

Spartan Daily

Serving California State University at San Jose Since 1934

Dellinger attacks FMC role in manufacturing war items

By Buzz Eggleston

Speaking to about 300 San Jose State University students yesterday, pacifist David Dellinger attacked the symbolism of companies like Food Machinery Corporation (FMC).

He said it was ironic a company with the name Food Machinery Corporation could be a manufacturer of anti-personnel bombs.

Dellinger spoke to students in the C.U. Loma Prieta Ballroom on a theme similar to his speech Saturday at an anti-war rally in San Francisco.

Again, he used examples from his three trips to North Vietnam to support his argument that America is the "under-developed country," not North Vietnam.

He drew a comparison between the United States and Nazi Germany. After the war, the German people said they "did not know that the death camps existed," Dellinger said, "but you all know that companies like FMC exist."

FMC was contacted to verify or deny Dellinger's charges and after informing a woman who spoke for the public relations office of the company that David Dellinger claimed FMC made anti-personnel bombs, she said, "Who is David Dellinger?" After which another spokesman for FMC explained that the company does not make anti-personnel bombs, but armored personnel carriers.

Dellinger assailed the media for its failure to report the Vietnam War objectively. He linked the failure to the western culture as being unable to mix morality and humanity with politics.

According to Dellinger, the media played down a recent report that instruments for espionage were being smuggled to prisoners-of-war in North Vietnam through letters and gifts from the United States. He used the charge of smuggling to justify the North Vietnamese policy of allowing little communication between the POW's and the outside world.

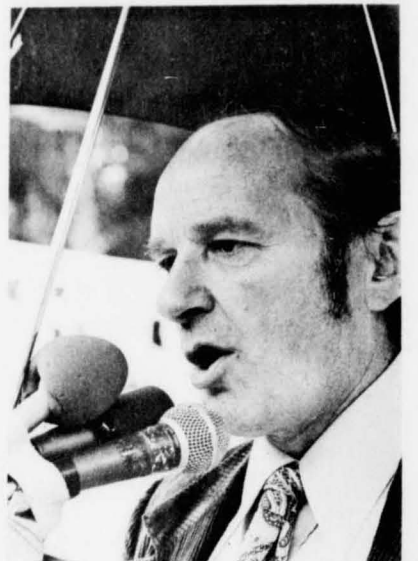
Dellinger was among the civilian escorts who recently accompanied three released POW's on their return from Hanoi.

Dellinger claimed Americans were becoming immune to atrocities like My Lai, the Vietnamese hamlet in which civilians were massacred. He said we have "shells around us," and said it's getting easier to read about events like the Watergate affair in which the Democratic Headquarters was bugged electronically.

In his conclusion, Dellinger gave support to Sen. George McGovern. Afterwards, during a question and answer period, a woman asked what he would do if Pres. Nixon is re-elected in November.

"The most important thing," said Dellinger, "is to build an independent, self-reliant, revolutionary movement," which he described as a means by which Americans can have more say in the policies of their government.

The tone of his speech overall, however, was a challenge to Americans to be more conscious of morality and humanity, and a call to integrate this consciousness into American politics.



David Dellinger

Phil Gould



Job Corps demonstrators gathered on corner of San Antonio and 11th streets.

Michael Peth

Incompetence charged against Job Corps

By Bruce Jewett

Sign-carrying protesters milled around the Job Corps Center on San Antonio and 11th streets yesterday morning.

The 18 demonstrators represented discontented Job Corps members, advisers, and interested groups.

Rachel Silva of the Confederacion de La Raza Unida, charged the Job Corps administration with "incompetency and insensitivity" to Job Corps student needs. Her charges were supported by Carl Broadway, a residential adviser in a Job Corps dormitory.

"There was supposed to be a dedication today," Ms. Silva said, "with the Secretary of Labor. But it's been postponed. The administration here does not want the Labor Department to see what's going on here."

Broadway and Ms. Silva stated that Job Corps students have been dropped from the program for smoking cigarettes, and "speaking up for their rights."

"Of course these kids have problems," Broadway said, "they wouldn't be here if they didn't. When they go to the administration, they're just ignored."

The demonstrators are asking for the dismissal of seven Job Corps staff workers. They are: Fedro Yanez, director of the Center; Dean Darby, assistant director; Rudy Gonzales, personnel manager; Rusty Godown, Yanez' secretary; Maria Alvarez, girls residential advisor; Troy Hayne, security head; and Jim White, head counselor.

The list of demands includes that no Job Corps students be terminated, and charges against Ms. Silva and Marge Morales be dropped. According to director Yanez, he did not allow the two women to stay overnight in a Job Corps dorm. They refused to leave and were charged with trespassing.

Several Job Corps students complained of police harassment and brutality. They described occurrences of police using "mace" and dogs in searching the four dormitories on 11th St.

The most recent incident they cited was last Monday, around 2 a.m. when a fight between two students broke out. According to some Job Corps students, about 25 police in riot gear responded to the call.

"Mace was being used and they were just chargin' in, whippin' heads," a Job Corps member said.

Fedro Yanez confirmed that an incident involving police took place but did not want to comment on it. He had just finished meeting with Job Corps student government representatives George Galvan, Ed Foley and Elaine Castleberry.

The three students indicated that they did not agree with the demonstrators or their demands. They did not feel the protesters represented the majority of Job Corps people.

"The students," Yanez said, "have really got it together. I'm very proud of them. For the most part, they are contributing to the betterment of the center."

Yanez went on to say relations with the community and the police are "getting together," despite bad publicity connecting the Job Corps with rising crime.

"None of the students here, in seven months of the Center's existence, have been charged by the police," Yanez said.

Of the staff members whose resignations are demanded, Yanez said, "All 54 members of the staff have bachelor's and master's degrees and have held administrative positions in other places. The charges of their incompetency are groundless."

Predicts landslide victory

Nixon-in-law visits San Jose

Pres. Nixon's son-in-law, Edward Cox, made a campaign appearance yesterday afternoon at a San Jose "Re-elect the President" headquarters. Cox, in the Bay Area for several days of campaigning, assailed Democratic presidential candidate Sen. George McGovern for "slinging muck."

"When you don't have any issues to campaign on, when you don't have any support, you have to start throwing muck," Cox noted of Sen. McGovern.

The main emphasis of Cox' local appearances were visits to campaign headquarters to deliver pep talks for the final pre-election drive.

Yesterday, Cox also met with representatives of local college and high school newspapers in a press conference.

At that conference Cox contended school campuses are too often outlets for rhetoric. Cox referred to the "working young" from 18-24 years who "don't look for cheap promises and rhetoric."

"You find people on campuses who want rhetoric, and pictures of a glorious horizon. The President hasn't given rhetoric to the people or promises he can't live up to," Cox said.

While campaigning in 1968, Nixon noted a President can't end a war in four years doesn't deserve another chance. This same charge has been leveled against Pres. Nixon.

In response, Cox said, "His four years are not up yet."

Cox also pointed out the number of troops that have been brought home and the recent life pumped into the Paris peace negotiations which are at a "very sensitive stage."

Cox also noted American success in fighting in Vietnam has caused the North Vietnamese "to throw in the last chip in sending all its troops down to impose Communism on the South Vietnamese government."

Of the North Vietnamese, Cox added "They are defeated, they don't have anything left."

Cox also told of a large degree of demoralization in North Vietnam and a growing wave of dissent.

"They have been lied to and are beginning to find out the war is not going well for them."

The slim, young, former Ralph Nader "Raider" appeared in a quiet, dark suit with his short, blond hair slicked down.

The quiet "presidential-in-law" also attacked the attention given the Watergate "bugging affair" as "blown up way out of proportion by McGovern and the press."

He noted McGovern is relying "On trying to obfuscate the major issues and throw mud."

In defense of the President's almost non-campaign Cox said "It's much better that he's sitting in the White House rather than out campaigning."

Cox noted several important pieces of legislation in the areas of environment, the national budget and welfare will be acted upon

by Congress in the coming weeks.

"He would be defaulting his duty if he took time to campaign."

Asked about the California Marijuana Initiative on the November ballot, Cox replied Pres. Nixon's stand is "marijuana shouldn't be legalized but the penalties should be reduced."

"All the evidence on marijuana is not yet in," he added.

Cox admitted Nixon campaigners are looking for "an overwhelming majority" in the election.

However, "we're going to campaign as if he's not going to win and as if he's a million votes behind."

Following the San Jose appearance, Cox was scheduled to drive up to Oakland for the third game of the World Series.



Cox talks with San Jose onlookers

Gail Melvin

Illegal ad inserted in newspaper

Many persons were surprised to see a small, yellow insert fall out of their Spartan Daily yesterday, but no one was more surprised than the Daily's advertising staff.

The insert, advertising the services of "Term Paper Arsenal, Inc." had somehow found its way into the Daily, without first passing through the required channels.

According to Debi Mannhalter, Spartan Daily advertising manager, "Term Paper Arsenal" had received no permission to insert its ad in the Daily.

She explained that it is not the policy of the Daily to accept such advertising. She noted that she had received a call last week from someone asking if the Daily would accept an insert, but added that the call has not as yet been linked with "Term Paper Arsenal."

Clyde E. Lawrence, associate professor of Journalism and Advertising, told the Daily that he called the number in the ad and spoke to someone who apologized and said that it "won't happen again." The Daily's attempts to reach the Berkeley company were unsuccessful.

Academic Council postpones student member appointments

By Alan Rosenberg

The Academic Council voted this week to postpone A.S. Pres. Dennis King's recommendation regarding the appointment of student members.

The resolution was delayed because it conflicted with an interpretation of the Council's by-laws. According to the by-laws or rules adopted by council, any written communication must rest for two weeks before action is taken.

As a result, King's recent proposal was accepted as new business for next month's meeting.

The resolution asked for elected student members on the Academic Council to be chosen by the Associated Students in the same manner as student officers are elected.

But if a vacancy occurred, the Associated Students President would fill the vacancy by appointment with a two-thirds majority approval of the student council members.

Presently, those candidates not elected but who received more than ten per cent of the votes cast in the A.S. election would become alternates in the order of votes received.

Those appointed to council would be elected for a one year term and could not be an elected officer of the Associated Students.

At the moment, King seeks to fill three vacancies in the eight-member student delegation. In other action, a motion calling for the Academic Council's endorsement of voting and non-voting members to the Athletics Board was passed.

In order to comply with the National Collegiate Athletic Association (NCAA), and Athletics Board must have a majority of

"institutional representation."

Because the present board had equal student and faculty distribution, the council appointed additional instructors to qualify under the NCAA ruling. A faculty athletics representative and a faculty member from one of the men's or women's physical education departments constituted the additional bloc of voting members.

In other business, the council approved a memorandum requesting that a total of twelve seats be allotted to the Schools of Humanities and Arts and Social Sciences.

While six of these seats are presently filled by representatives from the School of Humanities and Arts, only five seats are filled under the School of Social Sciences. An election to fill the final sixth seat vacated by Mrs. Shirley Kohn was ordered by the committee.

The appointment of 12-month departmental chairmen was briefly discussed at the meeting. Bob Wrede, chairman of the plant and budget committee, proposed that an objective poll be used to gain all the varying opinions of each department.

The motion was passed and the executive committee was appointed by council to handle the matter.

An amended by-law proposed by Prof. Ted Norton was also approved by Academic Council.

Norton, president of the Association of California State University Professors (AC-SUP) recommended that the executive of New College and the Dean of the Graduate School of Social Work be considered as deans of schools when considering council membership.

Backlog and errors cause turmoil in Financial Aids

Massive numbers of applicants and state Educational Opportunity Program (EOP) funding caused a mixup in the San Jose State University Financial Aids office, leaving 30 to 40 students without their funds at the start of the year.

All the students are now receiving funds, but only after they had complained to SJSU Financial Aids Director Donald R. Ryan, according to Ryan.

"In some cases, the fault was with the student," said Ryan. "Either he didn't turn in a form or his application was faulty."

"But in most of the cases the fault was with us," Ryan said.

"We were caught understaffed and due to clerical errors, some forms weren't processed on time," he said.

More than 11,000 students applied for financial aid for the 72-73 school year, and 8,000 received aid.

The number receiving aid doubled over last year and Ryan believes this is due to financial aid request forms being sent out with admissions forms.

"Even with the large applicant increase, we didn't get extra clerical help," Ryan said.

Still, with the increased workload, the financial aid staff managed to complete the forms for students receiving aid, and also inform the students of the amount they would get, before the Spring 1972 semester was completed.

"But in late July, more state EOP aid passed and we had to go through the applicants, and in some cases redistribute money," Ryan commented.

This didn't mean cutting or raising the students' funds, but giving state aid in place of federal aid, and then giving other students the federal aid in place of money from the work studies program.

"We completed that, but in the process some student files were misfiled, and we didn't discover it until the students came and asked for their money," Ryan said.

"And I don't blame the students. If I had been a student and been counting on financial aid to pay for college, I would have been quite upset if I came to get it and it wasn't ready," he concluded.

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Serving California State University, San Jose Since 1934

"The press is the best instrument for enlightening the mind of man, and improving him as a rational, moral and social being."

Thomas Jefferson

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Editorial Board

Penny Spar
Rick Malaspina
Dan Russo
Eileen Colla
George Rede
Mark Simon
Roger Woo

All articles designated as editorials reflect the majority opinion of the editorial board. All other opinions expressed are the views of the individual writer or cartoonist.

Staff Comment

Liberate the male ego

by Ken Mohr

He hadn't shaved in two days. His t-shirt looked as though it had served a term in the Tijuana jail. The girl he was holding hands with, however, was precisely groomed and impeccably dressed...

On Sept. 30, a "Sisterhood" was held at California State University, Chico. Only women were allowed to attend.

The Thursday before the dance, an article apparently written by three of the sisters involved appeared on the front page of The Wildcat, CSUC's newspaper. It began "Many women and men have been asking why only women are invited to the Sisterhood dance this Saturday night" and explained that the dance wasn't for only "gay sisters."

Wrote the women quite aptly, "Often, women feel self-conscious in those situations (in bars or dancehalls) because it's usually socially 'required' to have a male partner." They also cited the fact that "single-sex" dances are not unusual in other cultures.

Think about it, men. Perhaps we are in worse need of liberation than the women are. Would you dare to dance with your roommates without closing the shades? Why not?

This is only one symptom of the male "trip," I am ashamed to say. When you see a woman with a fantastic body ('figure' seems a euphemism), do you ask yourself "I wonder what she's like as a person?" or do you start panting?

Perhaps you have sometimes felt a slight pang of paranoia upon watching those mini-skirted girls with their shining white teeth, a feeling that they're all out to get you. Since men are supposed to be the aggressors, maybe they are using subtler ways.

You notice the phone isn't ringing incessantly. Maybe you're supposed to be doing the phoning. Why?

Your mother refused to give you a dolly when you were a child. A boy's toy is war, but a girl's joy is a baby. They were preparing to send you to Vietnam even in those days.

Sometimes I think that biological differences alone are enough to prevent communication between men and women. I don't have periods. I'll never get pregnant. But there is one thing that makes communication possible and that is that we are all people.

Think about it, men. Perhaps we are in worse need of liberation than the women are. Let them dance together. Dance a little yourself.

Letters to the Editor

Shaving is a 'neurosis'

Editor:

Your Oct. 16 issue contained a staff comment of incredible self-centered chauvinism.

Probably one of the more peculiar neuroses of the human primate is scraping hairs (and skin) off the legs that grew them. Perhaps this is the result of guilt imposed on American females by their male dominators.

Hair-removing creams dissolve hairs below the skin surface. This can cause serious skin irritations when

some hairs regrow but are trapped below dermal layers.

Hair is a beautiful, natural attribute of our bodies. Some of our more confused brothers are seeking a sterile world where they can deny their animality and make "King Kong" jokes.

Only a "baboon" would assume that someone else's legs exist merely for his enjoyment of a brainwashed version of what makes him horny. If we decide leg hairs are ugly, where will it end?

Glenn Zappulla

Image forced on women

Editor:

In Monday's issue of the Spittoon Daily, one Howard Schleuter is puking his guts out over some young lady with hair on her legs. What I would like to ask Howard is where does he draw his ideal of women from? A Nair commercial or some other sick Madison Avenue creation of the perfect female?

Obviously, this letter is not aimed personally at Howard, but at the millions of Howards in this country with their sick philosophy that permeates this society in regards to appearance and hygienic standards

that are psychologically forced on the American female by commercial advertising and social pressure. This type of thinking is what women's liberation is trying to combat on all fronts and rightly so. After all, who or what gives the Howards of this country the right to say whether a woman has hair on her legs or armpits or anywhere else for that matter. Isn't it or shouldn't it be her own decision?

Oh! By the way, Howard, next time tray a handful of pennies; they take longer to pick up.

Wayne E. Nelson (male)

Draft center still needed

Editor:

In spite of promises by both Nixon and McGovern to end the draft, the truth of the matter is that for the time being they can only end the induction process. The registration system of Selective Service will still be in effect, and can only be abolished by a vote of Congress... something many of us cannot conceive of in the near future. With this system in effect, it is still necessary for those interested in staying out of the service to go through the process of applying for their various deferments, for any President can decide that induction is still necessary and either extend the call-up of troops through Congress, or apply for it to start again if it has been ended.

With the necessity of keeping your head about the Selective Service System still evident, it is clear that a draft counseling center is needed on campus. The old office in Building K no longer operates, and the nearest counseling center is the San Jose Peace

Center, which is not too convenient for commuting students.

With this in mind, the Community Work Auxillary of the San Jose Peace Center has filed for recognition as a campus organization, and we will be working to establish and train a staff for a new draft counseling center on campus. We will also provide general alternative information, work on community access media and whatever other programs are indicated in the quest for peace in the world and at home. We make no grand promises, but know there are many of you who are at least looking for hope in the midst of a violent world. We need your help.

People interested in counseling or staffing when we establish our office can find out more at our organizational meeting Thursday night, October 19. The meeting will be held at 7:30 in the Business Class 123 of the College Union. Come on down and see if you can lend a hand.

Ed Behan
President, CWA

THE GALLERY

The last of a vanishing breed

by Rick Malaspina

At 89, Evasio is one of the last members of a precious, vanishing breed of man. He is, in a sense, a relic. Only this relic is alive.

His face is a long, criss-crossed chart of soft, rosy skin. His eyes, watery but alert, fix themselves under wiry, gray brows. It's easy to see that every day someone must take great care and time to guide a razor around the stubble that forms a mustache. His gnarled hands just aren't steady enough to do that anymore.

Then there are his trademarks: Black, dusty trousers cuffed over heavy shoes; dark plaid shirt, sleeves curled up, with a darker tie hanging loosely around the collar. And the hat—the rumpled fedora that looks older than he is; a jagged band of stale sweat circles its crown.

What really molds this old man into

something unique is the way he has learned to look at this crazy world in his 89 years.

Evasio doesn't talk much; he'd rather be asked questions. And even then his answers, flavored by a gruff Italian accent, are short and choppy.

"Nineteen-o-five. Came here in 1905. Thirteen days on the boat. Went to work in Pennsylvania: the coal mines. Worked like hell."

As strong smoke rises from the crooked cigar Evasio holds between the gaps in his stained teeth, his sharp memory and grumbled gragments weave a narrative of the hard days.

Unlike most old people today he doesn't live on memories of "the good old days," and his is not destined to an airtight retirement community.

He spends most of his days reading

newspapers and magazines—even old ones. At his age, no news is really earth-shaking. Sitting in his garden, alternating between his Italian cigar and his pipe, Evasio lives the way he wants and takes each day as it comes.

Ask him if he'd like to go back to Italy, he snorts, "No. I been there; let somebody else go."

He calls you "young man," and wants to know how the girls are. "Take it easy; plenty of time," he tells you. And there's a sparkle in those old eyes.

When Evasio says good-bye, he always adds "You be happy... be happy."

Sometimes, at the end of the day, Evasio sits quietly, holding a glass of heavy red wine. He extends the glass and says with a wink, "You know, you gotta get drunk once in a while..."

Mano a Mano

Por Jaime Quijas

Aqui les viene otra vez su escritor seminario con unas pocas lineas de importancia e informativas. First of all el Friday, October 20, at the M.A.G.S. building at 2:30 de la tarde. There will be a junta para discutir la formacion de "Friends of Jose Garcia Fund Raising Committee." Asi es que otra vez el apollo se necesita aqui. Esta junta es para organizar comites para buscar modos de levantar fondos para ayudar a un carnal que se encuentra en gran necesidad, todos los que puedan

hagan un esfuerzote en asistir a esta junta. Alli les daran todo el info necesario.

Atencion all Chicanos!! Nuestro E.O.P. director ha hecho un tratamiento con el Health Center, y ahorita estan dando free eye examinations en el Health Center. Asi es que take advantage while you can, all you have to do is see Gabe at the E.O.P. office and he will tell you all the informacion sobre esto para ver si todavia tienen ese 20/20 y sino pues

alli se los diran, vale mas que vayan pronto because like it's on a temporary trial, so if you wait too long you might be left out, arranquense devolada! Hablando de cosas gratis, me dio mucho gusto de que los batos del Pinto Pad que esta por la calle diez hayan tenido su fiestasita el viernes pasado, comiendo menudo para los crudos y tirando una poca de chancala al compaz de la musica mejicana. The menudo was supposed to be for sale, but our good hearted carnales decided to give a bowl of menudo to all that were there, se aventaron carnales. ¡¡ Poder a los Pintos!!

Also the batos at the Pinto Pad which is on 69 North Tenth are asking that if anyone is interested in writing to Pintos that are at Tracy just get in contact with them or drop over to M.A.G.S. and ask for info about it and they will tell you. So let's get down to it and show our carnales that they are not forgotten. Write a letter today.

Nomas quiero decir que business is picking up, for the Chicano Diario. I am glad to see that there have been more articles submitted for the Chicano Diario, este es nuestro medio de comunicacion entre la Raza de San Jo U. Asi que keep those articles coming, for this papel nos guardara nuestra unidad mas unida. Otra vez les recuerdo que ustedes los que quieren y puedan, estan invitados para ayudar a escribir y distribuir el Chicano Diario. Nomas vayan, al Mags, building los lunes y miercoles de las 5-7 de la noche. Pero vayan, no nomas digan que van a ir y luego no hacen show up.

Otra vez le recuerdo de nuestros carnales de Santa Clara. Todavia estan con su problema que no parece que se quiere mejorar. Cuando puedan demosles un boloteon y les aseguro que se los agradeceran mucho.

Bueno carnales, como les dije la otra vez, aqui estoy para servirleslo que quieran dar a saber a los demas nomas diganlo. Tambien sigan siguiendo y no nos aguitemos con la "clecha" que es una de nuestras mejores avenidas para vencer. Ay los wacho y portence bien!



"How can anybody vote for a man like McGovern who's always changing his position."

Staff Comment

All that glitters not gold

by Steve Terry

Imagine driving through a gantlet of mirrors during heavy traffic when the sun is low. Car drivers need not imagine they know what it's like.

During the peak driving hours—early morning and late afternoon—the sun is low and every surface capable of collecting light does. Sun-glare we must live with, but the glare caused by reflective objects on the highway is something society can control.

The worst glare-collectors are the vehicles on the road or parked on the curb.

Automobiles are high-finished objects. They are ornamented with chrome, painted with a highly lustrous enamel and paneled with polished glass.

In 1958 Detroit automobile manufacturers learned the limited value of chrome ornamentation—too much is too much. The question posed is, "Why chrome at all?"

It is not one of society's fundamental concerns, but in view of recent demands by the public for safety and engineering competence in automobile design, it could be.

Automobiles shine for aesthetic reasons. It's a long tradition stemming from man's fascination with things that shine. But shining things are not beauty's children in every case.

"All that glitters is not gold," is a familiar adage that applies here. It means, simply, appearance of value does not always indicate worth.

The automobile is first of all a means of transportation function cannot be forgotten.

Glare is a non-functional bi-product which can be helped off the highways with a simple admission by people that automobiles can be beautiful without the glitter and gleam.

In fact, any car today can be refinished. Non-glare glass is available, and painted surfaces and metals can be finished to diffuse light over a greater surface-area eliminating the "spot-glare" of high-finished surfaces.

The whole subject of glare is hardly controversial. It's another social "blindspot" which can be viewed as a problem only when it is recognized.

Is it a problem worth "seeing?" It should be, because it's a problem with a solution.

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News Review

By Cathy Tallyn
Compiled from the Associated Press

\$6 billion bill sent to Nixon

WASHINGTON—The Senate sent to Pres. Nixon yesterday the \$6 billion bill increasing Social Security and welfare benefits for millions of Americans.

Completely eliminated from the bill, however, was the President's reform plan for welfare families as well as all alternative plans advanced in Congress.

Big Sur slide area re-seeded

BIG SUR, Calif.—The U.S. Forest Service yesterday began re-seeding scenic coastal mountainsides charred by forest fires last August and turned into muddy avalanches in the last few days by unusually heavy rains.

Intermittent rain continues in the Big Sur, swelling muddy creeks and reviving fears of more mudslides.

'Tax laws encourage sprawl'

ANAHEIM, Calif.—San Jose Mayor Norman Mineta said yesterday, federal tax laws have "worked to encourage urban sprawl."

Mineta told the 1,200 delegates of the League of California Cities a Rand Corp. study of San Jose revealed tax deductions for homeowners had encouraged urban sprawl.

Search for Boggs is launched

ANCHORAGE—A fleet of military and private planes is searching Alaska's mountainous southern coast for a long-missing light plane carrying House Democratic Leader Hale Boggs and three other persons on a campaign trip.

The planes are searching along the 560-mile Anchorage to Juneau run on which the plane apparently went down Monday.

Car price increase accepted

WASHINGTON—The Price Commission gave Chrysler Corp. and American Motors Corp. permission yesterday to raise prices on their 1973 automobiles to cover the cost of government-required safety and pollution equipment.

The ruling means Chrysler can raise prices on 1973 cars by an estimated \$60.10 per automobile while American can boost the price of its cars by an estimated \$144.28.

Plane crash probe continues

SACRAMENTO—The pilot of a Korean War-vintage jet which crashed on takeoff into an ice cream parlor said yesterday that it was the first time he had attempted to take off from a short runway in the F86.

Twenty-two persons were killed when the jet flown by Richard Bingham careened off the end of the shortest runway at Sacramento's Executive Airport Sept. 24.

Bingham is testifying before a National Transportation Safety Board hearing.

'Radical Lifestyles' offers alternatives

By Debbie Block
Special to the Daily

Claudia Dreifus describes six Americans who have deserted established professions and lifestyles in her book, "Radical Lifestyles." It is available in paperback.

But while the cover of the book says that reading it "may guide you to liberation," it has guided this reviewer to frustration.

Reading about the lives and views of the ex-professionals was interesting and the book may lead some to delve into works written by and about the revolutionaries.

But Ms. Dreifus' book is definitely weakened because of her many social comments throughout the interviews which are annoying and unnecessary.

In the article about Howard Levy, a court martialled army doctor who turned pacifist, Ms. Dreifus cannot seem to restrain herself from giving her own generalizing opinion of the medical profession.

She complains that, "Medical school is dull, irrelevant and inhumane, but it's a great investment for the future."

It takes careful reading to figure out that it is the author, not Dr. Levy speaking.

During the interviews, Ms. Dreifus also keeps evaluating and trying to decipher the

feelings and personal advancements of the radicals as they tell their stories.

She is reluctant to grant the readers the intelligence to figure out the obvious developments in the characters' lives.

And it is impossible not to wonder how much of her interpretation is valid as she criticizes and approves the progressions.

It would be much more effective to learn what Kate Millet, feminist philosopher, has to say about women in professions today, instead of Ms. Dreifus' inserts about the subjects.

The author reports that, "There really is no place for women in the creative end of the rock music business."

When the activists are allowed freedom to expound on their values, the book finally comes somewhat alive.

Ms. Dreifus writes in "Radical Lifestyles," as for my subjects, I had a tremendous affinity for each of them.

But the book would be much less confusing and have much more impact if Ms. Dreifus had left all her subjective thoughts in her introductory portion where they belonged.



Richard Martinez

Bob Brandt and Chuck Okimura demonstrate SJSU karate as an art.

Japanese philosophy explained in karate

By Elizabeth Venegus

Punch! Kick! Mangle your opponent! Is that karate?

No, karate is first taught as an art and philosophy by the San Jose State University Karate Club, according to instructor Chuck Okimura.

Okimura told the 45 members at the first meeting, "As an art, from Karate we will learn form designs. Philosophically, as we engage in the art, we will go into human morals and find all the enthusiasm that deals with it. We will also practice karate as a sport and as self-defense."

"Expect to learn the Japanese terminology. Karate involves no magic. It is only hard work and discipline," informed the sensei (a Japanese term for instructor).

The club members will practice and learn the Japanese traditions connected with karate.

"As an art, karate is also a study through body dynamics, perfecting body functions, developing the body's natural strength and perfecting body forms," said the sensei.

Gabe Mejia, club vice-president, described karate as an art to him. "As an art, karate means the basics in life. The application of simple moves are easy to learn, yet hard to perfect. The balance and coordination help in the understanding of

art forms. Art means the basics to me.

"As a philosophy, karate has changed my whole outlook on life. It has changed because my physical health has improved. The attitude to learn physical discipline carries on over to the mind and the mind develops discipline for other areas in life. It is like the mind over matter principle. The discipline overlaps in other areas of one's work."

"As a sport, karate means entering tournaments. The physical competition between yourself and your opponent is a test of ability and self-confidence."

In Japanese, the gym where karate is practiced is called a dojo, explained Okimura. The dojo is an area which has more prestige than a gym but is lower in respect than a chapel.

The white, pajama-style uniform worn by the karate students is called a gi. The rank of a karate student is indicated by the loosely-tied belt color. A beginner starts with a white belt and the colors graduate to blue, green, purple, brown, to the highest rank, the black belt. The black belt has degrees ranging from 1 to 5. All other colors have degrees from 10 to 1 before graduating to a higher color belt.

At the first meeting, the students, 10 of whom were girls, learned some of the

formalities they will go through before practice.

Upon entering and leaving the dojo, a slight bow is performed at the entrance in respect to the dojo.

The students learned the order to stand, kyotsuke; to kneel, seza; to bow to a higher authority, sho men ni rei and to bow in respect to the sensei and the assistant instructor, senpi. The command for the sensei and senpi is ni rei.

At the end of the practice session, the members go through the process again and add a concentration and meditation period.

This period is to help the students with their breathing and posture, which is a help especially after a hard workout.

The students also close their eyes and repeat after their sensei the following:

- Seek perfection in character

- Be faithful
- Endeavor
- Respect others
- Refrain from violent behavior

The final command of "yamai" is given, which means "finish."

The club is a combination of karate members and a beginners class involved with the experimental college. The fee is \$10 a month and practice is three times a week for an hour.

Marder receives money for planning organization

By Bill Paterson

Jay Marder, Associated Student planning director, returned Sunday from a 10-day trip to Boston and Philadelphia with \$500 for his recently established Associated Student Planning Agency (ASPA).

Marder received the money from the Planning Network, a student affiliate of the American Institute of Planners (AIP). His original request was for a \$1,000.

Marder's trip was financed by a \$348 A.S. Council allocation for plane tickets.

Marder said he hopes to use the money, along with other allocations, to produce "readable pamphlets" about planning for general students. He also wants to produce a more comprehensive planning booklet on the San Jose State University area.

Marder said he expects to receive more money from the AIP when they submit their new budget in January.

Marder attended the American Institute of Planners Convention at the Sheraton-Boston Hotel and the Student Conference on Planning Education (SCOPE) M.I.T. and Harvard University.

"The original purpose of the trip was to secure money for the A.S. Planning Agency as well as get across our views on student participation in the American Institute of Planning bodies and the American Society of Planning Officials (ASPO) bodies," Marder explained.

"We did that I think, quite effectively when we got Francisco Gonzales, a planning student here, elected a national representative of ASPO's student planning network," he added.

According to Marder more

than 70 major colleges and Universities attended the (SCOPE) conference.

He said the whole

(AMPS).

Marder explained that there is more continuity in planning in the east.

He said Harvard University is a good example of how new buildings are constructed to look similar to their older counterparts.

Marder also observed a high degree of redevelopment in Boston. He cited the Prudential Center, a large development of shops and offices, as an example.

"There's a lot of controversy surrounding the whole development process in Boston because they've done such far reaching and massive things that they've wiped out a lot of people in the process," he said.

Originally two requests for \$348 was submitted to the A.S. Council.

Adrain Garcia, of the School of Social Work, submitted a request saying, "The need for involvement of women in the field of planning is an important factor which must be considered."

Dennis King, A.S. President, said \$348 was allocated to the Housing Board to be divided accordingly among the two members.

Marder said Miss Garcia forfeited her share by not attending the convention.

Miss Garcia could not be reached for comment.

Marder said the lodging and other expenses, estimated at \$210, came from his own sources.

In his request to the council Marder wrote, "The overall goal of ASPA is to create a Campus Community Plan. This plan will be a coalition of citizen and student inputs that set forth goals, policies, and alternatives to urban aspects of the Campus Community such as housing, transportation, open space, parking, social problems, etc."

Jay Marder

organization which last met in 1969 was restructured "to function more on a regional basis."

He said the conference passed resolutions calling for more participation by minorities as well as women in the planning organization. They also endorsed many other issues including the lettuce boycott, he said.

"I feel it strayed a lot from the issues of planning yet we still kept on the track to a certain extent," Marder said.

Marder also said that the AIP convention was "very concerned with minorities in the AIP structure." He said they formed a group, Aid to Minority Planning Students

On Campus

Committee for culture

The Inter Cultural Steering Committee is composed of representatives of San Jose State University international organizations which promote cultural life on campus.

Fesha Taye, president of the ICSC, said that in the past the committee coordinated and sponsored international nights, picnics and campouts.

"This year, as in the past," Taye said, "ICSC is open to all cultural organizations. We are looking for ideas and suggestions to improve the image, services and programs on the SJSU campus."

Taye said some organizations have already come up with programs which include cultural, political and social activities for the academic year.

C.U. board interviews

Interviews for student positions on the C.U. Board of Governors will be conducted at 1 p.m. today in the A.S. offices.

Five positions are open on the board, which formulates

policies for the College Union and recommends them to San Jose State University Pres. John H. Bunzel.

Interviews for the A.S. Recreation Board will be held tomorrow at 3 p.m.

Book talk at 12:30

Dr. Conrad Borovski, assistant professor of foreign language, will review "The Coming of Age," by Simone deBeauvoir (Putnam) at today's faculty book talk.

All students and faculty may attend the talk in Room A of the Spartan cafeteria at 12:30 p.m.

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Ford minority scholarships offered for doctorate study

The Ford Foundation is offering a limited number of minority fellowships for students pursuing a doctoral degree for a career in higher education.

Mexican-Americans, Blacks, American Indians and Puerto Ricans must apply before Jan. 5, 1973.

Applications are available, to all but Black, students from the Ford Foundation, 320 E. 43rd St., New York, 10017.

Black students may send for applications from the National Fellowships Fund, 795 Peachtree St., N.E. Suite 484, Atlanta, Ga., 30308.

The fellowships are available for a maximum of four years.

Applicants must be U.S. citizens, enrolled in or planning to enter a U.S. graduate school, and currently engaged in or planning to enter a career in higher education.

Those interested must also be full time students pursuing a doctoral degree in the arts or sciences, or hold a baccalaureate professional degree, and plan to get the doctoral degree for a career in higher education.

Awards include full tuition

and fees required by the school, an allowance of \$300 for books and supplies, and \$250 a month for living costs.

A married student may also

apply for an additional \$50 a month for his or her spouse and each dependent child.

The winners will be announced March 25, 1973.

Recruiters here for Australia jobs

Teacher recruiters from Australia will be on campus Friday, Oct. 20. Interested students may sign up for interviews now with Mrs. Marian Winters, in Bldg. AA, Career Planning and Placement.

Interest is in teachers who will be able to leave for the State of Victoria, Australia, at the end of January, 1973. Other groups of teachers will be flown over in May and August of 1973, but interviews for those candidates will take place on campus in the spring.

Applicants must fully qualify for secondary certification and must have

majors in the following fields: mathematics; physics; chemistry; biology (science majors must have minors in math or another science); English; geography; French; industrial arts; business education; social science with English minor and library science.

Mrs. Margaret Lepore, executive director of the Victoria teacher selection program, will be on campus Thursday evening at 7:30 in the Almaden Room of the College Union to discuss teaching and living conditions in Victoria. Anyone interested is invited to attend.



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"Elsner's wooden sculpture of Mary" Larry Clark

Yes gives best but still lacking

By Glenn LaFrank

"Close to the Edge" the latest album from Yes, although not superb, contains some of the best material the group is capable of producing. Their last disc, "Fragile," was billed as the great blend of classical and rock music. It was not.

On that record, organist Rick Wakeman tried to reproduce an entire symphony orchestra with one keyboard instrument, but failed miserably.

In the new Yes album, Wakeman is not allowed to dominate the ensemble, and the sound is infinitely better.

The title track begins the album and right away the listener knows it's Yes. The

tinny-sounding tenor voices of Jon Anderson, Steve Howe and Chris Squire still characterize the quintet's sound.

"Close to the edge" starts with a noisy guitar part which is pure garbage. After the cluttered beginning, the group gets it all together.

Wakeman furnishes just enough background to complement the shrill but effective singing of Anderson, Squire, and Howe. The song ends unlike it began—musically.

The second side leads off with "And You and I," a very mellow tune which centers on the acoustic guitar of Howe.

This is perhaps the best song Yes has ever written. It also features a mellotron, a machine which produces orchestration, and a synthesizer, another electronic gadget.

These devices enhance the fine, melodious themes throughout the track.

The third and last song on the album, "Siberian Khatru," is the weakest cut with almost nothing to offer in musical quality.

Most of the group's music is vocally demanding and "Close to the Edge" is no exception.



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Titles don't sell art

Cliche sculpture

By Stephanie Curtis

"A Piece of Asp" is the cute title for Thomas Elsner's, associate professor of art, wood sculpture show in the art Building Gallery which runs until next Friday.

Elsner is unfortunately under the delusion that his works will succeed or fail by the cleverness of the pseudo-political, sociological statements he uses as titles.

"Joan Crawford as Martha Mitchell as a bowsprit for the Ship of State" is an example of verbiage run rampant that

miserably fails to express the satire Elsner might have intended.

The work itself is a pudgy, post-menopausal looking female hung like a sacrificial lamb on a false spire. The only resemblance the work bears to the original Clipper ship beauties is an abundance of flowing, gold painted tresses.

Irreverence for sacred cows is the theme seen in all his work which partially explains the show's blandness. Elsner's definition of art is that which heightens awareness coupled

by his personal desire to knock figures of power or reverence in the process.

Satire can be a refreshing change in a world overburdened by a presidential election, racial strife and war. Elsner tackled an intellectually rigorous task and failed because he fell back on hackneyed cliches.

"America, I Love You" is a wooden businessman with a pop-out heart lined with paper money laid out on a flag. The subject of Babbity has been overdone and even if it hasn't,

Elsner's approach is intellectually and artistically simplistic.

Another nonsensically titled work is "Stick em up Jesus, a Tribute to the Real Estate Business," which makes no sense even after Elsner's explanation.

His best work technically is "Mary sitting on a Pot, a Tribute to Bishop Pike." The work shows Elsner has promise for becoming a finished sculptor if he will concentrate more on his media and less on his message.

'V.D. Blues' has frank message for viewers of all age groups

By Mary Donahue

The English called it the French disease. The French called it the Spanish disease. The Poles called it the Russian disease, and last Saturday night on channel 9 Dick Cavett called it Johnny Carson's disease.

The program was called "V.D. Blues." Its message was summed up in the chorus of a song sung at the beginning of the program by "Doctor Hook and the Medicine Show," written by Shel Silverstein.

"Don't give a dose, to the one you love most. Give her some marmalade, give her some toast. Give her the willys, or give her the blues. 'Cause the dose that you give her might come back to you."

"V.D. Blues" was the kind of program television should do more of. It was entertaining as well as frank and explicit; with music, skits and talk about the history, symptoms, and problems if the disease is left untreated.

For the children crippled, blinded or killed by receiving their parents' disease when they were born, the adults attacked by "the friendly sterilizer," and the people who sought out treatment, only to find terribly unhealthy conditions in some health clinics, the program came too late.

V.D. is already an epidemic, second only to the common cold.

National reaction was strongly favorable. United Press International reported almost 15,000 phone calls in the initial reaction to the show, received by the New York station which produced it. Many more calls have since been reported.

The message, although it came late, was clear. An actress portraying a nurse put it very simply when she said, "if you're going to be sexually active these days, have a blood test as a matter of course. 'This is especially important for women, since 'in a woman these germs know just where to hide and do their damage,' she said.

Peoples' barbaric, naive ideas about "what kind of people" can get the disease, and how they show be treated once they have dirtied their reputations, were shown in a skit, which was blacked out in San Diego in deference to medical-society objections.

"Miss butter-could-melt-in-her-mouth" came to her doctor, thinking she had a terminal disease. All he could tell her was that she had "silver-lips," since he could not say the word syphilis.

He finally was able to say the word, and asked her for the names of her sexual contacts, that they could be told they had the disease, while chastizing her for getting V.D.

"But there was only one... you," she said. He tried to convince her not to report him, saying, "You're not the doctor, I'm the doctor. How can you betray me like this?"

A song directed the audience to "Wash you hands, see your dentist twice a week, bathe in Arid, dust some powder on athletic feet, use fancy shampoos, and rinse your gray hair." But it warned that all these concoctions that advertisers push "don't mean a thing, if you've got pollution within."

Two germs, a spirochete and a gonococcus, fought over territorial rights to a woman's body in another skit.

"This is my uterus, private

property," said the gonorrhea germ as the other invaded his domain.

The two related their 'family history' of giving the disease to Oscar Wilde, Napoleon, Cleopatra, Franz Schubert, Hitler and Mussolini.

The syph germ then began to claw at the woman's body, screaming, "I'm going for her brain." The clap germ begged him to take it easy, but he retorted "This is not a social call, this is a social disease, and I'm on official business."

A cloud of penicillin destroyed them, but not before they had done irreparable damage.

Near the beginning of the program, Cavett warned, "Because of the frankness of this program, if there are any children watching, ask any of your parents who might be offended to leave the room." But the chances are in many families, the children, especially teenagers, whom the disease attacks most often, were the ones asked to leave. Stations in Alabama and

Arkansas completely blacked out the show.

The program will not be rebroadcast in the Bay Area in the near future. WNET in New York, producers of the show will accept requests in writing from groups wishing to show the film. For full details write to WNET, 10 Columbus Circle, New York, N.Y., 10019.

V.D. is truly, as Cavett said, "the gift that keeps on giving." A better gift for your shopping list this Christmas might be "a shot of penicillin, for the man who has everyone."

fine arts

'Tartuffe' director

Todd is diverse

By Jan Gustina

The standard impression of theater directors who shout orders and tear out their hair just doesn't fit Dr. Hal Todd, chairman of the San Jose State University drama department. He is directing "Tartuffe," SJSU's first production this season.

Dr. Todd is a soft spoken, gentle man. Relaxing in a big chair in his comfortably furnished office, he looks right at home.

Yet his face lights up when talking about the theater and he jumps at the chance to show the costumes and set designs for his up-coming play.

Before he came to SJSU as drama department chairman eight years ago, Dr. Todd was gaining wide experience in

numerous areas of theater. He attended Stanford University where he earned a masters degree in drama and then completed his Ph.D. at Denver University.

Much of Dr. Todd's experience is in educational theater, having held teaching jobs at Idaho State, Carnegie Tech in Pittsburgh and Northwestern University.

While working with a production of "Boy Meets Girl" at the University of Montana, he met his wife Joan, who was a student there. Mrs. Todd is a professor of Ancient History at SJSU.

In 1962, he received his first exposure to television. A friend of his was preparing to do a new series called "It's a

Man's World" and asked Dr. Todd to come to Hollywood and assist him in directing the show.

"The series dealt with college students and was an attempt to be different," he said, "but it only lasted one season because the network thought we were 10 years ahead of our time."

Dr. Todd not only helped direct the show, but also wrote some scripts and acted. During this same period he did television work, and some of the reruns are still being shown.

"At the end of all that, I was ready to teach again," said Dr. Todd. "Television was good experience, but I found it was too commercial, too interested in selling to mass audiences."

As he reminisced about the plays he had been involved in at SJSU, Dr. Todd recalled the first major production he directed, "Lysis" by Aristophanes. It was a comedy dealing with women's liberation and sex.

"Today it would probably seem tame, but then we had to be careful everything came across in good taste," he said.

He also remembers four years ago when he directed the musical "Guys and Dolls" and took the show on a USO tour of the Pacific for about 35 performances.

Each year Dr. Todd helps coordinate the drama department's season of plays. He tries to "select a variety of shows 'that will appeal to the university and community audiences while at the same time is good experience for the actors.' The spectrum may range from classic comedy to modern drama.

Teaching an acting class each semester rounds out Dr. Todd's directing duties. Also, he often teaches a seminar on comedy in the spring.

Since "Tartuffe" is a play dealing with 17th Century France and is written in the verse of that period, Dr. Todd is currently working with his actors coaching them in the diction and movement of that time.

This extra training of his cast is a demonstration of Dr. Todd's involvement and dedication to the theater.



Dr. Hal Todd directing "Tartuffe."

Trimble to present sax recital Friday

William Trimble, saxophone instructor at San Jose State University, will present a free recital this Friday, at 8:15 p.m. in the Concert Hall.

The faculty recital, "Phones and Friends," will emphasize saxophone literature from

Baroque to the contemporary use of electronics and composer's theatre.

The program, featuring Trimble as soloist, will include "Music for Saxophone, Bassoon and Cello" by Boris Koutzen, and "Saxim for pre-recorded tape and saxophone" by Frank McCarty.

Assisting in the recital will be Allen Strange, assistant professor of music and a composer and performer of electronic music, Pat Strange, violinist and Jeanne Garson, assistant professor of voice.

He later began to write tunes on his own, after teaming up with lyricist Bernie Taupin.

John has recorded seven albums, six of which have been released in the U.S. The six American releases have received gold record awards.

Elton John will play

Elton John and Family will appear in two shows at Berkeley Community Theatre, on Saturday and next Wednesday. Both shows begin at 8 p.m.

John began his pop music career with Long John Baldry in a band called Bluesology.

Huston directs hard-hitting film

By Mark Heilman

It's a tough life when a man's beat down and dragged out. Every breathing second pulses with pain and punishment. The short term escape is through the bottle, the long term one—death.

It may be a terrible attitude to harbor, but the people in "Fat City" are so sharply aware of their beaten condition they can look no other way. Tomorrow brings them no fortunate surprises; it only lengthens their troubled lives.

"Fat City" is John Huston's latest picture about the knocked-around people living in Stockton, California. It's a dirty, un-shaven, booze-filled life. The people are tired, both of the life and themselves.

Judging from the quality acting during the movie, the entire cast should be tired. They played their hearts out. Excellent individual performances were delivered by one actor after another.

Huston, veteran movie director of "Asphalt Jungle," knows how a movie should be properly filmed. From actors to the screenplay, he commands nothing but the best performances.

Old, decrepit buildings in Stockton give a harmonious background to the fragile old men bracing the walls.

Ernie Bunker (Jeff Bridges) and Billy Tully (Stacy Keach) are a couple of boxers trying to slug their way through misery. Bunker is a young prospect, Tully an old heavyweight on the road back.

Neither will make it. Neither has the determination to stick with the boxing game long enough to beat it. They're hung on the ropes, mired in self-pity

and confused about the meaning of life.

The film contains plenty of violence but does not indulge in it. The hard-hitting boxing scenes are vital, enabling the viewer to get inside the psyche of a fighter and feel his drive to overcome an opponent.

The classical scenes of dejection, hurt, and isolation in "Fat City" were almost too painful to remember, much less rave about. It's all very real, very brutal and very gripping.

Huston has successfully stripped his characters of human cloakings and exposed the wounded emotions and raw feelings underneath. He couldn't have gone much deeper without drawing blood.

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Spartans capture Huskie Soccer Classic

Menendez: 'Defense was great'

By Nick Labash

When a particular school goes about setting up a tournament, regardless of what sport it is, the host school would be advised to invite teams that they can beat or at least make a respectable showing against.

The Washington Huskies inaugurated the Huskie Soccer Classic last weekend by inviting three other schools from the state of Washington and four California based teams.

When the weekend of play was history, all four Washington schools were eliminated in the first round on Thursday evening.

It was a California Tournament the rest of the way. The local Spartans proved the rudest guests of all, capturing the tourney with three hard earned victories.

"Our guys played exceptionally well," an obviously pleased Julie Menendez stated. "Our defense, led by Bert Baldaccini and George Lauterbach, was great."

The most significant victory in the event was the 4-3 decision registered against southern rival, UCLA. Coming into the weekend fracas, the Bruins were recognized as the top soccer power on the West Coast.

Unfortunately the weekly national ratings, that placed the Spartans 12th in the nation last week and the Bruins fifth, were not available by press time.

In the event UCLA feels that the loss to the Spartans was a fluke, they will get another shot at the local booters this weekend at Spartan Stadium with the number one west coast ranking going to the victor.

Actually the Spartans and Bruins struggled to a 0-0 stand-off in regulation time up in Washington. Since it was a tournament a winner had to be clearly established.

As is the custom, the final outcome was decided on penalty kicks. That is to say that both schools choose their top five kickers and take turns blasting away at the enemy net with only the goalie defending.

Jimmy Zyker, Rusty Menzel, Nick Nicolas and Kenny Davis drilled the sphere into the nets for the Spartans and then goalie Brian Russell made a super save on the Bruins fourth shot to cinch the 4-3 decision.

As far as the ratings are concerned, the game ended in a tie.

The Spartans had little difficulty in the opening round as they knocked off Western Washington 4-1 on Thursday.

Zyker paved the way with a pair of goals.

On Friday, the Spartans topped UCLA in the classic battle, while Chico State was disposing of the California Bears from Berkeley.

Over 5,000 fans turned out to watch a pair of foreign schools slug it out for the whole shooting match on Saturday. The championship contest against Chico was another close confrontation.

It was outside left Gary O'Dell who finally tallied for the Spartans and the defense

made the lone goal stand up for a 1-0 victory.

This was the first time O'Dell has dented the nets this

season and couldn't have happened on a better occasion.

sports

Spartababes square off with Santa Clara Friday

"Line 'em up and hit a few people" is the motto of the San Jose State University frosh football team for Friday's encounter with Santa Clara.

The 3 p.m. NorCal Frosh-Junior Varsity Football Conference battle, set for the Broncos' practice field, will go a long way towards determining the league champion.

Santa Clara crushed Sacramento State 46-0, last weekend in its opener while SJSU whipped conference foe San Francisco State 26-0 two weeks ago.

"Santa Clara always has a lot of people because of its strong Catholic tradition. It seems like we have to battle the whole student body to win this game," said frosh Coach Willard Wells.

"This game is always our biggest rivalry as we have to live with these people. The 48-22 setback we handed them

last year will be remembered on the field," stated Wells.

The Spartababes will attempt to rebound off a 36-0 loss to Stanford one week ago. "We will work on a few fundamental things during the week in order to do them well in the game. Everybody must work together Friday and execute properly," commented the frosh mentor.

SJSU could not come up with many offensive plus' in the Stanford disaster as a strong defensive line and linebacking crew dominated play thoroughly.

The Spartababes fell into trouble on the second play of the game when Cardinal running back Roland Young took a pitchout and sprinted 78 yards for a 7-0 lead.

Stanford tallied on its next possession with a 35-yard drive in five plays, capped by a scoring plunge by fullback David Tenn.

The Spartababes could only penetrate Stanford's territory four times in the contest and twice with the aid of Cardinal penalties. One good SJSU scoring opportunity came to an abrupt end with penalties and a stiff pass rush dumping Brian Shelby for a big loss.

SJSU's inability to run hurt any offensive thrusts it might have begun. With minus 42 yards rushing for the afternoon, the Spartababes could not overcome frequent long yardage situations.

Rugby sign-ups

San Jose State University's Rugby club will hold an organizational meeting tonight at 8 in the C.U. Pacific room. Practice for the ruggers will begin next week and the club will be competing on the first club level this season.

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Spartan's sensational Steve Spencer — 'Incredible intensity' equals success

By John B. Matthews

Four years ago, Steve Spencer, then a senior at Lynbrook High School and, for the second year, an All-American water poloist, was tired of school and tired of

water polo. He decided against a higher education.

Spartan coach Lee Walton had a talk with Spencer and told him, more or less, that he was making a big mistake.

Luckily for Walton and San Jose State University, Spencer listened.

After two years at De Anza Community College, again picked for All-American honors, Spencer enrolled at SJSU.

Last year he was a starter on the NCAA second place finishing Spartans and chosen as an All-Pacific Coast Athletic Association player.

Most athletes would be delighted to repeat in those two capacities. But Spencer's ambition is not reflective of most athletes. Nor is his attitude.

Coach Walton refers to Spencer as "the fiercest competitor on this team. He knows exactly what his contribution has to be. He is the spark plug of our offense."

"I am more excited about this year's team," said Spencer recently. "We play more as a team than we did last year. We relied too much on one or two individuals last year and most of the other players did not accept the responsibility."

And this year? "The team plays much better together," stated

Spencer. "We work together in practice and anyone can (and usually does) score. It is a real team effort."

In leading the offense this

year, Spencer has undoubtedly assured himself of a berth on the All-America team. He has scored 18 goals this year in nine games. Last

year he totaled 22 in 29 games. But his greatest joy in the water is not scoring.

"I think out-swimming my opponent is the most enjoyable part of the game," admitted Spencer.

Spencer swims the sprint that begins each quarter of the water polo contest and seldom loses. He is not a member of SJSU's swimming team but has been timed in the 50 yard freestyle at 21.7 seconds.

When he is not outswimming his opponent, Spencer is finding open teammates with pin-point passes. He had six assists in the two final games of the Nor-Cal Aquatic Federation Tournament several weeks ago and led the scoring in the final contest with three goals.

Walton called Spencer's play in the tournament "sensational."

"He is the most determined player on this team," added Walton. "he has not played a bad game or had a bad practice this year. His intensity of play is incredible."

Incredible or not, the Spartans are now the only undefeated major college team in water polo and much of the credit goes to Spencer.

"I told him last year just before the Alumni game that we will win because you'll be willing to carry the burden," said Walton. Spencer scored



Steve Spencer

Charley Bell

DeVoe finds running relaxing and satisfying

By Ray Morrison

When some people are running their mile each day for exercise, many thoughts travel through their minds. They could include the amount of laps they have left or how tired they feel. For Les DeVoe San Jose State University cross country runner this isn't true.

"Running doesn't have to be a blasé affair. I daydream and try to relax instead of getting myself tensed up like most people do," said DeVoe.

The 21-year-old senior became interested in cross country at Buchser High School when a friend asked him to try out. After much persuasion he went out and made the team to become one of the top runners in his senior year.

"I feel guilty if I don't run because it's become a big part of my life," said DeVoe. "I found the more I run, the more I really want to run."

As a freshman at West Valley College he finished a mediocre season with 98th in the Northern California Meet.

DeVoe was chosen most valuable runner and he set four new course records. He topped off his junior college career with a third in the Northern California Meet.

"Les has the ability and desire to stand out and become a winner, but it's all up to him. This is an individual-type sport in which each man had to work with himself which takes some real dedication," said Don Riggs, coach of the SJSU cross country team.

In addition to his cross country duties, DeVoe has also went out for track each year. As a senior in high school he placed 5th in the league meet for the two-mile. He continued running the same distance during his junior college years.

Because of a throat infection, he had to redshirt the SJSU track team last year. However, with two years eligibility left he hopes to try out in either the two mile or six mile run.

"I enjoy cross country more than I do track because of the trails we go on. Most of these five to six mile routes are

different so we don't know what to expect around the next bend," said DeVoe.

The 5-foot 11, 145 pound DeVoe is majoring in physical education and would like to be a track or cross country coach after graduation.

"My goal is to become an All-American runner because it's been by dream since I started running. Even if I don't make it, I still plan to join an athletic club after graduation," said DeVoe.

Each day of the year DeVoe runs a minimum of 90 minutes in the hills around Saratoga or with the team at the south campus.

"The cross country program at SJSU is different than anywhere I've been," said DeVoe. "Instead of running in the hills, we run around the oval track at south campus, but it's the only way we can measure our performance."

The 21-year-old runs everywhere he goes including his friend's house and to the store. In fact, when vacationing in Hawaii, he ran up to the top of several

volcanoes and into valleys accessible only to jeeps.

"Running is a good sport for anyone, not just for the athlete," said DeVoe. "Even though I'm usually tired at the end, I have the satisfaction that I completed what I started out to do."

DeVoe

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by Lee Nordling

Committee report due on Daily investigation

A.S. Council will convene at 3:30 p.m. today in the Council Chambers to hear a report from the committee investigating the Spartan Daily and receive a line-item budget from the Black Students Organizing Committee (BSOC).

Council will also hear a request from councilmen Tony Gonzales and Spyder Sanchez for funds to attend a Chicano convention in Albuquerque, N.M.

Councilman Jamm Basseri, head of the committee to investigate the Daily's alleged racist policies against Third World people, will report on progress made by the committee, which has met twice.

Basseri said yesterday he will inform council of the committee's intentions to meet with the Daily editorial board,

a group of seven staffers who regulate the paper's policies.

The investigation was ordered by councilmen two weeks ago after Mohammed Hassan, an Iranian student, voiced his displeasure with the Daily.

Councilmen voted unanimously to withhold next year's A.S. funding of the Daily, pending a report from the committee.

The BSOC, meanwhile, will submit a detailed budget concerning cultural and entertainment programs they wish to present.

Councilmen allocated \$12,000 two weeks ago, placing it in a reserve account. The funds will be released to the BSOC upon approval of the line-item budget.

Councilmen Gonzales and Sanchez will be presenting a

Let your fingers do your walking

It contains everything "from abortion to Zen," according to its creator, G. Sebastian Hodges.

"It" is the People's Yellow Pages, a guide to community-oriented services from Palo Alto to Watsonville.

The "Yellow Pages," which were underwritten by a \$2400 loan from the Associated Students, went on sale yesterday at a table set up in the second level of the College Union.

Students may purchase the "Yellow Pages" for \$1 this week, then copies will become generally available at \$1.25, according to Hodges.

The publication was conceived because, "We found out most people don't know what's in the community around them," Hodges said.

It was modeled after other People's Yellow Pages published in Boston and San Francisco, although there is a great deal more art work, Hodges explained.

"It's purely informational and we're not trying to plug anyone. Only community-oriented people are listed," he added.

Hodges, who has been working on the project for

about eight months, emphasized the community orientation of the 128-page publication.

He said that all money made from sales of the "People's Yellow Pages" will go back into the community. None will go towards profit.

"It is meant to be a viable organ of the community," he said, adding, "I hope it will grow each time it is printed."

'Silent' peace march Saturday sponsored by women's group

Women and children will march for peace Saturday in a silent procession sponsored by the Women's International League for Peace and Freedom.

Beginning at 1 p.m. from Fry's Market in Town & Country Village on Stevens Creek Blvd. near Winchester, the march against the Vietnam war will terminate at the Nixon headquarters on

Stevens Creek Blvd.

The women will wear black and the children will carry flowers during the procession, which is co-sponsored by a number of local groups and individuals, including the SJSU Women's Center.

Prior to the march, at 10 a.m., a pot-luck brunch will be held at the Women's Center in building Z on Ninth and San

Carlos streets.

All women interested in participating in the march are invited to attend the brunch and bring any contributions they wish, according to Brenda Braham, spokesman for the center.

A car pool will also be formed at the center for women needing a ride to Fry's Market.

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SPECTRUM

A Supplement

to the

Spartan Daily

Oct. 18, 1972

Nameplate by:
April Hashiguchi

DROUGHT!

When you shower, do you take it alone? Do you let the water run until it gets nice and warm and then take a nice long time getting clean?

Or are baths your thing? Do you fill the tub up to your neck and lie there for hours? Do you flush the toilet every time you use it?

You probably would answer yes to these questions, but the people in the mountain areas around Santa Clara County - especially those who live in Redwood Estates in the Santa Cruz Mountains - have learned that the answers to these questions aren't always yes.

They have learned that you can't always take water for granted - sometimes you can hardly take it at all.

Even recent rains won't wash away memories of a long struggle with drought.

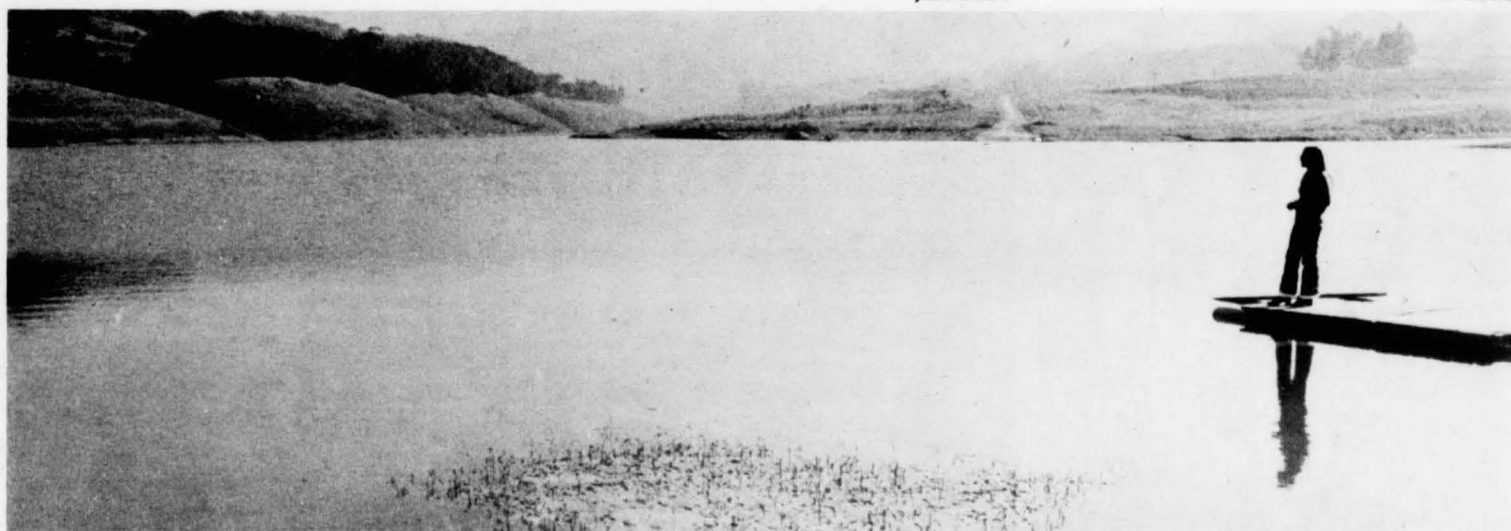
Continued on page 8

A two-year drought in the Santa Cruz Mountains is choking foliage and the soil of life-giving water at an alarming degree (left). Its muddy floor bottom slowly being exposed to the sky, a drought-stricken lake (below) is a fast-disappearing water supply for thirsty Redwood Estates.

See story on page 8

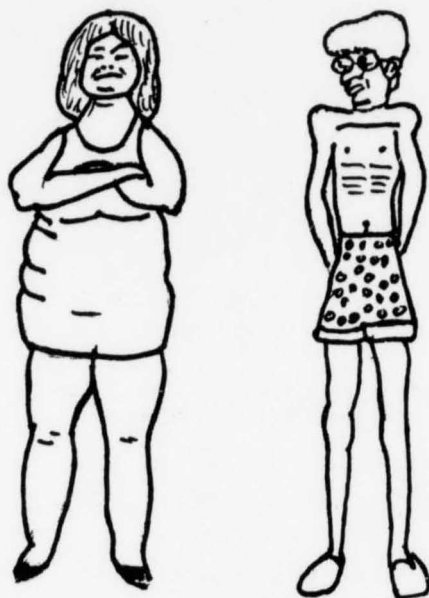


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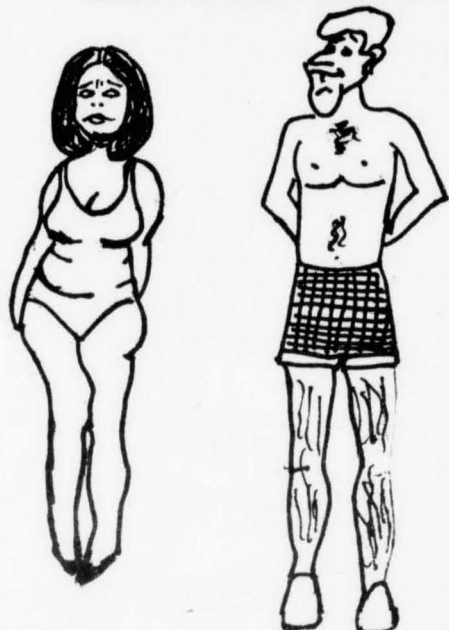


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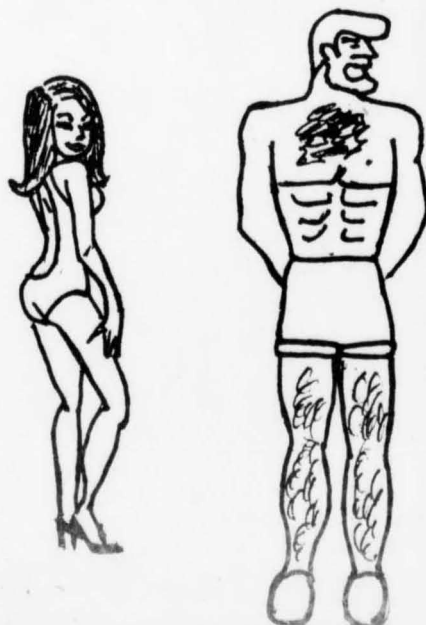
Before



Intermediate



After



Fat! Go Away...

Story By Helga Charnes

"I feel hip bones are highly overrated," declared Mama Cass Elliot in a recent interview. The actress-singer, whose 238 pounds are distributed over a 5'5" frame, readily admits to a preference for mumus and caftans. She even believes her weight is an advantage for her.

But most people aren't as comfortable about those extra pounds as Mama Cass. The fantasy of perfection is part of the national character. That fantasy calls for Miss America proportions of 36-24-36 for gals and a Charleton Heston physique for men.

"Love handles" and "passion fat" may be referred to jokingly, but secretly the urge is to be rid of them. It mustn't, however, be too demanding or difficult.

Chubbies are naturals for the enticing health club ads which promise a sexy new figure in 60-90 days. The chubby is urged to put himself in their capable hands by signing a contract; they'll guarantee a weight loss of 10 to 25 pounds and two inches off any unsightly bulge.

A new figure in two to three months? Sounds great, but caution is in order.

Some clubs, or spas as they're called, rival Cleopatra's palace in luxury, pillars, fountains, wall-to-wall mirrors, soft music and shag carpeting set the mood for lifting, stretching and pulling. They also boast whirlpools, steam baths, swimming pools and saunas.

Moreover, to attract the uninspired exerciser, clubs offer passive exercise equipment such as vibrating belts, rollers and assorted massage machines for those "trouble spots."

One chubby had lots of trouble spots.

"On my first visit, I felt fat and self-conscious," she confided. "My body looked pear-shaped in a leotard, but so did the other gals."

The instructor, whose body revealed not one unsightly bulge, encouraged her to use the vibrating belts and rollers.

"They break down the fat cells and liquefy them for realignment," the instructor lectured confidently.

Health club ads often are accompanied by pictures of women strapped to vibrating equipment, looking relaxed and gorgeous. Customers love these passive machines which seem to hurl the excess fat right into thin air.

"I could feel my hips jiggling. I knew those fat cells were coming apart." Chubby's reaction is a common one.

But there's no proof, one way or the other, that fat is loosened by vibrating machines. The instructor's unscientific explanation of how the body works is typical, unfortunately, of health club personnel. Specialized knowledge of anatomy and physical education seem to take second place to a sympathetic personality and glowing good looks.

According to an extensive study reported in *Research Quarterly* in 1962, there is no such thing as intentional reducing of "trouble spots" which health clubs claim they can do with ease. Much of the reduction is by accident, not by plan.

Four researchers divided overweight women into two groups. One did general exercise; the other concentrated on spot exercises.

The results indicated that both groups lost inches where the fat was most conspicuous, regardless of the exercise they did. This is because the body loses fat from the fattest part, wherever it might be, whenever dieting or exercise takes place.

"Contracting muscles in a particular area firms them up. They look flatter due to the improved toning which results from active exercise," explained Gloria Lee Hutchins, associate professor of physical education at San Jose State.

Miss Hutchins teaches classes in body conditioning. She theorizes that passive machines are popular at health clubs because everyone's looking for effortless exercise. The overweight start out with fantastic intentions, can't live up to them and settle back, relying on the machines.

"Under those circumstances," concluded Miss Hutchins, "the machines get a work out while the people fool themselves."

Critics of health clubs claim that they don't concentrate on the kinds of exercise which build body fitness.

Dr. Kenneth Cooper, exercise expert and author of "The New Aerobics," wrote, "Muscular fitness is of limited value. It concentrates on only one system in the body and has limited effect on overall health."

Endurance fitness, the kind Dr. Cooper is concerned with, involves the continuous rhythmic movements like running, walking, swimming, or cycling. These "aerobics" help the body deliver oxygen to all the cells, thereby increasing the efficiency of the heart and lungs.

Apparently, a guy can resemble a brawny athlete, have the wing span of an eagle and still get winded after climbing two flights of stairs. That perfectly-proportioned blonde, in her itsy-bikini, may get breathless after a short run along the beach.

"What it really involves is 'staying power,' how long your body performs without fatigue," explained Dr. Elizabeth Prange, professor of physical education at San Jose State.

Dr. Prange, who teaches physiology of exercise, pointed out that weight training strengthens limited muscle groups for short periods of time, without increasing the capacity of the heart and lungs.

"On the other hand, rhythmic exercises like jogging or skipping rope tax large muscle groups together," she continued.

Citing the psychological benefits of health clubs, Dr. Prange added, "It's great discipline for people who wouldn't dream of running around the block, and more fun than grunting alone on your carpet."

In all fairness, it must be mentioned that health clubs reflect the public's priorities which lean more toward vanity than fitness. Exercise programs are based on personal figure goals because that's what pulls people in at the outset.

However, instructors do not need a degree or any formal training in physical education. This is another touchy area for club critics, who warn of the possibility of actual harm resulting from programs designed by poorly-trained instructors.

Not all exercise is good. For example, physical therapists frown upon the practice of touching the toes while standing with your legs straight. This might result in injury to the lumbar discs in the lower spine.

Another instance frequently mentioned is the person who believes exercise would relieve back pain. This is one of the worst things he can do. Unless the exercise is recommended by a therapist, he might aggravate the condition.

"When someone comes to our spa, we assume he's leveling with us about his health," counters Donna Chapman, assistant manager of a spa in Mountain View.

"We're dealing with adults. If someone is referred by a physician, as many people are, we tailor exercise to improve the problem," said Miss Chapman, adding that it is unfair to criticize clubs on the grounds of potential injury.

Sometimes, people with no obvious problem at all, develop one as a direct result of club exercise.

On woman injured her back while working on a "bust box" which required that she push two tension bars together while bending over. The pressure was too great on her back, and she slipped a disc which required painful surgery and a lengthy convalescence.

What about the overweight person who'd like to be trim and fit, but isn't really motivated enough to diet and exercise? Clubs lure this potential member by offering effortless reducing methods.

The sauna is one example.

People relaxing in its dry heat (170-190 degrees) believe they're getting lighter with each drop of sweat oozing from their pores.

Look at that water pour off me, marvels a Totie Fields type as she eyes a puddle collecting around her feet.

A whisper in white terry agrees:

"Something great is happening. I'm burning calories like mad," she sighs, head languishing against the heated wooden walls.

After the sauna, they slide into the hydro-whirl-pool bath, relaxing amidst hot bubbles which soothe their aching muscles.

Sounds great, but weight loss? Not on your life, for it's all water loss, soon to be replaced with the first glass of fluid at the very next meal.

In truth, there's only one way to lose weight: Burn more calories than you take in. The body uses fat as part of the metabolic process. If there's more fat available than the body needs, the fat is stored, and stored and stored!

One well-known club, part of a nation wide chain whose ownership changes hands with alarming frequency, offers a deceptively simple formula for losing weight.

"We bundle you in our specially treated chemical wrap," explained the manager, her hefty body clad in a skin-hugging black leotard.

"Your body heat releases the chemicals which attack your fat cells and dissolve them. They're then carried off by the bloodstream," she said, seemingly unaware that fat in the bloodstream is a medical condition known as arteriosclerosis.

The magic baggie treatment is pretty hard to believe, especially since the President's Council on Physical Fitness condemns the practice. Fortunately, this get-thin-quick gimmick is so blatantly ridiculous that the Federal Trade Commission is investigating it, too.

Health clubs, formerly the world of the professional athlete and weightlifting freak, now attract all kinds of people. Businessmen are passing up that heavy lunch for a few hours at a

Continued on page 3



The opinions expressed herein are not necessarily those of the Associated Students, the College Administration or the Department of Journalism and Advertising. All opinions expressed are the views of the individual writers.

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...Sans Work

Continued from page 2

gym; students drop in for a workout between and after classes. Even housewives, looking for a break in the monotony and a haven from the P-TA, find exercise rewarding.

"I pop the kids into the nursery and have two blessed hours for myself," explained a trim Palo Alto housewife, whose size 8 belies her 32 years.

"After a workout and 50 laps in the pool, I'm ready for anything," she added, "even the kids!"

While some clubs offer classes in yoga, ballet and even facial calisthenics ("the art of exercising wrinkles away"), others stick to a no-nonsense approach to fitness and exercise.

Bob Mann's spa in San Jose is Spartan compared to the Roman splendor of other area clubs. The standard weights, pulleys and barbells are there; also the slant boards, vibrating belts and sauna.

"Some guys are middle-aged by 25; they're paunchy and their shoulders droop," said Mann. "Dragging around never made anyone feel good about himself."

But, he's firm in telling his customers that they must be self-motivating. The change isn't going to happen; they have to make it happen.

"The vibrating belts are great for getting the kinks out of the muscles. The sauna is the relaxing payoff," he concluded. "But it's what you do in between that counts."

A busy San Jose contractor works out at the gym at least four times a week. His muscled chest and shoulders resemble the comic book ads for Charles Atlas' self-improvement course.

During his college days, the contractor played hockey and wrenched his knee cap during a tournament playoff. Surgery and physical therapy restored the leg until seven years ago, when a skiing accident aggravated the condition. His doctor suggested exercise to strengthen the leg and relieve strain on the knee.

"The weightlifting was kind of a bonus," he admitted. "At first, I concentrated on the legs, but soon got serious about the weights. In a few months, my arms and shoulders muscled up. I'm a short guy at 5'7", but I began to feel taller."

If you're beginning to get the feeling that health clubs might be a good deal, a few things about cost ought to be taken into consideration.

All clubs require that you sign a contract for a specified length of time. The prices vary: \$385 for seven years at European Health Spa to \$240 for one year at the ritzier ones like Lydia's in Los Altos.

If you take it on installment payments, figure about 18 per cent interest charges.

Some clubs offer a short-term trial membership which gives you a chance to see if you like it. But beware: Once you sign the contract, you can't cancel or transfer the membership. If you use it once a year or get bored after a few months, you're still liable for the whole amount.

There's also a clause in the contract absolving the club in case of injury, while still holding you responsible for the entire sum.

One unfortunate soul slipped off the edge of the whirlpool bath, injuring her shoulder bone as she fell. Months of litigation couldn't free her from the iron-clad contract. Her misery increased each month as she mailed her check to the spa.

Perhaps it's a good idea to get a physical examination before joining any exercise class or club. When you get the green light from your doctor, remember the words of Cyril Connolly: "Imprisoned inside every fat man, a thin one is wildly signalling to get out."

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COVER STORY

In the Second Year of the Santa Cruz Drought!

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Spartan Daily

Any Announcer Can...

Story By Keith Peters

"I had an affair that lasted three years with an instructor," said Karen, a 35-year-old divorcee from Oakland.

"There were these immediate vibes when I walked into the room. I had never had an affair with a married man before. When we finally broke up, he was pretty upset. After all, we had fun together, and he liked my cooking."

Kay is 22 and lives in Millbrae. She was caught making love once but thought it was a real trip: "We were parked in the back seat of a car having fun - ha ha - and I opened my eyes and there was the biggest badge on the biggest highway patrolman I ever saw. Well, I'm quick-witted and I said, 'You're no better than anyone else. Take a number and get in line.' He got in his car and drove away. Nothing - ha ha - gets in the way of my jolly-making."

Surprisingly enough, Karen and Kay weren't talking intimately with a trusted confidant but to tens of thousands of people within earshot of radio station KNEW, the Oakland-based headquarters of "California Girls," the hottest radio show in the Bay Area.

Both Karen and Kay are strangers to each other but have something in common with countless numbers of other women.

They all call in to bare their love life to Don Chamberlain, the master brain behind the fantastically successful program that is the latest entry in a flood of sex talk shows for women only that has been sweeping AM radio lately.

Chamberlain's show is another testimony to the new openness society is experiencing, whether it be on the radio or on television. Bill Ballance, a disc jockey on radio KGBS in Los Angeles, got the ball (pardon the expression) rolling when his show "Feminine Forum" made its debut 20 months ago.

Since then the show had become the top-rated program in the nation's largest radio market, with an estimated 400,000 listeners daily. The response to the sex talk shows has been so great that imitators have sprung up in New York, Baltimore, Miami, Cleveland, Toledo and Kansas City.

The boob tube hasn't exactly been sitting idle either. New programs such as "Maude" have joined its predecessor, "All in the Family," to bring more earthy language and inferences to the public where they hadn't been aired before.

With the new TV season already underway, programmers will actually be competing with each other to trace the largest number of touchy (and formerly forbidden) ethnic, sexual and psychological themes. Religious quirks, wife swapping, child abuse, lesbianism, venereal disease will have all the old TV taboos toppling.

A few years earlier, during the 1960s, Tonight Show host Jack Paar was ostracized for using the initials W.C. (for water closet, i.e. outhouse, toilet, etc.) on the air. Petula Clark was equally shamed when she touched her white hand to Harry Belafonte's black hand during a network show.

These days you can say just about anything you want on radio and TV (with the exception of certain four-letter words) without fear of someone trying to put you out of business.

Chamberlain has taken all precautions against letting a no-no slip through on his talk show by utilizing a seven-second delay, in which he and his engineers can edit any obscenities or words deemed questionable.

An eerie "CENSORED, CENSORED, CENSORED, CENSORED" bleeps out the objectionable words, although

Chamberlain says, "We don't need to do it very often." Usually Chamberlain just sits back in his studio and carries on conversations with dozens of women each day who eagerly express their sexual experiences and feelings.

"Women don't have the opportunity to talk about sex," said the balding, 46-year-old Chamberlain, casually puffing on a cigarette. "In an average setting, men dominate the conversation. Women are even shy with their girl friends over coffee. If two people can talk openly about sex, then they can talk about anything."

Chamberlain's notions are backed up by many letters from psychiatrists and psychologists who say the show has a therapeutic value to it. The professionals have told Chamberlain that the freedom of his show lets the women who call in relieve their innermost tensions - the ones that usually deal with their sex lives.

One woman, Cathy of Oakland ("California Girls" use their first names only) wrote in and said: "I think your program has more potential help-giving advice than any number of psychiatrists for people with sexual hang-ups."

Bev from Santa Rosa was equally pleased: "Both my husband and I think your program is terrific, and that there should be more like it. It's the best and most inexpensive group therapy session anyone could ask for."

Whether or not the show has therapeutic value is purely speculative. What Chamberlain's "hear and tell" program has done, however, is open up the radio air to some of the wildest stories imaginable.

The two topics that have elicited the strangest tales, according to Chamberlain, were "The Most Unusual Place You've Made Love" and "Advice to Men on Becoming Better Lovers." The places have been almost too incredible to believe as one woman after another calls in to relate their exploits.

The most bizarre places where the girls "got it on" included the top of the blimp hanger at Moffett Field in Mountain View; inside a canvas cubicle where the telephone linemen work when they're repairing a line; atop a coffin in the baggage compartment of a cargo plane; in bathtubs filled with instant cream of wheat and gelatin; on a gynecologist's table and, perhaps the most difficult of all, on the back of a motorcycle.

The most unusual call Chamberlain has received, though, was when a girl called in during the show that featured the topic, "What Turns You On The Most."

"A couple said they were making love while listening to the show," said an amazed Chamberlain. "That's mindblowing."

From the responses of women calling in with tips on making men better in bed, it would seem the Bay Area is filled with lousy lovers. According to Chamberlain, who has thrice married and been thrice divorced, women have repeatedly asked that men be more receptive to their feelings.

"I've asked the women on the air sometimes if they've ever faked an orgasm. They usually say yes," commented Don, leaning forward to strengthen his point. "Men should start realizing that if she's faking an orgasm then they'd better find a way to help her get a real one."

Chamberlain tries to involve his clientele in the show. Helping someone get an orgasm substantiates that. "It gives them the feeling that it's their show...They call back often."

Very often and of all ages, ranging from 11 to 85. The topics are

...Talk About
Orgasms,
Jolly-Making,
'Do It' Places,
Adultery,
Lesbianism,
Pornography,
Aphrodisiacs*



*If He's Don Chamberlain



Continued from page 4

Larry Clark

primarily responsible for bringing in the wide range of ages.

Adultery, group sex, loss of virginity, lesbianism, how to pick up a man have been some of the big topics. Others like premarital sex, aphrodisiacs, the most unusual place you've made love and just about anything people do that feels good have drawn huge responses.

The boldness of the topics have women callers talking about their sex lives with a relish and frankness that would draw

blushes in a locker room.

"The response has been great," said Chamberlain, fast becoming the high priest of the sex talk show cult. "We're getting nearly 300 to 400 letters a day." The former Marine and father of four daughters slapped his hand down on a huge stack of postcards and letters, all from his "California Girls."

"I wanted to create a radio show that would be successful," said Chamberlain. "Something that everyone would be

interested in. What can people be more interested in than sex? You can see the results have been mindblowing."

Chamberlain is now mapping plans for a Love Faire to be held sometime in November and a TV show in the near future. From the looks of it, Chamberlain will be talking about sex for a long time to come.

Said Chamberlain: "I don't think the subject is going to wear out any more than sex will wear out."



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Something unusual was going on at an airfield near Mineola, N.Y., in 1911. But, it wasn't until the next day later that an anonymous journalist from the New York Herald nailed it down.

His story flashed to newspapers around the country: "For the first time since the sport of aviation started in this country, two women were in flying machines at the same field and time yesterday."

It is difficult to guess just how much the news of America's first women pilots must have meant to a generation of women trapped in the hopelessness of factories or suffocated by the respectability of middle-class life.

In 1911 women could not vote. They could not serve on juries or hold public office in most states; they were discriminated against in laws relating to ownership of properties; and whenever they tried to do anything about their situation, they were branded as wanton, or worse.

Nevertheless, women were flying. They may have been few in those days, but the number of women in aviation has increased steadily until today when the yearly Powder Puff Derby flying

competition for women has over 150 contestants.

Besides the opposition to females flying, there was the problem of what to wear. At the turn of the century, skirts were being raised just enough to show off a well-turned ankle. This was far from the ideal costume for flying in the open planes of the time.

Mardo Crane, a pioneer aviatrix who now lives in the Bay Area, had problems with her first flying costume also.

"I heard that Amelia Earhart was coming through on one of her flights. I dashed down to the air field in my best red crepe dress, and there she was, surrounded by women.

"I summoned up enough courage to ask her about her flight, and she asked me if I flew. I said, 'No, but I sure would like to learn,' and she turned me over to a tough-looking blonde in helmet and goggles.

"I had no intention of flying in my best dress, but she put a parachute on me, and there I was in an open cockpit plane."

The accepted togger during the pioneer days of flying according to a newspaper article of Thatera, a typical costume consisted of a blouse, knickerbockers, and trouserettes.

Ladies, Rev Up...

Story By Sandy Loewus

Headgear was usually an automobile cap or a becoming hood of some soft material.

Aviation has gone from a red crepe dress to trouserettes. Is it ready for the first woman co-pilot in the U.S.?

Barbara Barrett would say so. She is a first officer for Zantop International Airlines' DC6 transports. Miss Barrett shuttles planes all over the world, but she would like to have one all to herself.

The only snafu is that she can't take the test for a pilot rating for another year because she is only 22, and the Federal Aviation Advisory rules require a person to be 23 years old.

Miss Barrett received a lot of her experience flying mail between New York and Buffalo.

"Part of my job was loading and unloading the mail at each airport—that was 2000 pounds of cargo at each place," she said. "I learned that mail sacks contain chickens, tarantulas, snakes and ladybugs, as well as letters."

Another problem Miss Barrett has encountered as the only female commercial pilot is hotel accommodations. Once the airline accidentally booked her into a hotel room with a male crew member during a stopover.

Mardo Crane, the aviatrix with the red dress, is another determined pilot. When Mardo was a girl and interested in flying, her father offered her a coveted \$500 black stallion if she would give up flying. But, it was no go.

Mardo organized the Powder Puff Derby in 1947 at the request of her friends in the 99's, an organization of licensed women pilots. Since then she has entered four times and has not won, though her business partner, Martha Baechle, was the 1952 winner.

The gregarious Miss Crane entered her Piper Comanche 400 in this year's race, but didn't win. "Although I had the plane to do it. But, somehow, I swear, the plane didn't want me to fly it."

Every time she tried to take the Comanche on a pre-race flight, the door would open pop, so she finally decided to take along a copilot, Aletha Harvey, in case it popped open again.

The door never did open, but the compass and then the whole electrical system went out. The result was an emergency wheels-up landing during the Derby.

continued on next tape.

Continued on page 7



Mardo Crane

Loans: The Ulcer Makers

Story By Peg Bennett

They filled the narrow hallway, a kaleidoscope of heads and torsos sprawled on chairs, waiting patiently for counselors to call. And, Joe Landon waited with them, depressed and in pain.

"How I hate these loans," he groaned softly, holding the side of his face. "I need \$75 for some fast dental work, but they could only give me \$25."

He shifted his short, slim body into the chair, his black hair falling generously over a broad forehead.

"I don't know where I'll get the rest," he added hoarsely, then talked about his family situation.

"I'm the oldest of six. My father earns less than \$7,000 a year; we barely make out."

Joe pointed out the drawback of his age—23. "I can't work and swing school," he said. "I've been a garage mechanic since I was 16, but the money didn't grow any. I gotta move to something else, and I can only do it in school with the government loan. If I work on the side, I'll never make it, yet I worry about the 10 years I have to pay the loan back."

Joe's name was called, and he disappeared up the hallway while other students talked about their loans.

The students' despair reflected a growing disillusionment with financial aid at San Jose State and other colleges. Instead of easing the burden of tuition and other financial problems, loans appeared to be ulcer-ridden material often carried into the classroom.

Tom Conway, an English major, takes these problems to class. "I sit in class and watch all the competition. These are the guys I have to compete with outside. They're sharp and bright and don't have the burden of a 10-year loan. I often wonder about my chances."

The problem of easing the burden of student loans is being discussed on every college campus across the nation. This is partly because the payments of a Federal Insured Student Loan must start nine months after students are graduated.

Although this seems like a reasonable time, the feedback from past students now in the midst of payments shows that the present set up of loans is far from satisfactory.

Dick Belmont, now an elementary teacher in Milpitas, said he started his payments nine months after he received his degree, but he also got married. He's now making payments on furniture, a refrigerator, a car and a new apartment.

"I consider I'm living simply enough, but that \$30 per month on my student loan is always so difficult to meet," he groaned. Is it necessary to get involved with loans?

Most students say they're in a hurry to get through school.

Those who take jobs claim it's difficult to carry a full load of units each semester. Some students are successful, but usually the grade point average suffers, and many complain of being drained physically.

"Working while in school is stupid," claimed one economics major who had tried it. "You're struggling through classes and through exams half asleep. In the end, you learn very little."

An alternative is a loan.

When a student approaches the financial aids office for help, he is asked to fill out a pink form. This application blank is used for all types of financial aid.

The student takes a seat in the narrow hallway until a counselor calls him.

Richard Pfaffe is a counselor who claims that the SJSU financial aid office is very sympathetic toward those seeking aid.

"The first thing we do is go over the student's financial situation and family background. We discuss his needs and suggest the various programs he would be eligible for."

Pfaffe claimed there are so many variables to consider that details of loans can become very complex. In addition to loans, the financial aid program consists of scholarships, grants and employment.

"Most days," Pfaffe said, "we are literally swamped with students. Our statistical files are enormous and very exact on every person who passes through our office."

Referring to the handling of funds that the office has to distribute, Pfaffe said, "We attempt to meet the greatest needs and be as fair as possible. At the same time, we fill our quotas to the best of our ability."

Lamenting the fact that restrictions are sometimes frustrating, Pfaffe said there were many deserving cases that had to be turned down. Many people were borderline incomes.

"Our figures are stipulated by the government," he said, "so our hands are tied."

To find out who is eligible, the students are asked to submit a "Parents Confidential Statement." Pfaffe said this is often difficult to get.

"Unfortunately, there are always personal family questions we must ask when any loan is concerned. We can't do much when the student says, 'Do you have to know that?'"

The reaction from students was that the questions were an invasion of their parents' privacy.

"My dad feels defeated because he can't provide for his family the way he'd like. To put it down on paper only adds to the sense of defeat," one student said.

"Mom is hell to live with," another student said. "So, my dad runs around, and all we hear is divorce."

"Drink is the problem at my house. I don't think my parents

even know I'm going to school," said a third.

Broken homes, no communication with parents and parents' second marriages seemed to affect the students' loans.

Asked for a solution, Pfaffe asserted that if a student can prove he's completely independent of his family, he can apply for a loan without involving the parents.

"He must get a notarized letter stating that the parents are no longer responsible for him," he said, "but many seem reluctant to go this route."

Although this seems like an easy answer, Paul Browning, a chemistry major, maintained it had flaws.

"You have to prove you have supported yourself for a year before applying. It's a little ridiculous; you'd hardly ask for a loan if you could support yourself. And, somehow that letter makes for a legal separation not many students want."

This psychological dilemma seemed normal to Prof. Charles W. Telford, retired member of the SJSU psychology department.

"College students don't want to divorce themselves for many understandable reasons," he said. "There are a lot of benefits in belonging. Parents represent a value even when students are asserting their manhood. Children generally want to retain a claim. Some might call this the lower animal instincts."

When a request for a financial aids loan falls through, the student is directed toward the banks.

But, there is little profit to the banks on guaranteed government loans, so there are various restrictions.

Thomas Sullivan, credit officer of a local bank, stated how his bank operated:

His bank "stipulates that the student or co-signer must be a depositor for six months prior to granting a loan."

Sullivan claimed that the bank is more interested in students with another source of income so that they are dealing with the bank on a regular basis.

Another spokesman for the same bank, Richard Sutter, asserted that the bank is not interested in the professional student, but in those who will become their future customer.

This bank had few restrictions on the age of the applicant, but other banks claimed age as an important factor in granting loans. Another local bank refuses loans to freshmen because of their high dropout rate. It also refuses loans to students over 25.

"Students over 25 may not be stable in any profession," said Richard Reaves, spokesman for the bank. He pointed out that the bank had to protect its customers' interests.

"If the 25-year-old is still in school, then he should at least have a part-time job on the side," he said.

Banks aren't alone in taking risks with student loans. Delinquency on repayment of college loans is rising. It is due

Continued on page 7

...Your Engines

According to the Federal Aviation Administration, Mardo perfect emergency landing which could have been very serious if a pilot with lesser skills had been at the controls.

"We didn't even crease the grass," she said. "The only damage to the plane was a bent propeller. I was pretty proud of myself. However, that ruined our chance to win because the plane went over 240 miles per hour the first day, while it was handicapped at only 203 mph."

Winners are chosen by those who exceed their handicaps by the greatest margin.

Mardo recalls the time she did a promotional flight for the city of Douglas, Ariz. Almost to New York where a big reception was planned with all the news media in attendance, she flew into a thunderstorm.

Making an emergency landing on an abandoned airstrip, she hitchhiked to the reception. She told the TV announcer about her unexpected landing. He asked her not to mention it on TV because she had landed next to one of the best known houses of prostitution in New York.

Recently, Mardo took over the editorship of the 99's news magazine and has plans to make it into a major aviation publication.

What does Mardo think of Women's Liberation?

"The airplane doesn't know how old I am and it doesn't know I'm a woman," the petite, grey-haired lady said. "As far as women libbers go, they are using this as an excuse to be anti-men. Women are stronger than men and vice versa, but everyone should get equal pay, and each have their place in nature."

"I know women's liberation will say I'm too old, that I'm from another generation and that I don't know what it is like to be a woman today."

But I'm not all that old," she said with a giggle.

Burdensome loans Hamper students

mainly to the job shortage and the inability to pay, according to Joseph Jedd, accounting manager of Stanford University, and Jack White, SJSU financial aids manager.

"Many former students are unemployed, or have had to accept positions that pay less than expected. Their commitment is difficult to meet," Jedd said. "The problem is we must turn the accounts over to collections agencies, and we're reluctant to do this."

White said deferments can be made if the students would take time to come into the office and talk it over. "There has to be communication for us to understand their situations," he said.

White pointed out the sudden increase in bankruptcies, noting his office had cleared a dozen this year and 20 more are pending in court.

The old stigma attached to bankruptcies appears to have taken a back seat.

Colleges across the nation are seeking new directions for the financially handicapped students.

The latest idea from Yale University is called TPO (Tuition Postponement Option). This has been making strides since last year when it was established.

Although still in the embryo stage, a third of the Yale freshmen has joined it, and Ford Foundation has produced \$500,000 to study the program.

TPO allows 35 years to repay a loan. For every \$1,000 borrowed, the student is asked to repay four-tenths of one per cent of his salary after graduation.

The salary can vary from nil to that of a tycoon. There is a minimum payment, however, of \$29. The maximum loan at this time is \$800, but this is expected to change.

While other colleges discuss the program and observe Yale with keen interest, Duke University has allocated \$50,000 of its scholarship funds to be loaned at the rate of 36 per cent over 35 years. Yale, on the other hand, borrows funds from endowments and rich alumni.

There is hope that more interest and fresh ideas in the future will help the student solve the dilemma of the "ten-year-loan itch."

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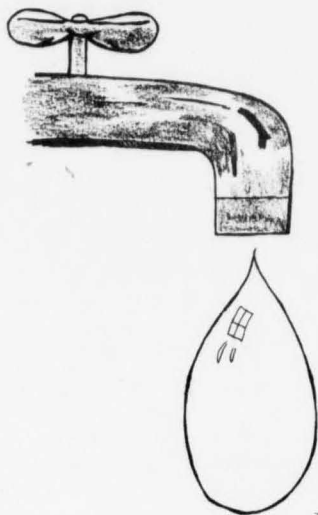
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In the Second Year of the Santa Cruz Drought

Story By Sue Fagalde

Aubrey Goo

Two years of being frugal with water have taught residents of mountain areas some tricks not utilized by carefree urban dwellers. Carefree in water usage, that is.

Lessons in conservation of water can be taught by Frank and Cele Gagnon and their two daughters who live in the Villa del Monte section of Redwood Estates.

Trying to conserve water in every way possible, they sometimes take showers together. Or they take cold showers alone in a new Spartan way: They get wet fast, turn off the water, soap up, then rinse off quickly.

Most of their showers are cold because too much water would be wasted waiting for it to get warm. When Gagnon shaves, he saves the water that flows before it gets warm and uses it for something else.

The Gagnons have signs posted in their bathroom asking guests to please not flush the toilet or use a lot of water in washing. Every flush uses four to five gallons of water, so they only flush when necessity overrides the need to save water.

The water saving efforts and devices are not peculiar to the Gagnons. Their neighbor, Don Johnson, estimates that his family has cut its water usage to one-fifth of its usual consumption.

Most of the residents of the area save water by not planting new lawns or gardens and not watering the ones already there.

If they have swimming pools, they don't swim in them, but save the water for use in case of fire.

Clothes are washed at a laundromat, in the bathtub or in one

big load in the washer.

If the family has a dishwasher, they save dishes until they have a full load, even if it takes two or three days.

The reasons for these actions are simple; it's called drought.

The whole county is experiencing the second year of a drought. In Redwood Estates, only 22 inches of rain fell last winter. The normal rainfall ranges from 65 inches to 75 inches. The hot summer of 1971 had already dried things up. With the abnormally dry winter of 1972, the problem was intensified. Creeks that usually supply running water until September went dry in July.

The people in the luxurious mountain homes of Redwood Estates feel the water shortage the most. The main source of water is wells.

Most families have extra storage tanks that hold 2,000 to 5,000 gallons of water. The Gagnons don't have an extra tank, and they can't tell how much water is left in their well. But, if it comes out brown it means the water comes from near the bottom where there is a high concentration of iron.

After coming from the well, the water is chlorinated. Then, it goes through an iron filter and a water softener. Normally, the iron filter can be kept clean by "backwashing" water through it.

Now, there isn't enough water to spare for this, so the Gagnons and other families depending on nearly empty wells have to replace their filters every two weeks at a cost of \$18 per month.

Eighty-three of the 115 families there belong to the Villa del

Jim Barnard

Monte Mutual Water Company which was set up by the original owner of the whole area. These families pump their water from their wells into two 116-gallon tanks and share this supply.

Membership in the company was closed off about four years ago because the tanks couldn't hold enough for any more people.

The Gagnons don't belong to the company, but the Johnsons next door do. Non-members are not allowed to use these tanks, and members are not allowed to give or sell any of their water to outsiders.

Right now, company wells are dry and cannot fill the tanks, so every day trucks roll in from Scotts Valley to pump water into the company tanks. The members pay 1-cent per gallon. Most of the families use over 12,000 gallons per month and must dole out at least \$120 a month for water. Some pay as much as \$400.

The members of the water company can have as much water as they can afford, but the families who don't belong to the company must depend on their wells.

But, expense is not the only threat that comes with drought. Where there is a shortage of water, there is a danger of fire. The heavy fog in the coastal mountains has helped some and so has the small amount of rain that has fallen recently.

Although the situation has improved slightly, some of the insurance companies have threatened to cancel their policies if the houses aren't fireproofed. The companies consider the dry mountain areas very dangerous and charge their highest rates.

In case of fire, firemen have permission to use water in swimming pools, storage tanks and any other available source.

According to firemen in the station near the Lexington Dam, a fleet of tankers holding 500 to 1,000 gallons each are brought in for any fire. For a real "hot" fire, planes carrying fire retardants can be flown in from Hollister and Santa Rosa. Fortunately, there haven't been any fires around here this year.

Not encouraging the risk of fire, Gagnon has cleared out all greenery for about 10 yards all around his house. He has brightly painted "BUTT" cans placed throughout the house and patio, hoping people will take the hint.

Still, he lives in fear of fire. If there were to be a fire, Gagnon says he would grab his important papers, hook up his trailer and take off.

Some of the situations in the modern drought area are throwbacks to the days of early dry spells that hit the West.

Today there are disagreements -- as in the past -- over water. Feuds still happen.

A year ago one family's well went dry for four weeks before it was replenished by a rare shower. Even though their neighbors had plenty of water, nobody would share it with the needy family.

Johnson says things get "touchy" when a neighbor's well runs dry. Johnson might want to give the neighbor some of his water, but the company rules forbid such actions.

A modern version of rustling is being observed in a court case in which a man is charged with "rustling" water from the company.

The house across from the accused water thief's home was for sale. The empty house had water pumped in from the company tanks. This man supposedly used a hose to connect the house across the street to his home and siphoned off water to fill his tank.

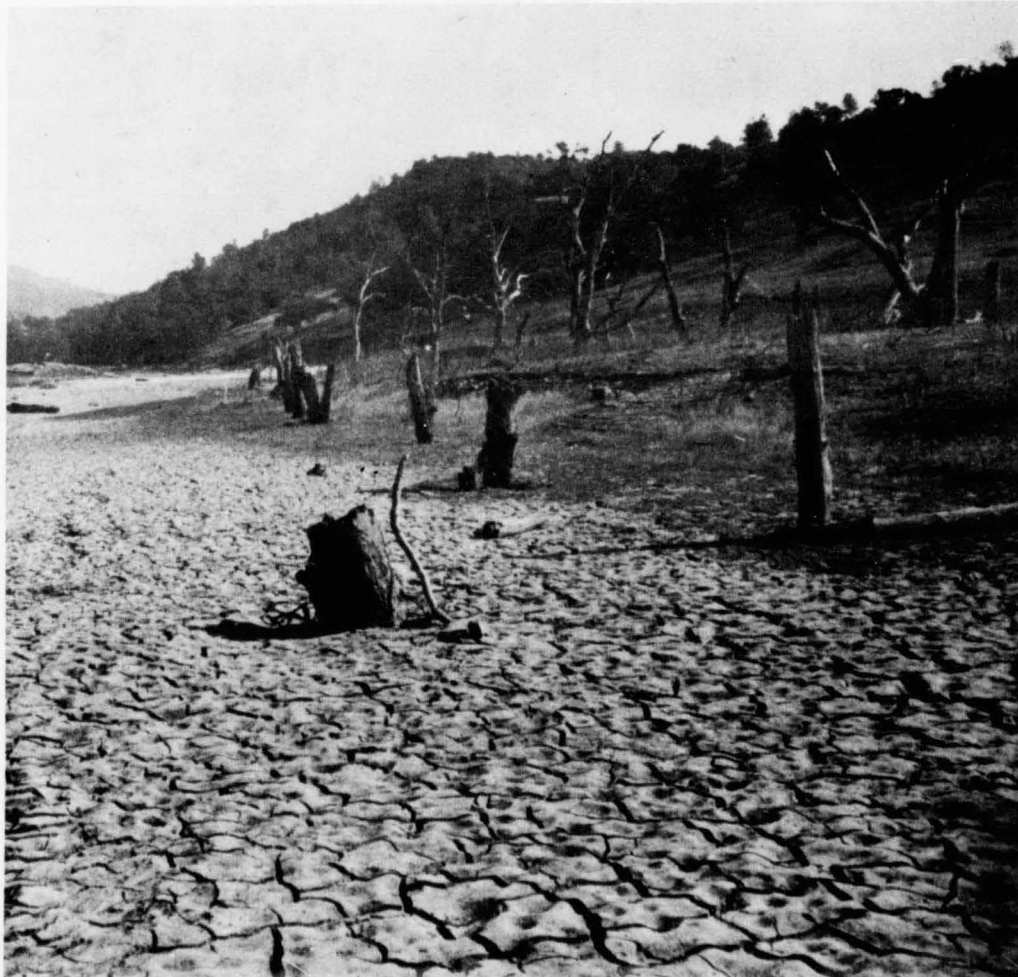
Arguments also arise when members of the company are trying to conserve their water and see someone else squandering the precious commodity.

Knowing that drought and resulting problems are likely to arise again, plans are being made for creating better storage systems to catch the rain that does fall and for pumping water from the Lexington Dam.

But, these things take time and money. A long, slow, steady rain is needed to solve the immediate problem. A heavy gully-washer would just run off the sunbaked earth or wash the soil down on peoples' homes in the form of landslides. Last year it snowed a little bit and Gagnon's driveway was washed down the mountain.

Redwood Estates isn't the only place in the county that has been high and dry. At Mount Madonna, near Watsonville,

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A resident of Redwood Estates checks his water situation.

Things
get
touchy
when
a
neighbor's
well
runs
dry...

Continued from page 8

modern bathhouses have been locked up. Signs on their doors ask picnickers and campers to please use the outhouses placed nearby because there isn't enough water for the bathrooms.

According to a spokesman for the county parks and recreation department, the pumping system developed by Henry Miller in the 1800s has deteriorated, and, with the added strain of drought, there isn't much water to be obtained. Many people seem to prefer not to go there this year, and the parks and recreation department is looking for new ways to get water.

Most of the dams in the valley are very dry. Anderson Dam, near Morgan Hill, is one of the driest. People walk along the reservoir floor, salvaging old boat motors and fishing equipment. The water in about two-thirds of the reservoir has receded to a narrow creek that is easily jumped across.

The mud floor is dried and cracked like a jigsaw puzzle, and rattlesnakes slither across or sun themselves between the cracks. The beer cans and whiskey flasks and other souvenirs left by countless fishermen are exposed. The dam looks like it has been dry for many years.

One good point is that San Jose doesn't have to worry, according to a spokesman for the San Jose Water Works, even though local nearby reservoirs are mere puddles.

Some of San Jose's water comes from the mountain streams and from wells, too, but most of the locally used water is imported from the Sacramento Valley. It comes down from the melting Sierra snows.

Bringing in water from elsewhere doesn't solve the problem. It only delays it. As Johnson, who has fought drought for two years, puts it, Redwood Estates is "a good example of an ecosystem." One must learn to live within the limitations of his environment.

The problem will spread. In fact, Johnson says it already has. Gagnon loves living in the mountains. "It's so peaceful," he says.

And, even when the temperatures in the valley soar to 110, he can find a cool spot, but "water's a precious commodity," he adds.

The suggestion of moving because of the water shortage causes Mrs. Gagnon to cry: "Oh, no! Definitely not." The Gagnons figure when someone moves to the mountains, he accepts the way it is.

Except for some people in some places, most everyone will have plenty of water, but drastic solutions may be in order for the future, including towing in an iceberg, desalination of ocean water and country-wide pipe systems.

Perhaps, eventually the bath will be a thing of the past. Cement will replace lawns and cold showers and outhouses will be the order of the day.

It's something to think about when brushing your teeth and leaving the water running throughout the whole process.

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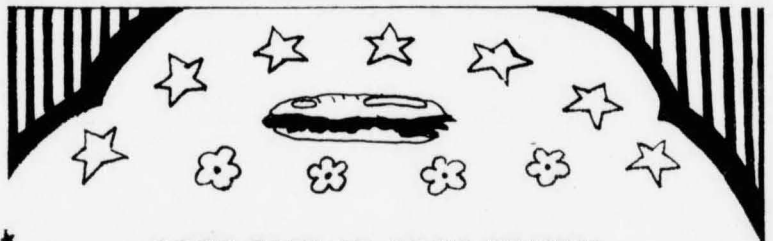


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Gynecologist:

Ogre?



Story By Lora Finnegan

"My first gynecologist was a brute," the patient charged. "He brushed off my problems with a brusque 'next' and didn't seem to care that I was in pain."

The medical field of gynecology has come a long way since the ancient days when a woman's monthly bleeding was thought to be an evil omen, a sign that an unborn child was being somehow "murdered." But for patients like the woman who received the brush off, it hasn't come far enough.

Today's practitioner of gynecology, it seems, is largely overworked and undersympathetic. It's generally agreed among the doctors themselves that adequate care is not possible today because there are not enough gynecologists to provide it.

One medical school reports at least 25 desperate requests for each of its gynecology graduates. And according to a Department of Health, Education and Welfare report, "There is no hope of having the additional 3,000 gynecologists needed by 1975."

The problem for the doctor, then, is the time he can't give. For the patient, the problem all too often is the care she can't get.

CASE

1

Juanita and Steve couldn't get married for at least a year until he was graduated from college. But, they were in love. She went to her family's gynecologist, an elderly Catholic doctor, to get birth control pills. What she got was a lecture on morality and restraint. "It was my first time at the gynecologist any way, and I was scared. Then, he told me to look at God, Mary Magdalene and Christ dying on the Cross. 'Above all, restraint!' he said," she recalled. "It really freaked me out." Juanita had to go to Planned Parenthood to get birth control pills. "I was given a moral lecture instead of the professional help I needed," she said.

"From the patient's standpoint, there is dissatisfaction with the amount of time allowed for understanding and explanation of the patient's problems," said Dr. Ernest W. Page, chairman of the department of obstetrics and gynecology at San Francisco's University of California Medical Center.

"You get the patient that bursts into tears in your office, and you have to keep your eye on the clock," explained Dr. Page. "The doctor has to solve that problem himself."

According to many women, the doctor sometimes responds to

CASE

2

Barbara, single, age 19, has dysmenorrhea, a condition typified by acute cramps and premenstrual pain. Sometimes, the pain is so bad she is doubled over in agony. Often she misses work on those days. Barbara has gone to a gynecologist, the same one her mother went to. He tells her that dysmenorrhea has been called the "most frequent gynecological symptom for the loss of more manpower hours." He admits relatively little progress has been made toward understanding or controlling its effects. He gives her some pain pills—and very little hope.

this dilemma with a coldly professional, brusque attitude.

"I've seen too many bad gynecologists," stated Dr. Marsha Epstein, a UC resident in preventative medicine. "The bad ones don't bother to explain to the patient what's happening."

In her work with the Berkeley Women's Health Collective, she has watched many patients come to the clinic after bad experiences with other gynecologists.

"The common problem," claimed a volunteer worker at the clinic, Barbara Pift, "is with the doctor not believing the women understand or care to know what's happening to their bodies."

Often the doctor exhibits a "sneering condescension," Miss Pift contends, a posture which the women who have come to the clinic resent.

"Especially if she's young, trying to get an abortion or birth control pills, she's going to run into this attitude," said the one-year veteran of the clinic.

A woman must have a yearly gynecological cancer check examination. And more often if she has difficulty with her menstrual period, as do more than 70 per cent of all menstruating women, according to a study made by Stanford University psychologist Dr. Rudolf H. Moos.

Just going to the doctor for that once-yearly check is a dreaded experience.

"The doctor's coldness is obvious," said Miss Pift of some dreaded physicians. "With the sheet draped over you so you can't see what's happening, you get the feeling he's working ON you instead of helping you."

"You're alienated from your body and sexual organs," Miss Pift said. Or, as another patient put it, "You're treated like a piece of meat."

In an attempt to combat this, some doctors bend over backwards to be sympathetic to their patient's problems.

"I make an effort to be supportive," said Dr. Lee Adams, a graduate of Stanford Medical School and a local gynecologist. "I talk to them as both a father and a psychiatrist."

The "psychiatrist" part of the gynecologist is a very important aspect of his job because he's dealing with such personal

Continued on page 11



Or Angel?



Continued from page 10

problems. But many doctors ignore this end of the job. "In his four years of training here," explained Dr. Page of the UC Medical Center, "the gynecology student has weekly sessions with a psychiatrist to discuss the doctor-patient relationship. "Some students," he admitted, "don't particularly like these sessions and tend to ignore them." These are the very doctors, it would seem, who would rather keep their notions of the "emotional female" and treat her dilemmas accordingly. "I think many women over-respond," one doctor tactfully phrased it.

"Some women create their own problems. They make more out of their monthly distress than is necessary," he said, echoing the old theories that women's menstrual difficulties were "all in their heads."

Such an attitude cannot fail to be reflected in the doctor's work and picked up immediately by his patients.

"Over the years," related an over-50 mother of five, "I've seen about 10 gynecologists, all men.

"Three out of 10 were great," she recalled, "but the rest just shrugged off my pain with a 'you're pretty crazy, lady' look and a cold shoulder."

It's an expression that's painfully familiar to many women, and a cold shoulder must oftentimes be put on with the doctor's white smock.

"They seem to fall into two categories in my experiences," the fiftyish mother continued. "Terribly unsympathetic or greatly understanding Ogres or angels, if you will."

What separates the ogres from the angels is more than just time, or a lack of it, to give to a patient. It's the doctor's whole outlook, and his attitude toward his suffering patients. Obviously, he realizes her problems do exist, or he wouldn't have spent nine years of his life preparing to deal with them.

A rising chorus of dissatisfied voices, however, is telling the gynecologist that nine years in medical school and a certificate on the wall won't quell the ever-present dread of that doctor.

And that a weekly discussion with a psychiatrist, which some ignore, won't teach the physician how to handle a woman he thinks is an "emotional female."

Cold shoulders and condescension are enough to drive some women away from much needed gynecological care. Ancient myths about women's monthly processes may have been dispelled long ago, but remnants of the physician's old attitude toward the females' problems still live.

"They're still back in the Dark Ages," lamented one patient, "treating us like our menstrual problems are imagined, unimportant, or unreal."

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One too many?

Story By Cindy Bollrud

So you're tired of being a 90-pound weakling? You say you're going to do something about it? Jog down to your friendly neighborhood health food store, and your worries are over...or maybe they've just begun.

Don't be surprised if there are more vitamins, minerals, and herbal pickups than food in the store.

Although the original idea was to get all the necessary nutrients from food, which is still possible, supplements are replacing this idea. Many people are fooled into believing these supplements are necessary for good health since a natural foods store offers them.

Unless you live on hamburgers and french fries seven days a week, or lose your appetite because you fell in love with one of your professors, you probably don't need these extra vitamins.

However, if you get the eleven o'clock droop at nine o'clock, consider these points before you buy.

Labels can be tricky. Many labels state, "The need for (blank) has not been established." This means no minimum level is known; it does not mean a maximum level is unknown. Many labels also list only one ingredient on the front of the label, but turn it to the side and you will see several added mixtures. This could result in an overdose of vitamins. And to add to these problems, most people don't know how to adjust their intake to get the proper amount of nutrients from bottles and jars.

Maybe you have a problem just reading the label. Most people do. It's fairly simple, once you understand that the measurements fall into two categories, activity-based and quantity-based.

Let's compare two girls who weigh 110 pounds.

One looks like Raquel Welch and the other like Phyllis Diller. One has a lot more to offer. The quantities are the same, but there may be variations in the source that alters the quality.

This is also how activity-based vitamins are measured. These variations alter the amount you absorb or how active it is within your system. Many synthetic vitamins offer only one form, while nature offers several separate forms of the same vitamin in one source.

Activity-based measurements are International Units (IU) and the United States Pharmacopeia unit (USP). These are commonly used with Vitamin A, D, and E.

Quantity-based measurements are used when a vitamin has a standard strength and varies only with the quantity taken. This quantity is measured by two scales. The

metric scale is used for the smallest, the microgram (meg or ug) and for the most common measurement, the milligram (mg) which is a little larger. The apothecary system is used to measure the grain (gr), which is roughly equal to 65 mg. The romantic apothecary system brings back dreams of pioneer women in faded gingham dresses searching the rough hewn shelves of the "Apothecary" for Dr. Smart's famous elixir, guaranteed to cure anything from bedbugs to baldness.

In those days there was no such thing as MDR or RDA, but today this is another thing you should be aware of. The MDR (Minimum Daily Requirement) is the absolute least of each vitamin you can have and still remain remotely healthy. The RDA (Recommended Daily Allowance) is the amount which should keep you in good health and is the best one to follow.

Vitamin E, the present wonder capsule, is also guaranteed to answer your greatest desires. Some say it increases sexual potential, corrects heart conditions, prevents blood clots, and aids in healing. But, this is not all vitamin E is said to offer. A friend who took 200 IU a day felt great. He laughed and said it made him look sexy as hell, cleared up his skin and made his hair shine, even on his chest. So, of course, he couldn't complain about a little case of Montezuma's Revenge -- that lasted two weeks.

Many people are concerned that Vitamin E has a toxic level as do the other fat soluble Vitamins A and D. So far, that goes unproven. The author of the book, "How to be Healthy with Natural Foods," Howard E. Marsh, wrote that he has taken 600 IU of Vitamin E a day for eight years and has had excellent results. However, leading nutritionists Chaney and Ross state, "Poor reproduction and muscular dystrophy have been successfully treated with Vitamin E in animals; neither disorder responds to such treatment in human beings." They suggest 15 IU per day as that is the normal amount found in the diet. On the other hand, the Shute Clinic in Canada, famous for its studies of Vitamin E, suggest the MDR be 90 IU, and the RDA 200 IU.

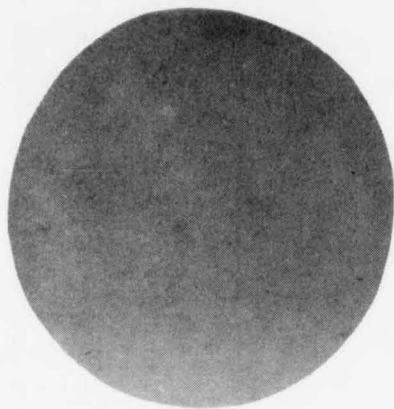
Vitamin A, however has a definite recommended amount, and people have been known to die from overdose. In fact, hunters have been known to O.D. on polar bear liver. What? It's true, polar bear liver is one of the few foods that is toxic due to its high Vitamin A content. That polar bear rug you have laying on the floor probably got its revenge on the hunter who separated it from its rightful owner, the bear.

The bare fact is that it is important to receive the RDA. Yet, it is equally important that you study nutritional processes before you pollute your body with an overabundance of vitamins and minerals.

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WEREWOLF!



Story By Pat Hampton

Gilles Garnier steps into the fresh darkness which now spreads over his cabin and harvested fields. Above, the heavens gather to hide the white moon behind foggy edges of black clouds.

The full moon at last breaks through, its long fingers of light softly stroking Garnier's tingling face. His pact with Satan slowly takes control of his mind.

Carefully removing and folding his coarse brown pants and shirt, he stoops to place them under a nearby rock for safekeeping. Standing naked in the growing moonlight, he takes up the jar of ointment he has brought from a secret cupboard and begins to spread the unguent over his lean body.

Quietly uttering the pledge of Satan, Garnier feels himself slipping into a dream of bloodthirst and torn flesh: "...Moon! Moon! Golden horns! Melt the bullet, blunt the knife, rot the cudgel, strike fear into man, beast, and reptile, so that they may not seize the grey wolf, nor tear from him his warm hide. My word is firm, firmer than sleep or the strength of heroes."

Suddenly, a chilling cry tears from his throat, and he vanishes into the meadow, loping in the wind on all fours. His face is twisted and ugly, snarling; his slobbery tongue hangs out between lax jaws. Garnier sniffs the air for the scent of his first kill that night.

At dawn when the morning sun chases away the night's gloom, a village father finds his 12-year-old daughter's body. Her limbs have been torn apart, and her throat has been slashed from ear to ear, as if something had wanted to rend it from the already disembowled body. Huge chunks of her thighs are gone. The patch of meadow is deeply stained with blood.

As swift as the wind, whispers spread from home to home: "Loup garou! Loup garou! Werewolf! Werewolf!"

On Jan. 18, 1573, Gilles Garnier was burned at the stake after admitting he killed 16 persons in Lyons, France, in the fashion of a wolf.

Garnier was not alone. Pierre Burgout and Michel Verdun were a pair of werewolves for 19 years before discovered and executed in 1521. Peter Stump of Bedburg, Germany, roamed the countryside for 25 years before he was caught in 1590, along with his daughter, Bell, and his mistress, Kathrine Tompkin.

These are examples of the tales that infest folklore, but some seem more than wives' tales.

Whether these people took the form of wolves or merely thought they did is a highly disputed issue. But in all cases, the victims were killed in a horrible fashion, with throats slashed and at times whole limbs gone, presumably eaten.

The word "lycanthropy" jumps into the mind of a follower of horror movies or science fiction books. Lycanthropy is not exactly the same as werewolfism. Lycanthropy is a form of mental disorder in which the patient imagines himself a wolf and imitates its actions.

Outbreaks of lycanthropy were prevalent in 1542 when Solyman II led an attack against lycanthropists in Constantinople "and destroyed no less than 150 of these monsters who were prowling the streets and lanes of the city," according to information from that era.

Epidemics of lycanthropic activity were spread by power of suggestion. In 16th Century France it got so out of hand that the parliament of Franche-Comte passed a law expelling werewolves.

"It's very rare, but it can occur in epidemic proportions by suggestion alone. I know very little about it," commented Dr. Norman Eggar, professor of psychology and a San Jose State teacher of abnormal psychology.

"That kind of person is very ill," he understated.

"I haven't heard of it in 30 years of psychology. It's extremely bizarre, a grossly false delusion. Indeed, a person may believe he is dead, but even that's rare," Dr. James Sawrey, chairman of the SJSU psychology department, said.

Again, it should be stressed that facts can be based on grossly false misbeliefs due to ignorance.

The belief in the werewolf by its very antiquity and universality shows that somewhere, no matter how distorted it has become through fantasies and myth, there must be a spark of truth to it. Werewolf, wereleopards, werebears any animal that constitutes the greatest danger to a country's people, have been strong beliefs for centuries.

From Greece to China there have always been accounts of men taking the form of ferocious animals to hunt and kill for human flesh.

But, the werewolf, the loup garou, has been predominant over any other man-animal killer. Herodotus and Virgil both wrote of werewolves and sorcerers, who, using an herb ointment, turned themselves into wolves. In the time of St. Augustine (4-5 A.D.)

magicians sold herbs guaranteed to effect the transformation.

Epileptics were believed to be lycanthropes because of fits they could not control. At that time, epileptics and the mentally disturbed were not separated from physical or mental distresses.

The thin line between lycanthropy and werewolfism is Satan, or demonic possession of a soul. Most religions firmly believe that Satan can take power over a soul. A spokesman at St. Joseph's Church, San Jose, reports that there have been "three or four cases of such possession since 1850."

In the Midwest a girl stood on her head and rose above the doorway where she clung by her hands, using them as claws. She was exorcised, the evil expelled by a church service where the Devil is forced to let go of the soul.

In all accounts of werewolfism, a pact was made with Satan. In return for a soul, a bottle of witch's ointment or a girdle was given to the person who renounced God and became a worshiper of Satan. With the ointment or girdle the person could take the shaggy form of a wolf.

The metamorphoses of a human body into an animal shape can take place in seemingly impossible, but the tales in the Bible mentions Satan taking the form of a serpent.

If the Devil can change form, could he enact the same changes over disciples? Conclusions depend upon the strength of religious beliefs, assuming it is physically impossible for the change to occur.

A werewolf, then, is a man, woman or child who either voluntarily or involuntarily changes or is metamorphosed into the apparent shape of a wolf, and who then possesses all the characteristics, the foul appetites, ferocity and cunning, the brute strength, and swiftness of that animal.

Contrary to Hollywood beliefs, he cannot tear the bars off jails or perform superhuman feats that make Superman look whimpy.

Usually, a werewolf will kill friends or relatives, not because of dislike but because he will know their patterns of travel intimately and catch them alone more easily.

The five-point pentagram, the symbol of man, was believed to be seen in the palm of the werewolf or his next victim. Madame Zora, palmist on Second Street, would not comment on the pentagram: "I cannot tell you anything. Many girls have come from the college to ask questions: I cannot tell."

According to the Rev. Montague Summers in "The Werewolf," a werewolf is recognized by "deep set eyes; the eyebrows meeting to form a bar across the brow; if the Devil's mark is found on the buttocks or shoulder (it is a crescent or half-moon); or peculiar animal-like behavior."

In Sicily, a child conceived at the new moon was believed to

Continued on page 13

The belief in the werewolf, by its very antiquity and universality, proves that there must be a spark of truth to it.

Continued from page 12

become a werewolf or the man, who, on a certain Wednesday or Friday in summer, sleeps at night in the open with the moon shining full on his face.

Just as the legends vary from country to country, so come various beliefs, that lead a person to become a werewolf:

Drinking water out of the footprint of a savage wolf; rolling naked in the sand for a long while; eating the brains or flesh of a wolf; drinking from haunted streams or pools; plucking and wearing or smelling the lycantropic flower; crossing under three chairs backwards and saying a voodoo dialect at midnight.

The most common method was making a pact with Satan and receiving the ointment or girdle. The ointment was made of fat from young children seethed in a brazen vessel until it becomes thick and scummed. Then mixed with hemlock, aconite, poplar leaves and soot, or, a concoction of cowbane, sweet flag, cinquefoil, bat's blood, deadly nightshade and oil.

The magic girdle was made of the pelt of the animal whose shape was to be assumed, or made of human skin of a murderer or other criminal gibbeted or broken on the wheel for his offenses. The girdle was three fingers wide but used in fewer instances than the ointment.

When the wolf form is taken, it can be done in three ways: By a spell, in which the werewolf and those who see him see the lupine form although he has not changed.

Or, the person in a deep sleep is placed behind a bush while the Devil performs the crimes but has the person believe otherwise.

Usually a werewolf will kill friends...

Or, the most believable, the person dressing in a full-sized skin of the animal, head to head, foot to foot, etc.

In the form of a wolf, whether in fantasy or truth, the person roams the countryside killing humans and animals to quench his driving thirst for blood.

In case the situation arises, killing a werewolf must be done by driving a green aspen stake through his heart, beating him with silver instruments (canes, candlesticks, later bullets), or burning.



Lifting the curse can be done without death by getting rid of the wolf skin or girdle, washing with aor rolling in dew, cutting a limb off the lupine form, addressing him three times by his real name, striking three blows on the forehead by a knife.

It can also be done by drawing three drops of blood from the werewolf, saluting him by the Sign of the Cross, sprinkling his fur with grains of salt, laying 99 grains of rice or corn on his path or exorcism by the church.

When the werewolf belief took hold in a country the people were usually under stress of famine, disorder, pestilence, reformation, invasion or other catastrophes. These were times when superstition and legends overshadowed logic and law.

The thin line between lycanthropy and werewolvism is Satan...

Yet, there were times in the 20th century when the legend nearly became fact. In November, 1925, in Alsace-Lorraine, a region of France, the village policeman was tried for killing a boy who had mischievously worked upon the policeman's belief that he was haunted by animals with human faces.

He knew that on many occasions the boy had played tricks upon him, but he declared his conviction that, by means of sorcery, the lad had acquired the power of turning himself into the forms of other animals. This was firmly credited by the whole village. Was the boy, like Gilles Garnier and dozens of others, a werewolf? Many thought so.

It is a proven fact that lycanthropy is found in the human race. Can that thin line be overstepped by the actuality of living werewolves?

A full moon is due Oct. 22. In four days the full moon will call demons to pack and bloodthirst. In three days people who laugh today may feel an instant of wonder, a fleeting second of doubt. When the moon rises, beware the cry of the wolf.

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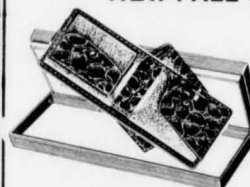
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Pavement people peddle

Story By Liz Cano

Whether it's a nine-to-five job, a day full of trying classes or a combination of both, the resultant afternoon syndrome is unmistakable:

Throbbing headache...Tension slowly rising to hysteria... General disgust with the nearest human being... And a sneer creeping up, rendering smile muscles inactive.

It's no wonder more and more people are turning from the no-smile syndrome to livings that offer a more flexible alternative and allow for personal freedom.

Strangely enough, the aged aren't primarily the ones who have been able to break away from today's high-rise economic market. The youth are the ones who are resurrecting old trades and methods of eking out an existence.

From the wharf of Monterey to San Francisco's Union Street, long-haired street artisans—average age in the early twenties—have set up their goods and talents, using the pavement and sidewalks as their marketplace.

The pavement peddlers have found that the profits of street trading are more likely to result in, for example, pleasantly surprised looks on people's faces as they listen to street musicians; or an elderly couple chuckling over nostalgic memories as an organ grinder plays his instrument; or general amusement at reactions to a wandering street artist's sketching portraits in a crowded restaurant.

As one vendor said concerning flower vending, "This kind of work is fun, and flowers have a spiritual quality; they make people smile."

Street peddlers seem to have discovered that "selling" happiness, so to speak, brings a much warmer feeling than a few crisp dollar bills in a fist that can't hold them too long.

Locally, high school students double as corner flower vendors on some of the busier downtown and suburb streets in San Jose. Headed by a group called the Sunshine Flower Company, the vendors average in age around 16 (for guys) and 18 (for girls). These peddlers have assigned work corners where they spend four to five hours a day on a four to five weekday basis selling carnations and roses to passersby.

"I do it because it's fun," says Cathy Bogus, an 18-year-old senior at Piedmont Hills High School. Clad in a long peasant skirt and blouse, with long straight hair blowing in the afternoon breeze, she takes a few minutes to sell a dozen carnations to a man in a pickup truck at her stand on Story and McAlister Streets.

'Selling happiness' is a warm feeling

"Right now I don't make enough to live on—I'm still at home, but I'd do it for a living if I could work more hours."

Cathy and her sister, who also works as a vendor, first heard about the job over FM radio, acquired their peddler's permits and now spend their afternoons selling flowers. Wages run from \$1.50 an hour plus more on commission, which allows for quite a bit of spending money. Aside from the finances, it offers an easy-paced job and lots of time to spend in the fresh air. Pacing up and down with a cheerful grin on her face, bouquet in hand, it's no wonder Cathy manages to sell her flowers with no trouble.

There's also something about buying flowers from a corner vendor that makes it seem a quiet moment stolen from a noisily busy street—and a sentimental one for whomever the flowers are for.

If flower vending during off-school hours sounds appealing, consider devoting vacation time to a similar street trade. Ron Anderson of San Diego State College, and Robert Forbes, also of San Diego (he calls himself a "junior college dropout"), have discovered the benefits of combining vacation and traveling time with peddling their artistic endeavors. Ron's concentration lies in portraits; Bob's specialty is caricatures. The two are spending some vacation time in San Francisco offering their spontaneous drawings to visitors at Ghirardelli Square and San Francisco's wharf before returning to southern California.

Ron, the portrait artist, has three goals in his work on the streets: "I'm doing it mainly to strengthen my painting, and besides I have fun traveling and making people I meet happy if I can." He eventually hopes to produce some serious oil paintings. His present attitude is against formal art courses, however: "They're too regimenting." The street, not the formal classroom or studio, is his forte:

"This way I can draw freely and draw what I want, when I want." He does about three drawings a day, selling a few, choosing sometimes just to give them away.

With a certain amount of self-conscious pride, he shows some of the sketches he keeps for his own—chewing casually on a drawing pencil between smiling teeth.

Meanwhile, Bob, the caricaturist, demonstrates his own artistic technique of drawing caricatures of passersby. A scraggly

goatee, and long unkempt hair beneath a suede "munchkin" hat almost make Bob a caricature of a street artisan himself.

He flits from table to table, sketching comic caricatures of luncheoners, coffee drinkers, kids with their parents and good-looking girls. The approach he takes comes across as a strictly comic one.

"I just like to poke fun at people. They don't usually expect to see an exaggerated drawing of themselves, most just laugh, but some do get offended." After such a negative confrontation, Bob just shrugs lightheartedly, crumples up the sketch and moves on to another table.

Nothing long disturbs a street vendor's quest for smiles and happiness—and he's confident there are more than enough people and opportunities to find a bit of both.

Another purveyor of happiness is adding to the world's color scheme just around the corner.

Michael Joseffer, a long-haired, bearded 25-year-old sits cross-legged, playing gentle refrains on a small octave spinet harpsichord—sharing much the same philosophy concerning the aesthetic value of street peddling as Cathy, Ron and Bob.

Originally from Brooklyn, Michael has been a classical street musician in San Francisco for about 11 months. He did graduate work at Brandeis University and Juilliard School of Music and has done private teaching in addition to performing in numerous concerts and music festivals.

The harpsichordist first came to the West Coast to teach privately after discovering that his serious pursuit of 16th and 17th century music literature was too confining. His interest in the street music trade resulted after local classical street minstrels impressed him with their skill and performance.

Michael is yet another example of a young man seeking an open outlet for his talents. Books used to be written about people like him.

Time magazine described Michael and his musical brethren as "...young, serious, and usually talented. Without exception they are determined. It takes tenacity to concentrate on a fugal entry as cable cars rattle past, stray dogs water the violin case, and an occasional drunk keeps insisting on pop tunes."

Continued on page 15

RIP-OFF:

Story By Janet Krumwiede

Winnie and Gil live in a small apartment near the San Jose State campus. They have few furnishings, and by contemporary standards may be considered poor.

However, they don't consider themselves poor, for they have everything they want. Their prized possessions and concessions to materialism are two 10-speed bicycles, a marvelous, old Persian rug and a component stereo system - all bought and paid for after years of doing without.

But, unknown to them, Winnie and Gil are prime candidates for "the rip-off."

Whenever the couple leaves the apartment, the lights are turned off, the front door is locked, the key is "hidden" under the welcome mat and windows are left open for ventilation. Mail and circulars are allowed to accumulate near the door.

When they return home, they automatically open the front door without having first determined who is outside, and when strangers come to the door asking to use the phone, they are admitted. All these common practices are open invitations to burglars.

The name has been changed, but the result is the same. It doesn't matter if it's called burglary, theft or rip-off - the owner suffers when his possessions are stolen.

California is noted for its high crime rate, and the San Jose area is near the top of that crime scale. Last year there were 8,190 burglaries in San Jose alone. This year thefts are up an astronomical 26 per cent, making burglary today's biggest crime when measured by money lost.

According to Lt. Stanley Horton of San Jose's burglary detail, "Within police beat number 11, the area which encompasses SJSU, there were 95 burglaries in just the months from January to May of this year."

Lt. Horton believes the rise in theft statistics is due to many factors, one of which may be the growing drug abuse problem. Addicts are compelled to support their habit, and burglary is the easiest crime to get away with, he said.

Nationwide, over \$284 million worth of goods are stolen an-

nually, and only about five per cent is returned.

"Although there is no such thing as making a home or apartment burglar proof," Lt. Horton admits, "much can be done to deter a burglar. However, the only one who can do it is the potential victim."

Fortunately, some common sense, a little effort, a few dollars and good strong locks can virtually insure a home's safety.

Within the past year a new program which began in Fremont is now being practiced in San Jose and other Bay Area cities. Called "Operation Identification," property is marked by an electric engraver with the owner's driver's license number or Social Security number.

Stolen property is thereby more easily identified by law enforcement officers and harder to "fence." Sgt. H. Duane Watson, head of Fremont's crime against property division, explained that valuables should be marked by the owner with an electric engraver rented from the local Independent Insurance Agents Office or the Fremont Chamber of Commerce.

After property is marked, an itemized list should then be made and kept. Two decals warning that "all items of value on the premises have been marked for ready identification by law enforcement agencies" are issued and are to be placed at the areas most likely to be used as burglar entrances.

If the property is then stolen, the list is turned over to the National Crime Information Center (NCIC) where it is fed into a computer. When the valuables turn up, they can immediately be identified and returned.

Although Operation Identification is efficient, it is similar to locking the barn door after the horse has escaped. The best means of protecting one's valuables are to buy adequate locking devices and then use them.

As Lt. Horton notes, "There's no point in locking the front door if your windows are left open."

Sliding glass doors and windows are attractive to burglars as well as the people who buy them. They may be secured with a "Charley Bar" or rod placed in the track, or with a spring-loaded

double cylinder lock which sells from \$2.50 to \$7. Sash-type windows can be secured with key-operated locks that cost around \$3.50.

Alarm systems are also effective deterrent devices. However, they range in price from \$100 to \$1,600—too costly for most.

But, for \$25 to \$50 homes can be safeguarded to the extent that "90 per cent of the potential burglars will be deterred," according to William Vanata, a local locksmith.

Like many locksmiths and law enforcement officials, Vanata trusts "deadbolt" locks as the most effective deterrent. These locks usually consist of a wrought steel case and a deadbolt up to one inch in length. A free-turning hardened steel insert makes it virtually impossible for an intruder to saw through it.

In some cases the outer knob spins free while both the latch and deadbolt spring open with a single twist of the inside knob. Heavy-duty deadbolt locks require a key on both sides. These locks cost from \$9 to \$35 depending on the length of the bolt, the quality of the material used and the type of trim desired.

While other locks may slow down an amateur thief, they won't stop the professional. Chain door guard locks, costing around \$2 are better than nothing, said Vanata, but "one good push and it's gone."

The most common key-in-knob locks in the \$10 range can also aid in home protection. Yet, with a little piece of plastic and a bit of skill, a burglar can open the door in less than 10 seconds.

Most everyone, like Winnie and Gil, have possessions which are meaningful to them. If the owners place a value on certain possessions, there's a good chance others might also. And, living in a low income residential area does not afford any protection; rather, it increases the chances that one will some day be a rip-off victim.

"If the individual homeowner has not made any attempt to protect or mark his belongings," Sgt. Watson said, "there is nothing we can do for him."

Can one really afford not to invest in precautionary measures?

sunshine

Michael definitely reflects this tenacity while playing his harpsichord, the concentration evident in his serious expression and mellow performance.

"Actually," he states, "I try to make myself as invisible as possible. If I can build up some positive vibrations with my music combining with the sounds in the open air, that's what's important."

What's important obviously happens, as people continuously jam the stairway to listen with appreciative smiles and nods at the unique sound.

The harpsichord, which sits on an old Goath Perth Whiskey crate, is one of two Michael owns. He confides that he would really like to own a full-size German-crafted harpsichord which sells for about \$6,000.

"At this rate, though, I don't know when I'll get it," he comments with a grin, pointing to what looks like half of an old oilskin wine flask, set out on the sidewalk near the instrument and filled with coins and a few bills. He averages about \$5 to \$10 an hour on a "good" day, working six to seven hours a day, two to four times a week.

His own personal view of the street trade indicates that the pleasure he gets from entertaining is worth more than what he makes. But even so, he has earned enough to keep him going.

However, peddling street music doesn't just fulfill a temporary day-to-day existence. In Michael's case it has led to offers to perform in local art shows, concerts, and festivals. He plans to give up the street trade around Christmas to pursue some of the things that have come his way as a result of his endeavor—such as a teaching position in a Bay Area music conservatory.

"There are still some stumbling blocks, of course," he adds, "like the offer doesn't include long hair. But on the whole, this has been a rewarding experience." He offers encouragement to any aspiring musicians considering the street trade, emphasizing the experience as a worthy profit in itself.

From a part-time job to a vacation pastime...to a distraction from college curriculum monotony...to opportunities for future accomplishments: the justifying reasons the youthful peddlers offer for their occupation choice vary.

Some, however, like Phil Monroe of Monterey's Fishermen's Wharf, pursue it with a definite, permanent drive. Twenty-four-year old Phil, or the "Hurdy-Gurdy Man" as he calls himself, is the only licensed organ grinder in northern California and probably the youngest of only 20 organ grinders in the entire nation.

A resident of Pacific Grove, a small suburb of Monterey, Phil went to various schools and colleges in California and has "put in his time" on the road hitchhiking across the country.

He is now "putting in time being respectable," as he terms it.

Thoroughly enjoying the oddity and uniqueness of his occupation, Phil claims to have found in his job what so many people—from corporate president to youthful street trader—seek: Flexibility, leisure, and an aesthetic reward.

"What I'm doing is a positive thing. If I can make people laugh and be happy, plus earn a living, it all comes out to a fair trade."

One takes a quick glance down the wharf itself. A direct contrast appears between the frenzied activity going on in each restaurant and tourist shop with the delightful line of work Phil has chosen. The reaction is a surging, heartwarming feeling to discover that perhaps a chuckle and a smile or two is still worth much more than struggling for a dollar in a rigid, economic-based society.

Despite the pressures of such a society, the street professions seem as numerous and varied as there are people to pursue them.

Newsweek magazine notes the rising trend in an article about street capitalism, claiming that "...street peddling has changed from a casual gig to a semi-institution."

Selling flowers, sketching, or playing music retains a little humanness between people. Making a living from it results in mutual benefits and makes things a little brighter—the day a little happier for those who take time to stop and appreciate.

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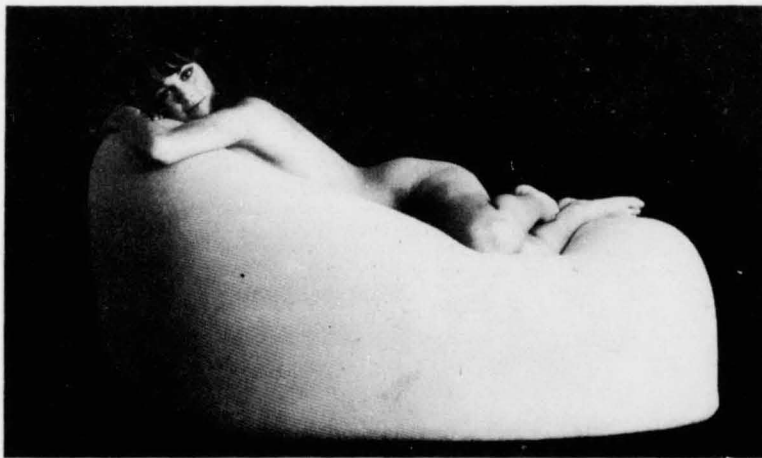
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