


**Weather**



Clouds to come and go


Hi 75°

Lo 54°



**SPRAY MESSAGES USERS NEAR YOU**

PAGE 2



**DEPRESSION DOES NOT DEFINE THE PERSON**

PAGE 5



**RUCKING AROUND WITH SPARTAN RUGBY TEAM**

PAGE 6



**daily video**

Volume 143 | Issue 25      Serving San José State University since 1934      Thursday, October 23, 2014

# SPARTAN DAILY



Brandon Chew | Spartan Daily

The Yik Yak mascot strikes a pose on the jumper while SJSU students are captivated at the Student Appreciation Festival in front of the Student Union on Tuesday.

## Smiling students see soaring yak

### Games and food pull students together for day of fun

By Samuel Brannan  
@SamBrannan

Hundreds of students lined up to grab free T-shirts, food and prizes at the Student Appreciation Festival organized by Student Union Inc. of San Jose State on Tuesday.

Student Union Inc. partnered with Spartan Shops and vendors such as Nestle to create a bigger festival than the previous years. Festival workers handed out thousands of hot dogs, drinks and snacks to students.

Cathy Busalacchi, executive director of the Student Union Inc. and associate vice president of Campus Life, was in charge of the event.

"It's our way of giving back to the students," Busalacchi said.

"This is the fourth year having the event, and we finally have a good location with the new Student Union."

In previous years, the event was held at the Aquatic center, the Campus Village quad and the old Student Union.

"We want to be able to show appreciation for the students and to bring the student community together," Busalacchi said.

A live DJ's music filled the atmosphere around the Student Union as students listened, jumped on a Velcro sticky wall and answered trivia questions for prizes.

Freshman radio, television and film major Aiko Allan gave the Velcro suit a few jumps and stuck to an inflatable wall.

"It's really cool to see so many people out here," Allan said. "Usually these events are pretty empty and there's not much to do."

Renee Barnett Terry, interim vice president of Student Affairs gave a short speech at the event and handed out two free tickets to the Santa Cruz Beach boardwalk to the raffle winner.

"These events should be happening more often," Barnett Terry said. "I was amazed with the turnout at Fire on the Fountain and also with this."

Barnett Terry is new to San Jose State, but not as a leader in Student Affairs. She served as the dean of Student Affairs for Revelle College at the University of California,

SEE APPRECIATION ON PAGE 2



Jonathan Marinaro | Spartan Daily  
Kanishka Jayasuria sticks to the Velcro wall after flying through the air during the Student Appreciation Festival.

## Bachelor's to be offered at community colleges

### Bill provides four year program to bolster state's workforce need

By Sonya Herrera  
@Sonya\_M\_Herrera

Governor Jerry Brown recently signed a bill enabling community colleges in 15 college districts to award bachelor's degrees. The bill was passed unanimously in the state Senate and assembly in August.

SB 850, submitted by state Sen. Marty Block of Sacramento, authorizes the Board of Governors of California Community Colleges to enact pilot programs for

one bachelor's degree in each of the 15 selected districts.

The pilot programs would begin in the 2017-18 academic year. Participating community colleges would be required to introduce programs not offered in the California State University or University of California systems.

The San Jose Silicon Valley Chamber of Commerce, San Jose/Evergreen Community College District and California University system supported SB 850's pas-

sage. The bill was opposed by the Faculty Association of California Community Colleges.

According to the Senate Appropriations Committee, the programs are expected to incur significant costs during the development of guidelines, as well as about \$350,000 in ongoing administrative costs.

The California Community Colleges Baccalaureate Degree Study Group published a report this year stating "more than 50 community col-

leges operate more than 500 baccalaureate programs in 21 states."

The report also states California ranks 14 in the nation in the number of 25 to 34 year olds with bachelor's degrees.

Kolan Daniels, an undeclared junior, said the bill could result in community colleges becoming more like a university.

"It depends on the number of students that community college accepts," Daniels said, "and the material that the students learn,

if it's sufficient enough to pass as a semester in college."

According to Legislative Counsel's digest of the bill, SB 850 would require students enrolling in the pilot bachelor's programs to complete their degrees by the end of the 2022-23 academic year. These students "shall not be charged fees higher than the mandatory system-wide fees charged for baccalaureate degree programs at the California State University."

Each of the pilot programs will be subject to a final evaluation, which will determine how those programs fulfilled the state's workforce needs, program costs and funding sources, and students' time-to-degree and completion rates.

De Anza College student Guna Leikind-Williams said SB 850 may change how community colleges are perceived.

"I definitely think it adds another level of social status," Leikind-Williams

SEE DEGREES ON PAGE 2

## Appreciation: Student Union Inc. gives back to the students

FROM PAGE 1

San Diego from 1993 to 2012, according to the San Jose State website.

"It brings me joy to see the Spartan family come together like this," Barnett Terry said. "If it was possible, events like this should be happening weekly."

Electronic dance music (EDM) was blasting on the speakers, which was requested by students according to Anthony Ricalde, who works as a techni-

cal services manager for school events.

"We had a 15-person committee planning the event for a couple of weeks," Ricalde said. "We asked the students how we can improve from last time and they wanted EDM."

Sophomore health science major Shaun Perez waited in line for a T-shirt and then in a separate line for a hot dog and chocolate milk.

"I might as well take what's mine," Perez said. "I

feel like I'm just exchanging a small portion of my tuition for a T-shirt and a hot dog, which isn't that satisfying."

An \$86 dollar fee is included in student tuition and goes directly to the Associated Students' budget.

"At least they're putting the fee that we have to pay to use," Perez said. "I remember this event last year was smaller and didn't seem organized."

Samuel Brannan is a Spartan Daily staff writer.

## Degrees: Cost for degree not to exceed that of a state university

Legislation enacts pilot bachelor's degree programs in select higher education districts

FROM PAGE 1

said. "But there could be conflict ... because university is seen as more prestigious."

The Public Policy Institute of California recently issued a report stating if current trends persist, the state could soon face a shortage of educated workers.

"Population and education trends suggest that by 2015 only 35 percent of working-age adults in California will have bachelor's degrees," Hans Johnson wrote

in the Institute's report. "This equates to a shortfall of one million college graduates."

Senior psychology major Leah Crier said the possibility of earning a bachelor's in community college is enticing.

"(Students) go to a community college first because they want to save money," Crier said. "So if it's cheaper to get your bachelor's at a community college and not just your A.A., I would say go for it."

Sonya Herrera is a Spartan Daily staff writer.

## "Spray" app finding new ways to expand student communication on campus



Samson So | Spartan Daily  
Spray, a new app tailored for students, allows users to send messages to other users within the same vicinity. Creators of the app said it may make campus more safe and interaction more convenient.

By Samson So  
@SamsonSo426

On a campus filled with commuters, San Jose State University may have found an app that connects students easily.

Spray Networks Inc. recently launched its new app Spray, which lets users text other users within a 1,000-foot radius.

Sylwia Gorajek, Spray's chief marketing officer, elaborated on the simple, yet effective way to communicate with strangers.

"This app will open ways to communicate between people," Gorajek said. "A lot of the time people don't want to disturb anyone and are worried about how people will react when reaching out to others, so it's going to help in the stage before personal contact."

The app is just like any messenger on any smartphone or tablet. Instead of sending messages to a known contact, senders are able to "spray" out messages to any users in the area, who can choose to respond to them privately.

While senders of messages are visible to others, receivers remain anonymous until they choose to respond.

Users will only provide phone numbers as contact information, but will only be shown if a private conversation is made.

"There is a real social aspect to the app, in that you get to know more people in a very gentle way because you are not risking anything," Gorajek said.

Users are able to choose the range of their "spray" through a slide bar and will also be able to send images, documents and

emojicons along with texts.

Kamil Kuchta, Spray's co-founder and CEO, said he's excited about the app's future.

"I think it's the ideal app to spread news about something going on to other students," Kuchta said. "Right now there's Facebook groups and phone numbers, but with Spray you can ask right away the public's thoughts on a situation."

According to Spray Networks, the team has already been in contact with the University Police Department and administration, who have shared approval of the app's usage at SJSU.

**San Jose State is a great campus for us since it has such a huge density, and we want to see how people are going to behave, what they're going to do and then we're going to develop our platform and create more growth**

Kamil Kuchta  
Spray's cofounder and CEO

"We have contacted the police department here at San Jose State and they really like it because it gets people to behave since people are able to warn others," Kuchta said. "You can ask for help and protect yourself."

Spray Networks reached out to students to hear their

thoughts to help improve the app.

Saskia Newman, a sophomore environmental studies student, shared what she thought of the app and how she would use it.

"People can use it to talk about their assignments, what's going in class or while working on presentations," Newman said. "Also, last year I got locked out of my dorm building and this app would be a great communication."

Spray made SJSU its first campus experiment with the app.

"San Jose State is a great campus for us since it has such a huge density, and we want to see how people are going to behave, what they're going to do and then we're going to develop our platform and create more growth," Kuchta said.

The app is still in its early stages, and Spray's first model is available at getspray.me, which can be downloaded on any iOS device. More information about the app can be found at Spray's website at www.getspray.com.

"One of the things that we are working on right now is the direction and location of messages," Kuchta said. "If you're asking for help, people can follow the arrow to you."

The team hopes to put the app on Apple and Android app stores in two to three weeks.

"We really don't know exactly how people will use this. People are going to change it and use it in their own way," Kuchta said.

Samson So is a Spartan Daily staff writer.



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## Sparta Guide

DATE	EVENT	TIME	LOCATION
THURS 23	"What I Worked on Over Summer Break"	12:30 p.m. 1:15 p.m.	Music Concert Hall
THURS 23	Bible Discussion	2:00 p.m. 4:00 p.m.	Tommie Smith and John Carlos Statue
THURS 23	Open Mic Night	6:30 p.m.	Newman Center 300 South Tenth Street
WED 29	The Unspoken Conversation: The Problem Beyond Ray Rice	5:00 p.m. 6:00 p.m.	Campus Village RAC C&D
THURS 30	Credit Carnival	12:00 p.m.	Tower Lawn

Visit <http://events.sjsu.edu> for more campus events. Turn in an event form for it to appear on the next Sparta Guide in Dwight Bentel Hall 209. Sparta Guide events are free of charge.

Review

# Karla Lara brings musical enlightenment to San Jose

By Sonya Herrera  
@Sonya\_M\_Herrera



A strong, clear female voice tore through the polite chattering of cafe-goers and sang words this reviewer could understand only through the language of music and emotion.

The voice was that of Karla Lara, a folk singer and activist from Honduras who, on Sunday night, joined artists from the Bay Area to inform listeners and express ideas of social equality and resistance.

Visitors at Caffe Frascati were treated to a mind-blowing series of performances headlined by Lara and her band, Hibridos Jazz.

"When the words in your mouth and mine have the same meaning," Lara said above drama-soaked piano chords, "the heaven will be of earth, and women will be a human being."

Sunday's performance was part of Hibridos Jazz's larger "Sing the Sweet Rebellion" tour in the U.S.

The group will visit 35 different locations across the country, informing audience members of the dire situation in Honduras and the crimes committed against women.

Elizabeth Sarmiento, San Jose State alumna and program coordinator for the Committee for Green Foothills, translated for Lara during her interview with the Spartan Daily.

Lara said her intent for this tour was to bring people of diverse backgrounds together so they could recognize the similarities between their struggles.

"One of the things that is happening in Honduras is that there is a growing interest in the arts," Lara said. "There are different groups who are working, and using different mediums, to express resistance and express their struggles."

Freddy Lopez, also known as Freddy Flopez, is a young rapper from East Palo Alto who works as a program coordinator for Live in Peace. Flopez was Sunday night's first performer. He rapped in both English and Spanish about the disparities in the public school system and about growing up in a crime-ridden neighborhood.

"My music is about empowerment, about



Sonya Herrera | Spartan Daily

Shamako Noble, co-founder and executive director of Hip Hop Congress, recites his poetry on Sunday night at Caffe Frascati.

social change, about resilience and about finding that spirit in you to continue fighting or moving through life," Flopez said. "I feel like that was one of the themes."

**This proves that they are interested, that they want to make the world a better place**

**Karla Lara  
Honduran singer**

Flopez said he felt like Sunday night's performances were well-mixed.

"I felt like I connected," Flopez said. "The message was to uplift and also inform."

Shamako Noble, co-founder and executive director of Hip Hop Congress, performed his spoken-word poetry follow-

ing Flopez's set.

"Struggle is real everywhere," Noble said prior to beginning his first piece. "Even at various levels of privilege and access, struggle is real everywhere."

Noble's first poem, entitled "Broke," was written following the market crash of 2008. Noble passionately enumerated various criticisms against the U.S. financial system, including comments on people's mistaken attitudes about the economic collapse's causes and effects.

"We got these poorly-rated / makeshift lawmakers f\*ckin' up / bankers hittin' tankers / but the haters still comin' up," Noble recited. "People losin' their homes / but no one to blame / except for an imaginary market that gets harder to tame."

Following Noble's performance, Hibridos Jazz began with an emotionally-weighty piece titled "When the Words." Lara's vocals teemed with provocative tones and gestures, which conveyed a sense

of seriousness and urged the listener to pay close attention.

"Mainly the theme of my work is to musicalize poems," Lara said. "One of the reasons is because of the high lack of literacy in Honduras ... young people are reading a lot less and poetry is one very good medium for us to bring that about."

Lara said she was pleased with Sunday's performances.

"It's beautiful to actually see and prove to those naysayers (who say) that young people are not interested in the struggles and politics," Lara said.

The singer said Sunday night's event proved such naysayers wrong.

"This proves that they are interested, that they want to make the world a better place," Lara said. "And to see the different genders, the different age groups, young people involved in this, is beautiful."

Sonya Herrera is a Spartan Daily staff writer.



Sonya Herrera | Spartan Daily

Elizabeth Sarmiento, SJSU alumna and program coordinator for the Committee for Green Foothills, reads a poem prior to Karla Lara's performance at Caffe Frascati last Sunday.

# LED JACK YOLANTERN

<p><b>DAY 1</b></p> <p>NEW WORLD PUNX</p> <p>SEVEN LIONS</p> <p>TJR</p> <p>SLANDER</p> <p>BILLION</p> <p>WITH SPECIAL GUEST <b>R3HAB</b></p>	<p><b>DAY 2</b></p> <p>FLOSSTRADAMUS</p> <p>MADEON</p> <p>3LAU</p> <p>ALEX METRIC</p> <p>BIXEL BOYS</p> <p>WHITENOIZE</p> <p>WITH SPECIAL GUEST <b>DJ MUSTARD</b></p>
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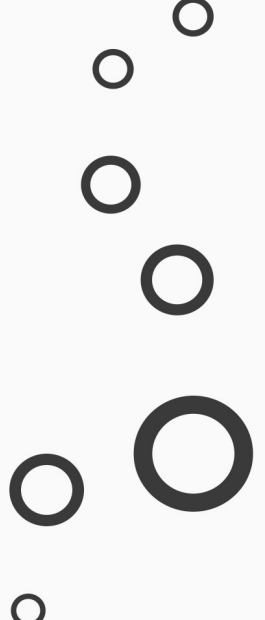
# Thursday Thoughts



Purchase your Spartan Shoutouts:  
(1) 2x2 shoutout up to 100 characters - \$2.00  
(1) 2x2 shoutout with picture - \$5.00

**Posts requirements:**  
-must send any picture as .jpg, .png, or .pdf  
-must send to spartandailycreative@gmail.com  
before Wednesday at 10:00pm  
-no provocative or inappropriate language or pictures

## Social Spartan Thoughts of the Week #SpartanDaily



**Des's Shoutout**  
From : Des To : Mariah Glacker  
  
Hello!

**Brian Tamayo's Shoutout**  
From : 2012 FG MVP To : Akbayan  
  
Please bring home the first place SPUF & Games trophies from Friendship Games!!

**Sergio's Shoutout**  
From : Sergio To : Spartan Daily Wiffleball  
  
It's game day!  
Let's get that W.  
No what?

# Classifieds

10/23/14

## Sudoku Puzzle

Complete the grid so that every row, column and 3x3 box contains every digit from 1 to 9 inclusively

				4	2							
		2	1									
1	3	8					4					
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					6	9						
			2	7								

10/23  
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DIFFICULTY RATING: ★★★★★☆

## Previous solutions

3	5	4	6	8	9	7	2	1
2	1	9	7	3	4	8	6	5
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Oct 22

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## Crossword Puzzle

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58				59				60					
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66					67					68			
69					70					71			

### ACROSS

- 1 Chocolate-yielding tree
- 6 "Chop-chop"
- 10 Like the Great Plains
- 14 Ivy League member
- 15 Santa \_\_\_\_, California
- 16 Part of an archipelago
- 17 Bristlelike parts
- 18 Famous physicist
- 19 Cookbook direction
- 20 Navigate, in a way
- 23 Sharp cheese
- 25 "America the Beautiful" ender
- 26 Whiskey type
- 27 "\_\_\_ the land of the free ..."
- 28 One in a suit
- 29 Cow's chew
- 31 Austrian heights
- 33 Munched on
- 35 Gave cough medicine to, e.g.
- 39 Second-string QB,
- 43 often
- 44 Roll in school
- 45 Very uncommon
- 46 Wee amount
- 48 Kind of room
- 50 Comedian's date
- 51 Latish lunchtime
- 54 "I do," for example
- 56 Cooling-off periods
- 58 Focus on what's important
- 61 Test answer, at times
- 62 Ghanaian money
- 63 Axes
- 66 "Heat of the Moment" band
- 67 Like the Sabin vaccine
- 68 A swelling in plants
- 69 Anchor's position
- 70 Frequently shared thing
- 71 "Rabbit \_\_\_" (Updike novel)
- 1 "Gunsmoke" appeared on it
- 2 "\_\_\_ you sure?"
- 3 Small machinery securer
- 4 Cy Young, e.g.
- 5 Iroquois League tribe
- 6 Botanical gardens (Var.)
- 7 "In a minute"
- 8 Contents of some urns
- 9 Astronomical distance of 3.26 light-years
- 10 Entry permit
- 11 Moving about
- 12 With cunning (Var.)
- 13 Monosyllabic, perhaps
- 21 Region opposite Hong Kong
- 22 Certain Arabian Team leader
- 23 Team
- 24 Common greeting
- 30 Active individual
- 32 Primer pup
- 34 A bit of work
- 36 Sashayed or strutted
- 37 Spine-chilling
- 38 Bottom-of-the-barrel stuff
- 40 Cheer at the Met
- 41 House or home
- 42 \_\_\_ for (substantiate)
- 47 Company on the Web
- 49 More immune to sound
- 51 Pizza slices, often
- 52 Nightingale, notably
- 53 Small ornamental cases
- 55 "\_\_\_ Did Our Love Go" (Supremes hit)
- 57 Comment to the audience
- 59 Heavy, durable furniture wood
- 60 Spherical cheese
- 64 Tall bird
- 65 "Wailing" instrument, briefly

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**OPINION**



# Past situations do not define who we are

I was 15 when I first thought about killing myself.

In school we learned about the warning signs indicating someone is suicidal. Some of them were isolation, drug or alcohol abuse or even giving things away.

The thing they didn't talk about is the fact there are people who are suicidal but do not show signs and seem happy.

This past summer, Robin Williams committed suicide.

According to a Los Angeles Times article, "Report the truth — the whole truth — on Robin Williams' death," his personal assistant found him hanging with a belt around his neck.

There was a lot of mixed emotion about the situation.

I heard people say how ironic it was he was so sad, yet we made so many people happy.

Depression is described as a serious medical condition in which a person feels very sad, hopeless and unimportant and is often unable to live a normal way.

When someone is depressed, telling them to just stop being sad and be happy is not helpful.

Many online websites state that depressive disorders affect approximately 18.8 million American adults or about 9.5 percent of the U.S. population age 18 and older in a given year.

I had no idea I was depressed until I was 15.

For weeks, I planned out how I would kill myself.

I thought overdosing on pills would be the easiest way.

Even though I had friends and family, I felt no one cared about me. At that point in my life I felt alone.

I was tired of the pain I felt in my heart and I hated everything about myself.

I thought I was stupid, ugly, useless and I did not see any worth in my life.

Fortunately, I did not go through with my plans.

Somewhere between my sophomore and senior year in high school, I crawled out of the hole where I tried burying myself.

I convinced myself not to commit suicide and that is something I still have to deal with from time to time.

I feel myself sinking back into that ugly darkness and I have to fight it before it consumes me.

Jesse Singal's article, "America's Depression Diagnoses Epidemic and How to Fix It,"



Follow Jerica on Twitter @thehellajerica

talked about the University of Toronto historian of psychiatry Edward Shorter.

Shorter wrote a book called "How Everyone Became Depressed: The Rise and Fall of the Nervous Breakdown."

In the article, Singal highlighted some of the important facts he discussed with Shorter during an interview.

The one aspect that stuck out to me was the idea of "melancholia."

Melancholia is defined as "a mental condition and especially a manic-depressive condition characterized by extreme depression, bodily complaints, and often hallucinations and delusions."

It is real depression; people feel sad and have other symptoms such as terrible fatigue and body pains that come and go.

Despite this, every day they get out of bed and go to work or school, and they do so with a smile on their face.

My depression does not define me. And although at times it creeps up on me, I now know the warning signs and I can coax my way out.

I distract myself by listening to music, reading, writing poetry or meditating.

Growing up, I did not have a person in my life that was there for me to help me when I was feeling bad.

My mother died when I was younger and I never met my father.

I have learned to be the person who helps me when I feel myself sinking.

There is a certain amount of emptiness a person has to feel to hit rock bottom.

Someone committing suicide does not mean they took the "easy" way out.

But that does not mean they should not seek other options.

There is this quote from the novel "Jane Eyre" by Charlotte Brontë about depression that has always stuck with me.

"Crying doesn't indicate that you're weak. Since birth, it has always been a sign that you're alive."

I have come a long way from where I was when I was younger, and I still have a long way to go.

The one thing I have learned from what I have been through is that I love myself enough to live.

Jerica Lowman is the Spartan Daily Opinion Editor. "Phenomenally Feminist" usually appears on Thursday.

## ONE WORD WISDOM BY WES MOOTS

# Nicknames: titles chosen for ourselves that reflect on our personalities, past experiences

In a crowded room, you have a better chance of getting my attention by shouting Steve than any other name.

This is because six or seven years ago I didn't want a girl to know my real name.

Just to keep from other problems, I won't identify some of the individuals involved here by name.

Nicknames are chosen by others for us, and even if we can pick our own nicknames, other have to accept it to make it stick.

My father's best friend for over 40 years goes by the nickname Kit, and practically no one knows his birth name outside of my father and Kit's siblings.

Some nicknames come as simply as the standard shortening of names.

Jonathan becomes Jon, William becomes Will and Samuel becomes Sam.

Sometimes there are more cultural roots to the nickname.

John becomes Jack, William becomes Bill and Elizabeth becomes Betty.

So how did Wes become Steve?

The girl I was dating at the time and I were standing outside West Valley College Theater waiting for our friend whose nickname is his last name, and I told her that he, who I identified by name, would be out any minute.

A different girl spun on her heels to look at me and squeaked, "You know (him)? I know (him)! Hi I'm (her name)!"

The glimmer in this woman's eyes told me I didn't want this level of instability in my life, and so without missing a beat I smiled, shook her hand and said, "Hi, I'm Steve."

Sometimes we don't even know we're creating a nickname for ourselves.

These nicknames can come from sports, jobs or any other group we find ourselves in.

People regret some of their nicknames and some nicknames are embraced despite being born of mockery.

Intent isn't a magical thing that changes the impact of words, and interpretation is a personal choice we can all make about how to take the things we are called.

After a short and very awkward conversation with (her), our mutual friend came out of the theater's back door.

When he saw us he smiled and said, "Oh



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you've already met her."

"Yeah, I just met Steve!" She said. I was immediately given a look of judgement and impending revenge by (him), "Yeah Steve, this is my girlfriend — (Her)."

All I knew is I was in for a world of payback from him.

There are nicknames which will follow us for months and years beyond their creation, but unless we choose to embrace them, they can be lost.

Krazy George could have lost his nickname decades ago if he hadn't chosen to embrace it as a part of what makes him who he is.

A nickname is a title which can earn us respect and tell others about our skills, traits and responsibilities as much as any job title or military rank can.

Six months later, it turned out, she had been as unstable as I'd guessed and the relationship hadn't worked out between them.

When he raised a glass to all his friends at a party he made a point to call me onto the stage, and before 400 of his closest friends,

classmates and acquaintances he introduced me to all of them as "Steve Wesmoots."

No one questioned the nickname as being anything but fact.

The rest of the night I had people shaking my hand and greeting me by my new name.

For weeks people on the street would stop and greet me as "Steve," and although I swear I'd never met these people, I still smiled and shook their hands.

This condition of misnomers can create all sorts of nicknames and it has become a trend among my friends to acquire them.

We're not allowed to know when we're picking them, but Bryan is Eddie, Jon is Dan and no one can tell any of us otherwise.

The nicknames that stick with us become a part of who we are.

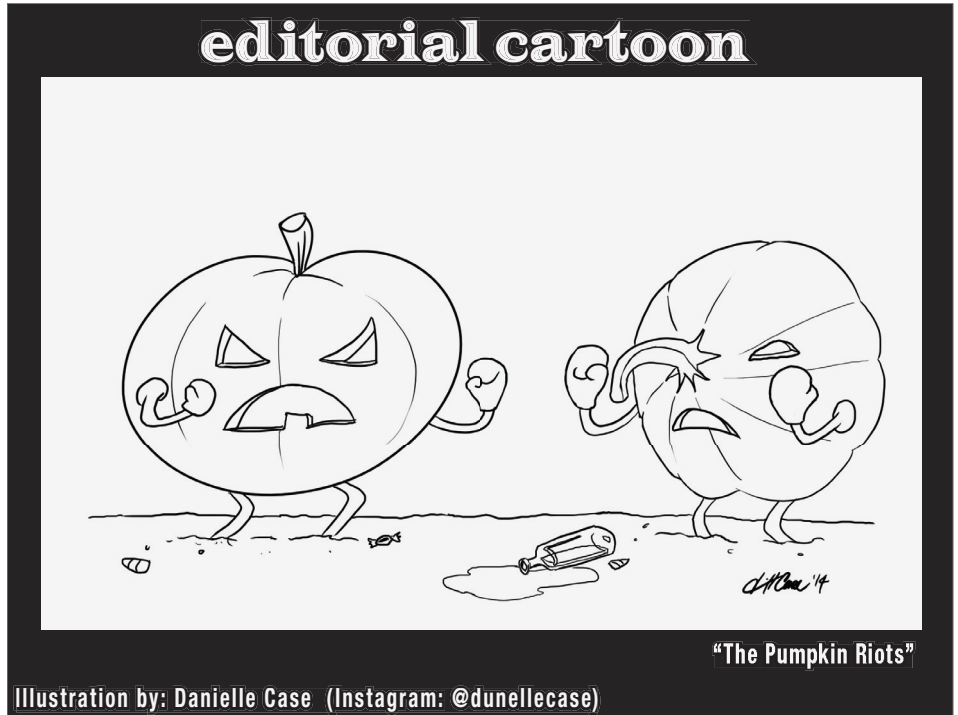
We grow to accept them as titles for ourselves even if we didn't choose them ourselves.

Now six or seven years later, I'm still known to hundreds of people by my second name, and if you send a word in for this column, you now know why it goes to "@SteveWes."

Wes Moots is a Spartan Daily staff writer. "One Word Wisdom" usually appears every Thursday. Tweet a single word to his Twitter handle with the tag "#OneWordWisdom" and your word could be covered in a future column.

Comment on these articles at [www.spartandaily.com](http://www.spartandaily.com)

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## Spartan rugby hopes to improve endurance, organization

By Samson So  
@SamsonSo426

On a cool, crisp night in October, the San Jose State rugby club team trudged through the damp field near Spartan Stadium.

While certainly not going at full speed that night, players prepared for the “sevens” — seven players on each side — season, spewing high intensity while sprinting and tossing the ball from side to side.

In the midst of it all, head coach James Fonda whistled to engage plays and give instruction to the team.

Last year the team ranked 20th in the nation and finished on top of the Pacific Western Rugby Conference in “sevens.”

The team went on to compete at nationals for the first time in the 42 years of SJSU rugby.

However, with every new school year brings a fresh batch of players ready to compete and conquer several challenges.

The team will also compete in “fifteens” come January.

“We have some very promising prospects that played in high school that are looking really good,” Fonda said. “The program is growing and we’ve been invited to some big tournaments like West Coast Sevens in Cal Poly, which allows us to play some of the top ranked schools in the nation, including Cal Berkeley.”

With new players joining the club, the team looks to maintain a certain balance that has brought them success.

While their strategy as a team hasn’t changed much, Fonda hopes to refine his players’ skills to the point of routine.

“There’s no question that we have the tal-



Sophomore Patrick Friedman stretches for the ball as freshman Alex Hong (left) and junior Johan Krig (right) scrum during practice on Tuesday. **Samson So | Spartan Daily**

ent to do well, but we just need to get on the same page and players need to come out to practice a little more,” Fonda said. “The first thing I want to improve on is having the players understanding the game plan better and making sure that they know where they should be and where to go at anytime.”

Players look forward to working on personal goals.

“Personally, I really want to get better at tackling, instead of just getting run over by some monster of a dude,” said senior Anthony Gaultille. “While being fast is great, speed doesn’t always help on defense, especially against bigger opponents. We have to make sure we’re in position and lessen the disadvantage of smaller players on our team.”

The coaches also made sure to emphasize the other side of the ball, but some of their drills involved are protecting the ball and keeping the momentum on offense.

“We want to run on the ball and use our speed to get through gaps rather than just

running at people unless we really have to,” Fonda said. “I really think our physicality and our size combined with our speed on the wings will allow us to do pretty well.”

Although several members of the team are new players, veterans like Gaultille and senior Mike Gonzalez are optimistic about the upcoming season based on the overall turnout at practices.

“Some of these guys here just have crazy speed, and above all that, everyone here has great work ethic and motivation,” Gonzalez said. “These guys are really hungry for competition, and I don’t think we had that same thing coming from guys that came out last year.”

Gonzalez said the team will compete in several tournaments in the upcoming weeks, including the Battle in the Bay tournament, which includes some of the top rugby teams in the nation.

With new players comes growing pains that need to be addressed.

“We’re going to be playing some of the top teams in the nation that give out scholarships to their players,” Gonzalez said. “We understand the game and have the ball-handling skills, but I think what we learned from this past week is that we’re a little out of shape. This week we’re really going to work on our endurance and see how much we can improve.”

Gaultille agreed the team needs work together to meet its goals.

“At the moment, we’re not organized enough,” Gaultille said. “Everyone wants to get to the same place, but it’s not a straight line getting there right now.”

Gonzalez said he also hopes to leave a lasting mark on the team and create more opportunities for the future of rugby at SJSU.

“The way I look at it is, I represent a brand and our campus,” Gonzalez said. “Off the field, I want to make the right decisions and make sure I keep leading guys in the right place and the right frame of mind.”

Samson So is a Spartan Daily staff writer.

## Spartan football honors former great, offensive lineman “DQ”

By Brian Stanley  
@BStanleyPhotos

Traveling for the second week in a row, the San Jose State Spartan football team takes its longest road trip of the season Saturday to face the Navy Midshipmen in Annapolis, Md.

During the game, the Spartans (3-3, 2-1) will be sporting gold helmets for the second time this season and will honor former San Jose State offensive lineman David Quessenberry with a “DQ” sticker on the helmets.

“He is a Spartan great and he is going through a battle right now,” said Spartan head coach Ron Caragher. “Tougher than any battle we have on the field on Saturdays.”

Drafted in the sixth round by the Houston Texans in the 2013 NFL Draft, Quessenberry was diagnosed with Non-Hodgkin’s Lymphoma in June 2014.

Caragher said the Naval Academy (3-4), UCLA and the University of Colorado are joining San Jose State in supporting Quessenberry by wearing the “DQ” on their team helmets.

Quessenberry’s brother, Paul plays for the Navy defensive line and brother, Scott is an offensive lineman at UCLA.

Former San Jose State head coach Mike MacIntyre, who coached Quessenberry for three years, is the current head coach at Colorado.

Spartans’ offensive captain and center David Peterson said it was a great opportunity to play with Quessenberry.

“He was a big influence for me,” Peterson said. “I try to be like him in every aspect of the game.”

Quessenberry walked on as a redshirt freshman at San Jose State in 2008 and earned his athletic scholarship for the 2010 football season.

“He was a lunch-pail guy day in and day out and I really looked up to him,” said Peterson.

Caragher feels this is a unique moment having all four teams come together in support of Quessenberry and his family.

“He’s fighting this and he’s going to get through this,” Peterson said.

In on-the-field action, junior quarterback Joe Gray was named Mountain West Conference Player of the Week for his performance against the Wyoming Cowboys.

“It brings a lot of recognition to this team because this team works hard,” Gray said.

Gray, who completed 33 of 45 passes for 322 yards and two touchdown passes, credits the effort of the offensive line protection during games.

Caragher, a collegiate quarterback himself, described Gray as being the spirit and leader of the offense.

“It’s crazy how the quarterback gets most of the exposure,” Gray said. “It’s always a collective effort; it’s not just one guy.”

Caragher said with each game, Gray has improved and became comfortable in the position and leading the offense.

Gray earned the nickname “Joe Cool” after the Wyoming game from Caragher due to the way he keeps his composure in situations under pressure.

San Jose State is currently second in the West Division standings of the Mountain West behind San Diego State.

The Spartans are on a two-game winning streak heading into Annapolis.

Last year at Spartan Stadium, the Spartans lost to the Midshipmen 58-52 in a triple overtime shootout.

Junior running back and wide receiver Tyler Ervin will be leading the running game, with the Spartans being without sophomore running backs Jarrod Lawson and Thomas Tucker.

Lawson is serving a six game suspension that began against Wyoming for violating team rules and will not participate on Saturday.

Tucker is still out of action because he continues to recover from a foot injury.

Redshirt freshman left guard Jeremiah Kolone suffered a knee injury against Wyoming and will not be in the lineup for San Jose State.

Caragher said it’s tough to lose Kolone because he’s had a really good season.

Backup right guard A.J. Samataua will slide into Kolone’s position on the starting offensive line, according to Caragher.

Kickoff for Saturday’s game at Navy-Marine Memorial Stadium is 10:04 a.m. (PT) and will be broadcasted on CBS Sports television network and KLIV 1590-AM radio.

Brian Stanley is a Spartan Daily staff writer.

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