supposed to be more emotionally attached when it came to sex and relationships.

Now, with songs such as Zedd’s “Stay the Night?” featuring Hayley Williams we are seeing women disregarding emotions and embracing that same horn dog persona society has allotted to men.

“Are you gonna spend the night? Doesn’t mean we’re bound for life,” says Williams in the song.

We are coming toward a day where women can be as open about sexuality as men without being called “sluts.”

With both sexes approaching dating with knowledge of the other’s intention, it makes it easy.

The idea of love and soul mating and all that mushy stuff is constantly changing and evolving.

Pop culture may have complicated the “love life” but it’s made dating a cinch.

Submit letters to the editor to:  
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### Playoffs Schedule

<b>April 20</b>	Sunday SAP Center, San Jose 7:00 p.m.	<b>April 26</b>	Saturday SAP Center, San Jose TBD
<b>April 22</b>	Tuesday STAPLES Center, Los Angeles 7:00 p.m.	<b>April 28</b>	Monday STAPLES Center, Los Angeles TBD
<b>April 24</b>	Thursday STAPLES Center, Los Angeles 7:00 p.m.	<b>April 30</b>	Wednesday SAP Center, San Jose TBD

Information compiled by Allison Williams and Taylor Rush from NHL and ESPN  
Designed by Rafael Ochoa



Terrell Lloyd | SJSU Athletics

San Jose State junior Rebecca Garcia (#2) and her teammates are set to finish the team's inaugural season on a high note with only a handful of meets left in 2014.

## Spartans prep for final three meets

By Ryan Brown  
@rgbrownie

Part way through its inaugural season, the San Jose State women's track and field team is starting to find its legs.

After posting a number of personal best times at the San Francisco State Distance Carnival earlier this month, the Spartans are prepping for their final three meets of the season before the championship season begins May 14.

SJSU Assistant Coach Brad Wick said the coaching staff, including Head Coach Jeff Petersmeyer and Assistant Head Coach Kelley Watson, have used the first season to establish team values.

"I think the first thing is to put your principles in place and show the standard of what we're trying to achieve as a team," Wick said.

According to Wick, much of the inaugural roster is made up of incoming freshmen and members of the SJSU women's cross country team.

SJSU junior Rebecca Garcia, one of the cross country converts, recently earned one of two top-20 finishes for the Spartans, placing No. 15 in the 3000-meter steeplechase on April 4 at the SFSU Distance Carnival.

The steeplechase is a brand new event for Garcia, who said the race is a lot more work than what she's accustomed to.

"It's like learning a new skill, because now I have to jump over things and be underwater during a race, where before I wouldn't normally have to do that," Garcia said.

Despite the new challenge, her 11:21.65 time was more than 11 seconds better than her previous best, but she said neither her nor the team have met their goals for the season.

"I'd like to get a pretty low steeplechase time, probably under 11:10 by the end of the season," Garcia said. "But as a team, we're really hoping to get some scores for conferences."

Another athlete who made major strides at the Distance Carnival was Melanie Fujiwara, who ran the 5000-meter for the first time this season.

The freshman, also a member of the cross country team, had been running the mile during the indoor season, but said she felt comfortable switching over to a longer distance.

"I feel like I'm a little bit more accustomed to the 5k, but doing the mile first probably helped out with the 5k," Fujiwara said.

Coach Wick said he is especially proud of the improvements the athletes have made.

While he has never faced the challenge of building a program "from scratch," Wick said his experience with the Boise State women's track team was similar.

"The program wasn't that far along, so I understand the process of building a program up to be a top 10 team in the west," Wick said. "So here, our whole staff is just kind of doing it all over again."

Garcia, who is also a representative on the SJSU Student-Athlete Advisory Committee, said that while she does feel the need to be a leader as one of the more veteran athletes, the season has been a learning experience for everyone.

"There is a need to lead the way," Garcia said. "But since we are pretty new to track ourselves, just from having that (three or four year) break, it's nice having them have just finished track season, because they help us a lot, too. They push us."

Fujiwara said that she doesn't have any specific goals in mind for the season, but is happy to have the coaching staff help her along.

"I would say they're probably some of the best coaches I've ever had," Fujiwara said. "In high school, I didn't have a really good coach, so now I have a legit coach. It's pretty incredible."

Wick says that while the improvements have been gratifying, he knows there is still work to do.

"We're definitely not there yet," Wick said. "Next year, we bring in sprinters and jumpers and some other folks that can really carry their weight and score some big points at the conference level. So we're all going to try to do our part."

Ryan Brown is a Spartan Daily staff writer.

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## Word around the water cooler

Staff Report  
@SpartanDaily

Regan De Guzman of the San Jose State women's golf team was selected as the Mountain West Women's Golfer of the Week for her performance at the Silverado Showdown on April 14-15.

De Guzman finished fourth at the tournament, her second fourth place finish this month, with a five-under-par (211).

Her opening round score of 67 tied for the lowest round of the tournament and gave De

Guzman the first-round lead.

It was only the 10th time in school history that a Spartan recorded a 67 in a tournament.

### Women's Basketball

Spartans' Head Coach Jamie Craighead announced on Wednesday that Ellie Stevens from Lamar (Colo.) Community College signed a National Letter of Intent to compete for SJSU beginning in the 2014-15 school year.

Stevens was a two-time All-South Region IX performer at Lamar.

"Ellie will be a wing/trail player in our system," Craighead said. "She is long, athletic, can shoot the three and rebound. She comes from a junior college that plays the same type system that we do

in terms of full court press and quickness on the offensive end. It should be a smooth transition and we expect her to contribute right away."

### Women's Track and Field

Head Coach Jeff Petersmeyer announced Leah Lambert, a senior at Bishop Alemany High School in Mission Hills, Calif., has signed a National Letter of Intent to compete for SJSU beginning in the 2014-15 school year.

Lambert ranked in the top-10 among California high school seniors in both the long jump and 100-meter hurdles.

"We are excited to add Leah to our program next season," Petersmeyer said. "She has a big upside and can help us in multiple events."